



We build Pride on the Southside

POWDERHORN EDITION
FIRST MONDAY OF THE MONTH
August 2020
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The death of Floyd



BY TONY BOUZA

America has been plunged into riots, pillaging, arsons and killings by the death of George Floyd at the hands of the Minneapolis police. The incident created an explosion whose reverberations radiate to this moment. The event goes to the heart of America's No. 1 problem. Racism.

America desperately needed a debate on racism, and Floyd—an unlikely candidate for such a pivotal role—nevertheless filled it.

We settle our big issues through debates—which often (maybe necessarily) take the form of riots, protests, disorders and other forms of social disarray. We need only look at such recent events as the Vietnam War for an example. Protests force our attentions on the problems.

In all likelihood all the violence, destruction, arson and death will lead to incremental change. But that won't be enough.

The plight of the Black person in America requires funda-

See Bouza, page 5

VOTE DFL PRIMARY TUESDAY AUGUST 11

CONGRESS

● Ilhan Omar

STATE SENATE DISTRICT 62

● Omar Fateh

WARD 6

● A J Awed

SCHOOL BOARD

● Adriana Cerrillo

● Kim Ellison

Respect the homeless

BY MARGARET HASTINGS

Editor's note: On Monday night, Aug. 3, Margaret Hastings, Carin Peterson and Janet Nye, on behalf of the Decriminalization of Homelessness Working Group, pitched tents in the U.S. Bank Plaza across the street from the Government Center and City Hall.

We were frustrated. Frustrated by the horrific treatment of people who are homeless and who have been pushed out of parks, and frustrated by the arrogant unwillingness of people like Minneapolis Mayor Jacob Frey, David Hewett at Hennepin County and Cathy ten Broeke at the Minnesota Housing Agency



Margaret Hastings talks with police.

to discuss with us, or share their plan with us, about how Minnesota would use millions of dollars from Congress to dramatically reduce homelessness.

So, we made a modest decision. We'd pitch tents and spend one night on the plaza next to the Hennepin County office. We'd invite county and state officials as well as the mayor and Minneapolis City Council members to meet with us, listen to our ideas and share their plans. Doesn't this seem reasonable? Apparently not to Hennepin County. Neither commissioners nor staff responded to our requests to meet. Neither did the mayor or city council members. And when we arrived at the plaza, Hennepin County security officials told us that we would be arrested if we tried to pitch a tent. Really? Didn't we the people pay for this plaza?

So we went across the street, to U.S. Bank Plaza. We pitched our tents, a bank security person asked us to leave or he would call the

See Crime, page 14

See Respect, page 13

Crime in the 'hood?

BY ED FELIEN

Cierra Hoffman reported on Nextdoor that while she was in the Speedway at 44th and Lake, "I was standing at the register checking out when the gas station clerk ran outside abruptly and confronted a young woman (in her 20s) with a large black & white patterned cloth bag stuffed with items that were not paid for. Another man waiting outside tackled the clerk to the ground and then took off with the

woman. The clerk was thankfully okay but looked a little shook up, he told us they had a getaway car parked a block or so away toward the Dairy Queen."

The Star Tribune, 8/1/2020: "Reports of gunfire-like noises from both 911 calls and ShotSpotter activations increased exponentially around chaos following George Floyd's death and remain significantly higher than compared to prior weeks."

What's happening? Why the dramatic increase in

gunfire? The desperate acts? The increased drug dealing reported around encampments? The overdoses?

Why are there more drugs on the street now?

Where are these drugs coming from?

Most of the world's heroin comes from Afghanistan. It's a \$5-billion-a-year game and the U.S. military protects the poppies in the fields. They guard the transport from Kandahar Province to Pakistan where the opium is transformed



Our 11th Annual

Summer on Bloomington Ave.

Pages 8 & 9

Shrinking encampment at Powderhorn Park

BY KAY SCHROVEN

Significant concerns about health and safety continue at Powderhorn Park and have led to eviction of the west camp (the east camp having already been evicted between July 22 and 27) per the Park Board Superintendent Alfred Bangoura. Notices of Transition were served July 31, and an effort is being made to assist individuals with the transition.

This time around, rather than have the police deliver Notices of Transition (as was done with the east camp) MAD DADS served the notices to the remaining campers in the west camp. The goal is to carry out an incremental removal through encouragement and support services (such as information about available options and transportation) rather than utilize the police.

