



We build Pride on the Southside

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The death of Floyd



BY TONY BOUZA

America has been plunged into riots, pillaging, arsons and killings by the death of George Floyd at the hands of the Minneapolis police. The incident created an explosion whose reverberations radiate to this moment. The event goes to the heart of America's No. 1 problem. Racism.

America desperately needed a debate on racism, and Floyd—an unlikely candidate for such a pivotal role—nevertheless filled it.

We settle our big issues through debates—which often (maybe necessarily) take the form of riots, protests, disorders and other forms of social disarray. We need only look at such recent events as the Vietnam War for an example. Protests force our attentions on the problems.

In all likelihood all the violence, destruction, arson and death will lead to incremental change. But that won't be enough.

The plight of the Black person in America requires fundamental transformation.

See Bouza, page 14



Is it over yet?

BY ED FELIEN

Is the nightmare over?

Have the plague and pestilence gone?

Have we buried the dead?

No, the nightmare is not over. The madman still runs the White House.

The plague and pestilence have not gone because there is no leader to rid the land of plague and pestilence.

And we will continue to bury the dead.

But, as Emily Dickinson says,

“Hope is the thing with feathers -

That perches in the soul -

And sings the tune without the words -

And never stops - at all- ”

And we continue to hope.

The Democratic National Convention gave us glancing moments of hope for a new government.

The Democratic Party is a big tent, but there are two major groupings: the bourgeois liberals and the progressive radicals. Alexandria Ocasio-Cortez, the leader of the radicals, ran against one of the most powerful liberal members of Congress and won. Ilhan Omar, a member of The Squad led by AOC, was challenged in her primary by Antone Melton-Meaux, representing the liberal wing. In the City

See Is it over, page 6

Powderhorn Safety Collective on alert!!

BY NATHAN HOUSE

If you live in the Powderhorn Park neighborhood, you may have recently seen people walking or biking in the streets in high resolution vests in the early morning or late night. These are volunteers of Powderhorn Safety Collective (PSC), a group of neighbors committed to alternative methods of community safety.

One volunteer often out on the streets is Pouya, who, with his Great Dane Dobber, began alternative safety practices since the amount of reported violence escalated in the neighborhood this summer.

Pouya is one of the organizers and volunteers within PSC. I spoke with him recently about the organization and their involvement in the community.

According to Pouya, the main aim of PSC can be summed up as this: to strengthen the social fabric of the neighborhood. That includes help with safety, homelessness, making connections with neighbors.

“The original idea of PSC was to be a presence in the neighborhood and put people at ease,” said Pouya, who has several years of experience managing security for bars and music venues.

A driving factor that formed the organization was the gradual disintegration of the encampment on the east side of Powderhorn Park. As concern from neighbors grew, PSC formed as a response to ease tension.

An essential aspect behind PSC's mission is not calling the police unless there is an immediate threat to one's health or safety. “The police do not need to be here for a large percentage of calls for our neighborhood,” explained Pouya. People of color are statistically the most at risk for being in danger when interacting with a police officer. Therefore, responding to emergency situations involving a person of color is a top priority for PSC as it could potentially be lifesaving.

PSC volunteers sign up for time slots from either 11 p.m. to 3 a.m., or 2 a.m. to 6 a.m. each day. While someone signs up as a dispatcher, others will sign up for surveying the community on foot or by bike. Many volunteers have special qualifications. For example, there are nurses, mental health professionals, lawyers and de-escalation experts ready to help.

See Powderhorn, page 11



**Our 11th Annual
Summer on Grand Avenue
Pages 8 & 9**

Crime in the 'hood?

BY ED FELIEN

Cierra Hoffman reported on Nextdoor that while she was in the Speedway at 44th and Lake, "I was standing at the register checking out when the gas station clerk ran outside abruptly and confronted a young woman (in her 20s) with a large black & white patterned cloth bag stuffed with items that were not paid for. Another man waiting outside tackled the clerk to the ground and then took off with the woman. The clerk was thankfully okay but looked a little shook up, he told us they had a getaway car parked a block or so away toward the Dairy Queen."

The Star Tribune, 8/1/2020: "Reports of gunfire-like noises from both 911 calls and ShotSpotter activations increased exponentially around chaos following George Floyd's death and remain significantly higher than compared to prior weeks."

What's happening? Why the

dramatic increase in gunfire? The desperate acts? The increased drug dealing reported around encampments? The overdoses?

Why are there more drugs on the street now?

Where are these drugs coming from?

Most of the world's heroin comes from Afghanistan. It's a \$5-billion-a-year game and the U.S. military protects the poppies in the fields. They guard the transport from Kandahar Province to Pakistan where the opium is transformed into heroin, and they protect it on the long drive the length of Afghanistan from Pakistan to the Russian Mob waiting on the border in Turkmenistan, and the Russian Mob brings it to Europe and the U. S.

The Russian Mob owns Donald Trump's soul ever since he started bankrupting casinos in 1991. He laundered their drug money. They dumped cash on him. They bled the profits. He went bankrupt. They liquidated the assets. The money went

in dirty and came out clean.

Michael Flynn was Trump's first appointment. He was his national security advisor. He had been the general in charge of military intelligence in Afghanistan. He knew the opium trade—how much money was in it and how to cut out a piece of it. I'm sure he was the one who told Trump to drop the Mother Of All Bombs in Hamid Karzai's backyard to let him know that Donald Trump wanted a piece of the action. Flynn, through his private contacts in Kabul, is probably still advising Trump on the size and street value of this year's opium crop.

And the Russian Mob and Vladimir Putin will take care of Trump after he loses the election. They'll probably set him up with a nice dacha on the Black Sea. It won't be Mar a Lago, but it's not prison.

So, who dumped all this heroin on the streets? Offering half a brick on credit? Fueling turf wars?

Who benefits?

The Russian Mob gets to push a lot of product.

And Donald Trump gets to point to chaos in the inner city, and threaten to send in federal

troops to restore law and order.

Lao Tzu said 2600 years ago, "The louder the call for law and order, the more the thieves and con men multiply."

And crack is back.

Crack cocaine has made a big comeback on the street. Where does that stuff come from? Mostly from Colombia, and the CIA has been involved in that trade route ever since Ollie North set it up in the Iran Contra deal. He was selling Colombian cocaine to the Mafia at a secret CIA air base in Florida and using the cash to buy guns from Iran to bring back to the Contras, to trade for more cocaine to sell in Florida, etc.

The CIA knows the principal contacts for cocaine and crack cocaine distribution in the U.S. They could turn it on or off. They've definitely turned it on for now.

What can we do about this?

We can start by legalizing all drugs. Marijuana should be sold openly everywhere, and cocaine and heroin should be administered by medical professionals. Legalization eliminates illegal drug trafficking immediately.

We need methadone treat-

ment centers in the neighborhood. We need drug dependency counselors out on the street.

And, most important, we need to offer young ambitious entrepreneurs a better line of work than dealing crack or smack. Anyone caught dealing should be sent to college for



four years or a trade school for two. That ambition, creativity and determination needs to be channeled into socially useful behavior.

We need to work with the brothers and sisters caught up in addiction to heroin and cocaine, but we also need to appreciate where this is coming from. It's coming from the Russian Mob and the CIA and it has the Trump brand stamped all over it.



Our hearts go out to all our neighbors during these difficult times.

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Shrinking sanctuary encampment at Powderhorn Park?

BY KAY SCHROVEN

What's happening with the west encampment in the park? It's been nearly two weeks since MAD DADS issued 65 Notices to Transition per the Minneapolis Park and Recreation Board's (MPRB) Resolution 2020-267 (requiring permits, limiting parks and numbers of tents in a park, etc.). There are varying reports about the number of tents remaining, ranging from 35 to 50. From my view it appears to be closer to 50 than 35.

The MPRB states that its goal is to remove camps with documented crime, those that do not meet accommodation requirements and those without permits. There is no definitive deadline for Powderhorn, as the plan is to incrementally assist campers with the transition and avoid using the police as was the case with the east encampment, which resulted in a confrontation between the police and a group of remaining campers and their supporters. Approximately 20 people were arrested.

Minnesota Executive Order 20-55 (effective 7/15/20) prevents governments from closing encampments unless there is alternate housing, shelter or encampment space. This order respects the health of populations at risk during COVID-19 in a peacetime emergency. However, with seven reported crimes in Powderhorn between July 5 and July 13, Park Board Superintendent Alfred Bangoura could override the order. (For additional information see www.minneapolis-parks.org/encampments.)

Some of the remaining campers are not interested in leaving for another park. "It's just moving a problem around, solves nothing." School buses provided to transport the unsheltered individuals to other encampments recently left empty. No one is very confident about what will happen next. The date of Sept. 1 is floating around, and as the date nears, campers anticipate some kind of action. "It's a very unsettling feeling."

The Minneapolis Sanctuary Movement is "a community care effort fighting for housing justice, abolition and land reclamation, and supports the most impacted." They have been key supporters and resource to the encampment. Some view Powderhorn Park as "stolen land." A representative of the movement states, "These piecemeal efforts to

support encampments (permits, tent limits, park limits) masquerade as solutions, but, in fact, normalize the existence of encampments." Their website byline is "Displacement is a Disease, Housing is the Cure." (For additional information see minneapolis-sanctuary.org)

As of Aug. 12 there are four Minneapolis parks approved as meeting the encampment requirements. An additional 12 parks have been identified as possible encampments. There are hundreds of individuals still unsheltered in the park system. For many (both the unsheltered and sheltered neighbors surrounding the parks) as well as the MPRB, the situation is devastating. Between June 12 and 30, the cost of expanded maintenance services was \$42,500.

Resident neighbors to the

Powderhorn encampment report continued concern for the health and safety of the people living in the encampment and the neighborhood in general. Some who have supported the encampment (by volunteering and donating, attending meetings and participating in solutions) say there is a growing divide with little if any room for civil discourse. "Too much us and them: you either support the encampment or you don't; too much blame and finger-pointing without opportunity for movement toward solutions. Some of the meetings in the park have become downright disrespectful."

It's a perfect 2020 storm in Minneapolis; an internation-



Powderhorn Sanctuary was evicted Friday morning, August 14. (Photo/Cooper)

al pandemic that is thriving, the killing of George Floyd by the MPD, protests and riots that have spread throughout the country and beyond, civil unrest and destruction, unemployment, an election year, financial devastation for many and, as we well know, increased homelessness. Powderhorn has been hit and injured. How exactly do we proceed to recover and heal?

David Wiester for Minnesota House of Representatives



District 63A

- Re-legalize marijuana
- Black Lives Matter
- Prosecute rogue cops
- Keep abortion legal
- Protect GLBT+ rights
- Support labor unions
- I believe Dr. Fauci
- Protect gun rights
- Re-legalize adult sex work
- Promote clean energy
- Welcome refugees
- Promote affordable housing
- Criminal justice reform

Legal Marijuana Now Party

[Facebook.com/groups/WiesterForMNHouse](https://www.facebook.com/groups/WiesterForMNHouse)

Paid for by David Wiester

• Re-legalize marijuana and expunge all past non-violent convictions

Simply put, there is no reason for the government to criminally prosecute adults for using a substance that is medically less harmful than many currently legal substances such as alcohol. Prohibition's primary effect is to turn marijuana into a source of income for gangs and organized crime. We saw this with alcohol prohibition in the 1920s, we see it now with marijuana prohibition.

