



We build Pride on the Southside

RIVERSIDE EDITION

THIRD MONDAY OF THE MONTH

**June
2020**

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This newspaper is recyclable. It is made with renewable resources--pulp wood and soy ink.

America the Beautiful



BY TONY BOUZA

America's police are out of control. This is news to you?

White America hires cops to control blacks. This is called racism.

The Minneapolis cop did not murder Floyd. It was manslaughter. The prosecutor mangled it, but did he have the police union's endorsement? Why didn't he charge the driver in the Justine Damond shooting?

The city will suffer a humiliation when the four Minneapolis cops are restored. Their firings were illegal. Due process was sacrificed on the altar of expedience.

Did they murder Floyd?

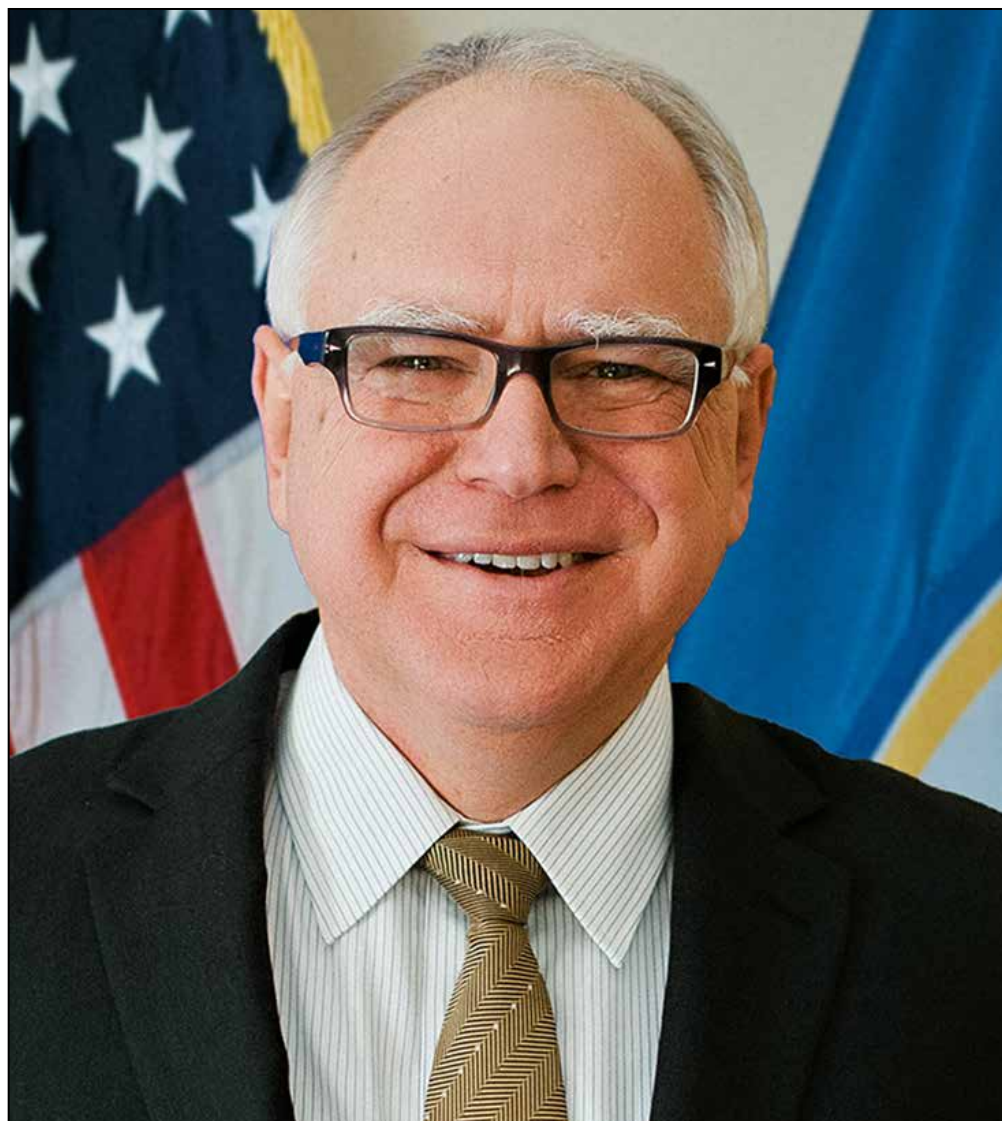
No. They were teaching Floyd a lesson.

Have there been any attempts to control the thumpers in the ranks?

Our leaders have covered themselves in glory.

The cops were fired in violation of law. The union will emerge as heroes as they get the cops restored, arrange for their defense, make bail and secure a reversal. Later—much

See Bouza, page 3



Gov. Tim Walz

Governor Walz, you can do this!

BY ED FELIEN

I know you've got a lot on your plate, but there are some concrete things you can do to help end homelessness and take some of the pressure off the encampment at the Powderhorn Sanctuary.

Hennepin County is buying hotels for the homeless. You can do that, too. Last winter you got generous contributions from Ecolab, Securion, Andersen Corp. and Wells

Fargo, and now is the time for all good Minnesota companies to once again come to the aid of our homeless, and your office could coordinate that.

There is a wonderful hotel for sale in Chisago City, just 40 miles from the Twin Cities. It's got 51 rooms, a conference room, a small café and a large swimming pool.

Here's the description by the broker:

"Marcus & Millichap is proud to be the Exclusive

Representative for the sale of the Comfort Inn and Suites Chisago City. Positioned less than 40 miles from the MSP metro the hotel greatly benefits with its visibility off of Highway 8. This Comfort Inn and Suites is the ONLY Choice product in a 25-mile radius from its location and one of three in a 50-mile radius. It also is only one of two hotels in Chisago City. The property gains demand from the numerous surrounding

See Walz, page 6

An Appeal to Hennepin County

BY ED FELIEN

Last week I sent the following email to Commissioners Angela Conley and Marion Greene, with a copy to David Hewitt, Office to End Homelessness, Director:

Thank you for the extraordinary work you are doing in finding homes for the homeless in our community. Purchasing hotels for the homeless in this hospitality market is a wonderful solution for the homeless and for the distressed hotel owners. Unfortunately, purchases take time and the current housing emergency requires urgent and immediate action. Could you negotiate a very favorable convention rate now at a downtown hotel for immediate occupancy? When could we begin sending people from Powderhorn Park to stay downtown?

Could you please contact Governor Walz and ask him to send some of the job counselors from the Lake and Chicago Employment Services office down to the park to recruit people to fill jobs? These counselors could then give each person who fills out the three-page general application form a check for \$600. If the person has difficulty with the



Commissioner Angela Conley (left) and Board Chair Marion Greene

form, then a literacy aide could help them and teach them to read and write. We know illiteracy is the greatest indicator of joblessness, poverty, frustration and, ultimately, anti-social and criminal activity. We should have assistance in this effort from the Minneapolis Public Schools Adult Education and Enrichment Program.

Commissioner Conley, we appreciate the leadership you have shown in coordinating intra-government agencies. Could you request Hennepin County staff with the Meth-

See An Appeal, page 11



**Our 11th Annual
Summer on Franklin Ave.
Pages 7, 8 & 9**

His life mattered

BY ELINA KOLSTAD

Black Lives Matter has always been about more than the murder of unarmed black people at the hands of the police. It also tackles structural racism that can be seen in everything from our educational system to the fact that our justice system does not uphold the law when it comes to police perpetrators.

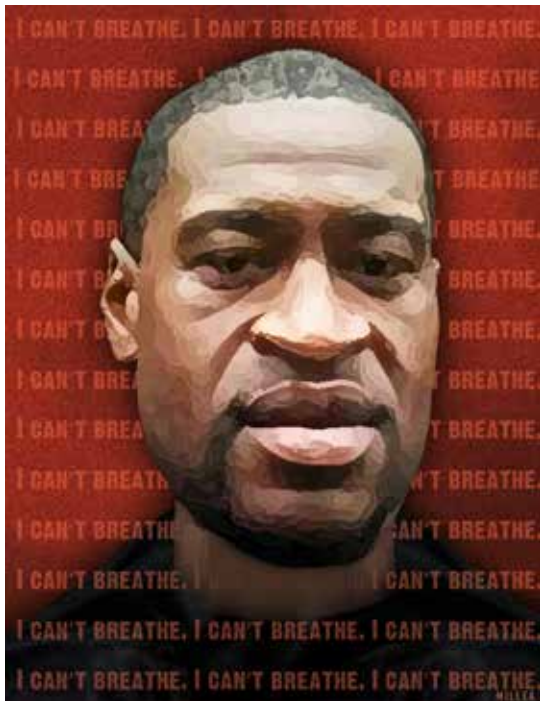
This structural racism has been in full effect in the wake of the coronavirus pandemic. People of color are dying at disproportionate rates; financial and housing insecurity has increased disproportionately for people of color; people of color are also a large proportion of the work force

that is told to go back to work and risk their lives for the economy, referred to in some cases as “human capital.”

On the other hand, we see images of white privilege across all forms of media on a daily basis. People who found Colin Kaepernick taking a knee to be unseemly and offensive now protest not being able to get a haircut and having to wear a facemask in public. These white protesters are seen walking around with semi-automatic weapons, taking them into businesses, shutting down the Michigan state Capitol. As a white woman I am enraged by these images and the lack of consequences for these perpetrators. I can only imagine what

these images must feel like to people of color.

The pandemic has knocked all of us off our feet to one degree or another, but the impact is most potent on people of color who were in many cases already struggling in our “booming” economy. In the wake of coronavirus, the economic uncertainty of large portions of our population has been amplified exponentially. People can’t afford food; it is a matter of when, not if, they get evicted; many don’t have access to health care; and often they or their family members are “essential” and



deadly threat on a daily basis.

Into this festering swell of uncertainty and terror a video emerged. In truth I haven’t watched it. I can’t watch these videos, and I don’t need evidence to believe black people. In it, George Floyd is murdered by the police in cold blood. From what I hear, it is horrific on a scale that surpasses videos that have come before. Part of what makes the video so horrific is the nonchalance of the officers involved. They don’t care that people see them, they don’t care that they are being filmed. They clearly expect to keep

must expose themselves to

their jobs, they expect no consequences.

But there were consequences. The police officers involved were fired swiftly. This IS an unprecedented move, but in light of the horror of the events it was obviously not enough. People demanded charges be filed. They organized peaceful protests. Normally in these cases the police allow people to march and blow off steam with minimal antagonism because people will express themselves, get it out of their system, and be forced to return to the daily grind eventually. This time was different. This time the police were mad. How dare these protesters demand more than the firing of these officers, which in the eyes of the police was already too much. How dare these protesters, who pay the police officers’ salaries, insist that the police are not above the law?

The police responded to the protests with hundreds of tear gas canisters and rubber bullets (not as cuddly as they sound). They wanted the protesters to pay for the fact that police officers faced ANY consequences to their actions. Then buildings started to burn.

There are many questions surrounding the first fire in the AutoZone on Lake and Minnehaha: images of protesters attempting to stop the individual believed to be the arsonist; a striking resemblance between him and a St. Paul police officer; and his rumored retreat to the back door of the 3rd Precinct have questions swirling. But even if the first fire was not set by an agent provocateur, the police antagonism of the protesters

When the waters of life are rough, stick to your roots, and have a good estate plan!

