



We build Pride on the Southside

NOKOMIS EDITION

SECOND MONDAY OF THE MONTH

**August
2020**

VOL. XXX, ISSUE 23

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The death of Floyd



BY TONY BOUZA

America has been plunged into riots, pillaging, arsons and killings by the death of George Floyd at the hands of the Minneapolis police. The incident created an explosion whose reverberations radiate to this moment. The event goes to the heart of America's No. 1 problem. Racism.

America desperately needed a debate on racism, and Floyd—an unlikely candidate for such a pivotal role—nevertheless filled it.

We settle our big issues through debates—which often (maybe necessarily) take the form of riots, protests, disorders and other forms of social disarray. We need only look at such recent events as the Vietnam War for an example. Protests force our attentions on the problems.

In all likelihood all the violence, destruction, arson and death will lead to incremental change. But that won't be enough.

The plight of the Black person in America requires fundamental transformation.

See Bouza, page 2



Powderhorn Sanctuary evicted Friday morning, August 14. (Photo/Cooper)

Not a Happy Birthday for Travis Jordan

BY JESS SUNDIN, AS
ORIGINALLY PUBLISHED
IN FIGHT BACK NEWS

Hundreds of protesters rallied outside the Minneapolis police's 4th Precinct in North Minneapolis, July 31, to demand justice for Travis Jordan, on what should have been his 38th birthday.

On Nov. 9, 2018, Travis Jordan was shot and killed by two rookie officers of the Minneapolis Police Department's 4th Precinct during a wellness check for his suicidal ideation. Officers Neal Walsh and Ryan Keyes, who had each been on the police force less than a year, responded to the call. Instead of saving Travis' life and providing him with the mental health support he needed, they killed him. County Attorney Mike Freeman made the determination not to prosecute the officers involved and justified

their use of deadly force.

Speakers included Jordan's mother, partner and friends, as well as the loved ones of others killed by police, and organizers with Twin Cities Coalition for Justice 4 Jamar.

Marshals on foot, in cars and on motorcycles diverted traffic from the stretch of Plymouth Avenue in front of the 4th Precinct building where the rally took place.

One group of artist activists erected a brightly painted house, about 10 by 10 feet, on the lawn. It was covered with the names of people murdered by police and was surrounded by fresh-cut flowers.

Another grouping used large rollers of green paint to emblazon a full traffic lane of pavement in front of the killer cops' building with Travis Jordan's name, reminiscent of the pavement "Black Lives Matter" slogan in front of

the White House. Several protest banners were lined up to protect the paint as it dried.

The family of Travis Jordan is seeking systemic change in the way that police officers are recruited, hired, trained and, ultimately, held accountable. They are pushing for more attention, effort and resources to be directed toward mental health care and other community social services.

Protesters demanded:
-- Mental health professionals be the first responders on scene during a mental health crisis, not the police.

-- Travis' case be reopened and re-examined, along with all other cases involving the use of deadly force by police.

-- The officers involved be charged and prosecuted for the murder of Travis Jordan.

-- For all of Travis' belong-

See Travis Jordan, page 14

Police reform?

BY ED FELIEN

Council Member Phillipe Cunningham was quoted in a recent article in The New Yorker: "No one could say that we didn't try reform. We tried every kind of reform."

I phoned his office. No one was there. I left a message: You say you've tried everything? How about trying to do your job? Your job is to run this city, and that means you are responsible for the actions of city employees. We, the taxpayers, just paid out a million dollars in damages and lawyers' fees because we couldn't defend a city employee's actions in a wrongful death lawsuit. Shouldn't that city employee be investigated to insure they won't go off and kill someone else?

Officer Lucas Peterson claims he and other members of the MPD Tactical Squad cornered Terrance Franklin in the basement of a house in South Minneapolis, and somehow Franklin managed to get control of Officer Durand's machine gun pistol and was firing at the other officers. Peterson says he charged Franklin and shot him. Peterson's fantasy was so improbable, the attorneys that the city had hired decided the judge and jury wouldn't believe it, and they agreed to a settlement. A more likely scenario would be that when the two officers pulled Franklin out from under the basement stair, Durand opened fire, hitting Franklin and the two other officers.

At the time of the settlement, in March, Council President Lisa Bender said "I think our policy changes in the police department, leadership changes, have really created a scenario where this is unlikely to happen again, so I think it's time to move forward and really continue with the changes that we're making in the police department to make sure this never happens again."

We warned that was whistling in the dark. We argued that unless you hold your officers accountable through a public inquiry, you will continue to reward the killing of young Black men. Stop whistling and turn the lights on.

The burning of the 3rd Precinct Station in reaction to the killing of George Floyd on Memorial Day was the political expression of the most progressive forces in South Minneapolis. They laid siege to the building for three days and nights. There were thousands of them. They were not giving up. Finally, after hearing from some council members and to save

See Reform, page 2



**Our 11th Annual
Summer on Lyndale Ave.
Pages 7, 8 & 9**

Crime in the ‘hood?

BY ED FELIEN

Cierra Hoffman reported on Nextdoor that while she was in the Speedway at 44th and Lake, “I was standing at the register checking out when the gas station clerk ran outside abruptly and confronted a young woman (in her 20s) with a large black & white patterned cloth bag stuffed with items that were not paid for. Another man waiting outside tackled the clerk to the ground and then took off with the woman. The clerk was thankfully okay but looked a little shook up, he told us they had a getaway car parked a block or so away toward the Dairy Queen.”

The Star Tribune, 8/1/2020: “Reports of gunfire-like noises from both 911 calls and ShotSpotter activations increased exponentially around chaos following George Floyd’s death and remain significantly higher than compared to prior weeks.”

What’s happening? Why the dramatic increase in gunfire? The desperate acts? The in-

creased drug dealing reported around encampments? The overdoses?

Why are there more drugs on the street now?

Where are these drugs coming from?

Most of the world’s heroin comes from Afghanistan. It’s a \$5-billion-a-year game and the U.S. military protects the poppies in the fields. They guard the transport from Kandahar Province to Pakistan where the opium is transformed into heroin, and they protect it on the long drive the length of Afghanistan from Pakistan to the Russian Mob waiting on the border in Turkmenistan, and the Russian Mob brings it to Europe and the U.S.

The Russian Mob owns Donald Trump’s soul ever since he started bankrupting casinos in 1991. He laundered their drug money. They dumped cash on him. They bled the profits. He went bankrupt. They liquidated the assets. The money went in dirty and came out clean.

Michael Flynn was Trump’s first appointment. He was his national security advisor. He

had been the general in charge of military intelligence in Afghanistan. He knew the opium trade—how much money was in it and how to cut out a piece of it. I’m sure he was the one who told Trump to drop the Mother Of All Bombs in Hamid Karzai’s backyard to let him know that Donald Trump wanted a piece of the action. Flynn, through his private contacts in Kabul, is probably still advising Trump on the size and street value of this year’s opium crop.

And the Russian Mob and Vladimir Putin will take care of Trump after he loses the election. They’ll probably set him up with a nice dacha on the Black Sea. It won’t be Mar a Lago, but it’s not prison.

So, who dumped all this heroin on the streets? Offering half a brick on credit? Fueling turf wars?

Who benefits?

The Russian Mob gets to push a lot of product.

And Donald Trump gets to

point to chaos in the inner city, and threaten to send in federal troops to restore law and order.

Lao Tzu said 2600 years ago, “The louder the call for law and order, the more the thieves and con men multiply.”

And crack is back.

Crack cocaine has made a big comeback on the street. Where does that stuff come from? Mostly from Colombia, and the CIA has been involved in that trade route ever since Ollie North set it up in the Iran Contra deal. He was selling Colombian cocaine to the Mafia at a secret CIA air base in Florida and using the cash to buy guns from Iran to bring back to the Contras, to trade for more cocaine to sell in Florida, etc.

The CIA knows the principal contacts for cocaine and crack cocaine distribution in the U.S. They could turn it on or off. They’ve definitely turned it on for now.

What can we do about this?

We can start by legalizing

all drugs. Marijuana should be sold openly everywhere, and cocaine and heroin should be administered by medical professionals. Legalization eliminates illegal drug trafficking immediately.

We need methadone treatment centers in the neighborhood. We need drug dependency counselors out on the street.

And, most important, we need to offer young ambitious entrepreneurs a better line of work than dealing crack or smack. Anyone caught dealing should be sent to college for four years or a trade school for two. That ambition, creativity and determination needs to be channeled into socially useful behavior.

We need to work with the brothers and sisters caught up in addiction to heroin and cocaine, but we also need to appreciate where this is coming from. It’s coming from the Russian Mob and the CIA and it has the Trump brand stamped all over it.



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Reform, from page 1

lives, the mayor surrendered the public building to the judgment of the public. And the officers who had been defending the station believed they were defending Derek Chauvin. And they thought, “What is all this military gear for, if not for a moment like this?” But Jacob Frey could read the writing on the wall. He acted quickly to fire Chauvin and the other officers, and he respected the just outrage of South Minneapolis.

But when he gave the order to abandon the building, the officers felt he was abandoning them, and that sense of abandonment gave 150 of them post-traumatic stress disorder.

Abandonment?

Post-traumatic stress disorder?

The Mayo Clinic says, “Post-traumatic stress disorder (PTSD) is a mental health condition that’s triggered by a terrifying event—either experiencing it or witnessing it. Symptoms may include flashbacks, nightmares and severe anxiety, as well as uncontrollable thoughts about the event.”

According to the U.S. Bureau of Labor Statistics, police and sheriff patrol officers are the 14th most dangerous profession. In 2016 they had 14.6 fatal injuries per 100,000 workers. Their median salary was \$59,680. Refuse and recyclable materials collectors, on the other hand, have the 5th most dangerous job with 44.3 fatalities per 100,000 workers. Their median annual wage was \$36,190.

Tony Bouza thinks you could cut 25% of the police budget and increase efficiency without sacrificing performance. Instead of four 10-hour shifts,

Bouza, from page 1

Incrementalism has brought us slavery, Jim Crow, civil rights and voter rights and other milestones of progress. Also, incarceration.

Is it enough?

Haven’t we made real progress?

What will it take?

Why don’t you ask a Black person?

The Floyd case had every element of our dilemma—

A Black male with no great prospects committing a small crime.

White cops—hired by an overclass to control Blacks—

led by a meat-eater while the grazers grazed. Black demagogues racing to the photo ops posing as leaders but actually serving as exploitive Judas goats. A family plunged in grief but likely to succumb to squabbling as the promise of untold wealth emerges from the ashes of this tragedy.

In a real sense, the Floyd case encapsulates the dark forces animating our body politic. Yet, out of it might emerge the only thing that can save us—true equality for our Black brothers and sisters.

We really all are in this

go to five eight-hour shifts. Go back to one-car patrols and no more promoting your buddies. “Do we really need an arson Inspector to sit around and collect dust?”

I believe the funding and overall administration of block clubs should go from the MPD to the Minneapolis Department of Public Health, and certain lab work that is duplicated at the county or state should be eliminated.

I don’t think the present mayor or City Council appreciate the serious need for a public review of the actions of officers in the MPD that resulted in the death of Minneapolis citizens, and I don’t think they have the courage to make the substantial, but necessary, cuts to the MPD budget.