Prosecutions for marijuana needlessly brands innocent people as criminals, limiting their future employment, educational, and housing options. These effects have disproportionately affected Communities of Color. Re-legalization needs to include full retroactive expungement, as well, to remedy these effects. Furthermore, some of the tactics for enforcing the prohibition of marijuana and other drugs (e.g. civil asset forfeiture, stop-and-frisk, erosions of the Fourth Amendment, military involvement in civilian law enforcement) infringe upon our civil liberties.

Marijuana prohibition also restricts the cultivation of low-THC hemp for industrial purposes. Over a 20-year period, 1 acre of hemp can produce as much paper as over 4 acres of trees. Hemp fabric is more durable than cotton fabric and takes fewer agricultural chemicals to grow. Hemp can also be a source of biodiesel fuel.

Local businesses: open, closed, restricted ... ?

[Look for the * on the name of an organization that is a POC-owned or immigrant-owned business or POC- or immigrant-oriented and/or led. If we got anything wrong, please email deborama@gmail.com with your corrections.]

Restaurant/Café/Pub

Bagu Sushi & Thai*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Patio. Restricted hours.

Bill's Chinese Garden. Open with restrictions. Online and phone orders. Delivery by DoorDash, GrubHub & Seamless, or pickup. Usual hours.

Birchwood Cafe. Open with restrictions. Online or phone orders delivered by Toast with curbside pickup. Patio. Usual menu and hours.

Bull's Horn. Open with restrictions. Online and phone orders. No delivery. Curbside, counter pickup, patio dining. New hours.

Dragon Wok* (George Floyd Square). Open with restrictions. Delivery by Bite Squad, GrubHub. Hours may fluctuate depending on location status.

French Meadow. Open with restrictions. Phone for reservations. Delivery by Bite Squad, DoorDash, GrubHub, Uber Eats. Patio. Usual hours.

Hamburguesas El Gordo*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Usual hours.

Heather's. Open with restrictions.

Phone for reservations. Delivery by Bite Squad. Usual hours.

Himalayan*. Open with restrictions. Online and phone orders. Delivery by Bite Squad. Patio. Usual hours.

Hot Indian Foods at MGM*. Open to public. Online and phone orders. Delivery by Bite Squad, Chow Now, DoorDash.

Infused Life Plant-based Eatery at MGM. Open to public. New restaurant!

Jakeeno's at MGM. Open to public. Online and phone orders. Delivery by Bite Squad, DoorDash, GrubHub.

Mama Sheila's*. Open with restrictions. NEW - patio. Takeout available. Delivery by Uber Eats. Restricted hours.

Manny's Tortas at MGM*. Open to public. Online and phone orders. Delivery by Bite Squad & GrubHub.

Maria's Café. Open with restrictions. No online ordering. No delivery. Patio. Usual hours.

Merlins Rest. Open with restrictions. Call for reservations. Delivery by Bite Squad. Patio. Restricted hours except for takeout.

Mi Casa Tacos y Tamales*. Open with restrictions. Phone orders. Delivery by Uber Eats. Grab and go. Usual hours.

Modern Times Cafe. Open to the public for takeout only. See their website or email modern-times3200@gmail.com with questions.

Northbound Smokehouse Brew-

pub. Open with restrictions. Call for reservations or pickup. Patio. Usual hours.

Parkway Pizza. Open with restrictions. Online and phone orders. Delivery by business or thru Bite Squad. Patio. Usual hours.

Pizza Luce Seward. Open with restrictions. Online and phone orders. Delivery by business. Usual hours. Full menu!

Prieto Taqueria Bar*. Open with restrictions. Online and phone orders. Delivery by business, DoorDash, Uber Eats. Restricted hours. New restaurant!

Quang*. Open with restrictions. Online and phone orders. Delivery by Bite Squad, DoorDash. Usual hours.

Reverie. Open with restrictions. Online and phone orders. Patio. Restricted hours. Beer and wine available. Pay-it-forward, \$2.50 per meal to homeless sanctuary.

Sandcastle. Open for takeout only. Restricted hours. See website for details.

Smoke in the Pit*. Open with restrictions. Phone orders. Delivery by Bite Squad. No curbside pickup. Pre-order grab and go.

Soberfish*. Open with restrictions. Online and phone orders. Delivery by Bite Squad & DoorDash. Call for curbside pickup. Restricted hours. Pre-order grab and go.

Standish Café. Open with restrictions. No delivery. Patio. Restricted hours.

The Howe. Open with restrictions. Delivery by Bite Squad & Uber Eats. Patio. Usual hours.

Tiny Diner. Open with restrictions. Curbside takeout or patio dining with reservations only. No alcohol for takeout. Delivery by DoorDash, Uber Eats. Restricted hours.

Trio Plant-based*. Open with restrictions. Full menu. Usual hours.

Bakery/Coffee/Deli

A Baker's Wife. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Patio. Restricted hours.

Butter Bakery. Open with restrictions. Online order and delivery by Chow Now. No curbside pickup. Patio. Restricted hours.

C. McGee's. Open to public. Call for information. Delivery by DoorDash. Usual hours.

Café Meow. Open with restrictions. Online and phone orders. Cat lounge experience by reservation. Still fostering cats—visit cats by video.

Duck Duck Coffee. Closed to public. New walk-up to-go window open. Online ordering of some merch with delivery by USPS. Restricted hours.

Five Watt Coffee. Open with restrictions. Call for information. No delivery. No curbside pickup. Patio. Restricted hours.

Geek Love Café (in Moon Palace). Ordering window and pickup north side of building. Restricted hours plus during Midtown Farmers Market.

Key West Bistro. Open with restrictions. Online and phone orders. Delivery by Bite Squad, DoorDash, GrubHub & Uber Eats. Patio. Usual hours.

Mel-O-Glaze. Open with restrictions. Call for information about delivery or curbside pickup. Usual hours. Grab and go.

Riverview Café. Open with restrictions. No online or phone orders. No delivery, no curbside. Patio. Usual hours.

Sisters' Sludge. Open with restrictions. No online or phone orders. Grab and go. Patio. Usual hours.

Sovereign Grounds*. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Restricted hours. Grab and go.

Groceries

Cub Foods (mobile site at Minnehaha Mall). Open with restrictions. Restricted hours.

Cub Foods (46th and Hiawatha). Open with restrictions. Delivery available thru Instacart. Usual hours.

Kowalski's (Chicago Ave & 55th Street). Open to public. No online and phone orders. Order thru Shipt. No curbside pickup. Usual hours.

Longfellow Market. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

Oxendale's Market (Minneapolis). Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. 7 to 8 a.m. shopping for at-risk customers.

Seward Co-op / Friendship. Open with restrictions. No phone orders. No delivery. Check website for online ordering with curbside pickup. Restricted hours.

Wedge & Linden Hills Co-op. Open with restrictions. No phone orders. Online order for curbside pickup or order thru Instacart for delivery. Usual hours.

Specialty/Convenience

Coastal Seafoods. Open with restrictions. Online and phone orders. Delivery by Mercato. Usual hours.

Everett's Foods. Open to public. No online or phone orders. No delivery or curbside pickup. Restricted hours.

La Alborada*. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

Produce Exchange at MGM. Open to the public. Online and phone orders. Delivery by Mercato.

Tare Market. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. Bring your shopping bag—zero packaging.

Delivery Services for Groceries, etc.

Instacart. Aldi, Costco, Cub Foods, CVS, Lakewinds Co-op, Lunds&Byerlys, Petco, Staples, Target, Wedge Co-op

Mercato. Coastal Seafoods, Eastside Food Co-op, Produce Exchange @ MGM

Shipt. CVS, Fresh Thyme, Kowalski's, Office Max, Petco

Uber. A Baker's Wife, Lunds&Byerlys Deli, Vegan East

Farmers Markets

Kingfield Farmers Market. Sunday. Open with restrictions. Usual hours.

Midtown Farmers Market. Saturday and Tuesday. Open with restrictions. Online ordering available. No delivery. Possible curbside pickup. Usual hours.

Mill City Indoor Saturday. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Restricted hours.

Minneapolis Farmers Market. Summer season. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

See *What's Open*, page 10



Cargill could save the day

BY ELAINE KLAASSEN

Our times

We live in a time in which the lovers of life and the haters of life are pitted against each other and I am nervously waiting to see if the lovers will win. I am a big fan of co-existence and flexibility and nuance and all the ways people can learn to live together despite their differences. But, when I look at this particular division, I don't see how the two groups can live together peacefully. Creation and destruction of course are equal natural forces as represented in the Hindu triumvirate of deities, Brahma, Shiva and Vishnu, and I could always resonate with the truth of that, but at this point in history, it seems like a pervasive disregard and irreverence for life is winning. The balance is off. Our entire planet is at risk and people keep deforesting the Amazon, polluting waterways everywhere, extracting minerals in pristine territory, obliterating Indigenous rights, etc. And what does this activity generate? It generates money (control) for a few and death for many. None of this can be stopped with violence because such attempts would only result in more money for a few and death for many. Violence is futile.

Peaceful protest and economic threats, although not as effective as I might like, are our best tools for saving our Earth. I'm very heartened to see all the old faithfuls, the people working diligently and without fail, on climate and environment, which, ultimately is our gravest issue and gives rise, I believe, to all the others that have come to the forefront since then.

The pervasive attitude of disregard for our Mother Earth underlies the disregard for life that we are seeing to the max right now, and especially plainly in the cruel death of George Floyd.

Protest at Cargill CEO's house

Mighty Earth, a global campaign organization that works to protect the environment, initiated a protest Wednesday, July 29, at the home of David MacLennan, CEO of Cargill, Inc., the Minnetonka-based privately held global food corporation. About 30 protesters arrived around 6 p.m., held signs, gave speeches, chanted and then left. It appeared that Mr. MacLennan wasn't at home. In any case, he didn't come out to talk with them.

Their signs and masks decorated with Cargill's logo and the slogan "helping the world burn" referred to Cargill's contribution to massive fires last year in the Amazon and to the fires anticipated this year. They were protesting not only the

destruction of the rainforest but resulting Indigenous human rights abuses as well.

University of Minnesota student and protest organizer Steve Szathmary said, "I've never marched to a CEO's house before, but we have only 10 years to address the climate crisis and Cargill's stubbornness has left me no other choice."

The protest was part of a larger campaign on Wednesday, the 29th, to meet with owners and managers of grocery stores who buy from Cargill in 10 states in addition to Canada, the U.K. and the Netherlands, urging them to cut contracts with Cargill.

A Costco customer in Spokane wrote a letter to the editor of Spokane's Spokesman-Review: "...One of Costco's major suppliers of meat is Cargill. Cargill is a corporation with a horrible environmental record. From deforestation in the Amazon to being a major polluter of waterways, Cargill does not match with any vision of a sustainable future. Until its practices change, companies like Costco should cut ties. Costco deserves praise for its push for sustainability in its stores. ..."

Destruction of the rainforest

According to two detailed reports put out by Mighty Earth in July and August of 2019, deforestation in the Amazon means "loss of biodiversity; destruction of renewable resources; climate change; destruction of Native homelands (Many Indigenous people living on the fringes of the forests have been displaced, sometimes multiple times, and are in effect living as environmental refugees in their own country.); soil erosion and floods; changing the weather."

mightyearth.org/cargill and <http://www.mightyearth.org/the-companies-behind-the-burning-of-the-amazon/>

Logging and farming have destroyed huge areas of the rainforest (15 to 17 percent); 25 percent would be a tipping point from which it couldn't return—that is, when the rainforest would no longer be able to produce its own rainfall.