Ferdinand F. Peters Law Firm
Elder Law Attorney | 651.647.6250 | Ferdlaw.com

LIVE LONG and Prosper

Longfellow/Seward Healthy Seniors’ office (located inside the U.S. Bank at 2800 E. Lake Street) was significantly damaged and looted during the recent riots. However, we’re still providing services to area seniors (we serve 600+ seniors annually). Our services are needed now more than ever because of the food and pharmacy desert created by the rioting. Local seniors, who often don’t have their own transportation, are having a harder time getting groceries and prescriptions.

Healthy Seniors offers many services to help seniors live healthy, independent and socially connected lives. We just received a grant for food distribution and delivery for lower-income seniors.

If you’re a senior age 62+ who lives in the greater Longfellow or Seward neighborhoods and would like to find out if you’re eligible for free perishable foods, please contact us at 763-458-0484 (our temporary number) or by email at info@LShealthyseniors.org. We can also help with delivering food from local food shelves.

Now, we need YOUR help to “Live Long and Prosper!” Longfellow/Seward Healthy Seniors needs financial support from individuals, organizations, clubs and the community now more than ever!

Donations can be sent to our temporary mailing address at P.O. Box 17133, Minneapolis, MN 55417, or you can donate online through our website: LShealthyseniors.org (click the “Donate” tab.)

Thank you so much for your support and generosity! We appreciate it.

LONGFELLOW/SEWARD HEALTHY SENIORS

Temporary phone: 763-458-0484
Website: LShealthyseniors.org

18 Holes Fully Remodeled Mini golf in Richfield

Pizza, Ice Cream, Bike Rental, Surrey Rental!

6335 Portland Avenue South
Richfield, MN 55423
612-861-9348

See *His Life*, page 14

This has gotta change!

BY ED FELIEN

The cops in Minneapolis have got to be brought under control.

They must be held to the same standards of behavior as the rest of us.

Our civil rights in Minneapolis are protected by the Minneapolis Civil Rights Commission. If some person, some business, or some institution violates our civil rights we have the right to a hearing before the Civil Rights Commission. The commission can subpoena witnesses and compel them to testify under oath, and they can award damages. Except, if our complaint is against the Minneapolis Police. A complaint against the police goes to die in the Office of Police Conduct Review (OPCR). According to Janet Nye (<https://southsidepride.com/2018/04/16/letter-to-the-editor-do-not-rehire-velma-korbel-to-head-mpls-civil-rights-commission/>), "the OPCR has received over 1,800 civilian complaints. Only 10 cases, a 0.55% rate, have led to discipline. The national average for civilian oversight bodies is 7-8%." The City Council must abolish the OPCR and let all complaints against the police be handled by the Civil Rights Commission.

If you and I were involved in a homicide, the police would immediately separate us and take a statement from each of us. We would have a right to have a lawyer present, but we would remain in custody until we gave a statement. When Officers Dustin Schwarze and

Mark Ringgenberg killed Jamar Clark they were asked to wait together in the back seat of a squad car, and they didn't give a statement for 72 hours. Ditto the officers who killed Terrance Franklin, Thurman Blevins and Travis Jordan. This is something that can change with the directive from the Chief, but it wouldn't hurt to have a resolution from the City Council signed by the mayor articulating that everyone has a right to equal treatment under the law.

There must be a full public accounting of the killings of young black men by white police officers. Did the officers follow protocol and established procedures? We needed the mayor and chief of police to publicly evaluate the actions of those officers. They have refused a public accounting. Now, the governor has announced that the Minnesota Department of Human Rights will look back 10 years to evaluate the conduct of the Minneapolis police.

And we need the state legislature to overturn the law that prohibits Minneapolis from having a residency requirement for Minneapolis police officers. One way to have community policing is to have our police living in our community.

Jim Davnie, state representative for the Corcoran, Standish-Ericsson, Seward and Longfellow neighborhoods, sent out a note to all neighbor-

hood forums on how the legislature was working on solutions for the problems with the police. I asked him:

Will you support repeal of the law that prohibits the City of Minneapolis from requiring city residency for all city employees?

He wrote back to the forums,

be polite, but a discussion of your perspective in this crisis should be public it seems to me. That's the price of leadership in a representative democracy."

City elections next year will be a referendum on how well the mayor and City Council responded to the challenge of

lem is—noisy neighbors; a couple fighting; an auto accident; shoplifting, etc.

Let's put neighborhood people on the problem.

Isn't it better to have a neighbor knock on your door and tell you you're making too much noise and you are disturbing the peace?

If a couple is fighting, deliver a pizza: "Hello, pizza delivery," and recommend counseling. Share information about the Harriet Tubman Shelter for Women and Families.

If it's an auto accident, send a notary public to take statements, photograph the scene and leave a notarized statement with the people involved and file one with the DMV.

If you have evidence of a kid shoplifting, share pictures with county welfare and the schools. Find the kid, get him an education and vocational training.

Each neighborhood person should get paid \$100 for each hour, or portion thereof, they are dealing with clients.

The 3-percenters are a right-wing militia. They say only 3 percent of the American people actually supported the American Revolution, so they figure 3 percent of the current population could do an armed insurrection and take over the government.

The population of Minneapolis in 2018 was 425,000. 3 percent of that is 12,762. On Monday, May 25, when people heard of George Floyd's murder, 20,000 people marched two and a half miles from 38th and Chicago to Lake and Minnehaha to the 3rd Precinct Station. For three days they laid nonviolent siege to the police station. The mayor decided that protecting the station was not worth a human life, so he ordered the station house abandoned. The protesters burned it to the ground. It was their building. They were not from some distant planet. They were us, the best part of us. They recognized the station house as their property, built with their tax dollars, and they recognized that it had turned against them and was being used by people outside of our community to come in here and kill us. And they burned it to the ground.

They said Basta Ya! Enough! How can that be anything but heroic?

They were also saying, let's start over.



"Of course."

Then, a bit later, probably after some city union reps started talking to him, he wrote back to the forums:

"Ed,

"Sorry, I was moving a bit too fast last night and didn't read your question correctly. I don't particularly care where the nice person who sells me my annual dog license, helps run our water treatment plant, or reviews my construction project for permitting lives. I do care what the relationship is between my community and the people who police it. I think we need to focus again on trying to repeal the pre-emption on residency requirements for police.

"Best to email me directly so that this forum remains informative but doesn't risk becoming an off-putting place for political debate.

"Best,

"Representative Jim Davnie" I responded:

"Thank you very much for responding so quickly and so favorably. As I'm sure you know, your council member, Cam Gordon, has proposed residency for police as part of his immediate and transitional program from where we are to where we need to be.

"I am very concerned that limiting the residency to just police officers would be proved to be discriminatory against a class of employees, and the law would be ruled unconstitutional by the Minnesota Supreme Court. I think the residency requirement would have to apply to all NEW hires by the city in order to be fair and effective. But perhaps I don't understand the legal ramifications. Please explain.

"And I assure you and members of this forum that I will

meaningful change demanded by the protests. Will they take it seriously, or will they give us a lot of warm words and no action? We need everyone involved in the protests to stand up and demand action and accountability from our mayor and council members. The police are accountable to them, and they are accountable to us. If they refuse to hold the police accountable, then we will have to hold them accountable next November.

We could have paid community organizers and paid block club captains who look out for people on the block. We could hire private security firms to patrol businesses at night and report any serious problems to what my Uncle John used to call "The Gun Squad." As long as there are weapons in common use, we will need access to weapons to defend ourselves from crazies. The Gun Squad should be called only in severe emergencies and they must be trained extensively in de-escalation techniques.

We need to restructure our police department (like we need to restructure our society) from the bottom up. The authority to enforce the law must always reside with the people governed by that law. What we have now is top down. That's authoritarian.

The mayor and City Council are playing into this authoritarian tendency by defunding neighborhood organizations and by threatening to eliminate neighborhoods of color by zoning that will allow unlimited gentrification of the inner city.

Imagine a Minneapolis without such a heavy presence of the police.

You would call 911 and tell the operator what the prob-

Bouza, from page 1

later—the cops will be convicted and legally fired.

Leaders will posture and declaim.

Lawyers, family and other members of the litigation industry will garner windfalls.

Talleyrand once said, "It is worse than a tragedy, it is a mistake."

The tergiversations now underway mask some simple truths:

*The cops have their hero in the White House.

*Racism is alive and well and the cops make sure it is.

*Black leaders ride this wave cynically.

*Mayors are clueless.

*No police chief in America could be labeled a reformer—or seek to be. One did exist in NYC, but he lasted 30 months (Murphy, 1970-73).

So, let's get real.

Yes, change will emerge.

Incremental, grudgingly

and piecemeal. After all, we have abolished slavery, right.

Ask any black you know—are we a racist society?

I'll rest on the answer.

And who controls and executes the unspoken instruments of racism?

Socrates suggested questionings.

The Bible enjoins us to get wisdom and, with all thy getting, get understanding.

Cassandra had the gift of prophecy and the curse of not being believed.

[Editor's note: Tony Bouza built the 3rd Precinct station house. He consolidated the six former precinct stations to four because, "Buildings eat people. When I was talking to the architect I said, 'I want a light, airy, welcoming building.' And that's what it was." But, he admitted to me, it had become "a place with swastikas on the wall."]

Local businesses: open, closed, restricted ... ?

[Look for the * on the name of an organization that is a POC-owned or immigrant-owned business or POC- or immigrant-oriented and/or led. If we got anything wrong, please email deborama@gmail.com with your corrections.]

Restaurant/Café/Pub

Bagu Sushi & Thai*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Patio. Restricted hours.

Bill's Chinese Garden. Open with restrictions. Online and phone orders. Delivery by DoorDash, GrubHub & Seamless, or pickup. Usual hours.

Birchwood Cafe. Open with restrictions. Online or phone orders delivered by Toast with curbside pickup. Patio. Usual menu and hours.

Bull's Horn. Open with restrictions. Online and phone orders. No delivery. Curbside, counter pickup, patio dining. New hours.

Cafe Racer*. Open with restrictions. Online and phone orders. Delivery by business. Breaking Bread (free lunch) until needed; check Facebook page for updates. Tuesday thru Sunday.

Dragon Wok* (38th & Chicago). Open with restrictions. Delivery by Bite Squad, GrubHub. Hours may fluctuate.

French Meadow. Open with restrictions. Phone for reservations. Delivery by Bite Squad, DoorDash, GrubHub, Postmates. Patio. Usual hours.

Hamburguesas El Gordo*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Usual hours.

Heather's. Open with restrictions. Phone for reservations. Delivery by Bite Squad. Usual hours.

Himalayan*. Open with restrictions. Online and phone orders. Delivery by Bite Squad. Patio. Usual hours.

Hot Indian Foods at MGM*. Closed to public. Online and phone orders. Delivery by Bite Squad, Chow Now, DoorDash. Curbside pickup. Restricted hours.

Infused Life Plant-based Eatery at MGM. Closed to public. Phone orders only. No delivery. Curbside pickup. Restricted hours. New restaurant!