Somebody should call them up and ask them to start doing their job.

together.

Those protesting can be demonized, but actually need to be understood. The large body contains anarchists, terrorists, bums, criminals, arsonists and genuine enemies of the state—think Umbrella Man—but the majority are striving for a better, more just, America. We need to be sophisticated in our analysis. Folks—like your president and police union presidents everywhere—love to dab all protesters with the broad brushes of their insults. Don’t believe them.

America is truly a great country, but perfect? Not yet.

Shrinking sanctuary encampment at Powderhorn Park?

BY KAY SCHROVEN

What's happening with the west encampment in the park? It's been nearly two weeks since MAD DADS issued 65 Notices to Transition per the Minneapolis Park and Recreation Board's (MPRB) Resolution 2020-267 (requiring permits, limiting parks and numbers of tents in a park, etc.). There are varying reports about the number of tents remaining, ranging from 35 to 50. From my view it appears to be closer to 50 than 35.

The MPRB states that its goal is to remove camps with documented crime, those that do not meet accommodation requirements and those without permits. There is no definitive deadline for Powderhorn, as the plan is to incrementally assist campers with the transition and avoid using the police as was the case with the east encampment, which resulted in a confrontation between the police and a group of remaining campers and their supporters. Approximately 20 people were arrested.

Minnesota Executive Order 20-55 (effective 7/15/20) prevents governments from closing encampments unless there is alternate housing, shelter or encampment space. This order respects the health of populations at risk during COVID-19 in a peacetime emergency. However, with seven reported crimes in Powderhorn between July 5 and July 13, Park Board Superintendent Alfred Bangoura could override the order. (For additional information see www.minneapolis-parks.org/encampments.)

Some of the remaining campers are not interested in leaving for another park. "It's just moving a problem around, solves nothing." School buses provided to transport the unsheltered individuals to other encampments recently left empty. No one is very confident about what will happen next. The date of Sept. 1 is floating around, and as the date nears, campers anticipate some kind of action. "It's a very unsettling feeling."

The Minneapolis Sanctuary Movement is "a community care effort fighting for housing justice, abolition and land reclamation, and supports the most impacted." They have been key supporters and resource to the encampment. Some view Powderhorn Park as "stolen land." A representative of the movement states, "These piecemeal efforts to

support encampments (permits, tent limits, park limits) masquerade as solutions, but, in fact, normalize the existence of encampments." Their website byline is "Displacement is a Disease, Housing is the Cure." (For additional information see minneapolis-sanctuary.org)

As of Aug. 12 there are four Minneapolis parks approved as meeting the encampment requirements. An additional 12 parks have been identified as possible encampments.

There are hundreds of individuals still unsheltered in the park system. For many (both the unsheltered and sheltered neighbors surrounding the parks) as well as the MPRB, the situation is devastating. Between June 12 and 30, the

cost of expanded maintenance services was \$42,500.

Resident neighbors to the Powderhorn encampment report continued concern for the health and safety of the people living in the encampment and the neighborhood in general.



Press conference with sanctuary volunteers. (Photo/Bruce Silcox)

port the encampment or you don't; too much blame and finger-pointing without opportunity for movement toward solutions. Some of the meetings in the park have become downright disrespectful."

It's a perfect 2020 storm in Minneapolis; an international pandemic that is thriving, the killing of George Floyd by the MPD, protests and riots that have spread throughout the country and beyond, civil unrest and destruction, unemployment, an election year, financial devastation for many and, as we well know, increased homelessness. Powderhorn has been hit and injured. How exactly do we proceed to recover and heal?

David Wiester for Minnesota House of Representatives



District 63A

- Re-legalize marijuana
- Black Lives Matter
- Prosecute rogue cops
- Keep abortion legal
- Protect GLBT+ rights
- Support labor unions
- I believe Dr. Fauci
- Protect gun rights
- Re-legalize adult sex work
- Promote clean energy
- Welcome refugees
- Promote affordable housing
- Criminal justice reform

Legal Marijuana Now Party

Facebook.com/groups/WiesterForMNHouse
Paid for by David Wiester

• Re-legalize marijuana and expunge all past non-violent convictions

Simply put, there is no reason for the government to criminally prosecute adults for using a substance that is medically less harmful than many currently legal substances such as alcohol. Prohibition's primary effect is to turn marijuana into a source of income for gangs and organized crime. We saw this with alcohol prohibition in the 1920s, we see it now with marijuana prohibition.

Prosecutions for marijuana needlessly brands innocent people as criminals, limiting their future employment, educational, and housing options. These effects have disproportionately affected Communities of Color. Re-legalization needs to include full retroactive expungement, as well, to remedy these effects. Furthermore, some of the tactics for enforcing the prohibition of marijuana and other drugs (e.g. civil asset forfeiture, stop-and-frisk, erosions of the Fourth Amendment, military involvement in civilian law enforcement) infringe upon our civil liberties.

Marijuana prohibition also restricts the cultivation of low-THC hemp for industrial purposes. Over a 20-year period, 1 acre of hemp can produce as much paper as over 4 acres of trees. Hemp fabric is more durable than cotton fabric and takes fewer agricultural chemicals to grow. Hemp can also be a source of biodiesel fuel.

Local businesses: open, closed, restricted ... ?

[Look for the * on the name of an organization that is a POC-owned or immigrant-owned business or POC- or immigrant-oriented and/or led. If we got anything wrong, please email deborama@gmail.com with your corrections.]

Restaurant/Café/Pub

Bagu Sushi & Thai*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Patio. Restricted hours.

Bill's Chinese Garden. Open with restrictions. Online and phone orders. Delivery by DoorDash, GrubHub & Seamless, or pickup. Usual hours.

Birchwood Cafe. Open with restrictions. Online or phone orders delivered by Toast with curbside pickup. Patio. Usual menu and hours.

Bull's Horn. Open with restrictions. Online and phone orders. No delivery. Curbside, counter pickup, patio dining. New hours.

Dragon Wok* (George Floyd Square). Open with restrictions. Delivery by Bite Squad, GrubHub. Hours may fluctuate depending on location status.

French Meadow. Open with restrictions. Phone for reservations. Delivery by Bite Squad, DoorDash, GrubHub, Uber Eats. Patio. Usual hours.

Hamburguesas El Gordo*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Usual hours.

Heather's. Open with restrictions. Phone for reservations. Delivery by Bite Squad. Usual hours.

Himalayan*. Open with restrictions. Online and phone orders. Delivery by Bite Squad. Patio. Usual hours.

Hot Indian Foods at MGM*. Open to public. Online and phone orders. Delivery by Bite Squad, Chow Now, DoorDash.

Infused Life Plant-based Eatery at MGM. Open to public. New restaurant!

Jakeeno's at MGM. Open to public. Online and phone orders. Delivery by Bite Squad, DoorDash, GrubHub.

Mama Sheila's*. Open with restrictions. NEW- patio. Takeout available. Delivery by Uber Eats. Restricted hours.

Manny's Tortas at MGM*. Open to public. Online and phone orders. Delivery by Bite Squad & GrubHub.

Maria's Café. Open with restrictions. No online ordering. No delivery. Patio. Usual hours.

Merlins Rest. Open with restrictions. Call for reservations. Delivery by Bite Squad. Patio. Restricted hours except for takeout.

Mi Casa Tacos y Tamales*. Open with restrictions. Phone orders. Delivery by Uber Eats. Grab and go. Usual hours.

Modern Times Cafe. Reopening early August. Takeout only. See their website or email moderntimes3200@gmail.com with questions.

Northbound Smokehouse Brewpub. Open with restrictions. Call for reservations or pickup. Patio. Usual hours.

Parkway Pizza. Open with restrictions. Online and phone orders. Delivery by business or thru Bite Squad. Patio. Usual hours.

Pizza Luce Seward. Open with restrictions. Online and phone orders. Delivery by business. Usual hours. Full menu!

Prieto Taqueria Bar*. Open with restrictions. Online and phone orders. Delivery by business, DoorDash, Uber Eats. Restricted hours. New restaurant!

Quang*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, DoorDash. Usual hours.

Reverie. Open with restrictions. Online and phone orders. Patio. Restricted hours. Beer and wine available. Pay-it-forward, \$2.50 per meal to homeless sanctuary.

Sandcastle. Open for takeout only. Restricted hours. See website for details.

Smoke in the Pit*. Open with restrictions. Phone orders. Delivery by Bite Squad. No curbside pickup. Pre-order grab and go.

Soberfish*. Open with restrictions. Online and phone orders. Delivery by Bite Squad & DoorDash. Call for curbside pickup. Restricted hours. Pre-order grab and go.

Standish Café. Open with restrictions. No delivery. Patio. Restricted hours.

The Howe. Open with restrictions. Delivery by Bite Squad & Uber Eats. Patio. Usual hours.

Tiny Diner. Open with restrictions. Curbside takeout or patio dining with reservations only. No alcohol for takeout. Delivery by DoorDash, Uber Eats. Restricted hours.

Trio Plant-based*. Open with restrictions. Full menu. Usual hours.

Bakery/Coffee/Deli

A Baker's Wife. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Patio. Restricted hours.

Butter Bakery. Open with restrictions. Online order and delivery by Chow Now. No curbside pickup. Patio. Restricted hours.

C. McGee's. Open to public. Call for information. Delivery by DoorDash. Usual hours.

Café Meow. Open with restrictions. Online and phone orders. Cat lounge experience by reservation. Still fostering cats—visit cats by video.

Duck Duck Coffee. Closed to public. New walk-up to-go window open. Online ordering of some merch with delivery by USPS. Restricted hours.

Five Watt Coffee. Open with restrictions. Call for information. No delivery. No curbside pickup. Patio. Restricted hours.

Geek Love Café (in Moon Palace). Ordering window and pickup north side of building. Restricted hours plus during Midtown Farmers Market.

Key West Bistro. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Door Dash, GrubHub & Uber Eats. Patio. Usual hours.

Mel-O-Glaze. Open with restrictions. Call for information about delivery or curbside pickup. Usual hours. Grab and go.

Riverview Café. Open with restrictions. No online or phone orders. No delivery, no curbside. Patio. Usual hours.

Sisters' Sludge. Open with restrictions. No online or phone orders. Grab and go. Patio. Usual hours.

Sovereign Grounds*. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Restricted hours. Grab and go.

Groceries

Cub Foods (mobile site at Minnehaha Mall). Open with restrictions. Restricted hours.

Cub Foods (46th and Hiawatha). Open with restrictions. Delivery available thru Instacart. Usual hours.

Kowalski's (Chicago Ave & 55th Street). Open to public. No online and phone orders. Order thru Shipt.

No curbside pickup. Usual hours.

Longfellow Market. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

Oxendale's Market (Minneapolis). Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. 7 to 8 a.m. shopping for at-risk customers.

Seward Co-op / Friendship. Open with restrictions. No phone orders. No delivery. Check website for online ordering with curbside pickup. Restricted hours.

Wedge & Linden Hills Co-op. Open with restrictions. No phone orders. Online order for curbside pickup or order thru Instacart for delivery. Usual hours.

Specialty/Convenience

Coastal Seafoods. Open with restrictions. Online and phone orders. Delivery by Mercato. Usual hours.