Huge swaths of the Amazon rainforest have been and continue to be cleared to grow soy to feed cattle. That's the soy Cargill buys to feed the cattle they raise and sell. Jair Bolsonaro, president of Brazil since late 2018, has rolled back regulations and seems to have no concern for the necessity of preserving the rainforest nor for the well-being of its Indigenous people. Thankfully, he is now being pressured to take steps to curb deforestation, says an Aug. 1 article in The New York Times.

Soy is raised in 10 major

countries of the world, the top four being Brazil, the U.S., Argentina and China. Soy production and transport is increasing worldwide. As Mighty Earth reports, "The increasing global appetite for meat causes a booming demand for animal feed, and global soy production has increased more than tenfold over the last fifty years ... Global demand is expected to continue to increase to 514 million tons by 2050 [as compared to around 328 million tons in 2020]."

An article from Reuters (May 2018) quoted the company Abiove as saying the expansion of soy production in Brazil, etc., was owed to a "unique ability to expand planted area." (Is that a euphemism for deforestation?)

Cargill's broken promise

On July 8, 2019, Nathaneal Johnson wrote in Grist magazine, "In 2014, the world's largest agri-business, Cargill, announced that it would stop buying palm oil, rubber, and other commodities from farmers who cut down forests to grow their crops. Around the world, environmentalists applauded, political leaders cheered, and corporate executives scurried to come up with their own plans to follow the company's lead."

Mighty Earth writes in its report: "In signing The New York Declaration on Forests, MacLennan and Cargill committed to 'eliminating deforestation from the production of agricultural commodities such as palm oil, soy, paper and beef products by no later than 2020.'"

A year later Cargill extended its deadline to 2030. Now, with the original 2020 deadline approaching, Cargill stated it will not abide by that commitment. They essentially said last year already that if they didn't buy from deforesting farmers, someone else would. CEO David MacLennan wrote on a blog post in 2019, "If Cargill alone takes action, the same practices that exist today will continue."

However, there actually are smaller companies that have started buying soy grown under sustainable conditions in the Amazon. They buy from growers who are using some of the already deforested land, not newly deforested, and are using basic best practices. Why can't Cargill do the same?

Economic threats, losing customers

I found this conversation from an environmental group on Reddit: "potatohonkey" asks: "Is there any meat supplier that isn't responsible for massive deforestation?"

"Walrave" answers: "Not really, but the cheaper the meat the more it depends on im-



Protest in Edina

ported rock bottom price feed which is more often grown on deforested land, or the cheapest imported beef, again from deforested land. It's better to tackle this by reducing meat consumption, but not supporting the worst companies helps a bit. ..."

I like Walrave's idea of reducing meat consumption. That is more manageable than pressuring giant corporations to stop buying soy grown on deforested land. They will stop doing that naturally if nobody wants meat. McDonald's, Burger King and Costco are big buyers of Cargill meat. So, if you buy from them, don't. (It's heartening to know, though, that McDonald's, among other large companies, would like to see sustainable changes in Cargill's supply chain.)

It's hard to know who buys what from whom. Ideally, we should all get our meat from local regenerative farmers. (Sus-

tainable meat might be more expensive, but then you just eat less of it—and save your heart.)

According to Cargill's website, the company absolutely follows sustainable practices in the Amazon, and according to Mighty Earth's investigators, they absolutely do not. I wondered: If Cargill's practices are sustainable, why did the CEO sign the pledge to stop deforestation by 2020 in 2014 and then explain in 2019 why the promise could not be kept?

Publisher's note:

Protest is good because it illustrates the contradiction of two forces. It is a demonstration of those two forces in struggle. But the point is not to remain in struggle, but to resolve the antagonistic contradiction through public discussion and political will. At some point we need to stop protesting and start running the government.

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#PressIsNotTheEnemy – so why are the police acting like it?

BY TESSA M. CHRISTENSEN

—Posted on 29 July 2020

Over 148 journalists were attacked by police in the United States between May 28 and June 4, 2020.

Yes. I said 148.

Yes, by the police.

Yes, in the United States.

Over 100 of those attacks happened between May 28 and June 1 as journalists covered the protests after George Floyd’s murder by a white police officer here in Minneapolis at Chicago and 38th.

At the investigative news website Bellingcat, senior investigator Nick Waters, who tracked the incidents jointly with the U.K. Guardian, said, “Although in some incidents it is possible the journalists were hit or affected accidentally, in the majority of the cases we have recorded the journalists are clearly identifiable as press, and it is clear that they are being deliberately targeted. This pattern of violence against journalists is replicated in several cities, but appears most intense in Minneapolis.”

Yep. Right here.

Over one-third of these attacks against the news media happened here.

Attacks on the media were reported across 24 states and in Washington, D.C. Denver, Colo., and Los Angeles recorded the most attacks outside Minneapolis, with 10 incidents each, reported the Guardian.

According to the U.S. Press Freedom Tracker, there were more than 300 total press freedom violations during that time.

That’s:

- 49+ arrests
- 192 assaults
- 42 equipment/newsroom damage

Assault category breakdown:

- 69 physical attacks

- 43 tear gassings
- 24 pepper sprayings
- 77 rubber bullets/projectiles

The majority of these violations were done by local police departments, but some were by state troopers and National Guard.

In comparison, only 11 journalists were injured by protesters.

“I’ve never seen so many incidents with police and reporters simultaneously in different cities. Tension between cops and reporters is nothing new. Aggression on reporters in multiple locations nationally at same time is something different,” tweeted Maggie Haberman of The New York Times.

Veteran reporter John M. Donnelly tweeted, “CNN reporter on Lafayette Square says on air that a DC police officer struck the CNN cameraman with a baton, even though the cameraman was holding, um, a camera and a credential. These incidents keep piling up.”

Journalists have compared their experiences in war-torn countries with what they experienced in Minneapolis. “I’ve covered protests involving police in Ferguson, Mo., Baton Rouge, La., Dallas and Los Angeles. I’ve also covered the U.S. military in war zones, including Iraq and Afghanistan. I have never been fired at by police until tonight,” said L.A. Times reporter Molly Hennessy-Fiske.

As reported by Bring Me The News: Many of the assaults on media were shown on live television, with reporters from FOX 9 seeing rubber bullets smash their station vehicle windshield, along with WCCO reporters Jeff Wagner and Mike Max seen on live TV running from tear gas and rubber bullets. Star Tribune reporters Ryan Faircloth and Chao Xiong

were attempting to drive home near Lake Street when Faircloth said they “mistakenly turned down a street that was blocked off at the end,” and “before we had a chance to reverse, the Guard/ State Patrol fired #rubber bullets at our car without warning.” The shattered glass cut Faircloth’s face and arm and left shards of glass inside their vehicle.

And then there’s photojournalist Linda Tirado. Shot by a rubber bullet in the face, she is permanently blind in her left eye.

Yes. This happened in the Twin Cities. By those who are supposed to serve and protect. It didn’t happen in a country that lacks a Bill of Rights.

Instead, it occurred in a place where freedom of the press is protected by the First Amendment.

At least, it is supposed to be.

I’m seriously questioning what happened, and what this means for our country.

For 231 years, this language has been the hallmark of the United States of America, and what sets this nation apart from so many others:

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

What does it mean for the country when this is violated?

When it is broken in very direct, very blatant, very violent ways by the folks who are supposed to protect it?

In Cleveland, Ohio, journalists were specifically forbidden by the police to be outside covering anything happening in the city on May 31.

What were they trying to hide? Those without anything to hide aren’t threatened by folks with pens, paper and

cameras.

I’m not the only one asking that question.

I’m not the only one outraged.

As City Pages reported:

The American Civil Liberties Union of Minnesota filed a class-action lawsuit Tuesday, June 2, on behalf of reporters targeted by law enforcement while covering protests. The respondents include the city of Minneapolis, Minneapolis Police Chief Medaria Arradondo, police union president Bob Kroll, Department of Public Safety Commissioner John Harrington, and State Patrol Colonel Matthew Langer.

The lawsuit demands an injunction to stop police from attacking journalists, a declaration that they violated multiple constitutional amendments, and damages.

“Law enforcement is using violence and threats to deter the media from vigorously reporting on demonstrations and the conduct of police in public places,” said ACLU-MN Legal Director Teresa Nelson.

“We depend on a free press to hold the police and government accountable for its actions, especially at a time like this when police have brutally murdered one of our community members, and we must ensure that justice is done. Our community, especially people of color, already have a hard time trusting police and government. Targeting journalists erodes that public trust even further.”

Linda Tirado has filed her own lawsuit.

Minneapolis also faces a class-action lawsuit brought by protesters.

“Journalists have always been targets of criticism and back in the 1960s they were also targeted by police,” said Robert Mahoney, the deputy executive director of the Committee to Protect Journal-

ists. “But there was an understanding that journalists were necessary and it was incumbent on police forces to allow them to do their job. That has changed.”

Why? Why has it changed?

Is it because of President Trump’s constant attacks on the press? He has tweeted the phrases “Fake News” and “Enemy of the People” over 800 times since getting elected. As I’ve been saying for years, just because you don’t like what’s in the news doesn’t mean it is fake. Just because you wish someone was doing something else and you read about it in the newspaper doesn’t mean there’s something wrong with the newspaper. In fact, you should be thanking news sources for the information.

I hope this marks a turning point in America. I hope we’ve been sufficiently shocked by where our policies and attitudes have brought us, and we’re dedicated to real change.

There’s a lot for us to be shocked about these days, and much to work to change. This is one of those important issues. I hope you start talking about it, reading about it, and working in support of journalists.

Oh, and you might see me out and about wearing my #PressIsNotTheEnemy shirt. You might find my kids sporting their own #Democracy-DiesInSilence T-shirts. Maybe you need one, too.

Tessa M. Christensen is the owner and editor of the Longfellow/Nokomis Messenger. This article appeared in the August edition of the Longfellow/Nokomis Messenger in her “Too much coffee” column and is reprinted here with her permission. Tessa@LongfellowNokomisMessenger.com

Is it over, from page 1

of Minneapolis Omar beat him in every neighborhood except the very richest ones in the Southwest corner near Edina and around Lake of the Isles. This bodes well for challenges to the liberal mayor and City Council in next year’s municipal election.

AOC nominated Tio (Uncle) Bernie for President:

“Good evening, bienvenidos, and thank you to everyone here today endeavoring towards a better, more just future for our country and our world.

“In fidelity and gratitude to a mass people’s movement work-

ing to establish 21st century social, economic, and human rights, including guaranteed health care, higher education, living wages, and labor rights for all people in the United States; a movement striving to recognize and repair the wounds of racial injustice, colonization, misogyny, and homophobia, and to propose and build reimagined systems of immigration and foreign policy that turn away from the violence and xenophobia of our past; a movement that realizes the unsustainable brutality of an economy that rewards explosive inequalities of wealth for the few at the expense of

long-term stability for the many, and who organized an historic, grassroots campaign to reclaim our democracy.

“In a time when millions of people in the United States are looking for deep systemic solutions to our crises of mass evictions, unemployment, and lack of health care, and espíritu del pueblo and out of a love for all people, I hereby second the nomination of Senator Bernard Sanders of Vermont for president of the United States of America.”