It is believed that a rape committed on Thursday, July 30, in the camp was a contributing factor in the decision to

vacate. The Minneapolis Park and Recreation Board (MPRB) has done an impressive job this summer (2020) providing temporary space for hundreds of unsheltered people. But this is not a sustainable solution to homelessness. Nor is it MPRB's role to serve people experiencing homelessness, sadly a growing population in the metro area and the state at large.

Disturbing incidents continue to be reported in the Powderhorn neighborhood. Most recently, neighbors reported witnessing three young men strong arming a young woman into a car as she screamed for help. Another neighbor reported witnessing a fight in front of his house in the late evening. Reportedly, around 10 p.m. the evening of July 30, about 15 people (young men and women) were yelling, shoving and pushing, name-calling and making accusations, until the cops were called and broke it up. Whether or not these inci-

dents are directly connected to the residents of the encampment or not, it is often perceived that they are, because they occur on the periphery of the park.

In addition to these concerns, Powderhorn is not eligible for available permits (see below) to camp in parks because of its location in a "school safe zone" according to Resolution 2020-267. The Laura Ingalls Wilder School sits on the southwest side of the park.

As of July 30, there were 418 (estimated) tents in all city parks, 65 of those (15.5%) in Powderhorn. In addition to Powderhorn there are 36 parks with tents, ranging in number (of tents) from 1 to 32.

Permits are now required. MPRB Outreach and Street-Reach staff is reaching out to existing encampments to discuss the permit requirement and providing applications. The application process is laid out in Resolution 2020-267, which allows for 20 parks to have encampments with up to 25 tents in each park. Applications are available to volun-

teers, nonprofits, legal entities and government or non-governmental partners and agencies. Applications can be found online (encampmentpermits@minneapolis-parks.org) or by calling 612-230-6400. The applications are reviewed by the MPRB, as are the potential sites, to assure that they have the capacity to support an encampment. Once approved, the MPRB works with the permit holder to design the encampment and provides portable toilets, hand-washing stations and trash and recycling containers, as vendor supplies al-

low. As of July 30, one site was approved at Lake Harriet and several others were being considered. Approved parks are listed at www.minneapolis-parks.org/subscribe and local recreation centers.

While continuing to provide temporary space for those who are unsheltered, the Board realizes this is not a dignified, long-term solution and will be working with city, county and state agencies so that people living in encampments can have accommodations before the cold weather arrives.



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July new neighbors

BY KAY SCHROVEN

Shopping carts, clotheslines, outdoor cooking grills, mattresses, blankets, coolers, lawn chairs, backpacks, boxes of diapers, baby strollers piled high with supplies, wheelchairs, bikes, strollers on trikes, people in swimsuits lining up to shower in the facility provided by NECHAMA (the Jewish disaster response organization) and tents of every size, shape and color. Should you stroll through Powderhorn Park, you will see these, along with upward of 300 homeless individuals in about 400 tents inhabiting the park. That's about 100 more than last month. The numbers have been increasing, with no definitive short- or long-term solution in sight.

If there were a soundtrack to the Powderhorn encampment, it would be the Rolling Stone's "Gimme Shelter." Like the rock and roll classic, the growing Powderhorn encampment is raw and needy. Obviously, there is a need for housing, but that is just the beginning. There is also an ongoing need for health care services including mental health, addiction recovery services, skills development, job getting and keeping skills, child care and so on. It's difficult to approach any of these service needs without a foundation to work from, that is, without shelter.

Londel French, Minneapolis Park and Recreation Board commissioner at-large, is a familiar face in the park on a daily basis—an ally and resource to the homeless. Mr. French is very concerned about safety, and in lieu of real housing would like to offer the women and their children a camp of their own, where it is quieter and safer, with less competition for resources. He would also like to make sure that the guards are paid.

There are many angels in the park; they are volunteers, some associated with the Minneapolis Sanctuary Movement. Junail, Fartun, Michelle and Elisa (to name a few) are coordinators who wear many hats. They spend numerous hours in

the park, recently working in sweltering weather conditions, fielding a variety of matters, such as coordinating donations, for example. Today they are developing an inventory system for food donations. In addition, they train and work with volunteers in the outdoor, tented kitchen, the medic/health care tent, charging station, library and child care center. They de-escalate conflicts, often domestic in nature, and respond to the many individuals who come to them with needs: "Do you have any bungee cords?" "Who can help my daughter, she's sick," "Can you carry this box to my tent for me, I have a dislocated shoulder." They are peacekeepers with the residential neighbors living near the park and coordinators with the press coming into the park to report, such as Southside Pride. And this is the short list of their involvements.