Everett's Foods. Open to public. No online or phone orders. No delivery or curbside pickup. Restricted hours.

La Alborada*. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

Produce Exchange at MGM. Open to the public. Online and phone orders. Delivery by Mercato.

Tare Market. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. Bring your shopping bag—zero packaging.

Delivery Services for Groceries, etc.

Instacart. Aldi, Costco, Cub Foods, CVS, Lakewinds Co-op, Lunds&Byerlys, Petco, Staples, Target, Wedge Co-op

Mercato. Coastal Seafoods, Eastside Food Co-op, Produce Exchange @ MGM

Shipt. CVS, Fresh Thyme, Kowalski's, Office Max, Petco

Uber. A Baker's Wife, Lunds&Byerlys Deli, Vegan East

Farmers Markets

Kingfield Farmers Market. Sunday. Open with restrictions. Usual hours.

Midtown Farmers Market. Saturday and Tuesday. Open with restrictions. Online ordering available. No delivery. Possible curbside pickup. Usual hours.

Mill City Indoor Saturday. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Restricted hours.

Minneapolis Farmers Market. Summer season. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

See *What's Open*, page 10



Cargill could save the day

BY ELAINE KLAASSEN

Our times

We live in a time in which the lovers of life and the haters of life are pitted against each other and I am nervously waiting to see if the lovers will win. I am a big fan of co-existence and flexibility and nuance and all the ways people can learn to live together despite their differences. But, when I look at this particular division, I don't see how the two groups can live together peacefully. Creation and destruction of course are equal natural forces as represented in the Hindu triumvirate of deities, Brahma, Shiva and Vishnu, and I could always resonate with the truth of that, but at this point in history, it seems like a pervasive disregard and irreverence for life is winning. The balance is off. Our entire planet is at risk and people keep deforesting the Amazon, polluting waterways everywhere, extracting minerals in pristine territory, obliterating Indigenous rights, etc. And what does this activity generate? It generates money (control) for a few and death for many. None of this can be stopped with violence because such attempts would only result in more money for a few and death for many. Violence is futile.

Peaceful protest and economic threats, although not as effective as I might like, are our best tools for saving our Earth. I'm very heartened to see all the old faithfuls, the people working diligently and without fail, on climate and environment, which, ultimately is our gravest issue and gives rise, I believe, to all the others that have come to the forefront since then.

The pervasive attitude of disregard for our Mother Earth underlies the disregard for life that we are seeing to the max right now, and especially plainly in the cruel death of George Floyd.

Protest at Cargill CEO's house

Mighty Earth, a global campaign organization that works to protect the environment, initiated a protest Wednesday, July 29, at the home of David MacLennan, CEO of Cargill, Inc., the Minnetonka-based privately held global food corporation. About 30 protesters arrived around 6 p.m., held signs, gave speeches, chanted and then left. It appeared that Mr. MacLennan wasn't at home. In any case, he didn't come out to talk with them.

Their signs and masks decorated with Cargill's logo and the slogan "helping the world burn" referred to Cargill's contribution to massive fires last year in the Amazon and to the fires anticipated this year. They were protesting not only the

destruction of the rainforest but resulting Indigenous human rights abuses as well.

University of Minnesota student and protest organizer Steve Szathmary said, "I've never marched to a CEO's house before, but we have only 10 years to address the climate crisis and Cargill's stubbornness has left me no other choice."

The protest was part of a larger campaign on Wednesday, the 29th, to meet with owners and managers of grocery stores who buy from Cargill in 10 states in addition to Canada, the U.K. and the Netherlands, urging them to cut contracts with Cargill.

A Costco customer in Spokane wrote a letter to the editor of Spokane's Spokesman-Review: "...One of Costco's major suppliers of meat is Cargill. Cargill is a corporation with a horrible environmental record. From deforestation in the Amazon to being a major polluter of waterways, Cargill does not match with any vision of a sustainable future. Until its practices change, companies like Costco should cut ties. Costco deserves praise for its push for sustainability in its stores. ..."

Destruction of the rainforest

According to two detailed reports put out by Mighty Earth in July and August of 2019, deforestation in the Amazon means "loss of biodiversity; destruction of renewable resources; climate change; destruction of Native homelands (Many Indigenous people living on the fringes of the forests have been displaced, sometimes multiple times, and are in effect living as environmental refugees in their own country.); soil erosion and floods; changing the weather."

mightyearth.org/cargill and <http://www.mightyearth.org/the-companies-behind-the-burning-of-the-amazon/>

Logging and farming have destroyed huge areas of the rainforest (15 to 17 percent); 25 percent would be a tipping point from which it couldn't return—that is, when the rainforest would no longer be able to produce its own rainfall.

Huge swaths of the Amazon rainforest have been and continue to be cleared to grow soy to feed cattle. That's the soy Cargill buys to feed the cattle they raise and sell. Jair Bolsonaro, president of Brazil since late 2018, has rolled back regulations and seems to have no concern for the necessity of preserving the rainforest nor for the well-being of its Indigenous people. Thankfully, he is now being pressured to take steps to curb deforestation, says an Aug. 1 article in The New York Times.

Soy is raised in 10 major

countries of the world, the top four being Brazil, the U.S., Argentina and China. Soy production and transport is increasing worldwide. As Mighty Earth reports, "The increasing global appetite for meat causes a booming demand for animal feed, and global soy production has increased more than tenfold over the last fifty years ... Global demand is expected to continue to increase to 514 million tons by 2050 [as compared to around 328 million tons in 2020]."

An article from Reuters (May 2018) quoted the company Abiove as saying the expansion of soy production in Brazil, etc., was owed to a "unique ability to expand planted area." (Is that a euphemism for deforestation?)

Cargill's broken promise

On July 8, 2019, Nathaneal Johnson wrote in Grist magazine, "In 2014, the world's largest agri-business, Cargill, announced that it would stop buying palm oil, rubber, and other commodities from farmers who cut down forests to grow their crops. Around the world, environmentalists applauded, political leaders cheered, and corporate executives scurried to come up with their own plans to follow the company's lead."

Mighty Earth writes in its report: "In signing The New York Declaration on Forests, MacLennan and Cargill committed to 'eliminating deforestation from the production of agricultural commodities such as palm oil, soy, paper and beef products by no later than 2020.'"

A year later Cargill extended its deadline to 2030. Now, with the original 2020 deadline approaching, Cargill stated it will not abide by that commitment. They essentially said last year already that if they didn't buy from deforesting farmers, someone else would. CEO David MacLennan wrote on a blog post in 2019, "If Cargill alone takes action, the same practices that exist today will continue."

However, there actually are smaller companies that have started buying soy grown under sustainable conditions in the Amazon. They buy from growers who are using some of the already deforested land, not newly deforested, and are using basic best practices. Why can't Cargill do the same?

Economic threats, losing customers

I found this conversation from an environmental group on Reddit: "potatohonkey" asks: "Is there any meat supplier that isn't responsible for massive deforestation?"

"Walrave" answers: "Not really, but the cheaper the meat the more it depends on im-



Protest in Edina

ported rock bottom price feed which is more often grown on deforested land, or the cheapest imported beef, again from deforested land. It's better to tackle this by reducing meat consumption, but not supporting the worst companies helps a bit. ..."

I like Walrave's idea of reducing meat consumption. That is more manageable than pressuring giant corporations to stop buying soy grown on deforested land. They will stop doing that naturally if nobody wants meat. McDonald's, Burger King and Costco are big buyers of Cargill meat. So, if you buy from them, don't. (It's heartening to know, though, that McDonald's, among other large companies, would like to see sustainable changes in Cargill's supply chain.)

It's hard to know who buys what from whom. Ideally, we should all get our meat from local regenerative farmers. (Sus-

tainable meat might be more expensive, but then you just eat less of it—and save your heart.)

According to Cargill's website, the company absolutely follows sustainable practices in the Amazon, and according to Mighty Earth's investigators, they absolutely do not. I wondered: If Cargill's practices are sustainable, why did the CEO sign the pledge to stop deforestation by 2020 in 2014 and then explain in 2019 why the promise could not be kept?

Publisher's note:

Protest is good because it illustrates the contradiction of two forces. It is a demonstration of those two forces in struggle. But the point is not to remain in struggle, but to resolve the antagonistic contradiction through public discussion and political will. At some point we need to stop protesting and start running the government.

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#PressIsNotTheEnemy – so why are the police acting like it?

BY TESHA M. CHRISTENSEN

—Posted on 29 July 2020

Over 148 journalists were attacked by police in the United States between May 28 and June 4, 2020.

Yes. I said 148.

Yes, by the police.

Yes, in the United States.

Over 100 of those attacks happened between May 28 and June 1 as journalists covered the protests after George Floyd's murder by a white police officer here in Minneapolis at Chicago and 38th.

At the investigative news website Bellingcat, senior investigator Nick Waters, who tracked the incidents jointly with the U.K. Guardian, said, "Although in some incidents it is possible the journalists were hit or affected accidentally, in the majority of the cases we have recorded the journalists are clearly identifiable as press, and it is clear that they are being deliberately targeted. This pattern of violence against journalists is replicated in several cities, but appears most intense in Minneapolis."

Yep. Right here.

Over one-third of these attacks against the news media happened here.

Attacks on the media were reported across 24 states and in Washington, D.C. Denver, Colo., and Los Angeles recorded the most attacks outside Minneapolis, with 10 incidents each, reported the Guardian.

According to the U.S. Press Freedom Tracker, there were more than 300 total press freedom violations during that time.

That's:

- 49+ arrests
- 192 assaults
- 42 equipment/newsroom damage

Assault category breakdown:

- 69 physical attacks
- 43 tear gassings
- 24 pepper sprayings
- 77 rubber bullets/projectiles

The majority of these violations were done by local police departments, but some were by state troopers and National Guard.

In comparison, only 11 journalists were injured by protesters.

"I've never seen so many incidents with police and reporters simultaneously in different cities. Tension between cops and reporters is nothing new. Aggression on reporters in multiple locations nationally at same time is something different," tweeted Maggie

Haberman of The New York Times.

Veteran reporter John M. Donnelly tweeted, "CNN reporter on Lafayette Square says on air that a DC police officer struck the CNN cameraman with a baton, even though the cameraman was holding, um, a camera and a credential. These incidents keep piling up."

Journalists have compared their experiences in war-torn countries with what they experienced in Minneapolis. "I've covered protests involving police in Ferguson, Mo., Baton Rouge, La., Dallas and Los Angeles. I've also covered the U.S. military in war zones, including Iraq and Afghanistan. I have never been fired at by police until tonight," said L.A. Times reporter Molly Hennessy-Fiske.

As reported by Bring Me The News: Many of the assaults on media were shown on live television, with reporters from FOX 9 seeing rubber bullets smash their station vehicle windshield, along with WCCO reporters Jeff Wagner and Mike Max seen on live TV running from tear gas and rubber bullets. Star Tribune reporters Ryan Faircloth and Chao Xiong were attempting to drive home near Lake Street when Faircloth said they "mistakenly turned down a street that was blocked off at the end," and "before we had a chance to reverse, the Guard/ State Patrol fired #rubber bullets at our car without warning." The shattered glass cut Faircloth's face and arm and left shards of glass inside their vehicle.