What about Bernie? Does Bernie support Joe Biden and the rest of the Democratic Party ticket:

“My friends, I say to you, to everyone who supported other candidates in the primary and to those who may have voted for Donald Trump in the last election: The future of our democracy is at stake. The future of our economy is at stake. The future of our planet is at stake. We must come together, defeat Donald Trump and elect Joe Biden and Kamala Harris as our next president and vice president. My friends, the price of failure is just too great to imagine.”

And Tom Friedman in his column in the New York Times said, “Personally, I will walk, I will jog, I will skip, I will

crawl, I will slither, I will bike, I will hike, I will hitchhike, I will drive, I will ride, I will run, I will fly, I will roll, I will be rolled, I will be carried, I will trek, I will train, I will trot, I will truck, I will strut, I will float, I will boat, I will ramble, I will amble, I will march, I will bus, I will taxi, I will Uber, Lyft, scooter, skateboard or motorcycle—and I will wear a face mask, a face shield, gloves, goggles, a hazmat suit, a spacesuit or a wet suit—but I damn well will get to my neighborhood polling station to see that my vote for Joe Biden and Kamala Harris is cast and counted.”

Police reform?

BY ED FELIEN

Council Member Phillipe Cunningham was quoted in a recent article in The New Yorker: “No one could say that we didn’t try reform. We tried every kind of reform.”

I phoned his office. No one was there. I left a message: You say you’ve tried everything? How about trying to do your job? Your job is to run this city, and that means you are responsible for the actions of city employees. We, the taxpayers, just paid out a million dollars in damages and lawyers’ fees because we couldn’t defend a city employee’s actions in a wrongful death lawsuit. Shouldn’t that city employee be investigated to insure they won’t go off and kill someone else?

Officer Lucas Peterson claims he and other members of the MPD Tactical Squad cornered Terrance Franklin in the basement of a house in South Minneapolis, and somehow Franklin managed to get control of Officer Durand’s machine gun pistol and was firing at the other officers. Peterson says he charged Franklin and shot him. Peterson’s fantasy

was so improbable, the attorneys that the city had hired decided the judge and jury wouldn’t believe it, and they agreed to a settlement. A more likely scenario would be that when the two officers pulled Franklin out from under the basement stair, Durand opened fire, hitting Franklin and the two other officers.

At the time of the settlement, in March, Council President Lisa Bender said “I think our policy changes in the police department, leadership changes, have really created a scenario where this is unlikely to happen again, so I think it’s time to move forward and really continue with the changes that we’re making in the police department to make sure this never happens again.”

We warned that was whistling in the dark. We argued that unless you hold your officers accountable through a public inquiry, you will continue to reward the killing of young Black men. Stop whistling and turn the lights on.

The burning of the 3rd Precinct Station in reaction to the killing of George Floyd on Memorial Day was the political expression of the most pro-

gressive forces in South Minneapolis. They laid siege to the building for three days and nights. There were thousands of them. They were not giving up. Finally, after hearing from some council members and to save lives, the mayor surrendered the public building to the judgment of the public. And the officers who had been defending the station believed they were defending Derek Chauvin. And they thought, “What is all this military gear for, if not for a moment like this?” But Jacob Frey could read the writing on the wall. He acted quickly to fire Chauvin and the other officers, and he respected the just outrage of South Minneapolis.

But when he gave the order to abandon the building, the officers felt he was abandoning them, and that sense of abandonment gave 150 of them post-traumatic stress disorder. Abandonment?

Post-traumatic stress disorder?

The Mayo Clinic says, “Post-traumatic stress disorder (PTSD) is a mental health condition that’s triggered by a terrifying event—either experiencing it or witnessing it.

Symptoms may include flashbacks, nightmares and severe anxiety, as well as uncontrollable thoughts about the event.”

According to the U.S. Bureau of Labor Statistics, police and sheriff patrol officers are the 14th most dangerous profession. In 2016 they had 14.6 fatal injuries per 100,000 workers. Their median salary was \$59,680. Refuse and recyclable materials collectors, on the other hand, have the 5th most dangerous job with 44.3 fatalities per 100,000 workers. Their median annual wage was \$36,190.

Tony Bouza thinks you could cut 25% of the police budget and increase efficiency without sacrificing performance. Instead of four 10-hour shifts, go to five eight-hour shifts. Go back to one-car patrols and no

more promoting your buddies. “Do we really need an arson Inspector to sit around and collect dust?”

I believe the funding and overall administration of block clubs should go from the MPD to the Minneapolis Department of Public Health, and certain lab work that is duplicated at the county or state should be eliminated.

I don’t think the present mayor or City Council appreciate the serious need for a public review of the actions of officers in the MPD that resulted in the death of Minneapolis citizens, and I don’t think they have the courage to make the substantial, but necessary, cuts to the MPD budget.

Somebody should call them up and ask them to start doing their job.

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SUMMER 2020 ON GRAND AVENUE

Grand Avenue St. Paul in the 2020 Weirds

BY DEBRA KEEFER RAMAGE

Similar to Highland Park, the Grand Avenue environs of St. Paul were less affected by the property violence associated with the uprisings about Justice for George Floyd. But not totally unaffected. One of our featured businesses had their much-anticipated reopening delayed because their windows were smashed and the National Guard was hanging out on their sidewalk! More on that later ...

We'll start, as customary, with the grocery stores. It's almost "grocery store," singular. That would be Kowalski's, at 1261 Grand Ave., where they highlight the fact that this was their first store EVER. Cool! I went there for the very first time just a week ago, and got some Ines Rosales tortas for snacking while working on my computer. It's also got a great wine annex.

Another option for grocery shopping right on Grand Avenue is closed for the pandemic, but offering a swell little online store—Seasoned Specialty Foods.



Everest on Grand

They offer delivery but only in a few St. Paul zip codes, or they're open 10 a.m. to 3 p.m. for pickup. It looks worth it, even though you can't go in and browse their store (described elsewhere as "cute"). Check out this: seasonedspecialtyfoods.com/food-maker-corner, showcasing local specialty food producers. Then head to their online ordering page. Even their fresh produce leans into Asian and Latin American styles of food, and their deli and meal kits are highlighted by pho and banh mis.

The venerable Golden Fig Fine

Foods (794 Grand Ave.) is open to the public but closed Mondays. Although they are also part of the locavore movement, they're more of a gourmet shop, without things like fresh produce or meal kits or a deli. They do have some cool products, and online ordering at goldenfig.com/shop/. On nearby

Selby Avenue, you'll find a Whole Foods and the venerable co-op, Mississippi Market, but we'll cover them in a future edition.

Turning to services, Grand Avenue has lots of them, from investment advisors and lawyers, to chiropractors and other medical helpers, to car repair and electronics repair. Space does not allow me to cover them all, so I'll mostly focus on the personal care places, as that's something we crave in this pandemic time.

But first, the obligatory (where pertinent) bike shop. Grand Avenue has Grand Performance, at 1938 Grand Ave., open for business as usual. They have an excellent reputation. For instance: five stars (the max) based on 49 reviews on Facebook.

Another service that isn't di-

rectly personal care, but does provide great peace of mind, is Dog Days Inc., a small St. Paul chain of doggy day care and boarding, with three locations. One of them is at 1752 Grand Ave. After initially closing for COVID-19, they began reopening in stages and are now back to nearly normal. And they have a low-to-no-contact drop-off and pickup service.

For that personal care vibe, I like to look for things with "spa" in the name, or else "wellness." Looking good is OK, but feeling good is better, yes? (Customer recommendations help too.) There are numerous such spaces on Grand Avenue, so I'll pick one whose services I am familiar with from other locations and a couple of others that have been praised by customers. The one I personally like, though I've not been to their Grand Avenue spot, is Juut Salon Spas, an outlet of Aveda services and products. It's a place where every service includes a short but delightful massage and a cup of herbal tea, and their excellent products have stood the test of time. Juut is at 857 Grand Ave.

A little to the east, at 700 Grand

Ave. (in the Edina Realty building across the road from Dixie's) is Moxie Hair Salon. Since they've been selected seven times as a Reader's Choice Best Hair Salon in City Pages, I'd say they come highly recommended. This is the business which had its front windows smashed in late May (see photo, from June 1). Check out their Facebook page for a preview



Grand Catch patio

if you're interested.

The other hair salon (also does nails) is Roberto's on Grand at 1416 Grand Ave. They are one of those traditional low-profile-but-dependable-type Grand Avenue businesses. They've been there since 1995, they have a loyal following, and they use an obscure brand of Italian hair products. They also have a Facebook page, and also five stars for their reviews.

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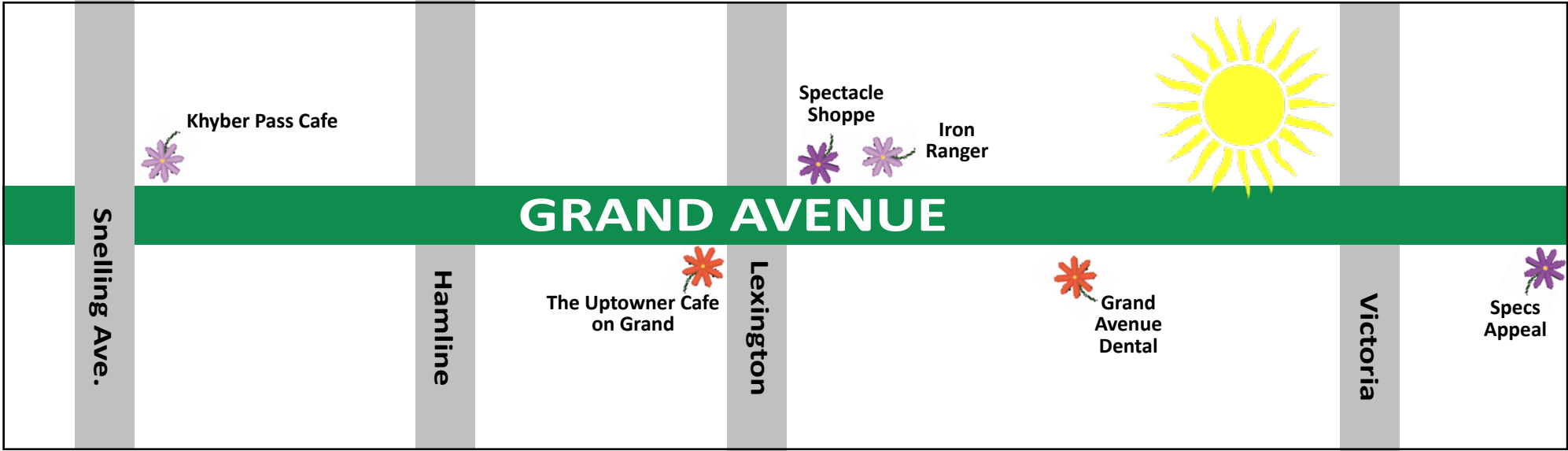
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Now we turn to the wonderful world of "out to eat." Remember that? There are a few spots open for inside dining, a lot open for patio dining (fine for now) and a load of takeout, curbside and delivery options, some new with COVID on the scene. We'll just give you a line or two on each one, to fit in as many as possible.

*Davanni's - 41 Cleveland Ave. Just takeout and delivery. But—new group-ordering feature. Piza and hoagies.