Jakeeno's at MGM. Closed to public. Online and phone orders. Delivery by Bite Squad, DoorDash, GrubHub. Curbside pickup. Restricted hours.

Manny's Tortas at MGM*. Closed to public. Online and phone orders. Delivery by Bite Squad & GrubHub. Curbside Pickup. Restricted hours.

Maria's Café. Open with restrictions. No online ordering. No delivery. Patio. Usual hours.

Merlins Rest. Open with restrictions. Call for reservations. Delivery by Bite Squad. Patio. Restricted hours except for takeout.

Mi Casa Tacos y Tamales*. Open with restrictions. Phone orders. Delivery by Uber Eats. Grab and go. Usual hours. Brand new restaurant!!

Modern Times Cafe. Closed to public but patio dining or pickup. Very restricted hours and menu. Pay-what-you-can for June. See Facebook page for updates.

Northbound Smokehouse Brewpub. Open with restrictions. Call

for reservations or pickup. Patio. Usual hours.

Parkway Pizza. Open with restrictions. Online and phone orders. Delivery by business or thru Bite Squad. Patio. Usual hours.

Pizza Luce Seward. Open with restrictions. Online and phone orders. Delivery by business. Usual hours. Full menu!

Prieto Taqueria Bar*. Open with restrictions. Online and phone orders. Delivery by business, DoorDash, Uber Eats. Restricted hours. New restaurant!

Quang*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, DoorDash. Usual hours.

Reverie. Open with restrictions. Online and phone orders. Patio. Restricted hours. Beer and wine available.

Smoke in the Pit*. Open with restrictions. Phone orders. Delivery by Bite Squad. No curbside pickup. Pre-order grab and go.

Soberfish*. Open with restrictions. Online and phone orders. Delivery by Bite Squad & DoorDash. Call for curbside pickup. Restricted hours. Pre-order grab and go.

Standish Café. Open with restrictions. No delivery. Patio. Restricted hours.

The Howe. Open with restrictions. Delivery by Bite Squad & Uber Eats. Patio. Usual hours.

Trio Plant-based*. Open with restrictions. Full menu. Usual hours.

Bakery/Coffee/Deli

A Baker's Wife. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Patio.

Restricted hours.

Butter Bakery. Open with restrictions. Online order and delivery by Chow Now. No curbside pickup. Patio. Restricted hours.

C. McGee's. Open to public. Call for information. Delivery by DoorDash. Usual hours.

Café Meow. Open with restrictions. Online and phone orders. Cat lounge experience by reservation. Still fostering cats—visit cats by video.

Five Watt Coffee. Open with restrictions. Call for information. No delivery. No curbside pickup. Patio. Restricted hours.

Key West Bistro. Open with restrictions. Online and phone orders. Delivery by Bite Squad, DoorDash, GrubHub & Uber Eats. Patio. Usual hours.

Mel-O-Glaze. Open with restrictions. Call for information about delivery or curbside pickup. Usual hours. Grab and go.

Peace Coffee (Minnehaha Ave). Closed to public. Online ordering available--bagged coffee and merch only. Delivery by USPS, etc. No curbside pickup. Also available at many stores.

Riverview Café. Open with restrictions. No online or phone orders. No delivery, no curbside. Patio. Usual hours.

Sisters' Sludge. Open with restrictions. No online or phone orders. Grab and go. Patio. Usual hours.

Sovereign Grounds*. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Restricted hours. Grab and go.

Groceries

Cub Foods (46th and Hiawatha). Open with restrictions. Delivery available thru Instacart. Restricted hours.

Kowalski's (Chicago Ave & 55th Street). Open to public. No online and phone orders. Order thru Shipt. No curbside pickup. Usual hours.

Longfellow Market. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

Oxendale's Market (Minneapolis). Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. 7 to 8 a.m. shopping for at-risk customers.

Seward Co-op / Friendship. Open with restrictions. No phone orders. No delivery. Check website for online ordering with curbside pickup. Restricted hours.

Wedge & Linden Hills Co-op. Open with restrictions. No phone orders. Order thru Instacart for delivery. New--curbside pickup available! Usual hours.

Specialty/Convenience

Coastal Seafoods. Open with restrictions. Online and phone orders. Delivery by Mercato. Usual hours.

Everett's Foods. Open to public. No online or phone orders. No de-

livery or curbside pickup. Restricted hours.

La Alborada*. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

Produce Exchange at MGM. Closed to public. Online and phone orders. Delivery by Mercato. Call for curbside pickup. Restricted hours.

Tare Market. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. Bring your shopping bag--zero packaging.

Delivery Services for Groceries, etc.

Instacart. Aldi, Costco, Cub Foods, CVS, Lakewinds Co-op, Lunds&Byerlys, Petco, Staples, Target, Wedge Co-op

Mercato. Coastal Seafoods, Eastside Food Co-op, Produce Exchange @ MGM

Postmates. A Baker's Wife, Lunds&Byerlys Deli, Vegan East

Shipt. CVS, Fresh Thyme, Kowalski's, Office Max, Petco

Farmers Markets

Kingfield Farmers Market. Sunday. Open with restrictions. Usual hours.

Midtown Farmers Market. Saturday and Tuesday. Open with restrictions. Online ordering available. No delivery. Possible curbside pickup. Usual hours.

Mill City Indoor Saturday. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Restricted hours.

Minneapolis Farmers Market. Summer season. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

Pharmacy

Present Moment*. Closed to public. Online and phone orders. Call for delivery. Curbside pickup. Restricted hours.

Ritual Aromatherapy at MGM. Closed to public. Online and phone orders. No delivery. Curbside pickup. Usual hours. Call to order.

Walgreens (Nicollet Mall). Open to public. Usual hours.

Walgreens (Hiawatha & 46th). Mobile pharmacy open in parking lot.

Retail


Dreamhaven Books. Closed to public. Online and phone orders. Delivery by USPS. Restricted hours. Not buying books.

Eastlake Craft Brewery at MGM. Open to public. Online and phone orders. Call about delivery. Curbside pickup. Restricted hours.

Electric Fetus. Open with restrictions. Online orders, delivery USPS available. Restricted hours.

Elevated Beer Wine & Spirits. Open with restrictions. Call about ordering and delivery. Restricted hours.

See *What's Open*, page 10




HennepinHealthcare Foundation

SUPPORT OUR HENNEPIN HEROES

hennepinheroes.org

JUST IMAGINE

- No grocery stores.
- No post office.
- No pharmacies.
- No mail delivery.
- No landline phone service.



The riots on Lake Street in Minneapolis severely damaged and closed our East Lake Clinic. This presents an urgent need to help the 8,000 patients who relied on this critical healthcare resource. We are committed to healthcare equity and access. We will return to this vibrant and diverse community, but it will take 5-6 months before this clinic opens its doors again. Our community is reeling.

We need you to be their hero.

Help Us:

- Address the food and supply desert in this community. Donate food and basic needs like: diapers, baby wipes, deodorant, shampoo, tampons, and toothpaste. Learn more.
- Transport patients of East Lake Clinic to our Whittier Clinic four miles away.
- Offer home visits, mobile healthcare vans, and interpreter services to expand access to essential vaccines and care.
- Support our staff on the frontlines responding to COVID-19 and now this new patient care crisis.

Be an East Lake Clinic Hero Today: <https://www.hennepinhealthcare.org/hennepin-healthcare-foundation/>

Thank you for standing with our community.

worth watching

BY ED FELIEN

Last month we introduced a new feature on our website—exclusive interviews with Stephen McClellan and musicians from local rock bands: Yellin’ at McClellan. This month he hosts his old friends, The

all claim the constitution/ Ignore the things we don’t want to hear/ I need someone I respect to tell me everything is alright/ But the scholars and the poets all cry themselves to sleep at night.

Mia’s head curator of contemporary art. Click here to watch them all: <https://vimeo.com/showcase/art-migration> Does all this make you nostalgic for the ’70s and anti-war demonstrations? Here

is a 22-minute fragment from a documentary I produced for Experimental College in 1972: www.youtube.com/results?search_query=experimental+college+1972+ed+feliem And if you need something

uplifting and hopeful, check out this video of Sam Cook’s “A Change Gonna Come Someday”: www.youtube.com/watch?v=wEBlaMOMKV4



(Photo/Nathan House)

Lanes: - <https://youtu.be/KkNgAio-so4> Steve: “Mike and Kiki Lane form the core of a band called The Lanes. They are cemented in my memory since the first time I saw them perform. Last year was the last time Terry Katzman recorded an in-store at Hi-Fi Records. They actually did not hook up until recently, meeting for the first time at the old 400 Bar in 2013.”

One of the hundreds of businesses damaged during the fires and looting was the Schooner Tavern on 29th Street and 27th Avenue, one of the favorite places for musicians to play. Steve: “It’s a lot worse than I thought inside - it was looted several times, but there was much more damage from both fire and then water damage on top of the looters who maliciously smashed the cash registers after not finding cash. Wendy had to find hotels for the residents from the upstairs rooms. Her tenants, for the most part, are living on small pensions or government subsidies and have no local family. The worst nights she could not get any assistance from the fire department or 911. It really sounds like a living hell that both Wendy and John experienced.” The featured artists last month were Sargasso. They’ve come out with a new video: “At Night” by Bob Nordquist. <https://www.youtube.com/watch?v=tZPfDwskIZI>

If I could think at night, I would formulate solutions/ Instead of inward spirals of fear/ It isn’t black and white, we

And the politicians say they’re going to do something, but when they’re asked “What?” they say, “I don’t know.” And the beat goes on.

Dave Tilsen wrote: “In the days following the police murder of George Floyd, the elected and appointed officials of St. Paul, Minneapolis and Minnesota used fearmongering, hyperbole and misinformation to terrify their citizens and get them to accept the National Guard and virtual martial law.”

Dave did this collage of local newscasts: <https://youtu.be/yKJFKf8wUC4>

If you want more, Debra Keefer Ramage took these 15 pictures of Lake and Minnehaha on May 30: <https://www.facebook.com/photo.php?fbid=10158596251241204&set=a.10158596250476204&type=3&theater>

And Nathan House, our new production assistant for New Media, took these photos of the May 28 demo downtown:

<https://drive.google.com/drive/folders/1w-pa6pFioBVx-y31GGTXgFmxoVJ25mNgG>

And, now for something completely different.

How would you like to make a low-fat burrito bowl? Jocelyn Graef assures us it’s fast, easy and vegan. Delicious, healthy and simple. No oil, sugar or salt. www.youtube.com/watch?v=q29V-GmQ6EQ

The Minneapolis Institute of Arts writes, “While our galleries remain dark, you can visit us virtually. Enjoy this series of short videos highlighting artworks featured in the exhibition “When Home Won’t Let You Stay: Art and Migration,” narrated by Gabriel Ritter,

June 18, 2020

Statement in Support of Police Reform and Chief Arradondo

The death of George Floyd was a chapter in a story that is as old as our nation and is, sadly, still being written in communities across the country. Philando Castile, Breonna Taylor, Rayshard Brooks... These names serve stark notice that policing across the United States needs transformational reform.