In spite of the far less than ideal conditions, there is a sense of community in the park. People help one another; they discuss issues and possible solutions, avoiding hierarchy as much as possible. When one of the homeless individuals who uses a wheelchair could not maneuver the entering and exiting of his tent, neighbors and volunteers worked together to rig up a new tent that made it easier for him.

According to the resident campers and volunteers, there are many meetings and rumors: the group will be dispersed to other parks; the empty Kmart on Lake St. will be their next home; they will be transported to an empty hotel in rural Minnesota. It is difficult to know what is real until it materializes.

es.

Wednesday, the evening of July 8, there is an open meeting in the park. A group gathers in a circle. A volunteer takes the floor and circulates a letter received from a law firm. It seems that the firm is looking to capture funds related to the damages that took place at the local Sheraton Hotel while providing temporary housing in June. The volunteer explains that the GoFundMe monies collected for the encampment are frozen until the matter can be resolved. She also makes it clear that staying in Powderhorn Park is not sustainable and that the plan is to move some people to other parks. She explains that the large number of people living in the park is causing too many issues related to safety and health. She points out that smaller camps would be safer and more livable. A discussion takes place about where to go from here; frustrations are aired as attendees fan themselves and drink water and Gatorade in the 90+ degree heat.

Jacy (not his real name), a 41-year-old Native American man who has been homeless intermittently for 10 years, is pleased to make a move and says, "I'm taking some of my people with me. I'm not saying where we go, but it is near the river. I like water and there are trails I can walk where I see eagles. They lift my spirit. I am used to sleeping without a tent so having a tent will be nice."

Ron (not his real name), who has been guarding the camp for a month, especially the children, says he needs a shower and a day off. He reports that recently there is a steady line of

"tourist cars." That is, people in cars rolling by the edge of the park and leaning out of their car windows and taking pictures. He continues, "People get very upset knowing they might be photographed in their bathing suit, asleep, maybe nursing a baby." Ron further reports that one "tourist" pointed out to him (when he asked them to refrain from taking photos), "I am a taxpayer and have a right

to photograph anything I want in this park."

Many resident neighbors have been supportive since the encampment began a month ago, volunteering and donating needed items. However, as conditions develop, some are growing weary, as are the homeless resident campers themselves. In addition to the

See *Neighbors*, page 14


David Wiester for Minnesota House of Representatives District 63A



- Re-legalize marijuana
- Black Lives Matter
- Prosecute rogue cops
- Keep abortion legal
- Protect GLBT+ rights
- Support labor unions
- I believe Dr. Fauci
- Protect gun rights
- Re-legalize adult sex work
- Promote clean energy
- Welcome refugees
- Promote affordable housing
- Criminal justice reform

Legal Marijuana Now Party

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Local businesses: open, closed, restricted ... ?

[Look for the * on the name of an organization that is a POC-owned or immigrant-owned business or POC- or immigrant-oriented and/or led. If we got anything wrong, please email deborama@gmail.com with your corrections.]

Restaurant/Café/Pub

- Bagu Sushi & Thai***. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Patio. Restricted hours.
- Bill’s Chinese Garden**. Open with restrictions. Online and phone orders. Delivery by DoorDash, GrubHub & Seamless, or pickup. Usual hours.
- Birchwood Cafe**. Open with restrictions. Online or phone orders delivered by Toast with curbside pickup. Patio. Usual menu and hours.
- Bull’s Horn**. Open with restrictions. Online and phone orders. No delivery. Curbside, counter pickup, patio dining. New hours.
- Dragon Wok*** (George Floyd Square).

- Open with restrictions. Delivery by Bite Squad, GrubHub. Hours may fluctuate depending on location status.
- French Meadow**. Open with restrictions. Phone for reservations. Delivery by Bite Squad, DoorDash, GrubHub, Uber Eats. Patio. Usual hours.
- Hamburguesas El Gordo***. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Usual hours.
- Heather’s**. Open with restrictions. Phone for reservations. Delivery by Bite Squad. Usual hours.
- Himalayan***. Open with restrictions. Online and phone orders. Delivery by Bite Squad. Patio. Usual hours.
- Hot Indian Foods at MGM***. Open to public. Online and phone orders. Delivery by Bite Squad, Chow Now, DoorDash.
- Infused Life Plant-based Eatery at MGM**. Open to public. New restaurant!