*Grandview Grill - 1818 Grand Ave. Walk-up orders for takeout only. Open at 6:30 a.m. American diner food.

*Indochin - 1702 Grand Ave. Dine-in, takeout, delivery. Southeast Asian cuisine, specializing in noodles.

*Grand Catch - 1672 Grand Ave. Open patio or inside with reservations. Takeout boil-at-home kits. Seafood.

*French Meadow - 1662 Grand Ave. Open patio or inside with reservations. Takeout or delivery via DoorDash or GrubHub. Healthy



Moxie June 1 exterior

French-influenced organic food. *Khyber Pass - 1571 Grand Ave. Takeout only or order through Bite Squad for delivery. Afghan cuisine, award-winning.

*Bap and Chicken - 1328 Grand Ave. See <https://www.bapandchicken.com>. Dine in with restrictions, or takeout. Korean street fare meets Minnesota State Fair.

*Colossal Cafe - 1340 Grand Ave. Open with restrictions. American diner food.

*Everest on Grand - 1278 Grand Ave. Indoor dining with reservations. Online delivery by Bite Squad. Indian / Nepalese.

*Cafe Latte - 850 Grand Ave. Walk-up ordering for takeout. Order for delivery with ChowNow. Healthy American food.

*Hyacinth - 790 Grand Ave. Limited dine-in or outdoor seating, walk-up pasta to-go. Italian.

*Punch Pizza - 769 Grand Ave. Takeout only. Small local chain.

*Grand Ole Creamery & Pizza - 750 Grand Ave. Takeout or dine-in with restrictions. Ice cream and pizza.

*Tavern on Grand - 656 Grand Ave. Open for inside dining with restrictions. Rustic American fare.

Finally, retail and "other." Sadly, I don't have space for all the wonderful places on Grand Avenue. A few we have re-

viewed before I'll just mention are open, at least for online or phone orders with curbside pickup, but most are open for shopping with restricted numbers and face masks. These include Wet Paint (art supplies), Legacy (handmade gifts), Treadle Yard Goods (fabric and supplies), Red Balloon (children's books), Mischief (toys for older kids), and Grand Hand (consignment arts and crafts gifts—sign posted on the sidewalk reminds us to support artists).

Just Truffles, at 1363 Grand Ave., has been in business for 28 years, with an earlier location at the St. Paul Hotel. They offer a sumptuous assortment of hand-dipped truffles in more than 35 different flavors. And then there's

Irish on Grand, which sells Irish gifts such as knit "jumpers" (pull-over sweaters), gorgeous jewelry, crystal and china, artworks and travel books.

Another interesting-looking shop is Fjallraven. This is part of a chain, but it's international, with only a select few stores in the U.S. They sell clothing and gear such as backpacks and things to pack in them for serious hikers and mountaineers. Their open-to-all shopping hours are noon to 3 p.m, with a couple hours before and after for shopping by appointment. But I suspect a lot of their business is online. See <https://www.fjallraven.com/us/en-us>.

Finally, we have Owasso Guitar Company, which started in 2012 in the owner and guitar crafter's parents' basement, later relocated to an ex-garage in an alley behind 407 Grand Ave. They hand-build and customize guitars just for you.

In the "other" category, we have the Twin Cities Friends Meeting, i.e., the Quakers of St. Paul, at 1725 Grand Ave. This Friends' Meeting was established in the 1960s. They are currently holding



A selection of pottery from Irish on Grand

all meetings, including worship, online. See their website for more details. Your nature walk for this focus piece is along the glorious Mississippi River, which can be accessed at the western end of Grand Avenue via the Boulevard

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• COMMUNITY CALENDAR •

Southside Pride / RIVERSIDE EDITION

What's Open, from page 4

Pharmacy

CVS (Target - Richfield). Open to public. Usual hours.

Present Moment*. Closed to public. Online and phone orders. Call for delivery. Curbside pickup. Restricted hours.

Ritual Aromatherapy at MGM. Open to public. Usual hours.

Walgreens (Nicollet Mall). Open to public. Usual hours.

Walgreens (E Lake and 31st Ave). Mobile pharmacy open in parking lot.

Walgreens (Chicago & 43rd St). Open to public. Usual hours.

Walgreens (Hiawatha & 46th). Mobile pharmacy open in parking lot.

Walgreens (Hub - Richfield). Open to public. Usual hours.

Retail

Dreamhaven Books. Open with restrictions. Online and phone

orders. Delivery by USPS. Restricted hours. Not buying books.

Eastlake Craft Brewery at MGM. Open to public. Usual hours.

Electric Fetus. Open with restrictions. Online orders, delivery USPS available. Restricted hours.

Elevated Beer Wine & Spirits. Open with restrictions. Call about ordering and delivery. Restricted hours.

Groovy's. Open with restrictions. Usual hours.

Habitat for Humanity--ReStore. Open with restrictions. Both donating and shopping. Usual hours. Read safety rules on website.

Irreverent Bookworm. Closed to public. Online and phone orders. Delivery by USPS. Check website for curbside pickup. Restricted hours.

Mother Earth Gardens. Open with restrictions. Online ordering. Curbside pickup. Usual hours.

McDonald's Liquor and Wine. Open with restrictions. Call about ordering, delivery and curbside pickup. Usual hours.

Moon Palace Books. Closed to public. Online orders only for now. Delivery by USPS or curbside pickup Mon. - Fri., 11 a.m. - 5 p.m. (They call when ready, unable to answer phone calls at this time.) Restricted hours. Not buying books.

Nokomis Shoe Shop. Open to public. Online orders. Delivery by USPS--free for orders over \$100. Slightly restricted hours.

Once Upon A Crime. Open with restrictions. Online orders, delivery by USPS available. Restricted hours. See website for more.

Repair Lair. Open with restrictions. Slightly restricted hours. Also does repairs.

Service

Cedar Ave Repair. Open with restrictions. Usual hours. Call before visit.

Clyde's Service Auto Repair. Open with restrictions. Usual hours. Call before visit.

Hennepin County Libraries (various locations). Some libraries now open for grab-and-go, short computer use sessions, or only computer use by appointment. See <https://www.hclib.org/about/locations> for branch statuses. Materials due dates extended to Sept. 13.

K9 & Kitty Kutters (Bloomington Ave). Open by appointment. Waiting list. Slightly restricted hours.

Laundromat (37th & Chicago). Open to public. Usual hours.

Massage Envy (Highland Park near Lund's/Downtown Minneapolis). Open with restrictions, by appointment. Restricted hours.

Nailish. Open with restrictions, by appointment. Usual hours.

Pedego. Open with restrictions. Phone orders. Delivery available. Call for curbside pickup. Restricted hours. Open for all services but call first.

Riverstone Salon and Wellness Center. Open with restrictions, by appointment. Usual hours.

The Beauty Room. Open with restrictions by appointment. Usual hours.

Health Care

CUHCC & CUHCC Dental. By appointment. Usual hours.

East Lake Animal Clinic. By appointment. Usual hours.

HCMC Whittier Clinic. By appointment. Usual hours. COVID-19 testing available.

Minnehaha Animal Hospital. By appointment. Usual hours.

Nokomis Pet Clinic. By appointment. Usual hours.

People's Center. Open with restrictions. Wellness Hub closed. Online appointment requests available. Telehealth available.

People's Center Dental Clinic (Minnehaha). Open with restrictions. Usual hours.

Pet Doctor (Franklin Ave). By appointment. Usual hours.

Spinal Frontier. By appointment. Phone orders. Restricted hours. Chiro care and wellness products.

Gyms, Wellness Centers, Training Facilities

Blaisdell YMCA. Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes still available.

Midtown YWCA. Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes and personal training still available.

The Fix Studio and Café. Open for outdoor workouts, running, and biking. Call about other services. Restricted hours.

Nonprofit

Ani-meals - Meals on Wheels for Pets. New service at Community Emergency Services! Contact CES if you need pet food delivered to your home. Weekly.

Boys and Girls Clubs of TC. Open with restrictions. Restricted hours. Only open for food distribution.

Briva Health. Open with restrictions. Health care navigation by phone or appointment. Usual hours.

Greater Friendship Missionary Baptist Church. Use link above to find needs. Uses Signup Genius App for volunteers. Distribution Tue, Thu, 2nd & 4th Sat.

House of Charity (Elliot Park). Open with restrictions. Restricted hours.

Macedonia Baptist Church. Open with restrictions. Restricted hours.

Call for more information. Only open for food distribution.

People and Pets Together. Open with restrictions. No delivery or curbside pickup. Usual hours. Pet food shelf - 1 client at a time.

Sabathani Food Shelf. Open with restrictions. Usual hours. Only open for food distribution.

Simpson Food Pantry. Open to public. Restricted hours. Outdoors, weather permitting.

Sisters' Camelot at Walker Church. Organic food distribution Tuesday afternoons till 5 p.m.

Soup for You Café at Bethany Lutheran Church (Franklin). Closed to public. Distributing bag lunches at the side door Monday thru Friday, 11 a.m. until gone.

Walker Church. Open with restrictions. Hot meals, bagged groceries. Email office@walkerchurch.org or message Facebook page for information. Tuesdays only. Only open for food distribution.

Walk-in Counseling. Closed to public. Call for Phone or Zoom counseling. Usual hours.

Pop-up Mutual Aid Sites / Pay-as-u-can / Pay-it-forward

See <https://twin-cities-mutual-aid.org/> for complete list, or for updates on needs of most of the sites listed below. NB - the growth and churn of Minneapolis Park-based encampments has outstripped the ability of this doc to keep up. Some camps are on it but not up to date. Some are not even on it. See <https://www.minneapolis-parks.org/encampments/> for updates from MPRB.

612 MASH (Medics at Chicago & 38th). Use link above to find current needs.

Annie Young Meadows Sanctuary. New encampment, may not be in link above. Inquire at Sanctuary Supply Depot (below) for current needs.

Augustana Senior Homes (Elliot Park). Use link above to find current needs.

J. Selby's Free Plant-based Community Meals. Open for distribution Tue. - Sat., 11 a.m. - 8 p.m.

Lake Nokomis Park Sanctuary. Use link above to find current needs.

Midtown YWCA. Use link above to find current needs. Distribution by reservation, link in link above.

Peavey Park Sanctuary. Use link above to find current needs.

Rev. Dr. Martin Luther King Park Sanctuary. Use link above to find current needs.

Sanctuary Movement Supply Depot (Park Ave UMC). Use link above to find current needs. Or inquire at the depot for more up to date info.

Seward Café. Drop-off 10-5 daily. Donate via Venmo or volunteer - see Facebook. Distributions: Fri. (Food); Sat. (Hygiene); Sun. (Baby stuff) noon - 2 p.m.



Earth Dance Farm

Spring Valley, MN
507-378-4252 • earthdancefarm.net



Sign Up Now!
Convenient
pick-up sites

DELIVERING FRESH, LOCAL, CHEMICAL FREE FOOD TO YOUR NEIGHBORHOOD.
WE OFFER SPRING, SUMMER, FALL AND EGG SHARES.