The problems with policing are deeply rooted in the structural racism that permeates our society and its institutions. The current rallying cries around “defunding,” “dismantling,” or “abolishing” the police are grounded in a basic truth that sweeping and visionary reforms are needed.

The answer is not to simply defund or dismantle the police. We need to address societal racism and rebuild our infrastructure so that we can reduce our reliance on policing. Minneapolis receives more than 400,000 calls for police services every year. Housing, education, health care, mental health and the environment are key fronts for enhancing safety.

Without a doubt, the Minneapolis Police Department needs transformational reform but we oppose the current proposal to amend the Minneapolis City Charter to remove the police department. This Charter amendment will not advance the transformational reform that is needed. In fact, it is a distraction from the necessary work at hand.

We believe we have a leader in place who can bring about the much needed change in the police department if he has adequate support. Chief Medaria Arradondo is an ethical, professional and compassionate leader. He knows our city and loves its people. He has a reform agenda, but has experienced opposition from the Police Union and has lacked support from the City Council. We call on our citizens to support Chief Arradondo in his effort to transform our police department.

We have an opportunity brought about by tragedy but it is an opportunity we can’t waste. Minneapolis can become a model for the nation by rethinking the mission of policing. Only then can Minneapolis fulfill this moment and develop a new, bold model for a safe, inclusive community.

Original Authors

Walter Mondale Josie R. Johnson Sharon Sayles Belton Bob Bruininks

Supporters

Siyad Abdullahi	Sheri and David Evelo	Lee Lewis and Stephen Bulbul
Lisa Goldson Armstrong	Carol and Dick Flynn	Brian and Betsy Lucas
Kevin Armstrong	Katie and Rick Fournier	Peggy and Dave Lucas
Martha Arradondo	Al Frost	Ellen and Andy Lugar
Carol and Doug Baker	Scotty and Peter Gillette	Cora McCorvey
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Bill English and Freddie Davis English		Julia Wallace

Friends of Minneapolis

Dear Council Members Cam Gordon, Andrew Johnson and Andrea Jenkins:

I support the City Council in its intention to defund the police. I'm assuming, though, this doesn't mean there will be no public safety mechanism in place in the future. I'm hoping this means starting over from scratch, as I understand they did in Camden, N.J., redefining what it means to have a police force. Another city to look at, where massive reforms took place, is Athens, Ga. A friend of mine, Karin, has lived there since 1969 and says there was a man, Chief Joseph Lumpkin, Sr., who took over the department and reformed it. One of the results is that now all police officers live in the community. The department is significantly more humane. Chief Lumpkin has won numerous awards, if you look him up.

My three recommendations for the new public safety department are:

1) Trauma healing.

Since police officers (peacekeepers) obviously experience trauma and abnormal levels of fear, they should have some kind of trauma healing programs in place—or maybe the opportunity to do Alternative to Violence Project (AVP) workshops, which are exactly about that: alternatives. I guess many police forces in Africa have done these workshops with great success. AVP doesn't work with racism per se, but leads participants through a path to greater humanity and creativity. It eradicates the "them and us."

2) No military weapons.

No military mentality. I'm all for conservation, I hate to see things go to waste as much as the next person, but finding a use for unused military weapons in the police forces of the nation is not a good plan and serves no

one. I don't know if the military mentality comes along with the weapons or if that has always been there. It seems as though the police demonize everyone. Everyone who is not the police is considered "the enemy" and must be controlled and conquered, especially black and brown people. I'm opposed to that mentality.

3) Officers (peacekeepers) need to monitor the behavior of other peacekeepers.

EPIC (Ethical Policing is Courageous) is one system that has worked well in New Orleans, apparently. Michael W. Quinn, retired Minneapolis police officer, in his book "Walking with the Devil: The Promise of Peer Intervention" (2005, latest edition 2017), writes about EPIC as well as the general theme of ethics and integrity in policing.

Ed Felien at Southside Pride newspaper wrote these five essential steps three years ago, which definitely should be incorporated into the NEW form of peacekeeping:

"Here are five actions that must be taken to restore confidence in the MPD:

"1) The actions of the MPD must be subject to review by the Minneapolis Civil Rights Commission. Every other employee in Minneapolis, every other citizen or visitor to Minneapolis is subject to the civil rights ordinances of Minneapolis. The MPD are exempt. This tells them they are above the law. This can be changed by an action of the City Council.

"2) There must be a full review of the police reports of the Jamar Clark and Terrance Franklin killings by the Minnesota attorney general and the Minnesota Civil Rights Commission. This

must be requested by the mayor and City Council. Even a superficial reading of the reports reveals obvious examples of police misconduct. Officers responsible for misconduct must be held accountable.

"3) There must be a public review of the training of MPD officers. The training films of the discredited Lewinsky that encourage a "Shoot first, ask questions later" must be stopped and repudiated.

"4) We need a much greater reliance on block clubs to maintain public order. In especially troubled neighborhoods, the city should pay block club captains to act as welcome wagon hosts for new residents, telling them about government services, educational and employment opportunities.

"5) There must be a residency requirement for all city employees. The MPD must 'Protect and Serve' all the people who live in this city. They are not an occupying army."

Recently, my friend Karin's daughter, who also lives in Athens, Ga., had to call the police because a friend and neighbor of hers, whom she has known for 20 years, suddenly had a psychotic episode. He was throwing rocks through her windows and threatening to kill her. Krysia, my friend's daughter, knew the policemen who came. On the phone already she had told them that her threatening neighbor, Oliver, was not a criminal and was having a mental breakdown. They came to protect her, and called the mental health unit to care for Oliver and take him to the hospital. Maybe they listened to her because they were acquainted. (I don't know if race and class figured into the posi-

tive result of this interaction. Karin says most of the South is more racially mixed than Minnesota and the Athens police department reflects the mixture. Krysia and Oliver are white and are both artists.)

The police, here in Minneapolis, anyway, have a sense of being persecuted. The more persecuted they feel, the more abusive they become. One time, a young man came to my house to look at the water meter. I was upstairs playing the piano. When he came up from the basement, he said something about music and we had a conversation. It turned out he was in training to become a police officer. He was worried about the bad reputation of the police, though. Then he said what I'm sure he had heard in his training, that positive public attitudes toward the police come and go and right now we were in a stretch in which the public didn't like the police very much. It appeared he thought it had to do with trends, and had nothing to do with how the police conduct themselves.

The relationship between the community and the police force is crucial. My friend Marilyn, who is BIPOC, was at the mall one Xmas. There was a multiracial group of rowdy teens in the hallways who were yelling and swearing at customers minding their own business and trying to get their Xmas shopping done. Finally, a white police officer, about 40, in full gear, with guns and all, who had been working in one of the stores, came out and said to the kids in a forceful, authoritative tone, "Hey, have some respect, please." She said the kids settled down, got quiet and walked away. She went up to him and said, "I just wanted

to say thank you for your service. I saw what you did and I appreciate it." She said his eyes watered up. "You know," he said, "It's hard. I feel like I'm losing my humanity and my faith in humans [at this job]." He said a little bit more but then pulled back, as though he had said too much. She assured him she knew what he was talking about, based on her years working as a nurse in the county emergency department in Houston. A jolly old police officer she knew in Houston told her as he was about to retire, "If you were my daughter, I'd never let you date a policeman. They become assholes. They have to."

I don't hate the police. Yet, even though they don't have a reputation for harassing old white ladies, I am still quite afraid of them. I recognize that they deal with danger and trauma and maybe boredom. They see the worst that humanity has to offer, they see people at their worst, when they are weakest, making bad decisions, struggling with their own traumas, etc. And, of course, they want to go home at night, that's a perfectly legitimate desire. (We wish when they went home at night, they didn't have so far to go.)

I heard that one of the changes made in Camden, N.J., was that the focus became not just on making sure the police made it home alive, but on making sure the police officer, the victim and the perpetrator ALL got out alive.

People who break the law are human beings. The police are human beings. This is the bottom line for creating a new system.

--Elaine Klaassen

Walz, from page 1

lakes bringing tourists from all around the Midwest. Additionally, the hotel is only 1.4 miles from the Winehaven Winery bringing guests and wedding parties often. This limited-service 3 story, 51 room property was built in 2012 originally as a GrandStay. Guests can enjoy the extended-stay suite style rooms. There are 14 extended-stay suites in the hotel. The property is priced at a 2.8 Room Revenue Multiplier and offers investors an opportunity to acquire a fully stabilized, limited-service asset, in the extended metro area. The Comfort Inn and Suites Chisago City is located just off Highway 8 that sees over 20,000 cars a day. It is the complete market leader and benefits from the local demand there with a healthy mix of leisure and business travelers. Main employers in Chisago County are Plastics Products with almost 1,000 employees, Premier Marine, LEI Packaging, and Rosenbauer Minnesota LLC. The city also draws visitors in for the dense amount of lakes,

national parks, and the Winehaven Winery Vineyard. The property features 51 guestrooms with a heated indoor pool, whirlpool, 14 extended-stay suites, and business center for guests. Each guestroom is equipped with a microwave, refrigerator, flat screen TV with premium channels, and coffee maker. The property also offers high-speed WiFi, complimentary hot breakfast, and 1 meeting room."

<https://www.cityfeet.com/cont/listing/hotels-for-sale/29579-sportsman-dr-chisago-city-mn-55013/cst18683266?sk=f07c69450f704e11bb1bca90935c5b61>

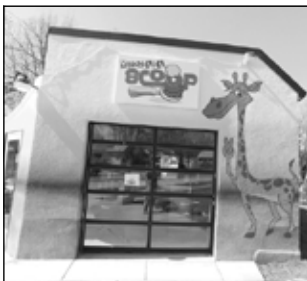
They're asking \$3.3 million, but it was on the market before COVID wiped out the hospitality industry, so they would probably take much less. You might need 20% for a down payment. If the price went down to \$3 million (and it should go down much further than that), the down payment would be \$600,000. You should be able to find that much cash just lying around, and you could finance the rest by selling bonds. It would be a

great investment for the state, and it would be a great contribution to fighting homelessness. The cost would work out to about \$60,000 per unit, which is an excellent value.

The 14 extended-stay suites would be suitable for families with children. There should be a shuttle twice a day to the Twin Cities. There should be on-site job counseling, mental health screening and methadone treatment and chemical dependency counseling.

This would be transitional housing. People would check in for one month of free housing. After that, they would pay 30% of their monthly income for rent, and they could stay in the hotel until they find permanent housing.

Buying the Comfort Inn will not end homelessness in Minnesota. It may bring with it a lot of problems. And, in the end, it might not work out. But, even then, we would learn something from the experiment. This may not be the best option available. But the worst option would be doing nothing.



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SUMMER 2020 ON FRANKLIN AVE.

East Franklin Avenue in COVID-19 and BLM Times

BY DEBRA KEEFER RAMAGE

Two weeks ago, we covered the part of Franklin Avenue west of Cedar Avenue. They were having some hard times but meeting the challenges with the resilience borne of centuries of standing against settler colonialism. Some of the denizens of this issue's focus, the part from Cedar to the Mississippi River, comprise those settler's descendants. But the Seward neighborhood is diverse. A significant part of the population includes East African immigrants from Somalia and Ethiopia primarily, as well as recent or second or third generation Latinx folks, some of whom are also indigenous to the Americas, if not the upper Midwest.