- Jakeeno’s at MGM**. Open to public. Online and phone orders. Delivery by Bite Squad, DoorDash, GrubHub.
- Mama Sheila’s***. Open with restrictions. NEW- patio. Takeout available. Delivery by Uber Eats. Restricted hours.
- Manny’s Tortas at MGM***. Open to public. Online and phone orders. Delivery by Bite Squad & GrubHub.
- Maria’s Café**. Open with restrictions. No online ordering. No delivery. Patio. Usual hours.
- Merlins Rest**. Open with restrictions. Call for reservations. Delivery by Bite Squad. Patio. Restricted hours except for takeout.
- Mi Casa Tacos y Tamales***. Open with restrictions. Phone orders. Delivery by Uber Eats. Grab and go. Usual hours.
- Modern Times Cafe**. Reopening early August. Takeout only. See their website or email moderntimes3200@gmail.com with questions.

- Northbound Smokehouse Brewpub**. Open with restrictions. Call for reservations or pickup. Patio. Usual hours.
- Parkway Pizza**. Open with restrictions. Online and phone orders. Delivery by business or thru Bite Squad. Patio. Usual hours.
- Pizza Luce Seward**. Open with restrictions. Online and phone orders. Delivery by business. Usual hours. Full menu!
- Prieto Taqueria Bar***. Open with restrictions. Online and phone orders. Delivery by business, DoorDash, Uber Eats. Restricted hours. New restaurant!
- Quang***. Open with restrictions. Online and phone orders. Delivery by Bite Squad, DoorDash. Usual hours.
- Reverie**. Open with restrictions. Online and phone orders. Patio. Restricted hours. Beer and wine available. Pay-it-forward, \$2.50 per meal to homeless sanctuary.
- Sandcastle**. Open for takeout only. Restricted hours. See website for details.
- Smoke in the Pit***. Open with restrictions. Phone orders. Delivery by Bite Squad. No curbside pickup. Pre-order grab and go.
- Soberfish***. Open with restrictions. Online and phone orders. Delivery by Bite Squad & DoorDash. Call for curbside pickup. Restricted hours. Pre-order grab and go.
- Standish Café**. Open with restrictions. No delivery. Patio. Restricted hours.
- The Howe**. Open with restrictions. Delivery by Bite Squad & Uber Eats. Patio. Usual hours.
- Tiny Diner**. Open with restrictions. Curbside takeout or patio dining with reservations only. No alcohol for takeout. Delivery by DoorDash, Uber Eats. Restricted hours.
- Trio Plant-based***. Open with restrictions. Full menu. Usual hours.
- Bakery/Coffee/Deli**
 - A Baker’s Wife**. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Patio. Restricted hours.
 - Butter Bakery**. Open with restrictions. Online order and delivery by Chow Now. No curbside pickup. Patio. Restricted hours.
 - C. McGee’s**. Open to public. Call for information. Delivery by DoorDash. Usual hours.
 - Café Meow**. Open with restrictions. Online and phone orders. Cat lounge experience by reservation. Still fostering cats—visit cats by video.
 - Duck Duck Coffee**. Closed to public. New walk-up to-go window open. Online ordering of some merch with delivery by USPS. Restricted hours.

- Five Watt Coffee**. Open with restrictions. Call for information. No delivery. No curbside pickup. Patio. Restricted hours.
- Geek Love Café (in Moon Palace)**. Ordering window and pickup north side of building. Restricted hours plus during Midtown Farmers Market.
- Key West Bistro**. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Door Dash, GrubHub & Uber Eats. Patio. Usual hours.
- Mel-O-Glaze**. Open with restrictions. Call for information about delivery or curbside pickup. Usual hours. Grab and go.
- Riverview Café**. Open with restrictions. No online or phone orders. No delivery, no curbside. Patio. Usual hours.
- Sisters’ Sludge**. Open with restrictions. No online or phone orders. Grab and go. Patio. Usual hours.
- Sovereign Grounds***. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Restricted hours. Grab and go.
- Groceries**
 - Cub Foods (mobile site at Minneha-ha Mall)**. Open with restrictions. Restricted hours.
 - Cub Foods (46th and Hi-awatha)**. Open with restrictions. Delivery available thru Instacart. Usual hours.
 - Kowalski’s (Chicago Ave & 55th Street)**. Open to public. No online and phone orders. Order thru Shipt. No curbside pickup. Usual hours.
 - Longfellow Market**. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.
 - Oxendale’s Market (Minneapolis)**. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. 7 to 8 a.m. shopping for at-risk customers.
 - Seward Co-op / Friendship**. Open with restrictions. No phone orders. No delivery. Check website for online ordering with curbside pickup. Restricted hours.
 - Wedge & Linden Hills Co-op**. Open with restrictions. No phone orders. Online order for curbside pickup or order thru Instacart for delivery. Usual hours.
- Specialty/Convenience**
 - Coastal Seafoods**. Open with restrictions. Online and phone orders. Delivery by Mercato. Usual hours.
 - Everett’s Foods**. Open to public. No online or phone orders. No delivery or curbside pickup. Restricted hours.