And then there's photojournalist Linda Tirado. Shot by a rubber bullet in the face, she is permanently blind in her left eye.

Yes. This happened in the Twin Cities. By those who are supposed to serve and protect. It didn't happen in a country that lacks a Bill of Rights.

Instead, it occurred in a place where freedom of the press is protected by the First Amendment.

At least, it is supposed to be.

I'm seriously questioning what happened, and what this means for our country.

For 231 years, this language has been the hallmark of the United States of America, and what sets this nation apart from so many others:

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble,

and to petition the government for a redress of grievances.

What does it mean for the country when this is violated?

When it is broken in very direct, very blatant, very violent ways by the folks who are supposed to protect it?

In Cleveland, Ohio, journalists were specifically forbidden by the police to be outside covering anything happening in the city on May 31.

What were they trying to hide? Those without anything to hide aren't threatened by folks with pens, paper and cameras.

I'm not the only one asking that question.

I'm not the only one outraged.

As City Pages reported:

The American Civil Liberties Union of Minnesota filed a class-action lawsuit Tuesday, June 2, on behalf of reporters targeted by law enforcement while covering protests. The respondents include the city of Minneapolis, Minneapolis Police Chief Medaria Arradondo, police union president Bob Kroll, Department of Public Safety Commissioner John Harrington, and State Patrol Colonel Matthew Langer.

The lawsuit demands an injunction to stop police from attacking journalists, a declaration that they violated multiple constitutional amendments, and damages.

"Law enforcement is using violence and threats to deter the media from vigorously reporting on demonstrations and the conduct of police in public places," said ACLU-MN Legal Director Teresa Nelson.

"We depend on a free press to hold the police and government accountable for its actions, especially at a time like this when police have brutally murdered one of our community members, and we must ensure that justice is done. Our community, especially people of color, already have a hard time trusting police and government. Targeting journalists erodes that public trust even further."

Linda Tirado has filed her own lawsuit.

Minneapolis also faces a class-action lawsuit brought by protesters.

"Journalists have always been targets of criticism and back in the 1960s they were also targeted by police," said Robert Mahoney, the deputy executive director of the Committee to Protect Journalists. "But there was an understanding that journalists were necessary and it was incumbent on police forces to allow

them to do their job. That has changed."

Why? Why has it changed?

Is it because of President Trump's constant attacks on the press? He has tweeted the phrases "Fake News" and "Enemy of the People" over 800 times since getting elected. As I've been saying for years, just because you don't like what's in the news doesn't mean it is fake. Just because you wish someone was doing something else and you read about it in the newspaper doesn't mean there's something wrong with the newspaper. In fact, you should be thanking news sources for the information.

I hope this marks a turning point in America. I hope we've been sufficiently shocked by where our policies and attitudes have brought us, and we're dedicated to real change.

There's a lot for us to be shocked about these days, and much to work to change. This is one of those important issues. I hope you start talking about it, reading about it, and working in support of journalists.

Oh, and you might see me out and about wearing my #PressIsNotTheEnemy shirt. You might find my kids sporting their own #Democracy-DiesInSilence T-shirts. Maybe you need one, too.

Tesha M. Christensen is the owner and editor of the Longfellow/Nokomis Messenger. This article appeared in the August edition of the Longfellow/Nokomis Messenger in her "Too much coffee" column and is reprinted here with her permission. Tesha@LongfellowNokomisMessenger.com

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SUMMER 2020 ON LYNDALE AVE.

Lyndale Avenue South in the 2020 Weirds

BY DEBRA KEEFER RAMAGE

Lyndale Avenue South seems to be doing pretty well, all things considered. Lyndale is a long avenue, stretching from Brooklyn Center to Bloomington (the city, not the avenue). We are focusing on the segment from Franklin Avenue southward to about 60th Street.

I found myself being curious about the origin of the name of this long road. Wikipedia has the answers! It also explains the name of Lyndale Farmstead Park.

The street was historically a rural route from Minneapolis to

Faribault, though most of that route has since been replaced by Interstate 35 and I-35W ... From 1926 to 1934, U.S. Highway 65 traveled concurrently along Lyndale from the Minnesota-Iowa state line to Minneapolis and St. Paul via Northfield, where the road split to its various directions, later rejoining north of the downtowns and continuing north towards Littlefork ... This route also ran through the south metro cities of Lakeville, Burnsville, Bloomington, Richfield and along the east shoreline of Wood Lake before continuing into Minneapolis. The modern ... Lyndale



Lake Harriet

Avenue is designated as County Road 22 (in Minneapolis) and Minnesota State Highway 21 (in Faribault) ... Lyndale Avenue takes its name from Lyndale Farm, a 1,400-acre farm owned by William S. King (https://en.wikipedia.org/wiki/William_S._King). The name of the farm was in honor of Mr. King's father, Rev. Lyndon King, an itinerant Methodist minister of northern New York, who was in turn named for Josiah Lyndon, a colonial governor of Rhode Island.

See *Lyndale Ave.*, page 8



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SUMMER 2020 ON LYNDALE AVE.

Lyndale Ave., from page 7

Lyndale Avenue is a major thoroughfare, forming the vertical boundary between five pairs of neighborhoods in Calhoun-Isles and Southwest Minneapolis: Lowry Hill East & Whittier, CARAG (Calhoun

Area Residents' Action Group) & Lyndale, East Harriet & Kingfield, Lynnhurst & Tangletown, and Kenny & Windom. Despite this fact, the avenue, especially through Southwest, is predominantly residential, with a scattering of small businesses and organizational offices.

Let's talk groceries and other necessities. There are quite a few options to choose from along Lyndale Avenue, and most have weathered both COVID-19 and civil unrest with comparatively little interruption. Just south of Franklin on the east side is the venerable co-op known as the Wedge. The name comes from the unofficial nickname of the neighborhood—Lowry Hill East—in which it is located. The Wedge is now a co-op partnership, having joined up with the Linden Hills Co-op some years ago, and it also includes a cafe-cum-convenience store called The Wedge Table (which is not located in the Wedge neighborhood but in Whittier).

Way down in the mid-50s streets is the other large grocer on Lyndale—Kowalski's. I really like Kowalski's because they carry two hard-to-find items I sometimes crave. Both are European, both are good breakfast treats, and both are, broadly defined, a type of bread. The first, British, is crumpets. These are best toasted and drenched in butter, and despite their reputation, go just fine with coffee. The

second doesn't need anything on it or prep, and also makes a nice light snack. This is a Spanish specialty called Ines Rosales tortas. They are thin, shatteringly crisp, flaky, and mildly sweet, made

in their ground floors. Lyndale Avenue is not packed with these developments, but it has a few. One that's fairly new is a medium-sized Aldi in the apartments across from CC Club. Long-stand-

cessities there. The deli's limited menu focuses on gyros and falafel. They supposedly have the best gyros in town, but I don't indulge, and I haven't tried their falafel.

Turning to dining options, Lyn-dale is a good site for gourmet browsing. I still love the French Meadow, even after all these years. Organic artisanal bread, organic fair trade coffee, baked goodies you won't find anywhere else, a confident way with fish and chicken, inspired salads, and the best vegetarian Reuben in town all serve to endear them to me. You can dine in with reservations, but the patio is also popular.

A bit north of there is another place I reviewed earlier and liked, and I'm glad to see it surviving. This is Vegan East—in the old Ecopolitan space. It's mainly a vegan bakery, but also has breakfast and lunch meals to go. Vegan meals aren't hard to find in the Lyndale vicinity. Trio Plant-based, on Lake just west of Lyndale, is so called because a trio of young entrepreneurs founded it, and it is also a Black-owned business. I am trying to get to eat there sometime. You can also order their food through DoorDash, and I may have to do that.

Another place I've been trying to get to for a while is Galactic Pizza. Their delivery area doesn't extend east of I-35W, but they have pickup options, patio dining, and delivery in a wider area from DoorDash. They have a few vegan options on their pizzas and at least two vegan appetizers, but no vegan options for salads, and they don't have pasta, hoagies, or any other Italian main dishes except pizza.

The Lynnhall is another fairly new option on Lyndale a bit north of Lake Street. It is open for delivery, takeout or dining in with reservations. Visit www.thelynhall.com/cafe to view menus, pre-order or make reservations. They are closed Mondays.

One of the "shiny boxes" has a couple of restaurants for its anchors. World Street Kitchen and its next-door neighbor, Milkjam Creamery, offer another possibility. WSK is only offering takeout (including curbside pickup if desired) and delivery. They do have tons of choices, from rice bowls to burritos, tacos to lettuce wraps, Turkish hummus to Moroccan fried chicken on a biscuit. And you can order your Milkjam Creamery items off the same menu for simplicity.

Since you occasionally have other needs in addition to food, we'll take a look at some retail



Ines Rosales tortas

with flour, water and olive oil, then very lightly dusted with sugar and a flavoring. Call me shallow, but little treats like this help get me through times like these.

In between these two ends of the avenue, some of the new "shiny boxes"—medium-rise apartments—have grocery, deli or convenience store "anchors"

ing specialty markets, or newer ones, offer another way to go. Bill's Imported Foods on Lake Street, often chosen in "best-of" lists, is close by. Then, of course, there is the ur-convenience store once called The Loon Grocery, which they now just go ahead and call The Loon Smoke Shop and Deli. You can get food-like substances and a few other ne-

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36th Street

58th Street

goods and services available in the Lyndale area. People are emerging from “lockdown” now in desperate need of various things and one of those is hair-cuts.Lyn-Lake Barbershop, just south of the Lyndale and Lake

“Col.” William S. King, journalist and farmer and briefly Congressman. Kingfield and Lyndale neighborhoods, Lyndale Avenue, and Lyndale Farmstead Park all commemorate him.

intersection, is a classic neighborhood barbershop in business since 1961. They do all kinds of cuts, including fades, flat tops, buzz cuts, and tapers, as well as hair coloring and even waxing. Owner Jayson Dallmann’s shop serves men, women and kids at very affordable prices. Call for an appointment or book online on their Facebook page. And while you’re at it, why not pamper your pet, as well, at Royal Pet Beauty Shop. With 30 years of experience, their capable groomers will tend to your dog or cat with the same care they’d take with their own pets. Another business nearby (near the Lake Street corner) is Old World Cobbler Shoe and Leather. It really is “Old World,” having been founded in Lvov, Ukraine. They have been closed down for a while but are recently reopened, Tuesday through Friday, from 10 a.m.

On 40th Street just around the corner from Lyndale is a large and comprehensive healing center called Adagio Holistic Therapies, LLC. Their range of treatments is very impressive, spanning such favorites as cranio-sacral, Ayurvedic and Reiki, and including more esoteric things like Beyond Maya Abdominal Therapy and V Steaming (if you don’t know what that is, you probably don’t need it). They also have an on-site apothecary with herbs, homeopathic rem-

edies and flower remedies, and can recommend things to boost your immune system or treat any other self-limiting conditions you may experience.

In the retail realm, Lyndale is losing one of its best loved businesses—Xcentric Goods, the antique store in an old repurposed White Castle. Xcentric Goods is having weekend clearances through August, and then will be gone. Another couple of favorite places, at least with niche audiences, are doing only online order and delivery business. The first is called simply Art Materials and sells exactly that. Use their website to order.