Question: How has Seward neighborhood, and its stretch of Franklin Avenue, been faring? What with plagues, police brutal-

ity, and riots*? (*Language note—we're calling the destruction that occurred after George Floyd's murder by this simple word just because it's short. Please forgive any negative connotations and know that we in no way condemn anyone's protests of any kind against racially motivated murder. If there were a less ambivalent single word to use, we would use it.)

Answer: It's complicated. Take the Seward Café, for example. It had been completely closed since mid-March, and running a "save the cafe" GoFundMe (still open at <https://www.gofundme.com/f/save-the-seward-cafe>, now with a \$50K goal). Then on April 20, they announced an online store with delivery, but only on a single day, Sunday. That was doing really well when it was stopped cold by the riots that hit Seward. Not as hard as some places, but

there are vulnerabilities—like one subsidized tower and two public housing towers, both with a high concentration of elders and Somalis, and Somali elders. Seward Café pivoted to food distribution, which they were still doing at the time of this writing.

The cafe's excellent website was not updated for this change, except for a brief message on the ordering page that they were not taking orders. Their Facebook page had some information, but mostly it seemed to be coordinated—as has happened in a lot of inner city neighborhoods—in a hyper-local, ad hoc fashion, through word of mouth, old style flyers, phone trees, and in some cases, graffiti on a boarded up window stating "Free Stuff—Seward Cafe" and an arrow pointing the direction. (Some of this is for information security reasons, alas.) On the Facebook page on



Food and needful items distribution in Seward

June 4: "Hey all, food distro is going really well. Estimating that we're moving about \$4,000 a day from people who are donating to people who are receiving. We could really use the help of a translator and/or someone bilingual in English and Somali to help us better serve our neighbors. We'll pay in cash! Let us know if you or someone you know would be interested in doing that."

On the most intense night of riot and arson, before the curfew imposed May 29 through June 3, Seward Neighborhood hastily organized very effective block watch parties which operated at least over the long weekend until the curfew was lifted. They were not able to protect all buildings, but they were overall very effective. A widely publicized incident occurred as part of looting of Skol's Liquor Store. Three young boy-men from Eau Claire, Wis., had come to Minneapolis seeking thrills and thought they hit the jackpot when they saw the busted open liquor store and not a cop in sight.

A neighborhood watch caught them in the act, and instead of handing them over to MPD, they handed them over to the AIM Patrol. The AIM Patrol filmed their encounter with the boys. They made them lie on the ground and confiscated their phones, then sat them on the curb and lectured them about their privilege, about what the protests were supposed to be about, about colonialism and their complicity in the oppression of Native Americans. They mentioned how their lives could have been ruined if they had had to spend the night in jail or go to trial. Instead their temporary captors just called their parents and said, "Come get your boys."

I saw the video, but it was gone the next day as if it never existed. I guess their parents had good lawyers. Such is the long reach of white privilege.

Seward Neighborhood group

See Franklin Ave., page 8



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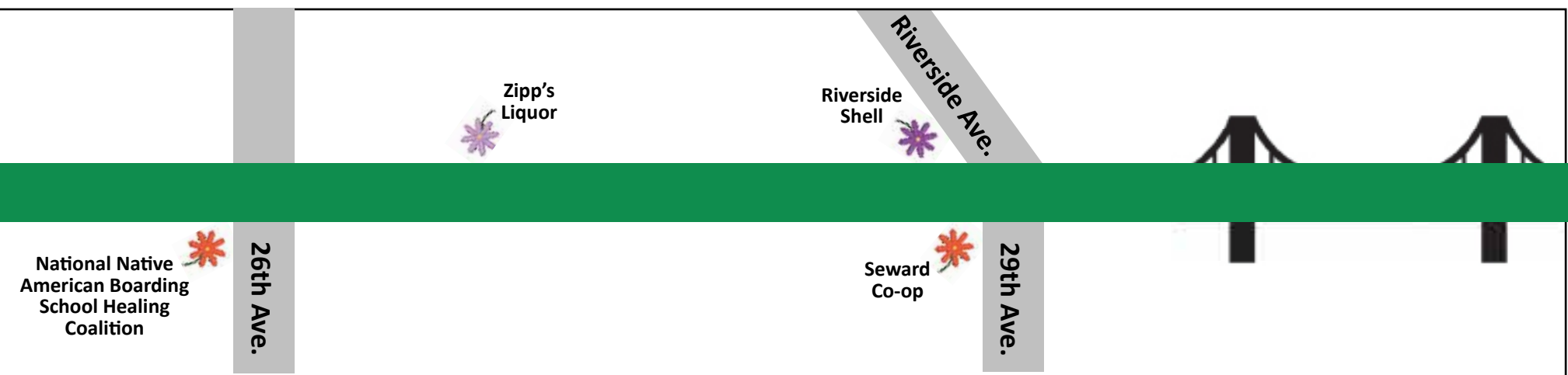
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FRANKLIN AVE.



A large mural in the new Seward Co-op retail space

A few days in late May out of respect for George Floyd, then reopened June 2, doing Breaking Bread every day, Tuesday through Sunday. At the time of writing they were playing it by ear, but possibly doing this service through the whole month of June. Check the Facebook page for daily updates.

Back on Franklin, Boneshaker Books is another complex story. The

founding collective owners decided to close a few months ago, but a newly formed collective, comprising some volunteers at the store, as well as community members, offered to “buy them out.” This was great news not only to book fans, but also to the Women’s Prison Book Project and Twin Cities Democratic Socialists of America, who are office tenants in the store. Also,

to the many communities that use their free meeting space. No word on a re-opening date yet.

We’ll close with some updates about Seward Co-op. Their Franklin store has had a hard time. They had an early case of COVID that closed them for about a week in March. In the riots, there was looting and damage to their ATM in the entrance. A newsletter for members details the costs of this damage:

“Both stores and the Creamery were closed entirely from Friday, May 29, through Monday, June 1, as well as the morning of Thursday, May 28. Our estimate of lost sales from this period is approximately \$515,000 ... [which] would equal about \$200,000 of lost gross margin. ... [C]osts for shifts scheduled but not worked amounted to \$105,000... lost inventory was approximately \$10,500 (much of which we were able to donate to various community organizations). [After bills for property damage repairs, etc.] ... total costs of the closure will be close to \$350,000.”

Also, we heard this from Joe Kruse, Seward Co-op worker and member of UFCW Local 663:

“On June 16 nearly the entire staff on shift at Seward Co-op’s Franklin Ave store walked out for a 9-minute work stoppage to mourn the murder of George Floyd and stand in solidarity with the protests erupting around the world. ...With our action we also hoped to encourage the Seward Co-op to announce its support for dismantling the MPD and called on the leadership of UFCW Local 663 (our union) to demand Bob Kroll’s immediate

resignation. ... On the day of the action, we were blown away when nearly everyone on shift walked out with us. I chatted with some workers afterward who we hadn’t been able to reach out to about the stoppage beforehand, but still decided to walk out on the fly ... To me this shows that in historic and tumultuous moments like these, when people are given an invitation ... many will act.”



Sunset, a railroad bridge over the Mississippi (Photo/Seward resident Kerry Cashman)

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What's Open, from page 4

Groovy's. Open with restrictions. Usual hours.

Habitat for Humanity--ReStore. Open with restrictions. Both donating and shopping. Usual hours. Read safety rules on website.

Irreverent Bookworm. Closed to public. Online and phone orders. Delivery by USPS. Check website for curbside pickup. Restricted hours. BUYING BOOKS now--see website.

Mother Earth Gardens. Open with restrictions. Online ordering. Curbside pickup. Usual hours.

McDonald's Liquor and Wine. Open with restrictions. Call about ordering, delivery and curbside pickup. Usual hours.

Moon Palace Books. Closed to public. Online and phone orders. Delivery by USPS. Call about curbside pickup. Restricted hours. Not buying books.

Nokomis Shoe Shop. Open to

public. Online orders. Delivery by USPS--free for orders over \$100. Slightly restricted hours.

Once Upon A Crime. Open with restrictions. Online orders, delivery by USPS available. Restricted hours. See website for more.

Service

Cedar Ave Repair. Open with restrictions. Usual hours. Call before visit.

Clyde's Service Auto Repair. Open with restrictions. Usual hours. Call before visit.

Laundromat (37th & Chicago). Open to public. Usual hours.

Pedego. Open with restrictions. Phone orders. Delivery available. Call for curbside pickup. Restricted hours. Open for all services but call first.

Riverstone Salon and Wellness Center. Open with restrictions by appointment. Usual hours.

The Beauty Room. Open with restrictions by appointment. Usual hours.

Health Care

CUHCC & CUHCC Dental. By appointment. Usual hours.

East Lake Animal Clinic. By appointment. Usual hours.

HCMC Whittier Clinic. By appointment. Usual hours. COVID-19 testing available.

Minnehaha Animal Hospital. By appointment. Usual hours.

Nokomis Pet Clinic. By appointment. Usual hours.

People's Center. Open with restrictions. Wellness Hub closed. Online appointment requests available. Telehealth available.

People's Center Dental Clinic (Minnehaha). Open with restrictions. Usual hours.

Pet Doctor (Franklin Ave). By appointment. Usual hours.

Spinal Frontier. By appointment. Phone orders. Restricted hours. Chiro care and wellness products.

Gyms, Wellness Centers, Training Facilities

Midtown YWCA. Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes and personal training still available.

Svasti Yoga and Bodywork. Closed permanently.

Nonprofit

Boys and Girls Clubs of TC. Open with restrictions. Restricted hours. Only open for food distribution.

Briva Health. Open with restrictions. Health care navigation by phone or appointment. Usual hours.

Macedonia Baptist Church. Open with restrictions. Restricted hours. Call for more information. Only open for food distribution.

People and Pets Together. Open with restrictions. No delivery or curbside pickup. Usual hours. Pet food shelf--1 client at a time.

Sabathani Food Shelf. Open with restrictions. Usual hours. Only open for food distribution.

Simpson Food Pantry. Open to public. Restricted hours. Outdoors, weather permitting.

Soup for You Café at Bethany Lutheran Church (Franklin). Closed to public. Distributing bag lunches at the side door Monday thru Friday, 11 a.m. until gone.

Walker Church. Open with restrictions. Hot meals, bagged groceries. Email office@walkerchurch.org or message Facebook page for information. Tuesdays only. Only open for food distribution.

Walk-in Counseling. Closed to public. Call for Phone or Zoom counseling. Usual hours.

Pop-up Mutual Aid Sites / Pay-as-u-can / Pay-it-forward
See <https://twin-cities-mutual-aid.org/> for complete list.

American Indian Cultural Corridor/NACDI*. Food, diapers, hygiene supplies. 1 to 3 p.m. daily outside at 1414 Franklin Ave.

Baha'i Center. Medical and hygiene supplies needed urgently.

Blaisdell YMCA. Food, diapers, hygiene supplies.

Du Nord Craft Spirits*. Food, diapers, hygiene supplies.

El Colegio*. Food, diapers, hygiene supplies. 1 to 5 p.m. daily.

Holy Trinity Lutheran Church. Food, diapers, hygiene supplies. Monday, Wednesday and Friday.