Our Neighborhood Grocer Offering Local Meat, Produce and Essentials

Seward
COMMUNITY CO-OP



2823 E. Franklin Ave., MPLS
& 317 E. 38th St., MPLS
www.seward.coop

• COMMUNITY CALENDAR •

Southside Pride / RIVERSIDE EDITION

EVENTS

School Supplies Needed

Hiawatha and Howe Schools need supplies even though classes will begin online, as some families will not be able to purchase supplies. The schools' money for restocking supplies was spent last spring to set up distance learning. The best way folks can help is to donate money that can be used to buy supplies. You can donate online on their website at <https://hiawatha.mpls.k12.mn.us/> and view their Fall 2020 School Supply List at https://hiawatha.mpls.k12.mn.us/fall_2015_supply_list.html. If you want to buy supplies yourself and send or take them to the school, its address is 4201 42nd Ave. S., Minneapolis 55406. However, making a donation is the most efficient way to contribute.

LUNAFEST

Wednesday, Aug. 26, 7 p.m.

Join us for fun and inspiration at our virtual LUNAFEST: Minneapolis 2020! Enjoy seven short internationally curated films by and about women while supporting the Minnesota Peacebuilding Leadership Institute's racial and economic equity trainee scholarship fund and program. Hennepin County Commissioner Angela Conley will serve as our Honorary Chairwoman as we celebrate separately and together! This year there are two great virtual options available: LUNAFEST General Admission includes pre-viewing welcome and intro at 7 p.m. on Aug. 26. You will receive a viewing link and passcode valid through 11 a.m. on Aug. 27. LUNAFEST Screening Pass Ticket: Can't make it at 7 p.m.? No problem, you may choose our Screening Pass option which

gives you 24 hours to watch the films: from 11 a.m. on Aug. 26 through 11 a.m. on Aug. 27. You will receive your screening link and passcode the morning of the event. Buy your tickets at <https://www.eventbrite.com/e/virtual-lunafest-minneapolis-tickets-90873696673>.

Cinema & Civics Wednesday, Aug. 26 8 to 10 p.m.

1925 Nicollet Ave. parking lot Red Hot Art Festival Sponsored by Stevens Square Community Organization Cinema and Civics is SSCO's annual civics, music and outdoor movies series. This year we are honored to host a Red Hot short film festival featuring powerful works by local BIPOC filmmakers. Free event; snacks and water will be provided. More info at www.stevenssquare.org/cinema-civics. 8 p.m. Civics guest speaker, newly appointed Ward 6 council member 8:30 p.m. Live music 9 p.m. Red Hot Short Film Fest, featuring work by local BIPOC filmmakers Prakshi Malik, Ryan Stopera, E.G. Bailey, and KOBI.

Great Global Get-Together Aug. 27 - Sept. 6 11 a.m. to 7 p.m.

Midtown Global Market 920 E. Lake St., Mpls. Get your fair fix at Midtown Global Market's Great Global Get-Together, which will run during the same days the 2020 Minnesota State Fair would have been held. Many Market businesses are also annual Minnesota State Fair vendors, such as The Produce Exchange and Manny's Tortas, as well as rotating restaurants like Hot Indian in the Taste of Midtown Global Market booth within the Fair's International Bazaar. State Fair food favorites on the menu will

include Manny's Tortas photo-worthy piña colada served in a real pineapple and The Produce Exchange's phenomenally popular grilled peaches. Nearly every restaurant and store in the Market will participate in the Great Global Get-Together by offering discounts or fair fare. On Fridays and Saturdays (Aug. 28-29 and Sept. 4-5) family-friendly activities such as giveaways and caricature artists will be offered. Free to attend; food, beverages, products and services at cost. More info at www.midtown-globalmarket.org.

Build-a-Birdfeeder online workshops for kids ages 6 to 12

2 more sessions this summer! Attract birds to your yard and get started making nature observations! Online workshops are co-led by Minneapolis Park and Recreation Board naturalists and staff from Elpis Enterprises, an organization that provides youth with job training and mentoring. Includes a short talk/Q&A about feeding birds, being a good neighbor to them, and more. Birdfeeder kits include all supplies; you provide a hammer and a computer with Zoom (to access the workshop). Participants pick up their kits at a local park before the workshop, where they and their families can also enjoy some fun (and COVID-safe) nature activities. \$8 cost includes kit and workshop. Spaces are limited, so sign up today. For more info and to register, go to https://www.minneapolisparcs.org/activities_events/ **Thursday, Aug. 27 workshop, 3 to 4 p.m.**

Choose your kit pick-up: Brackett Field Park – Monday, Aug. 24, 4 to 6 p.m. OR JD Rivers'

Children's Garden (east of Wirth Beach in Theodore Wirth Regional Park) – Tuesday, Aug. 25, 4 to 6 p.m.

Thursday, Sept. 3 workshop, 3 to 4 p.m.

Choose your kit pick-up: Bryant Square Park – Monday, Aug. 31, 4 to 6 p.m. OR Currie Park – Tuesday, Sept. 1, 4 to 6 p.m.

Groveland Gallery Summer Invitational Through Sept. 5

25 Groveland Terrace, Mpls. Have you seen our Summer Invitational yet? You can enjoy the show via our website, virtual catalog, or in person by appointment! The show features over 60 works of art by 38 Groveland Gallery artists and will be up until Sept. 5. Virtual catalog available here: https://issuu.com/info-grovelandgalle.../summer_invitational. For more information go to www.grovelandgallery.com or call 612-377-7800.

American Indian Comic Book Online Zoom Event

**Tuesday, Aug. 25, through
Friday, Aug. 28.**

8:30 a.m. - 4:30 p.m.

Everyone knows the stories of Superman and Batman. But, what about Native American superheroes? Learn how Native Americans are portrayed in comic books. We want you to tell your own superhero story. Please join us for this three-day virtual workshop taught by professional comic book creators Dave Wheeler, Jose Pimienta and Zach Lehner. Much of our focus will be on meaningful Indigenous connections and uses of comic book characters in a way that appreciates and supports

the Native cultural value system. Work one on one with professional comic book artists to bring your character to life. Master the art of creating characters and storylines. We will dive into the backstories of famous superheroes and see how they might look just like you! For adolescents ages 12 -17 years old. Register at: <https://miwrc.salsalabs.org/superheroswalkamongus/index.html?eType=EmailBlastContent&Id=97e48e44-9ce2-4388-b5b8-2ac1>

Greatest Hits & Juicy Bits Featuring Kevin Kling Open Eye Theatre

The final offering in Open Eye's popular summer series of online shows for families is Kevin Kling's "Greatest Hits & Juicy Bits" – a sparkling 10th Anniversary Celebration of music and song, stories and poems guaranteed to open your hearts and lift your spirits! Minnesota's renowned storyteller and poet Kevin Kling shares the stage with longtime musical collaborators Simone Perrin, Michelle Kinney, Jacqueline Ultan and Eric Jensen for a critically acclaimed 90-minute show that interweaves their favorite songs, poems and stories to explore themes of politics, myth, loss, rebirth, the beauty of stars and mystery of Minnesota lakes. Lovingly crafted from the "juiciest bits" of a decade of original shows developed at Open Eye, this potent material continues to resonate in new ways. Recommended for ages 14 and up. Register here to get a free link: <http://www.openeyetheatre.org/open-eye-home>.

Powderhorn, from page 1

One of the benefits of PSC is that there are fast response times to situations where someone is in need of help. Recently, a neighbor heard someone screaming and informed PSC. The responders found a woman in distress and successfully got them to a safe place. After a recent shooting near Columbus and 36th St., PSC volunteers quickly responded by walking to the intersection to check and see if anyone was hurt. When gun violence happens in the neighborhood, explained Pouya, volunteers aren't trying to scare the shooter or make threats. The idea is to check in on the neighbors and make sure that no one is hurt. After this particular incident, there was an overwhelming approval from neighbors as a result of PSC's response tactics.

But there have been instances of danger. In one particular incident, Pouya and another volunteer responded to gunshots near Chicago and 35th


St. Someone attempted to cross the street as the shooting happened, and the volunteers helped them cross as bullets continued to fly overhead. They got to a safe place and helped the pedestrian calm down.

Although PSC members do not carry firearms or encourage violence, they will accept a new volunteer with a license to carry. Pouya stressed that using a firearm during a shift is highly unlikely and is strongly discouraged.


"PSC is constantly evolving," said Pouya. "We need bodies. We need people willing to be out on the streets at night, or work with administration, help fundraising, getting a website up, and communicating with organizations like ours."

"We are the power as neighbors, and we are the ones who can rely on each other and not the police," said Pouya.

You don't need special skills to be a volunteer. If you're interested in joining PSC, contact pohosafetycollective@gmail.com.




**SUPPORT OUR
HENNEPIN HEROES**
hennepinheroes.org




**JUST
IMAGINE**

No grocery stores.
No post office.
No pharmacies.
No mail delivery.
No landline phone service.



**Hennepin County Medical Center
East Lake Clinic**



WE need you to be their hero.

Help Us:

- Address the food and supply desert in this community. Donate food and basic needs like: diapers, baby wipes, deodorant, shampoo, tampons, and toothpaste. Learn more.
- Transport patients of East Lake Clinic to our Whittier Clinic four miles away.
- Offer home visits, mobile healthcare vans, and interpreter services to expand access to essential vaccines and care.
- Support our staff on the frontlines responding to COVID-19 and now this new patient care crisis.

Be an East Lake Clinic Hero Today: <https://www.hennepinhealthcare.org/hennepin-healthcare-foundation/>

Thank you for standing with our community.

EVENTS AND
ONLINE RESOURCES

Living Spirit UMC
2020 Virtual Barbecue
(Social Distancing Edition)

Living Spirit’s annual BBQ and fundraiser is now live (online at living-spiritumc.org/bbq) and ready to be enjoyed! Join us online to learn our secret recipes for barbecue ribs, cole-slaw, beans and more, with video interviews, music, and fun! Learn about the 37-year history of this community BBQ with its “Special Yellow Fork” and work up an appetite for some great food! Half of this year’s donation proceeds will go to benefit the Sabathani Community Center’s food shelf.

Pilgrimage in the Cathedral
Tuesday 12:30 to 3:30 p.m.
Thursday 9:30 a.m. to 12:30 p.m.

St. Mark’s Episcopal Cathedral 519 Oak Grove St., Mpls. An opportunity for a personal pilgrimage, happening each week. The Cathedral will be open limited hours for personal pilgrimages, for prayer, study, and self-guided tours. All entry and exit will be through the Narthex doors. Spaces open will be strictly limited to the Nave and Hewitt Chapel. Restrooms will not be available. Clergy and Pastoral Care will not be available unless by prior appointment. For more information and Covid precautions, please go to <https://ourcathedral.org/personal-pilgrimage-in-your-cathedral/>.

Provide tangible support and hope to refugees

Minnesota Council of Churches 122 W. Franklin Ave. Ste. 100 Mpls. 55404 The coronavirus outbreak has affected all of us, and former refugees are no exception. We are proactively reaching out to recent arrivals to provide updated information about COVID-19 and understand the needs that families are facing. Families who arrived in Minnesota as refugees are facing challenges to employment, health care access, and social support, but oftentimes without the benefit of a strongly established support network. Your donations of Cub, Aldi, and Target gift cards are a tangible way that we can offer practical support and encouragement to families during this pandemic. Grocery gift cards can be mailed to our office and will be distributed directly to our most vul-

nerable clients. For more information, please email rsvolunteers@mnchurches.org. Thank you!