The second is Steamship Games, a very interesting game shop with onsite play in happier times. (They now have online group games.) It’s combined with a very posh coffee shop and a very plush steampunk-inspired decor. They’re located in the old internet cafe site that fronts Lake

Street (I used to hang out there a bit back in the day—great muffins). But the space has been radically transformed. They are very specialist, selling only Magic the Gathering and related products (which, if you haven’t kept up, is

Xcentric Goods

now a vast empire of card-based games).

And I always have to mention a bookstore, if there is one. And there is, just half a block east of Lyndale on 26th Street. Once Upon A Crime was always a vital resource for us mystery novel fans, but with the shockingly sad loss of Uncle Edgar’s/Uncle Hugo’s on Chicago Avenue (burned to the ground by the riots in the wake of George Floyd’s murder by police) it is even more precious. OUAC has been having online book and author events since March. They have remained only partially open since June—shorter hours, call before to ensure it’s not crowded, choose curbside delivery if you want, or continue to order online for shipping. A few

in-person events have come back, but there are still lots of virtual ones. Check out the website at

<https://onceuponacrimebooks.indielite.org/> and be sure and sign up for the excellent monthly newsletter, if you’re into books at all.

And finally—your nature walk. It’s not right on Lyndale Avenue, but walk (or drive) six blocks west from Lyndale and 42nd Street and you’ll come to the Lake Harriet Parkway and then the lake itself. Walk around it to the northwest, through Lyndale Park which lies between Lake Harriet and Bde Maka Ska. You can choose between observing roses at the rose garden (immediately north of where you entered the park) or observing birds at the Thomas Sadler Roberts Bird Sanctuary (a slightly longer but very short walk). If you’re more ambitious, it’s just under three miles to circumambulate Lake Harriet.

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9

• COMMUNITY CALENDAR •

Southside Pride / NOKOMIS EDITION

What's Open, from page 4

Pharmacy

CVS (Target - Richfield). Open to public. Usual hours.

Present Moment*. Closed to public. Online and phone orders. Call for delivery. Curbside pickup. Restricted hours.

Ritual Aromatherapy at MGM. Open to public. Usual hours.

Walgreens (Nicollet Mall). Open to public. Usual hours.

Walgreens (E Lake and 31st Ave). Mobile pharmacy open in parking lot.

Walgreens (Chicago & 43rd St). Open to public. Usual hours.

Walgreens (Hiawatha & 46th). Mobile pharmacy open in parking lot.

Walgreens (Hub - Richfield). Open to public. Usual hours.

Retail

Dreamhaven Books. Open with restrictions. Online and phone orders. Delivery by USPS. Restricted hours.

Not buying books.

Eastlake Craft Brewery at MGM. Open to public. Usual hours.

Electric Fetus. Open with restrictions. Online orders, delivery USPS available. Restricted hours.

Elevated Beer Wine & Spirits. Open with restrictions. Call about ordering and delivery. Restricted hours.

Groovy's. Open with restrictions. Usual hours.

Habitat for Humanity--ReStore. Open with restrictions. Both donating and shopping. Usual hours. Read safety rules on website.

Irreverent Bookworm. Closed to public. Online and phone orders. Delivery by USPS. Check website for curbside pickup. Restricted hours. BUYING BOOKS now--see website.

Mother Earth Gardens. Open with restrictions. Online ordering. Curbside pickup. Usual hours.

McDonald's Liquor and Wine. Open with restrictions. Call about ordering, delivery and curbside pickup. Usual hours.

Moon Palace Books. Closed to public. Online orders only for now. Delivery by USPS or curbside pickup Mon.- Fri., 11 a.m.- 5 p.m. (They call when ready, unable to answer phone calls at this time.) Restricted hours. Not buying books.

Nokomis Shoe Shop. Open to public. Online orders. Delivery by USPS--free for orders over \$100. Slightly restricted hours.

Once Upon A Crime. Open with restrictions. Online orders, delivery by USPS available. Restricted hours. See website for more.

Repair Lair. Open with restrictions. Slightly restricted hours. Also does repairs.

Service

Cedar Ave Repair. Open with restrictions. Usual hours. Call before visit.

Clyde's Service Auto Repair. Open with restrictions. Usual hours. Call before visit.

K-9 & Kitty Kutters (Bloomington Ave). Open by appointment. Waiting list. Slightly restricted hours.

Laundromat (37th & Chicago). Open to public. Usual hours.

Massage Envy (Highland Park near Lund's). Open with restrictions, by appointment. Restricted hours.

Nailish. Open with restrictions, by appointment. Usual hours.

Pedego. Open with restrictions. Phone orders. Delivery available. Call for curbside pickup. Restricted hours. Open for all services but call first.

Riverstone Salon and Wellness Center. Open with restrictions, by appointment. Usual hours.

The Beauty Room. Open with restrictions by appointment. Usual hours.

Health Care

CUHCC & CUHCC Dental. By appointment. Usual hours.

East Lake Animal Clinic. By appointment. Usual hours.

HCMC Whittier Clinic. By appointment. Usual hours. COVID-19 testing available.

Minnehaha Animal Hospital. By appointment. Usual hours.

Nokomis Pet Clinic. By appointment. Usual hours.

People's Center. Open with restrictions. Wellness Hub closed. Online appointment requests available. Telehealth available.

People's Center Dental Clinic (Minnehaha). Open with restrictions. Usual hours.

Pet Doctor (Franklin Ave). By appointment. Usual hours.

Spinal Frontier. By appointment. Phone orders. Restricted hours. Chiro care and wellness products.

Gyms, Wellness Centers, Training Facilities

Blaisdell YMCA. Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes still available.

Midtown YWCA. Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes and personal training still available.

The Fix Studio and Café. Open for outdoor workouts, running, and biking. Call about other services. Restricted hours.

Nonprofit

Ani-meals - Meals on Wheels for Pets. New service at Community Emergency Services! Contact CES if you need pet food delivered to your home. Weekly.

Boys and Girls Clubs of TC. Open with restrictions. Restricted hours. Only open for food distribution.

Briva Health. Open with restrictions. Health care navigation by phone or appointment. Usual hours.

Macedonia Baptist Church. Open with restrictions. Restricted hours.

Call for more information. Only open for food distribution.

People and Pets Together. Open with restrictions. No delivery or curbside pickup. Usual hours. Pet food shelf- 1 client at a time.

Sabathani Food Shelf. Open with restrictions. Usual hours. Only open for food distribution.

Simpson Food Pantry. Open to public. Restricted hours. Outdoors, weather permitting.

Sisters' Camelot at Walker Church. Organic food distribution Tuesday afternoons till 5 p.m.

Soup for You Café at Bethany Lutheran Church (Franklin). Closed to public. Distributing bag lunches at the side door Monday thru Friday, 11 a.m. until gone.

Walker Church. Open with restrictions. Hot meals, bagged groceries. Email office@walkerchurch.org or message Facebook page for information. Tuesdays only. Only open for food distribution.

Walk-in Counseling. Closed to public. Call for Phone or Zoom counseling. Usual hours.

Pop-up Mutual Aid Sites / Pay-as-ucan / Pay-it-forward
See <https://twin-cities-mutual-aid.org/> for complete list, or for updates on needs of most of the sites listed below.

612 MASH (Medics at Chicago & 38th). Use link above to find current needs.

Augustana Senior Homes (Elliot Park). Use link above to find current needs.

Greater Friendship Missionary Baptist Church. Use link above to find needs. Uses Signup Genius App for volunteers. Distribution Tue., Thu., 2nd & 4th Sat.

House of Charity (Elliot Park). Use link above to find current needs.

J. Selby's Free Plant-based Community Meals. Open for distribution Tue. - Sat., 11 a.m.- 8 p.m.

Lake Nokomis Park Sanctuary. Use link above to find current needs.

Midtown YWCA. Use link above to find current needs. Distribution by reservation, link in link above.


Peavey Park Sanctuary. Use link above to find current needs.

Powderhorn Park West Sanctuary. Use link above to find current needs. (NB: Threatened with closure at time of writing, check link.)

Rev. Dr. Martin Luther King Park Sanctuary. Use link above to find current needs.

Sanctuary Movement Supply Depot (Park Ave UMC). Use link above to find current needs.

Seward Café. Drop-off 10-5 daily. Donate via Venmo or volunteer- see Facebook. Distributions: Fri. (Food); Sat. (Hygiene); Sun. (Baby stuff) noon- 2 p.m.



LETTER TO HEALTH DEPARTMENT

July 15, 2020

Attn: Health Department Representative
Public Service Center
250 South 4th St. Room 510
Minneapolis, MN 55415

Dear Health Department Representative:

This letter is to notify you that Partnership Academy will sponsor the Summer Food Service Program (SFSP). This program is funded by the U.S. Department of Agriculture (USDA) and is administered in Minnesota by the Minnesota Department of Education, Food and Nutrition Service. SFSP regulations require that the health department be notified of our intention in this regard.

Meals will be prepared by *CKC Good Food at 1185 Concord Street N #124, South St. Paul, MN, 55075* and will be served at the following sites:

Partnership Academy
6500 Nicollet Ave South
Richfield, MN 55423

Meals will be served beginning June 01, 2020 through August 31, 2020.
Meal Types Served: Breakfast & Lunch
Meal Times (start/end): 11:00 AM – 5:00 PM Distribution style (grab and go)

Please advise regarding concerns or disapproval of any of these sites for meal service.
If you have any questions, please contact the office.

Sincerely,
Katie Bening

Katie Bening, Operations Coordinator
Partnership Academy
kbening@paschool.org
(612) 866-3630 ext. 120

6500 Nicollet Ave. S
Richfield, MN 55423

(612) 866-3630 (Office)
(612) 866-3640 (Fax)

• COMMUNITY CALENDAR •

Southside Pride / NOKOMIS EDITION

EVENTS

Great Global Get-Together

Aug. 27 - Sept. 6

11 a.m. to 7 p.m.

Midtown Global Market

920 E. Lake St., Mpls.

Get your fair fix at Midtown Global Market's Great Global Get-Together, which will run during the same days the 2020 Minnesota State Fair would have been held. Many Market businesses are also annual Minnesota State Fair vendors, such as The Produce Exchange and Manny's Tortas, as well as rotating restaurants like Hot Indian in the Taste of Midtown Global Market booth within the Fair's International Bazaar. State Fair food favorites on the menu will include Manny's Tortas photo-worthy piña colada served in a real pineapple and The Produce Exchange's phenomenally popular grilled peaches. Nearly every restaurant and store in the Market will participate in the Great Global Get-Together by offering discounts or fair fare. On Fridays and Saturdays (Aug. 28-29 and Sept. 4-5) family-friendly activities such as giveaways and caricature artists will be offered. Free to attend; food, beverages, products and services at cost. More info at www.midtownglobal-market.org.

Build-a-Birdfeeder online workshops for kids ages 6 to 12

3 more sessions this summer! Attract birds to your yard and get started making nature observations! Online workshops are co-led by Minneapolis Park and Recreation Board naturalists and staff from Elpis Enterprises, an organization that provides youth with job training and mentoring. Includes a short talk/Q&A about feeding birds, being a good neighbor to them, and more. Birdfeeder kits include all supplies; you provide a hammer and a computer with Zoom (to access the workshop). Participants pick up their kits at a local park before the workshop, where they and their families can also enjoy some fun (and COVID-safe) nature activities. \$8 cost includes kit and workshop. Spaces are limited, so sign up today. For more info and to register, go to https://www.minneapolis-parks.org/activities_events/

Thursday, Aug. 20 workshop, 3 to 4 p.m.