Modern Times Cafe. For June: Pay what you can--brunch, coffee, tea. Patio. Free food delivered by volunteers for those in need.

Pimento Kitchen*. Temporarily a full-time food relief organization. Call for more information.

Seward Café. Distribution of groceries. Check Facebook page for updates.

Twin Cities DSA Food Justice. Food, diapers, hygiene supplies. Sunday, Wednesday & Friday. 1-5 p.m. Moon Palace parking lot.

YWCA Midtown. Food, diapers, hygiene supplies.



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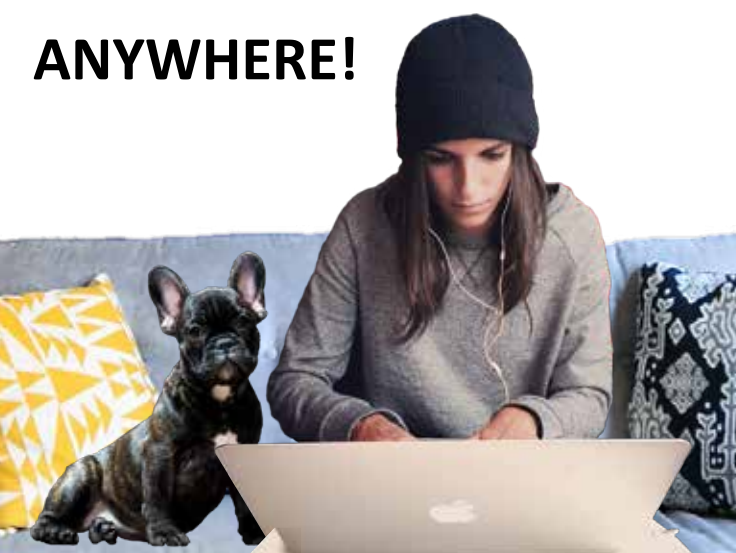



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Southside Pride / RIVERSIDE EDITION

Outdoor Dance & Drum Class

Saturday afternoons

Bossen Field Park

5657 28th Ave. S., Mpls.

1 to 2:30 p.m. West African Dance with Sana Bangoura

2:45 to 3:45 p.m. Djembe and doun class with FodeBangoura

Duniya Drum & Dance will hold outdoor classes every Saturday afternoon, with social distancing in place. Please bring a chair if you can. Classes are \$15. \$5 drum rental (text ahead if renting 651-338-5409). Park in lot on E. 56th St. then follow paved

path to the field.

Note: Class cancellations will only be posted on our Facebook page. <https://www.facebook.com/DuniyaMN>

Free Acupuncture

Sundays at 1 p.m. or 2 p.m.

Calvary Lutheran Church

3901 Chicago Ave., Mpls.

Calvary is currently partnering with Acupuncturists Without Borders, who provide group healing circle treatments. A simple treatment of 5 needles (or ear seeds) in each ear. Ear

points include treatment for the whole body, and help provide an overall sense of well-being. Results include: improved ability to cope; improved ability to sleep; improved mental clarity; reduction of aches and pains; and reduction of depression and anxiety. We plan to offer treatments every Sunday in Calvary's courtyard (Chicago side of our building). Come and experience it! To learn more about Acupuncturists Without Borders, follow this link: acuwithoutborders.org/history

An Appeal, from page 1

adone Maintenance Program go down to the encampment and counsel some of the residents with programs that help resolve social problems resulting from addiction? Would it be possible to have a portable clinic in the park building that could administer methadone once a day? There is a problem with needles in the neighborhood and drug overdoses.

Security is a major concern at the encampment. We should be providing unarmed security, and the county should be hiring residents to help with security and then training them for employment as security guards. As you know there was a shooting death just a half a block away in the 3400 block of Elliot. All residents should feel safe and protected. It is essential that all security for the residents be controlled by Action Now Powderhorn Sanctuaries and the Powderhorn Park Neighborhood Association. Hennepin County has an important role in supporting these organizations.

The beginning of summer is the time we must begin to think about the beginning of winter. At some point we must think about moving this encampment indoors. The City

of Minneapolis owns a number of buildings that could be useful for indoor mass encampments: The Roof Depot and the Vikings Stadium are two sites close at hand that could accommodate a large encampment. We rely on your good offices to coordinate with the city to secure a suitable indoor site for the fall.

These are some of our concerns regarding the Powderhorn Sanctuary. We would value working with you to resolve these problems.

Thank you for your time and consideration,

--Ed Felien

With the support of 15 members of Action Now Powderhorn Sanctuary Facebook page, I received a form letter response from David Hewitt. It was essentially the same letter he had sent to homeless activists, filled with praise for the work the county is doing, horror at the enormity of the problem and sadness at the lack of funding.

Commissioners Conley and Greene and Director Hewitt:

We are not asking for cosmic answers and universal truths. We need your urgent attention to immediate problems happening now in Powderhorn Park.

When can we expect the

homeless in the Powderhorn Sanctuary to find temporary shelter in one of our now unused downtown hotels? Surely you can shift enough items around in the budget to accommodate this humanitarian crisis.

Can't someone from Hennepin County call the governor or Employment Services and get someone down to the sanctuary to tell the residents about job opportunities? Asking them to fill out a three-page general job application would give us a chance to screen for literacy and offer literacy tutoring.

There is an urgent need for a satellite methadone clinic at the sanctuary to provide services to the homeless. Why isn't that being done?

Does the county have an unarmed public safety coordinator at the site?

Will you assist in finding indoor tent space for the coming winter?

Please allow us to share your success with these programs.

--Ed Felien



Wheel Fun Rentals Supports Tickets for Kids!

Wheel Fun Rentals is proud to announce it will be offering FREE bike rentals and outdoor activities to low-income and at-risk youth in partnership with the Tickets for Kids organization! Beginning this summer, organizations partnered with Tickets for Kids can provide outdoor fun to their programs and choose from any of the wide array of specialty cycles, watercraft, and entertainment Wheel Fun Rentals has to offer - absolutely free.

Tickets for Kids, a charity that has distributed over 3.2 million tickets to disadvantaged youth for experiences in arts & culture, education & STEM, sports & recreation, and family entertainment over the past 20 years, has added Wheel Fun Rentals to their impressive list of fun and educational, local program options available in the Twin Cities area.

"At Wheel Fun Rentals we like to see children moving, biking, paddling, laughing, and enjoying the great outdoors," said Rodney Knight, Owner of Wheel Fun Rentals. "We chose to partner with Tickets for Kids because they provide fun and educational opportunities that may not have otherwise been available for some kids in our community. Physical activity builds confidence, is good for the body, and is above all - FUN!"

Wheel Fun Rentals is offering this program at all eight Minnesota locations including their mini-golf courses at Como Park and Veterans Memorial Park. Organizations that take advantage of this program will have the opportunity to take the kids across the water in pedal boats, kayaks or water trikes, and also use a full range of two-wheel bikes and specialty cycles.

Find more information on Tickets for Kids at ticketsforkids.org/tickets. For more information on Wheel Fun Rentals visit wheel-funrentalsmn.com.

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EVENTS AND
ONLINE RESOURCES

Community Table Open!

Daily, 2 to 7 p.m.

Calvary Lutheran Church
3901 Chicago Ave., Mpls.
Calvary Lutheran provides a welcoming community to the many people who are coming to pay their respects at the George Floyd memorial on 38th and Chicago. Our Community Table is right on the corner of 39th and Chicago Ave. S. in Minneapolis. We offer free water, Gatorade, snacks and masks. People also have an opportunity to make signs and use chalk for sidewalk statements. Calvary’s volunteer hosts wear masks and practice safe distancing while being socially engaged with the community. Please visit our website at www.clchurch.org for more information.

Masks and gift cards will help refugee families

Minnesota Council of Churches
122 W. Franklin Ave. Ste. 100
Mpls. 55404
As MCC Refugee Services continues our outreach work to educate and support refugee families during the coronavirus pandemic, two requests are surfacing over and over again: cloth face masks and Cub grocery gift cards. We have distributed over 60 donated masks and would like 50 more to share with refugee community members. Grocery gift cards can be mailed to our office and will be distributed directly to our most vulnerable clients. For more information, please email rsvolunteers@mnchurches.org. Thank you for caring for your neighbors during these days!

Five short courses on Racial Reconciliation

The Episcopal Church in Minnesota’s School for Formation invites you to dive into five self-paced online short courses aimed at helping you go deeper into this year’s mission opportunity of Racial Reconciliation. These courses are led by nationally recognized teachers, professors and priests. Each course consists of short readings, videos and online quizzes and discussions—you can get through everything in about 45 minutes. You can learn online individually or gather a group to watch and discuss together. The courses are free to members of Episcopal Church in Minnesota faith communities, and available at low cost to the public (\$10-15). For more information and to register, see <https://www.churchnext.tv/library/by/category/social-justice/>.

Bahá’i Center of Minneapolis

3644 Chicago Ave., Mpls.
Socially distanced devotions, Sundays, 10 to 11 a.m. Please visit the Bahá’i community of Minneapolis website at <https://www.minneapolisbahai.org/>. Here you will find information about upcoming and past Holy Day celebrations, as well as news, announcements and information.

Catholic Church of the Holy Name

3637 11th Ave. S., Mpls.
Please check our website for updates on Mass times. Visit <https://www.churchoftheholyname.org/> for Archdiocesan links to Mass online, on TV, and other Mass/prayer resources.

Catholic Church of St. Albert the Great

E. 29th St. & 32nd Ave. S., Mpls.
In-person Masses with limited seating on Saturdays at 5 p.m. and Sundays at 9:30 a.m. and noon. Please see our website at <https://www.saintalbertthegreat.org/> for more details. Sunday 9:30 a.m. Mass also streamed on our Facebook page at <https://www.facebook.com/StAlbertTheGreatMpls/>

Faith Evangelical Lutheran Church

3430 E. 51st St., Mpls.
www.faithlutheranmpls.org
Sunday Worship (with safety measures in place) at 9 a.m. Those who are over 65, have pre-existing conditions, or live in proximity to at-risk demographics are encouraged to remain home. We will continue to post videos online for Sunday morning for those who can’t join us yet on YouTube and Facebook <https://www.facebook.com/felcmpls/>. Sunday morning Bible class 10 a.m.; midweek Bible class Wednesdays 10 a.m.; masks and social spacing required for worship and Bible class. NA groups Wednesdays 7:30 p.m. and Fridays 7 p.m.

First Free Church

5150 Chicago Ave. S., Mpls.
We’re not closed. We’re online. Sunday services will be posted at 9 a.m. to our Facebook and YouTube pages. www.firstfreechurch.org

Holy Cross Lutheran Church, LCMS

1720 E. Minnehaha Pkwy., Mpls.
Drive-In Services now available on Sunday mornings at 9:30 a.m. in the parking lot on the 1620 AM channel. Sunday Worship recordings online at www.holycrossmpls.org. Scroll to mid-page on the homepage to see recordings and bulletins to follow along. Bible Study via Zoom at 10:30 a.m. (see calendar for info).