Little Free Pantry at
Bethel Lutheran Church

4120 17th Ave. S., Mpls. Thank you for all your donations to our Little Free Pantry at Bethel Lutheran Church. Together we have helped feed our surrounding community for five months. However, we are almost out of food. We could really use things that go quickly in our neighborhood. For instance: pasta and spaghetti sauce, ramen noodles, boxed meals; breakfast cereal, bars, and peanut butter; bags of white rice and dry beans; tortillas, chips, and crackers; mac and cheese, Spaghetti O’s, ravioli, etc.; cans of tuna fish or chicken, jerky, and snack sticks; canned fruits, snack fruits and pudding; toilet paper, paper towels, toothbrushes, toothpaste, and soap. Of course, all NON-PERISHABLE items will be accepted, but these items are what seem to be most wanted. THANK YOU!

Bahá’i Center of Minneapolis

3644 Chicago Ave., Mpls. Socially distanced devotions, Sundays, 10 to 11 a.m. Please visit the Bahá’i community of Minneapolis website at www.minneapolisbahai.org/. Here you will find information about upcoming and past Holy Day celebrations, as well as news, announcements and information.

Calvary Lutheran Church

3901 Chicago Ave. S. Sunday Worship at 10 a.m., via Facebook Live and Zoom. See our website at www.clchurch.org for instructions.

Catholic Church of the Holy Name

3637 11th Ave. S., Mpls. Sunday Mass at 11 a.m. Limited seating, reserve online, and masks required. You may also watch Mass on our YouTube channel. www.churchoftheholynome.org/

Catholic Church of St. Albert the Great

E. 29th St. & 32nd Ave. S., Mpls. In-person Masses with limited seating on Saturdays at 5 p.m. and Sundays at 9:30 a.m. and noon. Masks and social distancing required. Enter through church front center doors only. Please see our website at www.saintalbert-thegreat.org/ for more details. Sunday 9:30 a.m. Mass also streamed on our Facebook page at www.facebook.com/StAlbertTheGreatMpls/.

Faith Evangelical Lutheran Church

3430 E. 51st St., Mpls. www.faithlutheranmpls.org Sunday Worship (with safety measures in place) at 9 a.m. Those who are over 65, have pre-existing conditions, or live in proximity to at-risk demographics are encouraged to remain home. We will continue to post videos online for Sunday morning for those who can’t join us yet on YouTube and Facebook www.facebook.com/felc-mpls/. Sunday morning Bible class 10 a.m.; midweek Bible class Wednesdays 10 a.m.; masks and social spacing required for worship and Bible class. NA groups Wednesdays 7:30 p.m. and Fridays 7 p.m.

First Free Church

5150 Chicago Ave. S., Mpls. We’re not closed. We’re online. Sunday services will be posted at 9 a.m. to our Facebook and YouTube pages. Visit our website at www.firstfreechurch.org and click on the link “Roadmap to In-Person Church Gatherings.”

Holy Cross Lutheran Church, LCMS

1720 E. Minnehaha Pkwy., Mpls. Sunday Worship Drive-In Services at 9:30 a.m. in the parking lot on the 1620 AM channel. Wednesday Lessons on the Lawn, 7 p.m. Gather on the lawn in front of the church for a simplified order of worship. Bring a chair or blanket, and a mask. Bible Study via Zoom at 10:30 a.m. (see calendar for info). Sunday Worship recordings online at www.holycrossmpls.org. Scroll to mid-page on the homepage to see recordings and bulletins to follow along.

Living Spirit United Methodist Church

4501 Bloomington Ave., Mpls. Worship with us from home! Worship is currently being streamed on Facebook Live at 10:30 a.m. on Sunday mornings at www.facebook.com/LivingSpiritMN/. The weekly bulletin, children’s faith formation packet, and more will be posted to our website; that’s also where you can find resources and worship recordings from previous weeks. www.livingspiritumc.org/online

Messiah Lutheran Church

2400 Park Ave., Mpls. All services now online at www.messiahlutheranmpls.org. Each week we video services, viewable anytime, please join us! Visit our website for online devotions and bulletins.

Minnehaha Communion
Lutheran Church

4101 37th Ave. S., Mpls. 9:45 a.m. online Sunday Worship. All Services and programs are temporarily online. Please check the church website for any changes: <https://minnehahacommunion.org/>.

Minnehaha United Methodist Church

3701 E. 50th St., Mpls. In-person worship option, Sundays at 9 a.m. on the side lawn of the church (weather permitting). Wear a mask, bring a chair, and social distance. Online worship is still available, either livestreamed at 9 a.m. or afterward on-demand. Join us! Visit our website at www.minnehaha.org/ for more information.

Mt. Zion Lutheran Church

5645 Chicago Ave. S., Mpls. Please see our website for the latest information on Mt. Zion’s plans to re-open for worship. Until that time, feel free to visit our outdoor lending library! Stay well. May God bless and keep you! www.mtzioninmpls.org/

New Creation Baptist Church

1414 E. 48th St., Mpls. Watch and interact with our live-stream prerecorded services on Sunday mornings at 10:45 a.m. on our Facebook page at www.facebook.com/NewCreationBaptistChurch/ and visit our website at <https://newcreationbaptistchurchmn.org/>.

Nokomis Heights Lutheran Church

5300 10th Ave. S., Mpls. www.nokomisheights.org All in-person worship and activities suspended. We may be separated, but we are still a church and a community, physically distant but faithfully together. Connect with our online community on Facebook and YouTube and join us as we navigate these challenges together. A new worship goes up on YouTube every Sunday at 10 a.m., and all are archived, so you can view the ones you missed. www.facebook.com/NokomisHeights/

Plymouth Congregational Church

1900 Nicollet Ave., Mpls. All Plymouth meetings and in-church Sunday services canceled until further notice. Please visit our website at www.plymouth.org/ or our Facebook page at www.facebook.com/PlymouthCongregationalChurch/ to access our virtual offerings of Sunday services, contemplative prayer, daily meditations, musical moments, and more.

St. Joan of Arc Catholic Community

4537 3rd Ave. S., Mpls. For video masses, musical performances, church bulletins, and other news, please see our website www.saintjoanofarc.org/ or Facebook page www.facebook.com/StJoanMpls/.

Trinity Lutheran Congregation

Augsburg College, Hoversten Chapel Riverside & 22nd Aves., Mpls. www.trinitylutherancongregation.org Online worship available anytime on our YouTube channel: Trinity Lutheran Congregation.

Walker Community
United Methodist Church

3104 16th Ave. S., Mpls. Until further notice, Walker Church will be closed for all non-essential operations. Services will continue online via Zoom and Facebook Live at 11 a.m. to noon on Sundays. Visit our website at www.walkerchurch.org/ or Face-

book page at www.facebook.com/walkerumc/ for more information.

SHARING FOOD -
UPDATED

Bethany Lutheran Church
2511 E. Franklin Ave., Mpls.
612-332-2397

Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. www.bethanyinseward.org/

Minnehaha United Methodist Church
3701 E. 50th St., Mpls.
612-721-6231

Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, the Minnehaha Food Shelf is open on Tuesdays from 10 a.m. to 3 p.m. We have moved our operations outdoors, meter the flow of clients to help ensure social distancing, periodically clean our surfaces, and wear face masks. Should we have foul weather, we plan to move the distribution indoors, though still meter clients and encourage distancing. www.facebook.com/MinnehahaFoodShelf/

New Creation Baptist Church
1414 E. 48th St., Mpls.
612-825-6933

We’re still here to serve you on the first through fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. Be safe and God bless! www.facebook.com/NCBCfoodshelf/ Food Shelf Saturdays (except 5th Saturdays) 10 a.m. to 2 p.m. (Brown door on the corner of 48th St. and 15th Ave.)

Calvary Lutheran Church
3901 Chicago Ave., Mpls.
612-827-2504, ext. 205

The Calvary Emergency Food Shelf is available for area residents on Saturdays from 9 a.m. to noon. We will hand out pre-packaged bags of food with a Walk-Up table on 39th St. and Drive-Thru model at the parking lot entrance. Please stay in your car, and we’ll bring the food to you! Volunteers will be available outside to help you. There are eligibility requirements. On our website, www.clchurch.org, click on the “Food Shelf” link in the “Outreach” tab, or call the food shelf office at 612-827-2504, ext. 205.

Food Hub
Greater Friendship Missionary Baptist Church

2600 E. 38th St. Monday—Friday, 11 a.m. to 3 p.m. Free Food and Household Supplies.

Groveland Emergency Food Shelf
1900 Nicollet Ave., Mpls.
Plymouth Congregational Church

612-871-0277 Monday – Friday 9:30 a.m. to 12:30 p.m. Entrance on Groveland Ave. between Nicollet and Lasalle. <http://groveland-foodshelf.org/>

Walker Community United Methodist Church

3104 16th Ave. S., Mpls. office@walkerchurch.org Tuesday Meals: Our regular Tuesday meals will be suspended until shelter-in-place orders end. We will still have groceries available for pickup on Tuesdays from 5 to 6 p.m. www.walkerchurch.org/

The Riverside
Religious Community
Welcomes You

Christian

CATHOLIC CHURCH OF ST. ALBERT THE GREAT

E. 29th St. & 32nd Ave. S. 612-724-3643 www.saintalbertthegreat.org Weekend Masses with limited seating Saturday 5 pm Sunday 9:30 am (also live-streamed on Facebook) Sunday 12 noon **Masks and social distancing required** **Enter at church front center doors only**

CATHOLIC CHURCH OF THE HOLY NAME

3637 - 11th Ave. S., 612-724-5465

Mass at 11 am Sunday
Limited seating, reserve online, masks required
Watch Mass on our YouTube channel

www.churchoftheholynome.org Pastor: Fr. Leo Schneider *A welcoming Roman Catholic community*

MINNEHAHA COMMUNION LUTHERAN CHURCH

4101 37th Ave. S., 612-722-9527 *Interim Pastor Lee Hallstrom* All Services and programs temporarily online Check church website for any changes 9:45 am online Sunday Worship *Building Relationships with Christ & Each Other*

TRINITY LUTHERAN CONGREGATION

Augsburg College Hoversten Chapel Riverside & 22nd Aves. 612-333-2561 www.trinitylutherancongregation.org Online worship available anytime on our YouTube channel: Trinity Lutheran Congregation Pastors: Jane Buckley-Farlee & Alem Asmelash Office: 2001 Riverside Ave. *Reconciling in Christ*



All Directory Churches are Wheelchair Accessible

Not a Happy Birthday for Travis Jordan

BY JESS SUNDIN,
AS ORIGINALLY PUBLISHED IN
FIGHT BACK NEWS

Hundreds of protesters rallied outside the Minneapolis police's 4th Precinct in North Minneapolis, July 31, to demand justice for Travis Jordan, on what should have been his 38th birthday.

On Nov. 9, 2018, Travis Jordan was shot and killed by two rookie officers of the Minneapolis Police Department's 4th Precinct during a wellness check for his suicidal ideation. Officers Neal Walsh and Ryan Keyes, who had each been on the police force less than a year, responded to the call. Instead of saving Travis' life and providing him with the mental health support he needed, they killed him. County Attorney Mike Freeman made the determination not to prosecute the officers involved and justified their use of deadly force.

Speakers included Jordan's mother, partner and friends, as

well as the loved ones of others killed by police, and organizers with Twin Cities Coalition for Justice 4 Jamar.