Choose your kit pick-up: Lake Nokomis boat launch (west side of the lake) - Monday, Aug. 17, 4 to 6p.m. OR Mueller Park, Tuesday, Aug. 18, 4 to 6 p.m.

Thursday, Aug. 27 workshop, 3 to 4 p.m.

Choose your kit pick-up: Brackett Field Park - Monday, Aug. 24, 4 to 6 p.m. ORJD Rivers' Children's Garden (east of Wirth Beach in Theodore Wirth Regional Park) - Tuesday, Aug. 25, 4 to 6 p.m.

Thursday, Sept. 3 workshop, 3 to 4 p.m.

Choose your kit pick-up: Bryant Square Park - Monday, Aug. 31, 4 to 6 p.m. OR Currie Park - Tuesday, Sept. 1, 4 to 6 p.m.

Groveland Gallery Summer Invitational Through Sept. 5

25 Groveland Terrace, Mpls. Have you seen our Summer Invitational yet? You can enjoy the show via our website, virtual catalog, or in person by appointment! The

show features over 60 works of art by 38 Groveland Gallery artists and will be up until Sept. 5. Virtual catalog available here: https://issuu.com/info-groveland-galle.../summer_invitational. For more information go to www.grovelandgallery.com or call 612-377-7800.

American Indian Comic Book Online Zoom Event

Tuesday, Aug. 25, through

Friday, Aug. 28.

8:30 a.m. - 4:30 p.m.

Everyone knows the stories of Superman and Batman. But, what about Native American superheroes? Learn how Native Americans are portrayed in comic books. We want you to tell your own superhero story. Please join us for this three-day virtual workshop taught by professional comic book creators Dave Wheeler, Jose Pimienta and Zach Lehner. Much of our focus will be on meaningful Indigenous connections and uses of comic book characters in a way that appreciates and supports the Native cultural value system. Work one on one with professional comic book artists to bring your character to life. Master the art of creating characters and storylines. We will dive into the backstories of famous superheroes and see how they might look just like you! For adolescents ages 12 -17 years old. Register at: <https://miwrc.salsalabs.org/superheroswalkamongus/index.html?eType=EmailBlastContent&eId=97e48e44-9ce2-4388-b5b8-2ac1>

Children's Theatre Company Announces 45 Virtual Academy Classes for Fall Season

Children's Theatre Company (CTC) is proud to announce our Virtual Academy classes for the fall season are now on sale. Classes will run for nine weeks from Sept. 21 through Nov. 16 and four-week mini sessions will be available for some early childhood offerings running Oct. 6 through 30, 2020. Previously announced in July, CTC decided to continue offering the fall academic year classes virtually. Winter and spring offerings will be announced later this year. Fall classes will include a mix of theatre, music, dance, film, and technical theatre for ages 4 through 18 years old for beginner through pre-professional. Also included are classes specifically designed for young people with sensory sensitivities including those with ASD, Sensory Processing Disorder, anxiety, PTSD, and other disabilities and mental illnesses for ages 4 through 12. Auditions for the class of 2024 Institute will occur in late August. Registration is now available at childrenstheatre.org/virtual-academy. Scholarships are available through the ACT Pass program.

Central Neighborhood Flea Market

Saturdays through Sept. 5

Hello all! Welcome to the wonderful Central Neighborhood where we are always looking for ways to have a positive impact in the community and most of all staying active! We are having a Flea Market to give our Black and Indigenous people a platform to showcase their talent, skills and culture. Reimagine 38th Street! Entrepreneurs, Small business,

New Business, youth! Come out and showcase your services, products, and more.....we are still in the COVID-19 pandemic so masks will be required and all vendors will be at least 10 feet away from each other. This event will be held every Saturday through Sept. 5! Email Christina@thecentralneighborhood.com for registration info. You can contact Tommy McBrayer Jr. Tommy@thecentralneighborhood.com for more information. Hosted by The Central Neighborhood, Nini Prettygrind Anitra and Tommy McBrayer Jr.

Walker Art Center Re-opening Our Doors Are Open, Whenever You're Ready

Thursday, 11 a.m. to 9 p.m.

Friday-Saturday

11 a.m. to 6 p.m.

Sunday, 11 a.m. to 5 p.m.

725 Vineland Place, Mpls. We look forward to seeing you again! Timed admission tickets are now required for all visitors, even for free admission during Target Free Thursday Nights (5-9 p.m.) and Free First Saturdays, as well as for ages 0-18 and Walker members. Not a member? Join now to enjoy unlimited free gallery admission year-round.

New! Through Museums for All, \$2 admission tickets are available for visitors who present an EBT card upon check-in.

What to Expect During Your Visit: New procedures and guidelines are in place to ensure your visit is as seamless and contactless as possible: timed ticketing maintains limited building capacities, all visitors must wear masks, and groups should stay physically distant. We are also reserving Thursday and Friday mornings (11 a.m.- noon) for those who are vulnerable or at risk.

Now on View: Tour six decades of Jasper Johns's work in printmaking in An Art of Changes, discover the expressive potential of the human body in The Expressionist Figure, and explore traditional, new, and even surprising artworks from the Walker's collection in Five Ways In. See walkerart.org for more information.

You Are Invited to Help Change the World

Transition Longfellow

Planning Meeting (via Zoom)

Wednesday, Aug. 19, 6 p.m.

Are you one of those people who sees the constant stream of negative news, ranging from mass extinctions to global pandemics and the climate crisis and then feels overwhelmed with a sense of hopelessness? If you are, then you are not alone, even if it can sometimes feel that way. The fact of the matter is that each of us has more power to create change than we may realize, and the Transition Movement is a great way to help inspire change at the community level. Transition Longfellow is a grassroots group of citizens from the Longfellow and surrounding neighborhoods working to make our community more equitable and sustainable. We would like your help doing more of that. If you have a passion for social change, we want you on our team, whether your passion is for erasing systemic racism, creating more friendly spaces for wildlife, generating alternative energy, growing food, or any other thing that creates a more just and healthy world, then we have a seat

for you at our table.

Join us at our next planning meeting - Wednesday, Aug. 19, 2020 at 6 p.m. The meeting will be held via Zoom. You can join the meeting here: <https://uso4web.zoom.us/j/275479118>

At this meeting, we will actually be playing a fun game, designed to inspire new ways of thinking of our futures. Be ready to meet others, to laugh, have fun and be inspired by what the future could bring! We hope to see you there! Please drop an email to oururban-farmmn@yahoool.com if you plan to attend.

Minnesota Jewish Theatre Company (MJTC) Announces Its 2020-2021 Season - Theater Six Feet Apart!

Our first play, "25 Questions for a Jewish Mother," opens, outside, Saturday, Aug. 15, in the backyard of a private home. Sunday, Aug. 16, 1 p.m., it will be at the Harriet Island Target Stage area, St. Paul. The rest of the performances, which run through Aug. 30, will be at other private homes in the area, Harriet Island Target Stage, and the Veterans' Memorial Amphitheater, Wolfe Park, St. Louis Park.

Fifty Jewish mothers were asked, "What makes a Jewish mother different?" Straight, gay, young, old, Orthodox, Conservative, Reform, practicing or not, their responses were poignant, honest and fiercely funny. Based on interviews with women across the U.S. over the course of five years, this comedy features Kim Kivens. (This is an add-on to the 3-Show Passbook Package.)

Ticket information at 651-647-4315 / info@mnjewishtheatre.org

The Jungle Showcases Local Artists in New Multimedia Art Installation "Shine a Light"

Aug. 20-30

The Jungle Theater is excited to present its first-ever SHINE A LIGHT festival, a designer-focused, multimedia event that showcases designer-created window displays to transform the exterior of the Jungle for the community to enjoy. SHINE A LIGHT will be free and open to the public from Aug. 20-30 in the Lyn-Lake neighborhood at 2951 Lyndale Ave. S. in Minneapolis. SHINE A LIGHT will feature art by Sarah Bahr, Chelsea Warren, Mina Kinukawa and Catalyst Arts' Bayou, some of whom were slated to design for the Jungle's 2019-2020 Season. The designers will create content in the four large lobby windows, best viewed during the daytime. Additional content will be available on window posters and online, using QR codes. More information is available at www.jungletheater.org.

This event is free and open to the public. To protect the community's health and safety, this entirely outdoor event is designed to encourage viewers to enjoy the displays at their own pace, while being mindful of social distancing.

Riverview At Home - Virtual Cinema

If you are interested in supporting us during these hard times while watching great cinema, here's your chance! A few cinema distributors have created "Virtual Screenings" of some independent films we might typically show. You are able to watch these films

at home, and it provides economic support for independent theaters like the Riverview. By using the links we provide, you will be supporting us. For each film you rent, a percentage of the cost will go directly to the Riverview.

Go to <http://www.riverviewtheater.com/show/show/2791> to see the full list of more than 20 fill\ms now available.

Current offerings include:

Out Stealing Horses

A man retires to solitary life in the Norwegian woods after the death of his wife, but the past resurfaces.

Quarantine Cat Fest

Amateur filmmakers from around the world filmed their beloved cats during COVID-19 stay-at-home orders.

My First And Last Film

A deeply personal documentary that contemplates questions of life, death, love and aging.

The Booksellers

A behind-the-scenes look at the New York rare book world and the fascinating people who inhabit it.

Outdoor Dance & Drum Class Saturday afternoons

Bossen Field Park

5657 28th Ave. S., Mpls.

1 to 2:30 p.m. West African

Dance with Sana Bangoura

2:45 to 3:45 p.m. Djembe and

doun class with Fode Bangoura

Duniya Drum & Dance will hold outdoor classes every Saturday afternoon, with social distancing in place. Please bring a chair if you can. Classes are \$15. \$5 drum rental (text ahead if renting 651-338-5409). Park in lot on E. 56th St. then follow paved path to the field.

Note: Class cancellations will only be posted on our Facebook page. <https://www.facebook.com/DuniyaMN>

Free Acupuncture

Sundays at 1 p.m. or 2 p.m.

Calvary Lutheran Church

3901 Chicago Ave., Mpls.

Calvary is currently partnering with Acupuncturists Without Borders, who provide group healing circle treatments. A simple treatment of 5 needles (or ear seeds) in each ear. Ear points include treatment for the whole body and help provide an overall sense of well-being. Results include improved ability to cope; improved ability to sleep; improved mental clarity; reduction of aches and pains; and reduction of depression and anxiety. We plan to offer treatments every Sunday in Calvary's courtyard (Chicago side of our building). Come and experience it! To learn more about Acupuncturists Without Borders, follow this link: acuwithoutborders.org/history

When Home Won't Let You Stay: Art and Migration

Minneapolis Institute of Art Bringing an intimate virtual experience of Mia's special exhibition, right to you. We'll always be here for you—as a place for creativity, healing, and reflection. While our galleries remain dark, you can visit us virtually. Enjoy this series of short videos highlighting artworks featured in the exhibition "When Home Won't Let You Stay: Art and Migration," narrated by Gabriel Ritter, Mia's head curator for contemporary art. You can watch them all here: <https://vimeo.com/showcase/art-migration>

EVENTS AND
ONLINE RESOURCES

**Living Spirit UMC
2020 Virtual Barbecue
(Social Distancing Edition)**
Living Spirit’s annual BBQ and fundraiser is now live (online at livingspiritumc.org/bbq) and ready to be enjoyed! Join us online to learn our secret recipes for barbecue ribs, coleslaw, beans and more, with video interviews, music, and fun! Learn about the 37-year history of this community BBQ with its “Special Yellow Fork” and work up an appetite for some great food! Half of this year’s donation proceeds will go to benefit the Sabathani Community Center’s food shelf.