Hope Lutheran Church

5728 Cedar Ave. S., Mpls.
In a desire to do our part, Hope Lutheran Church has moved worship from a physical gathering in our Sanctuary on Cedar Avenue to an online gathering until further notice. To learn how to connect to our worship services, please click on the Worship Tab on our website. www.hopempls.org

Living Spirit United Methodist Church

4501 Bloomington Ave., Mpls.
Worship with us from home! Worship is currently being streamed on Facebook Live at 10:30 a.m. on Sunday mornings at <https://www.facebook.com/LivingSpiritMN/>. The weekly bulletin, children’s faith formation packet, and more will be posted to our website; that’s also where you can find resources and worship recordings from previous weeks. www.livingspiritumc.org/online

Messiah Lutheran Church

2400 Park Ave., Mpls.
Due to COVID-19 and the recommendation of the ELCA and Governor Walz, Messiah has decided to suspend Sunday worship until further notice. Please visit us at <https://www.messiahlutheranmpls.org/> for online services, devotions and bulletins.

Minnehaha Communion Lutheran Church

4101 37th Ave. S., Mpls.
Please visit our website for opportunities to connect each week at <https://minnehahacommunion.org/>. View Sunday worship services and download bulletins online, join us for a Zoom virtual coffee hour on Sunday mornings at 10:45 a.m., or for Monday Kid Time on Zoom from 1 to 3 p.m.

Minnehaha United Methodist Church

3701 E. 50th St., Mpls.
Our building is closed, so we moved online. Join us! Visit our website at <http://www.minnehaha.org/> for links to online Sunday worship and Taizé services, bulletins and newsletters, and weekly songs and stories for kids. Subscribe to our YouTube channel, where services are close-captioned.

Mt. Zion Lutheran Church

5645 Chicago Ave. S., Mpls.
In consideration of the public health concerns related to COVID-19 and per the recommendation of the Minnesota Department of Health, worship services at Mt. Zion Lutheran Church have been canceled until further notice. In the meantime, please visit our outdoor lending library! Stay well. May God

bless and keep you! <https://www.mtzi-oninmpls.org/>

New Creation Baptist Church

1414 E. 48th St., Mpls.
Watch and interact with our lives-stream prerecorded services on Sunday mornings at 10:45 a.m. on our Facebook page at <https://www.facebook.com/NewCreationBaptistChurch/> and visit our website at <https://newcreationbaptistchurchmn.org/>

Nokomis Heights Lutheran Church

5300 10th Ave. S., Mpls.
www.nokomisheights.org
All in-person worship and activities suspended. We may be separated, but we are still a church and a community, physically distant but faithfully together. Connect with our online community on Facebook and YouTube and join us as we navigate these challenges together. A new worship goes up on YouTube every Sunday at 10 a.m., and all are archived, so you can view the ones you missed. <https://www.facebook.com/NokomisHeights/>

Plymouth Congregational Church

1900 Nicollet Ave., Mpls.
All Plymouth meetings and in-church Sunday services canceled until further notice. Please visit our website at <https://www.plymouth.org/> or our Facebook page at <https://www.facebook.com/PlymouthCongregationalChurch/> to access our virtual offerings of Sunday services, contemplative prayer, daily meditations, musical moments, and more.

St. Joan of Arc Catholic Community

4537 3rd Ave. S., Mpls.
For video masses, musical performances, church bulletins, and other news, please see our website <https://www.saintjoanofarc.org/> or Facebook page <https://www.facebook.com/StJoan-Mpls/>.

St. Mark’s Episcopal Cathedral

519 Oak Grove St., Mpls.
For the sake of the common good, Saint Mark’s doors are closed until further notice—still there is so much you can practice from home. Beginning June 7, Saint Mark’s will livestream Sunday morning worship online at 10:30 a.m. Visit our website at <https://ourcathedral.org/> for links to Daily Practices and past livestreams and video archives.

Temple of Aaron

616 Mississippi River Blvd. S.
St. Paul
Please visit our Facebook page for updates on the synagogue’s programs, schools, and services. <https://www.facebook.com/Temple-of-Aaron-202015025137/>

Trinity Lutheran Congregation

Augsburg College, Hoversten Chapel
Riverside & 22nd Aves., Mpls.
www.trinitylutherancongregation.org
Online worship available anytime on our YouTube channel: Trinity Lutheran Congregation

Walker Community United Methodist Church

3104 16th Ave. S., Mpls.
Until further notice, Walker Church will be closed for all non-essential operations. Services will continue online via Zoom and Facebook Live at 11 a.m. to noon on Sundays. Visit our website at <http://www.walkerchurch.org/> or Facebook page at <https://www.facebook.com/walkerumc/> for more information.

SHARING FOOD -
UPDATED

Bethany Lutheran Church

2511 E. Franklin Ave., Mpls.
612-332-2397
Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. <http://www.bethanyinseward.org/>

Calvary Lutheran Church

3901 Chicago Ave., Mpls.
612-827-2504, ext. 205
The Calvary Emergency Food Shelf is available for area residents on Tuesdays and Saturdays from 9 a.m. to noon through the month of June, then resuming on Saturdays only from 9 a.m. to noon. We will hand out pre-packaged bags of food with a Walk-Up table on 39th St. and Drive-Thru model at the parking lot entrance. Please stay in your car, and we’ll bring the food to you! Volunteers will be available outside to help you. There are eligibility requirements. On our website, www.clchurch.org, click on the “Food Shelf” link in the “Outreach” tab, or call the food shelf office at 612-827-2504, ext. 205.

Food Hub
Greater Friendship Missionary Baptist Church

2600 E. 38th St.
Monday - Friday, 11 a. m. to 3 p.m.
Free Food and Household Supplies.

Groveland Emergency Food Shelf

1900 Nicollet Ave., Mpls.
Plymouth Congregational Church
612-871-0277
Monday – Friday
9:30 a.m. to 12:30 p.m.
Entrance on Groveland Ave. between Nicollet and Lasalle. <http://groveland-foodshelf.org/>

Minnehaha United Methodist Church

3701 E. 50th St., Mpls.
612-721-6231
Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, as of April 9, 2020, the Minnehaha Food Shelf will still be open on Tuesdays from 10 a.m. to 3 p.m. We have moved our operations outdoors, meter the flow of clients to help ensure social distancing, periodically clean our surfaces, and wear face masks. Should we have foul weather, we plan to move the distribution indoors, though still meter clients and encourage distancing. <https://www.facebook.com/MinnehahaFoodShelf/>

New Creation Baptist Church

1414 E. 48th St., Mpls.
612-825-6933
We’re still here to serve you on the first through fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. Be safe and God bless! <https://www.facebook.com/NCBCfoodshelf/>
Food Shelf
Saturdays (except 5th Saturdays)
10 a.m. to 2 p.m.
(Brown door on the corner of 48th St. and 15th Ave.)

Walker Community United Methodist Church

3104 16th Ave. S., Mpls.
office@walkerchurch.org
Tuesday Meals: Our regular Tuesday meals will be suspended until shelter-in-place orders end. We will still have groceries available for pickup on Tuesdays from 5 to 6 p.m. <http://www.walkerchurch.org/>

The Riverside
Religious Community
Welcomes You

Christian

CATHOLIC CHURCH OF ST. ALBERT THE GREAT
E. 29th St. & 32nd Ave. S.
612-724-3643
www.saintalbertthegreat.org

CATHOLIC CHURCH OF THE HOLY NAME

3637 - 11th Ave. S., 612-724-5465
Please check our website for updates on Mass times
www.churchoftheholyname.org
Pastor: Fr. Leo Schneider
A welcoming Roman Catholic community

MINNEHAHA COMMUNION LUTHERAN CHURCH

4101 37th Ave. S. *612-722-9527
<https://minnehahacommunion.org/>
Virtual Sunday Worship online
Sunday Coffee Hour
on Zoom at 10:45 am
Pastors Dan and Sally Ankerfelt

TRINITY LUTHERAN CONGREGATION

Augsburg College
Hoversten Chapel
Riverside & 22nd Aves.
612-333-2561
www.trinitylutherancongregation.org

Online worship available anytime on our YouTube channel: Trinity Lutheran Congregation
Pastors: Jane Buckley-Farlee & Alem Asmelash
Office: 2001 Riverside Ave.
Reconciling in Christ



All Directory Churches are Wheelchair Accessible

Emails from Lily Lamb, June 16

****Good Morning Neighbors-**

As many of you have heard, we will be gathering as a community tonight at 6 p.m. demanding response and action from our city, county and state officials.

Below is the link to the google sheet where you can see a suggested list of contacts. Additionally, on the second tab you can find a suggested statement and a few talking points. Please let me know if there are additional items you'd like added to that page.

<https://docs.google.com/spreadsheets/d/1ATPUeAfOXQ2h2w2y7pFbv-lG-D63XDPLSvQzwkLI4AKg/edit?usp=sharing>

Additionally, a few neighbors have set up a Facebook group and event page to come for tonight's meeting. (If anyone wants to be added as a group or event owner let me know.)

<https://www.facebook.com/groups/647058879227979/>

This is the email I sent to a few folks already this morning. Feel free to edit/change/make it your own and I'm only sending this to a few folks with emails I could grab quickly. I'll also be posting it on the discord-but please share this with your neighbors! The

only way to make our voice heard is to speak loudly together.

****Good Morning-**

The Powderhorn Park residents demand to know our elected officials' response to the current emergency humanitarian situation in Powderhorn Park and seek a solution immediately with dignified, culturally informed permanent housing by Friday, June 19. We, the community, stand in support and solidarity with our new residents at the Powderhorn Sanctuaries and collectively call for change with and for them. Housing is a human right, and in our community, homes should be for all. We call on all our elected officials to respond to this urgent situation by attending our community gathering tonight at 6 p.m. on the south side of Powderhorn Park in the picnic area.

It has been five days since our new neighbors have joined us, and in that time, private citizens have been coordinating to the best of their ability a response to this emergency situation.

Please let me know who I can expect to see from your office this evening.

Try the new normal at Modern Times

BY DYLAN ALVERSON & THE MODERN TIMES STAFF

We have been watching and participating in the events that have unfolded in our neighborhood since the Minneapolis Police Department murdered George Floyd. In that time, we have seen a lot of people of color terrorized by the police, houses and businesses burned down or damaged beyond repair.

It does not feel right for us to try and reopen for business and continue operating as we previously had. There is a momentous wave of transformation happening that must be accelerated and supported.

After becoming nearly inoperable because of the Covid-19 pandemic, followed by police terror and civil unrest, we decided to temporarily transition to a business model whose sole purpose is to foster and support our greater community. The Modern Times' staff and I have all agreed to work as volunteers in our space for the month of June.

We are serving a limited menu as a donation-based cafe. We will be giving 100 percent of our profits to local BIPOC businesses and organizations affected by this tragedy. We are seeking out more partnerships that help us provide lunch to those working on the front lines of this movement; please contact us if you have a need.

At the end of this month we will post all financial details to ensure the transparency of this decision. Thank you for your continued support as we adapt to the changing needs of our community.

We are open Tuesday - Saturday, 9 a.m. to 1 p.m.