Marshals on foot, in cars and on motorcycles diverted traffic from the stretch of Plymouth Avenue in front of the 4th Precinct building where the rally took place.

One group of artist activists erected a brightly painted house, about 10 by 10 feet, on the lawn. It was covered with the names of people murdered by police and was surrounded by fresh-cut flowers.

Another grouping used large rollers of green paint to emblazon a full traffic lane of pavement in front of the killer cops' building with Travis Jordan's name, reminiscent of the pavement "Black Lives Matter" slogan in front of the White House. Several protest banners were lined up to protect the paint as it dried.

The family of Travis Jordan is seeking systemic change in the

way that police officers are recruited, hired, trained and, ultimately, held accountable. They are pushing for more attention, effort and resources to be directed toward mental health care and other community social services.

Protesters demanded:

-- Mental health professionals be the first responders on scene during a mental health crisis, not the police.

-- Travis' case be reopened and re-examined, along with all other cases involving the use of deadly force by police.

-- The officers involved be charged and prosecuted for the murder of Travis Jordan.

-- For all of Travis' belongings to be given back to the family. The Hennepin County Attorney's office is still in possession of a notebook and a black leather bracelet that belonged to Travis, even though the case is closed.

Travis Jordan has been included in local "Say their names" chants of those killed



Travis Jordan's girlfriend Taren Vang, mother Flo Ching and aunt Lei Gahler gather for what would have been his 38th birthday. (Photo/Brad Sigal)

by the MPD. Jordan's family and friends' persistent demands for justice—along with the worldwide outrage over George Floyd's murder—have given courage for more Minnesota families to demand answers for

their loved ones' killings.

These families cannot get justice under our current system. We need community control of the police, which will let us go back and reopen the cases of killer cops.



Why were there riots in Minneapolis?

The New Yorker magazine occasionally runs an article that is a barn burner. Years ago it published a long article by John Hersey about the bombing of Hiroshima that fit the same category. There's no way I could do justice to another New Yorker article. So instead, I'm offering you a smattering from it. It's titled "The Uprising" and has to do with the murder of George Floyd by a Minneapolis policeman as three other policemen observed.

The average median income of Black residents in the Twin Cities is less than half that of whites, and though about 75 percent of white families own their homes, only about a quarter of Black families do. The Black community makes up about a fifth of the white. Unemployment is more than twice as high for Black residents. A 2015 investigation by the American Civil Liberties Union found that Black people in Minneapolis were nearly nine times more likely than whites to be arrested for low-level offenses such as trespassing or public consumption of intoxicants.

In 2007, five high-ranking Black officers sued the department, alleging pervasive institutional racism, including death threats signed "KKK" that

were sent to every Black officer through the departmental mail system. The city settled the lawsuit out of court. Patterns of bias have been accompanied by a culture of impunity. An analysis by Reuters of officer misconduct claims of nearly a decade found that 90 percent of claims resulted in no consequence. The only Minneapolis officer in recent history to have been sentenced to jail for killing someone was Mohamed Noor who shot and killed Justine Diamond.

Residents of the 38th Street and Chicago Avenue neighborhood, who were interviewed, had very negative attitudes about the police, claiming they filed false reports and lied in interviews about their behavior. There was looting of the entire neighborhood. Minnesota Governor Tim Walz attributed much of the looting to outsiders who had driven in from other parts of the city. Leslie Redmond, president of the Minneapolis NAACP, said, "What you're seeing in Minnesota is something that's been a long time coming. I can't tell you how many governors I've sat down with and we've warned them that if you keep murdering Black people, this city will burn." The looting and destruction of buildings continued through the night.

In conclusion, the situation provoked talk of change and improved relationships. The four policemen were charged: one with second degree murder and the other three with aiding and abetting. The Minneapolis

School Board and its parks department severed ties with the police. The Minneapolis Department of Human Rights led an investigation and moved to ban its officers from using chokeholds.

Will Chinese tourists be banned in the U.S.?

A July Minneapolis Star Tribune carried an article stating a ban on Chinese tourists is under consideration by the U.S. administration. Almost 3 million Chinese visited the U.S. in 2018, but the number has plummeted due to the coronavirus. The presidential order would cite the same statute in the Immigration and Nationality Act used in a 2017 travel ban on a number of predominantly Muslim countries that gives the president power to temporarily block travel to the U. S. by foreign nationals who are deemed "detrimental to the interests of the United States." The ban was fought in the courts and expanded this year. Such a broad ban would be the most provocative against China since the start of the trade war between the two countries in 2018. Officials at the White House State Department and Department of Homeland Security have been in discussion over the matter but have not come forward with any decision. No information was given as to the amount of U.S. trade with China, but, undoubtedly, this will be a factor in the decision.

Barely bailing out small businesses

My very good friend, my computer, recently informed me that the pandemic has had little effect upon the economy, that is, the personal middle-class and lower middle-class economy. Some of the richest people in the U.S. have been at the front of the queue as the government has handed out trillions of dollars to prop up the economy that it shuttered amid the coronavirus epic.

According to a report from the Institute for Policy Studies, a progressive think tank, between March 18 and April 22, the wealth of America's plutocrats grew 10.5 percent, using a loophole in the legislation that was designed to help bail out SMALL BUSINESSES. About 150 public companies, however, managed to bag \$600 million in forgivable loans before the funds ran out. Coal companies and banks did exceedingly well. Fisher Island, a members-only site off the coast of Miami, received \$2 million in aid. In Florida fewer than 8 percent of applicants received benefits.

On the other hand, while more than half of the working class is unemployed, unable to pay their bills, war profiteers are lining their pockets. Betsy DeVos, the education secretary, is being sued by student advocacy organizations for continuing to garnish wages of student borrowers amid the coronavirus. The lawsuit demands that the Department of Education abandon

this policy and make refunds to affected students. The National Defense Industrial Association, a trade union for the arms industry, asked the Pentagon to speed up contracts and awards for \$160 BILLION in unobligated Department of Defense funds to its companies, which will involve pushing money out the door without the most modest level of due diligence.

Hope for Sudan

News coming from foreign countries is often not good, but good news is coming from Sudan, whose ruler for three decades supported flogging and genital cutting of women, and also banned the use of alcohol. But with the installation of Justice Minister Nasredeen Abdulbari, these policies have been abolished and an 11-member sovereign council appointed. Prime Minister Abdalla Hamdok, an economist who has held several U.N. positions, and the government have embarked on an ambitious program. Sudan has undertaken a political and economic overhaul, revived talks with rebels, and begun an investigation of the region, promising to prosecute and possibly hand over to the International Criminal Court those wanted for war crimes. The administration has also lobbied the U.S. to drop Sudan from the State Department's list of state sponsors of terrorism, a designation that has restricted investment and foreign aid. THIS IS GOOD NEWS.

Notes from the desk of peace activist Polly Mann (b. Nov. 19, 1919)

Republican dirty tricks

BY OLIVER STEINBERG,
GRASSROOTS - LEGALIZE
CANNABIS CANDIDATE FOR
U.S. SENATE

Most elections only involve Republican and Democratic party candidates (in Minnesota, the Democratic-Farmer-Labor Party, or DFL). If other parties' candidates appear on the ballot, it's by submitting nominating petitions signed by thousands of voters. A tough assignment!

However, if any statewide candidate gets over 5 percent of the total vote, his or her party is then recognized as a Major Political Party equal to the DFL and Republicans, earning automatic ballot access in the next election.

Anyone who signs an affidavit and pays a small filing fee will be listed on the ballot for the party. The affidavit declares you're a supporter of the party you sign up for. But it's toothless, with no penalty for lying.

So, when the Grassroots - Legalize Cannabis Party, and the Legal Marijuana Now Party, both received over 5

percent of the votes in 2018, their rather vestigial party organizations were elevated to major party status and thereby left vulnerable to any mischief-maker with a filing fee and false affidavit.

That's exactly what's happened in 2020, as Republican party hacks encouraged counterfeit candidates to dishonestly file for office on the two new major party tickets. Two out of 13 Grassroots candidates are bogus, and five or more of the LMN's 16 candidates are Republican imposters. The phonies have Republican backgrounds and have never been cannabis advocates or activists.

These Trump trolls' tactics are aimed at blocking chances for cannabis legalization in Minnesota, by deceiving voters and discrediting the anti-prohibition political parties.

Their goal is to "siphon" votes to their imposter candidates in certain swing districts, hoping most of all to keep the DFL from winning a State Senate majority. The Republican-controlled Sen-

ate is all that is blocking legal weed, since the DFL governor and lower legislative House both are willing to legalize.

Since Minnesota doesn't use the Initiative-petition direct law-making procedure, cannabis freedom fighters created the Grassroots party idea as an indirect electoral surrogate for the cause. Republicans might get away with their dishonest dirty trick of filing fake candidates, or maybe they'll discover that "whosoever diggeth a pit, will fall in it."



Bouza, from page 1

Incrementalism has brought us slavery, Jim Crow, civil rights and voter rights and other milestones of progress. Also, incarceration. Is it enough?

Haven't we made real progress?

What will it take?

Why don't you ask a Black person?

The Floyd case had every element of our dilemma—

A Black male with no great prospects committing a small crime.

White cops—hired by an overclass to control Blacks—

led by a meat-eater while the grazers grazed. Black demagogues racing to the photo ops posing as leaders but actually serving as exploitive Judas goats. A family plunged in grief but likely to succumb to squabbling as the promise of untold wealth emerges from the ashes of this tragedy.

In a real sense, the Floyd case encapsulates the dark forces animating our body politic. Yet, out of it might emerge the only thing that can save us—true equality for our Black brothers and sisters.

We really all are in this

together.

Those protesting can be demonized, but actually need to be understood. The large body contains anarchists, terrorists, bums, criminals, arsonists and genuine enemies of the state—think Umbrella Man—but the majority are striving for a better, more just, America. We need to be sophisticated in our analysis. Folks—like your president and police union presidents everywhere—love to dab all protesters with the broad brushes of their insults. Don't believe them.

America is truly a great country, but perfect? Not yet.

RIVERSIDE EDITION

The Southside Pride Riverside Edition is a monthly newspaper containing neighborhood news, religious events and a community calendar delivered on the third Monday of the month to over 100 locations in and around the Riverside community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

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The corner of 38th and Chicago is forever changed

BY STEPHANIE FOX

As talk about relocating the George Floyd memorial continues, the corner where he was killed by police has evolved to become less a place of mourning and more of a place of celebration—a celebration of community and a celebration of the memory of George Floyd. And, there is a clear focus on the long-overlooked understanding of the need to change cultural attitudes toward people of color.

On Saturday afternoons until Sept. 5, people are welcome to visit and to share a summer afternoon at ReImagine 38th Street, at 38th Street and Chicago Avenue and to

join the celebration.

People come to see the memorial of flowers with its votive candles and teddy bears, admire pieces of street art, share a meal with friends, browse tents selling BLM T-shirts, stop by an outdoor food shelf or join in a pick-up basketball game. There's still time to become part of this unique experience. It's something you will be able to tell your grandkids.



Above: Black Lives Matter T-shirts tent in front of George Floyd artwork.

Right: The bus shelter becomes a place for sharing art and meaning.



Above: The community shares their thoughts.

Below: 15 volunteers with Twin Cities Relief Initiative distribute food and much needed household supplies, no questions asked, at the closed Speedway station at 38th and Chicago Ave. as a way to honor George Floyd.



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