**Being Church Today
Monday, Aug. 17, 10:30 a.m.
Online**
Church Anew has gathered a diverse set of nationally recognized thought leaders to speak, in short form, to how the church can lead in a time like this. These keynote speakers will amplify the voices of local leaders from the Minneapolis area, who will share stories of how the church is leading in our own context, particularly in response to systemic racism in our communities. We expect this digital conference to challenge and provoke participants so that church leaders from all over the nation can reclaim the immediacy and necessity of our ministry in a time like this. To learn more and register for this free event, go to <https://churchanew.org/events/2020/8/17/being-church-today>.

Provide tangible support and hope to refugees
Minnesota Council of Churches
122 W. Franklin Ave. Ste. 100
Mpls. 55404
The coronavirus outbreak has affected all of us, and former refugees are no exception. We are proactively reaching out to recent arrivals to provide updated information about COVID-19 and understand the needs that families are facing. Families who arrived in Minnesota as refugees are facing challenges to employment, health care access, and social support, but oftentimes without the benefit of a strongly established support network. Your donations of Cub, Aldi, and Target gift cards are a tangible way that we can offer practical support and encouragement to families during this pandemic. Grocery gift cards can be mailed to our office and will be distributed directly to our most vulnerable clients. For more information, please email rsvolunteers@mnchurches.org. Thank you!

**Little Free Pantry at
Bethel Lutheran Church**
4120 17th Ave. S., Mpls.
Thank you for all your donations to our Little Free Pantry at Bethel Lutheran Church. Together we have helped feed our surrounding community for five months. However, we are almost out of food. We could really use things that go quickly in our neighborhood. For instance: pasta and spaghetti sauce, ramen noodles, boxed meals; breakfast cereal, bars, and peanut butter; bags of white rice and dry beans; tortillas, chips, and crackers; mac and cheese, Spaghetti O’s, ravioli, etc.; cans of tuna fish or chicken, jerky, and snack

sticks; canned fruits, snack fruits and pudding; toilet paper, paper towels, toothbrushes, toothpaste, and soap. Of course, all NON-PERISHABLE items will be accepted, but these items are what seem to be most wanted. THANK YOU!

Bahá’i Center of Minneapolis
3644 Chicago Ave., Mpls.
Socially distanced devotions, Sundays, 10 to 11 a.m. Please visit the Bahá’i community of Minneapolis website at www.minneapolisbahai.org/. Here you will find information about upcoming and past Holy Day celebrations, as well as news, announcements and information.

Calvary Lutheran Church
3901 Chicago Ave. S.
Sunday Worship at 10 a.m., via Facebook Live and Zoom. See our website at www.clchurch.org for instructions.

Catholic Church of the Holy Name
3637 11th Ave. S., Mpls.
Sunday Mass at 11 a.m.
Limited seating, reserve online, and masks required. You may also watch Mass on our YouTube channel. www.churchoftheholynome.org/

Catholic Church of St. Albert the Great
E. 29th St. & 32nd Ave. S., Mpls.
In-person Masses with limited seating on Saturdays at 5 p.m. and Sundays at 9:30 a.m. and noon. Masks and social distancing required. Enter through church front center doors only. Please see our website at www.saintalbertthegreat.org/ for more details. Sunday 9:30 a.m. Mass also streamed on our Facebook page at www.facebook.com/StAlbert

TheGreatMpls/.

Faith Evangelical Lutheran Church
3430 E. 51st St., Mpls.
www.faithlutheranmpls.org
Sunday Worship (with safety measures in place) at 9 a.m. Those who are over 65, have pre-existing conditions, or live in proximity to at-risk demographics are encouraged to remain home. We will continue to post videos online for Sunday morning for those who can’t join us yet on YouTube and Facebook www.facebook.com/felcmpls/. Sunday morning Bible class 10 a.m.; midweek Bible class Wednesdays 10 a.m.; masks and social spacing required for worship and Bible class. NA groups Wednesdays 7:30 p.m. and Fridays 7 p.m.

First Free Church
5150 Chicago Ave. S., Mpls.
We’re not closed. We’re online. Sunday services will be posted at 9 a.m. to our Facebook and YouTube pages. Visit our website at www.firstfreechurch.org and click on the link “Roadmap to In-Person Church Gatherings.”

Holy Cross Lutheran Church, LCMS
1720 E. Minnehaha Pkwy., Mpls.
Sunday Worship Drive-In Services at 9:30 a.m. in the parking lot on the 1620 AM channel. Wednesday Lessons on the Lawn, 7 p.m. Gather on the lawn in front of the church for a simplified order of worship. Bring a chair or blanket, and a mask. Bible Study via Zoom at 10:30 a.m. (see calendar for info). Sunday Worship recordings online at www.holycrossmpls.org. Scroll to mid-page on the homepage to see recordings and bulletins to follow along.

Living Spirit United Methodist Church
4501 Bloomington Ave., Mpls.
Worship with us from home! Worship is currently being streamed on Facebook Live at 10:30 a.m. on Sunday mornings at www.facebook.com/LivingSpiritMN/. The weekly bulletin, children’s faith formation packet, and more will be posted to our website; that’s also where you can find resources and worship recordings from previous weeks. www.livingspiritumc.org/online

Messiah Lutheran Church
2400 Park Ave., Mpls.
All services now online at www.messiahlutheranmpls.org. Each week we video services, viewable anytime, please join us! Visit our website for online devotions and bulletins.

Minnehaha Communion Lutheran Church
4101 37th Ave. S., Mpls.
9:45 a.m. online Sunday Worship. All Services and programs are temporarily online. Please check the church website for any changes: <https://minnehahacommunion.org/>.

Minnehaha United Methodist Church
3701 E. 50th St., Mpls.
In-person worship option, Sundays at 9 a.m. on the side lawn of the church (weather permitting). Wear a mask, bring a chair, and social distance. Online worship is still available, either livestreamed at 9 a.m. or afterward on-demand. Join us! Visit our website at www.minnehaha.org/ for more information.

Mt. Zion Lutheran Church
5645 Chicago Ave. S., Mpls.
Please see our website for the latest

information on Mt. Zion’s plans to re-open for worship. Until that time, feel free to visit our outdoor lending library! Stay well. May God bless and keep you! www.mtzioninmpls.org/

New Creation Baptist Church
1414 E. 48th St., Mpls.
Watch and interact with our live-stream prerecorded services on Sunday mornings at 10:45 a.m. on our Facebook page at www.facebook.com/NewCreationBaptistChurch/ and visit our website at <https://newcreationbaptist-churchmn.org/>.

Nokomis Heights Lutheran Church
5300 10th Ave. S., Mpls.
www.nokomisheights.org
All in-person worship and activities suspended. We may be separated, but we are still a church and a community, physically distant but faithfully together. Connect with our online community on Facebook and YouTube and join us as we navigate these challenges together. A new worship goes up on YouTube every Sunday at 10 a.m., and all are archived, so you can view the ones you missed. www.facebook.com/NokomisHeights/

Plymouth Congregational Church
1900 Nicollet Ave., Mpls.
All Plymouth meetings and in-church Sunday services canceled until further notice. Please visit our website at www.plymouth.org/ or our Facebook page at www.facebook.com/Plymouth-CongregationalChurch/ to access our virtual offerings of Sunday services, contemplative prayer, daily meditations, musical moments, and more.

St. Joan of Arc Catholic Community
4537 3rd Ave. S., Mpls.
For video masses, musical performances, church bulletins, and other news, please see our website www.saintjoanofarc.org/ or Facebook page www.facebook.com/StJoanMpls/.

St. Mark’s Episcopal Cathedral
519 Oak Grove St., Mpls.
For the sake of the common good, Saint Mark’s doors are closed until further notice—still there is so much you can practice from home. Sunday morning worship is livestreamed at 10:30 a.m. each week. Visit our website at <https://ourcathedral.org/> for links to Daily Practices and past livestreams and video archives.

Temple of Aaron
616 Mississippi River Blvd. S., St. Paul
Please visit our Facebook page for updates on the synagogue’s programs, schools, and services. www.facebook.com/Temple-of-Aaron-202015025137/

Trinity Lutheran Congregation
Augsburg College, Hoversten Chapel
Riverside & 22nd Aves., Mpls.
www.trinitylutherancongregation.org
Online worship available anytime on our YouTube channel: Trinity Lutheran Congregation

Walker Community United Methodist Church
3104 16th Ave. S., Mpls.
Until further notice, Walker Church will be closed for all non-essential operations. Services will continue online via Zoom and Facebook Live at 11 a.m. to noon on Sundays. Visit our website at www.walkerchurch.org/ or Facebook page at www.facebook.com/walkerumc/ for more information.

The Nokomis Religious Community Welcomes You

Christian

CATHOLIC CHURCH OF ST. ALBERT THE GREAT
E. 29th St. & 32nd Ave. S.
612-724-3643
www.saintalbertthegreat.org
Weekend Masses with limited seating
Saturday 5 pm
Sunday 9:30 am (also live-streamed on Facebook)
Sunday 12 noon
Masks and social distancing required
Enter at church front center doors only

CATHOLIC CHURCH OF THE HOLY NAME
3637 - 11th Ave. S., 612-724-5465
Mass at 11 am Sunday
Limited seating, reserve online, masks required
Watch Mass on our YouTube channel
www.churchoftheholynome.org
Pastor: Fr. Leo Schneider
A welcoming Roman Catholic community

FAITH EVANGELICAL LUTHERAN CHURCH
3430 E. 51st St.
612-729-5463
www.faithlutheranmpls.org
Sunday Worship 9 am and online on YouTube and Facebook
<https://www.facebook.com/felcmpls/>
Sunday Morning Bible class 10 am

Midweek Bible class
Wednesdays 10 am
Masks and social spacing required for worship and Bible class.
NA groups Wednesdays 7:30 pm and Fridays 7 pm
Pastor: Rev. Jesse Davis

FIRST FREE CHURCH
5150 Chicago Ave. S.
612-827-4705
“We’re not closed. We’re online.”
www.firstfreechurch.org
Christ-Centered, Christ-sent

HOLY CROSS LUTHERAN CHURCH, LCMS
1720 E. Minnehaha Pkwy.
612-722-1083
Sunday Worship recordings online at www.holycrossmpls.org
Scroll to mid-page on the home page to see recordings and bulletins to follow along.
Bible Study via Zoom at 10:30 am (see calendar for info)
Lessons on the Lawn, Wednesdays at 7 pm on the front lawn of the church.
Pastor: Bruce Laabs

LIVING SPIRIT UNITED METHODIST CHURCH
A Multicultural, Intergenerational Church
4501 Bloomington Ave.
612-721-5025
Worship with us from home!
www.livingspiritumc.org/online

MT. ZION LUTHERAN - LCMS
5645 Chicago Ave. S.
612-824-1882
www.mtzioninmpls.org
Visit our outdoor lending library!