Working for an end to police brutality and murder: It's a new paradigm

BY COOPER

Last Monday on June 1, my roommate George and I signed up for our shift as neighborhood watchmen— Powderhorn's response to a failed police system and several nights of fires in South Minneapolis. Our shift was 2 to 4 a.m. patrolling the blocks from 31st to 33rd on 10th and Elliot Avenues. There was a neighborhood-wide and South Minneapolis-wide panic of a white supremacist presence. Probably linked to the "outside agitator" rhetoric (which anyone who attended the demonstrations would understand to be false).

That night the neighborhood was very scared. There were many rumors being circulated, such as that the KKK was gathered in full uniform in Powderhorn Park, and the Boogaloo Boys were attacking Midtown Global Market. I am unable to speak to the validity of those; we saw neither on our patrol. George and I walked our four block radius, each in our bright yellow T-shirts, mine saying "Minnesota," his saying "East Lake Liquors." I carried a fire extinguisher to put out any fire a Neo-Nazi might attempt to start. We came across no outside agitators, no white supremacists.

We only saw other concerned neighbors wondering if we were outside agitators or white supremacists. And we were thankful. I have not felt more proud of something in my life. While I am young, it is incredible

to see firsthand how a community will be compelled to act against a racist police force. There were spreadsheets, Google documents, group chats and a Facebook page created very quickly. Several neighbors took charge, organizing immediately on how best to keep ourselves safe, and how not to call the police.

Now I believe comes the hard part. I fear that the neighborhood watch portion of this community involvement will be too militant. Our responsibility is not to fill the shoes of the Minneapolis Police Department. Not to photograph every suspicious vehicle and every stranger that might walk down Chicago Avenue. Our responsibility is to our neighbors. To take care of each other and foster change. We need medics, social workers, and people ready to de-escalate and help in every circumstance where any police officer would hurt.

On June 7 a meeting was held in Powderhorn Park by Southside Response in collaboration with Black Visions Collective and Reclaim the Block. Black Visions Collective and Reclaim the Block are organizations working on Black-led transformative justice and divestment of police funding into community programs. Nine of our City Council members were present and made a pledge to work toward police abolition. I spoke to Sam Gould, who lives in Powderhorn, about his involvement and organizing with Southside Response. I asked him how Southside Response started. "It

was the experience we were all having, that Friday night (May 29). The whole neighborhood was on fire, gunshots, breaking glass, explosions shaking the house. I have never experienced anything like this. For one minute I was on the phone with the mayor: 'Jacob, what the f#\$k is going on? You've got to do something.'" I can't imagine who would have handled that situation. I spoke to our council person, Alondra Cano, that night as well. I said to her if we ever thought the city or the state had our backs, it is more than obvious right now that they don't—we need to organize ourselves. So, at midnight that night we made an event. "We are the only people who can protect ourselves and we are the only people who can care for one another. Let's figure out how to do it."

The following day, June 1, was the first meeting of Southside Response. Around 1,000 from the community showed up, and we discussed how we were going to keep ourselves and our neighbors safe.

I asked Sam what he sees for Southside Response next. He wants to make it clear it is not an organization, and it is without hierarchical positions. "I want people to realize it's theirs. It's a social tool."

Finally, I asked Sam how he felt as he left the meeting with Black Visions Collective, Reclaim the Block, and the entire community. He quoted Gramsci's "Pessimism of the intellect, optimism of the will."

I agree with Sam, the hard



Nine City Council members attended the June 7 meeting at Powderhorn Park.

part is far from over. Now is work reimagining how to care when the community gets to for one another without police.

We will no longer be individually distributing the Consumer Confidence Report (water quality report).

Contact 612-673-3000 to receive a copy or view online at www.minneapolismn.gov/publicworks/water/2020waterquality



Longfellow/Seward Healthy Seniors in time of need

BY DEBRA KEEFER RAMAGE

Longfellow/Seward Healthy Seniors (LSHS) is a nonprofit that helps seniors live their most healthy and independent lives, following the "Living at Home / Block Nurse" model. It is one of three such programs in Minneapolis, the other two being Nokomis Healthy Seniors and Southeast Seniors. LSHS was founded in 1994, and has been headed by Executive Director Mary Albrecht since 2005. Its service area officially comprises Seward, Longfellow, Cooper, Howe and Hiawatha neighborhoods, but they also provide services in Cedar-Riverside and Ventura Village. The staff in addition to Albrecht includes Volunteer Coordinator Julia Ockuly, a program assistant and a community nurse, plus a large (and hopefully growing) contingent of volunteers.

LSHS also participates in a coalition project called Community Connect, partnering with Little Brothers / Friends of the Elderly, Longfellow Community Council and Meals on Wheels, among others.

Up until May 27, LSHS's biggest problems were how to continue programming in what is normally a hands-on mission to combat senior isolation with the enforced physical isolation of the COVID-19 pandemic, as well as the threatened funding cuts from the county and the city at the end of 2019.

Although funding cuts were mostly restored as 2020 rolled in with all its challenges, the economic slowdown resulting from COVID-19 and its stay-at-home orders have increased the needs for free food, transportation, caregiver respite, and many other LSHS core services. As you can see on their website (<https://www.lshealthyseniors.org>), all

in-person events and services were canceled through the end of July at least, including Senior Social/Health Talk, Tai Chi exercise classes, Nurse Is In/Blood Pressure Clinics, and art classes.

Tai Chi participants were referred to a free program called Larkers in the Park. You can join this group on Meetup.com (<https://www.meetup.com/Larkers>) or follow them on Facebook, or watch them in action on this video:<https://youtu.be/qZOKoa8yMYM>.

On or about May 27, LSHS's problems kicked up a notch. Their office was located in the U.S. Bank building at 2800 E. Lake Street. This building was broken into and looted repeatedly over four consecutive days and severely damaged by fire and water as well. Fortunately, someone was able to retrieve the desktop computers on the first day of rioting in the area, and no data breach or loss occurred, but other records, assets and furniture are probably a total loss.

A large piece of LSHS's mission with senior clients is to assist with rides to shop or attend medical appointments. With many pharmacies, banks, grocery stores and other amenities closed due to fires and looting, the need for this, as well as simply for emergency food and personal hygiene and health supplies, increased enormously almost overnight.

Albrecht is temporarily sharing office space on University Avenue SE with Southeast Seniors, and other LSHS staff are working from home. They have a temporary mailing address where they can receive offline inquiries and, most crucially, donations by check: P.O. Box 17133, Minneapolis, MN 55417.

Albrecht, in an email interview, said:

"Longfellow/Seward

Healthy Seniors provides many services to help area seniors live healthy, independent and socially connected lives. We serve 600+ seniors and caregivers annually. Right now, the biggest needs of

our clients are getting groceries and prescriptions. Due to damage incurred from the rioting and looting, Target, Cub, Aldis and Walgreens are closed. Our neighborhood has suddenly become a food and pharmacy desert. Local seniors, many of whom don't have their own transportation, are having a harder time getting groceries and prescriptions. Our staff and volunteers are doing grocery shopping and delivery for our clients, and are delivering food from local food shelves as well. We recently got a Hunger Solutions grant for food distribution and delivery to lower-income seniors. We plan on distributing perishable foods such as meat, dairy and fresh



An LSHS social event in pre-COVID times

produce to eligible seniors soon."

Albrecht said that their need is greater than ever for volunteers, a constant requirement, as well as for monetary support. They also have a temporary phone number you can call to volunteer or to ask for help, or just to check on what is needed: 763-458-0484. If you're an online kind of person, use this handy volunteer form at www.lshealthyseniors.org/volunteer.html to fill in online, or download, print and fill out.

Albrecht also said, "Now, more than ever, we need the community's support. We're asking for financial support from individuals, organiza-

tions, businesses, churches and community groups. Donations can be sent to our temporary mailing address at P.O. Box 17133, Minneapolis, MN 55417 or by donating online through our website: LShealthy-seniors.org (click the "Donate" tab)."

If you are a person over 65 who

could use some help right now with transportation, food, other necessities, or just social-emotional support, reach out to LSHS. And if you can spare some money or some time, or know an organization that can, please consider volunteering, donating, or both.

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RIVERSIDE EDITION

The Southside Pride Riverside Edition is a monthly newspaper containing neighborhood news, religious events and a community calendar delivered on the third Monday of the month to over 100 locations in and around the Riverside community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

Southside Pride

3200 CHICAGO AVENUE SOUTH
MINNEAPOLIS, MINNESOTA 55407
CALL US AT 612-822-4662

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His Life, from page 2

is, in my mind, the clear cause of the protest's transition to riot. When buildings caught on fire, it took a shockingly long time for firefighters to get to the scene. Later, on Thursday night, firefighters never appeared, instead, letting the city burn.

The Minneapolis Police motto is "To Protect with Courage, To Serve with Compassion." Events of the last week have demonstrated that they are capable of neither. Most of the Minneapolis police force live outside of the city. For example, the officer who murdered George Floyd lives in Oakdale.

The police would rather see the city burn than see consequences for fellow officers.

I have always been skeptical of calls to abolish the police, but events of the past week demonstrate to me that there is no other path forward. If the problem was truly a few bad apples, the police department would not have reacted the way it did. Their actions demonstrate that each and every one of them has a guilty conscience. They are violently opposed to consequences for fellow officers because they fear the consequences they may face some day. The whole damn system is guilty as hell.

Meeting our new neighbors

BY KAY SCHROVEN

We have new neighbors in Powderhorn Park. The media calls it “the tent encampment,” described as over 100 (and growing) homeless people living in tents, some recently evicted from the local Sheraton Hotel where they were being temporarily housed, post protests/riots and the associated destruction.

Living a half block off the park, I’ve met a few of my new neighbors. Closest to my house is a family of three in two tents: Johnny, his mother, Mae, and his wife, Julia (not their real names). They are white. They have been looking for a new home, having started out in Denver. Mae has ties in Minneapolis so they thought

they’d try a new start here. They did not come until after the protests/riots. Johnny has no use for the government or police. He prides himself on self-sufficiency and has rigged up a makeshift shower under a tree. He believes in defending oneself. They had not been staying at the Sheraton. They like Minneapolis — “It’s friendly and people seem to care” — thanks to the Minneapolis Sanctuary Movement and other socially-minded organizations. Johnny has done time for drug dealing but really just wants an opportunity to work and support his mom and wife and live in an apartment “like normal people.” He has skills working with cement. He and his wife took a bus to Brooklyn Center to apply for warehouse

jobs at Amazon.

While talking to them, a young Native American woman approaches with a shopping cart full of stuff, including a tent. I learn that the city is providing tents. Wanda seems confused and declares that she’s never set up or even slept in a tent. She wanted to stay on the northwest side of the park because “over there (east side) I have some enemies and I don’t want to be around needles.” Johnny and Julia helped Wanda erect her tent in a shady spot. By now Johnny and Julia know the shady from the sunny.

I walked farther into the park. I see that there are now five port-a-potties. Yesterday there were only two. As I walked farther south, I saw that another area of the park, the east side, is growing in



(Photo/Nathan House)

tents. I’m told that that is the area for families with children because it is near the playground.

When I wander the park, I bring supplies: water, bread I baked, canteens of coffee, TP, etc. People seem very appreciative.

As I leave, Johnny invites

me to come back this evening: “Mom will be up by then.” I guess he figures I am closer to his mom’s age than his and that we might have things in common.

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