NEW CREATION BAPTIST CHURCH
1414 E. 48th St.
612-825-6933
<https://newcreationbaptist-churchmn.org/>
www.facebook.com/NewCreation-BaptistChurch/
Pastor: Rev. Dr. Daniel B. McKizzie

NOKOMIS HEIGHTS LUTHERAN CHURCH – ELCA
5300 10th Ave. S.
612-825-6846
www.nokomisheights.org
Worship with us online on YouTube
New worship goes up every Sunday at 10 am
Find us on Facebook

ST. JOAN OF ARC CATHOLIC COMMUNITY
www.stjoan.com, 4537 Third Ave.
Masses suspended until further notice
Video available on our website and Facebook page
We Welcome You Wherever You Are On Your Journey



All Directory Churches are Wheelchair Accessible



Notes from the desk of peace activist Polly Mann (b. Nov. 19, 1919)

Will Chinese tourists be banned in the U.S.?

A July Minneapolis Star Tribune carried an article stating a ban on Chinese tourists is under consideration by the U.S. administration. Almost 3 million Chinese visited the U.S. in 2018, but the number has plummeted due to the corona virus. The presidential order would cite the same statute in the Immigration and Nationality Act used in a 2017 travel ban on a number of predominantly Muslim countries that gives the president power to

temporarily block travel to the U. S. by foreign nationals who are deemed “detrimental to the interests of the United States.” The ban was fought in the courts and expanded this year. Such a broad ban would be the most provocative against China since the start of the trade war between the two countries in 2018. Officials at the White House State Department and Department of Homeland Security have been in discussion over the matter but have not come forward with any decision. No information was given as to the amount of U.S. trade with China, but, undoubtedly, this will be a factor in the decision.

What kind of help are we talking about?

It was a good idea, but, as

usual, the millionaire tycoons took advantage of it.

And what was it? It was the \$349 million that the Congress set up to help hard-hit small businesses. According to a report from the Institute for Policy Studies, a progressive think-tank, those millions were snapped up by millionaires.

Fossil fuel firms have taken at least \$50 million and three coal companies took \$28 million. Hallador Energy Company, an Indiana-based company received a \$10 million loan from the Small Business Administration under the Pay-check Protection Program; the coal mining company Rhino Resources is receiving \$10 million; Coal firm Ramaco is receiving \$10 million. Banks are making \$10 million in fees from government loans. Fisher

Island, off the coast of Miami, where the annual income of residents is \$2.2 million, has received \$2 million in aid.

Secretary of Education Betsy DeVos is being sued by student advocacy groups for continuing to garnish wages of student borrowers. And as American families are struggling, war profiteers are requesting their own bailout.

Sure, ours is a government of the-people and by-the-people, but what about for-the-people?

Hope for Sudan

News coming from foreign countries is often not good, but good news is coming from Sudan, whose ruler for three decades supported flogging and genital cutting of women, and also banned the use of al-

cohol. But with the installation of Justice Minister Nasredeem Abdulbari, these policies have been abolished and an 11-member sovereign council appointed. Prime Minister Abdalla Handok, an economist who has held several U.N. positions, and the government have embarked on an ambitious program. Sudan has undertaken a political and economic overhaul, revived talks with rebels, and begun an investigation of the region, promising to prosecute and possibly hand over to the International Criminal Court those wanted for war crimes. The administration has also lobbied the U.S. to drop Sudan from the State Department’s list of state sponsors of terrorism, a designation that has restricted investment and foreign aid. THIS IS GOOD NEWS.

SHARING FOOD

Calvary Lutheran Church 3901 Chicago Ave., Mpls. 612-827-2504, ext. 205

The Calvary Emergency Food Shelf is available for area residents on Saturdays from 9 a.m. to noon. We will hand out pre-packaged bags of food with a Walk-Up table on 39th St. and Drive-Thru model at the parking lot entrance. Please stay in your car, and we’ll bring the food to you! Volunteers will be available outside to help you. There are eligibility requirements. On our website, www.clchurch.org, click on the “Food Shelf” link in the “Outreach” tab, or call the food shelf office at 612-827-2504, ext. 205.

Food Hub Greater Friendship Missionary Baptist Church 2600 E. 38th St.

Monday - Friday, 11 a. m. to 3 p.m.
Free Food and Household Supplies.

Groveland Emergency Food Shelf 1900 Nicollet Ave., Mpls. Plymouth Congregational Church 612-871-0277

Monday – Friday
9:30 a.m. to 12:30 p.m.
Entrance on Groveland Ave. between Nicollet and Lasalle. <http://grovelandfoodshelf.org/>

Minnehaha United Methodist Church 3701 E. 50th St., Mpls. 612-721-6231

Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, the Minnehaha Food Shelf is open on Tuesdays from 10 a.m. to 3 p.m. We have moved our operations outdoors, meter the flow of clients to help ensure social

distancing, periodically clean our surfaces, and wear face masks. Should we have foul weather, we plan to move the distribution indoors, though still meter clients and encourage distancing. www.facebook.com/MinnehahaFoodShelf/

New Creation Baptist Church 1414 E. 48th St., Mpls. 612-825-6933

We’re still here to serve you on the first through fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. Be safe and God bless!

www.facebook.com/NCBCfoodshelf/FoodShelf

Saturdays (except 5th Saturdays)
10 a.m. to 2 p.m.
(Brown door on the corner of 48th St. and 15th Ave.)

Walker Community United Methodist Church 3104 16th Ave. S., Mpls. office@walkerchurch.org

Tuesday Meals: Our regular Tuesday meals will be suspended until shelter-in-place orders end. We will still have groceries available for pickup

on Tuesdays from 5 to 6 p.m. www.walkerchurch.org/

Bethany Lutheran Church 2511 E. Franklin Ave., Mpls. 612-332-2397

Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. www.bethanyinseward.org/



Southside Pride would love to include news about your faith-based communities in our free religion calendar.

Please send your news to Katherine at katherine.southsidepride@gmail.com or call 612-822-4662.



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The riots on Lake Street in Minneapolis severely damaged and closed our East Lake Clinic. This presents an urgent need to help the 8,000 patients who relied on this critical healthcare resource. We are committed to healthcare equity and access. We will return to this vibrant and diverse community, but it will take 5-6 months before this clinic opens its doors again. Our community is reeling.

We need you to be their hero.

Help Us:

- Address the food and supply desert in this community. Donate food and basic needs like: diapers, baby wipes, deodorant, shampoo, tampons, and toothpaste. Learn more.
- Transport patients of East Lake Clinic to our Whittier Clinic four miles away.
- Offer home visits, mobile healthcare vans, and interpreter services to expand access to essential vaccines and care.
- Support our staff on the frontlines responding to COVID-19 and now this new patient care crisis.

Be an East Lake Clinic Hero Today: <https://www.hennepinhealthcare.org/hennepin-healthcare-foundation/>

Thank you for standing with our community.

Republican dirty tricks

BY OLIVER STEINBERG,
GRASSROOTS - LEGALIZE
CANNABIS CANDIDATE FOR
U.S. SENATE

Most elections only involve Republican and Democratic party candidates (in Minnesota, the Democratic-Farmer-Labor Party, or DFL). If other parties' candidates appear on the ballot, it's by submitting nominating petitions signed by thousands of voters. A tough assignment!

However, if any statewide

candidate gets over 5 percent of the total vote, his or her party is then recognized as a Major Political Party equal to the DFL and Republicans, earning automatic ballot access in the next election.

Anyone who signs an affidavit and pays a small filing fee will be listed on the ballot for the party. The affidavit declares you're a supporter of the party you sign up for. But it's toothless, with no penalty for lying.

So, when the Grassroots -

Legalize Cannabis Party, and the Legal Marijuana Now Party, both received over 5 percent of the votes in 2018, their rather vestigial party organizations were elevated to major party status and thereby left vulnerable to any mischief-maker with a filing fee and false affidavit.

That's exactly what's happened in 2020, as Republican party hacks encouraged counterfeit candidates to dishonestly file for office on the two new major party tickets.

Two out of 13 Grassroots candidates are bogus, and five or more of the LMN's 16 candidates are Republican imposters. The phonies have Republican backgrounds and have never been cannabis advocates or activists.

These Trump trolls' tactics are aimed at blocking chances for cannabis legalization in Minnesota, by deceiving voters and discrediting the anti-prohibition political parties.

Their goal is to "siphon" votes to their imposter candidates in certain swing districts, hoping most of all to keep the DFL from winning a State Senate majority. The Republican-controlled Senate is all that is blocking legal weed, since the DFL governor and lower legislative House both are willing to legalize.

Since Minnesota doesn't use the Initiative-petition direct lawmaking procedure,



cannabis freedom fighters created the Grassroots party idea as an indirect electoral surrogate for the cause. Republicans might get away with their dishonest dirty trick of filing fake candidates, or maybe they'll discover that "whosoever diggeth a pit, will fall in it."

Travis Jordan, from page 1

ings to be given back to the family. The Hennepin County Attorney's office is still in possession of a notebook and a black leather bracelet that belonged to Travis, even though the case is closed.

Travis Jordan has been included in local "Say their names" chants of those killed by the MPD. Jordan's family and friends' persistent demands for justice—along with the worldwide outrage over George Floyd's murder—have given courage for more Minnesota families to demand answers for their loved ones' killings.

These families cannot get justice under our current sys-

tem. We need community control of the police, which will let us go back and reopen the cases of killer cops.



Travis Jordan's girlfriend Taren Vang, mother Flo Ching and aunt Lei Gahler gather for what would have been his 38th birthday. (Photo/Brad Sigal)



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www.peopleandpetstogether.org

Visitor Restrictions

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The corner of 38th and Chicago is forever changed



Above: Black Lives Matter T-shirts tent in front of George Floyd artwork.

Below: The bus shelter becomes a place for sharing art and meaning.



Above: The community shares their thoughts.

Below: 15 volunteers with Twin Cities Relief Initiative distribute food and much needed household supplies, no questions asked, at the closed Speedway station at 38th and Chicago Ave. as a way to honor George Floyd.



BY STEPHANIE FOX

As talk about relocating the George Floyd memorial continues, the corner where he was killed by police has evolved to become less a place of mourning and more of a place of celebration—a celebration of community and a celebration of the memory of George Floyd. And, there is a clear focus on the long-overlooked understanding of the need to change cultural attitudes toward people of color. On Saturday afternoons until Sept. 5, people are welcome to visit and to share a summer afternoon at ReImagine 38th Street, at 38th Street and Chicago Avenue and to join the celebration.

People come to see the memorial of flowers with its votive candles and teddy bears, admire pieces of street art, share a meal with friends, browse tents selling BLM T-shirts, stop by an outdoor food shelf or join in a pick-up basketball game. There's still time to become part of this unique experience. It's something you will be able to tell your grandkids.



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