See Businesses, page 10



LETTER TO HEALTH DEPARTMENT

July 15, 2020

Attn: Health Department Representative
Public Service Center
250 South 4th St. Room 510
Minneapolis, MN 55415

Dear Health Department Representative:

This letter is to notify you that Partnership Academy will sponsor the Summer Food Service Program (SFSP). This program is funded by the U.S. Department of Agriculture (USDA) and is administered in Minnesota by the Minnesota Department of Education, Food and Nutrition Service. SFSP regulations require that the health department be notified of our intention in this regard.

Meals will be prepared by *CKC Good Food at 1185 Concord Street N #124, South St. Paul, MN, 55075* and will be served at the following sites:

Partnership Academy
6500 Nicollet Ave South
Richfield, MN 55423

Meals will be served beginning June 01, 2020 through August 31, 2020.
Meal Types Served: Breakfast & Lunch
Meal Times (start/end): 11:00 AM – 5:00 PM Distribution style (grab and go)

Please advise regarding concerns or disapproval of any of these sites for meal service.
If you have any questions, please contact the office.

Sincerely,
Katie Bening

Katie Bening, Operations Coordinator
Partnership Academy
kbening@paschool.org
(612) 866-3630 ext. 120

6500 Nicollet Ave. S
Richfield, MN 55423

(612) 866-3630 (Office)
(612) 866-3640 (Fax)



Park Board Commissioner Londel French
(photo/Bruce Silcox)

The Dream Deferred

BY ED FELIEN

The dream is over. The East Powderhorn Sanctuary has been cleared. The campers evacuated. Protesters were arrested and then released.

It ended the way it always ends, according to longtime homeless advocates. Some criminal elements start to get violent. The camp becomes unsafe. And the authorities have to break it up.

People in the Powderhorn community volunteered long hours to feed and nurture their new neighbors, but, in the end, it wasn't enough. The problems were just too big for the neighborhood.

Who were these homeless people?

They were the unemployed and the unemployable. Alcohol and drug dependent, some of them were looking to find a good time without having to do hard time. Some were mentally ill. Some were refugees from abuse. Some were Natives down here from the Rez. They all had one thing in common—they were unable to function in as complex and expensive a city as Minneapolis. They weren't able to put a roof over their heads. They needed help.

And lots of people stepped in to help. NECHAMA, a Jewish disaster relief organization, provided a portable shower. Londel French, a Park Board

commissioner, was down there almost every day. Angela Conley, the Hennepin County commissioner for the area, spoke at a Sanctuary meeting. But it wasn't enough. It wasn't nearly enough.

The people who live in Powderhorn gave up their park willingly, and they fought the Park Board to allow the homeless to stay. They opened their arms, they volunteered, they baked food in their kitchens and they tried to be neighborly. But they wanted help in solving this problem.

Lily Lamb organized a camp-in at the governor's mansion to demand action solving homelessness. Earlier, she had sent this to city officials: "The Powderhorn Park residents demand to know our elected officials' response to the current emergency humanitarian situation in Powderhorn Park and seek a solution immediately with dignified, culturally informed permanent housing. We, the community, stand in support and solidarity with our new residents at the Powderhorn Sanctuaries and collectively call for change with and for them. Housing is a human right, and in our community, homes should be for all."

But there was no response from the city and no response from the governor. The county was accessible, and Londel was doing what he could, but Mayor Frey and Council Member Cano were AWOL. When they were needed most, they were nowhere to be seen.

Lily Lamb is right. This is a humanitarian crisis. There are people who are lost and cannot find a way to a home. Two years ago, when homelessness was overwhelming the Hiawatha overpass and Cedar Avenue, Hennepin County set up a Navigation Center to help people find an apartment, a job, chemical dependency counseling, educational opportunities. Why wasn't the city organizing that in Powderhorn?

When it began last month, Commissioner Conley said she'd been trying to reach Cano but hadn't gotten a response. Cano told the press she was hoping to connect with Conley sometime that week. Clearly the crisis in Powderhorn wasn't a priority for Cano.

Lily Lamb told City Pages: "We're the richest country in the world—we're the best-rated state to live in across the United States—and we have essentially a refugee camp directly outside my house, and no one seems to care besides neighbors. It feels like we're screaming into the void."

What happens to a dream deferred?

Does it dry up
like a raisin in the sun?
Or fester like a sore—
And then run?
Does it stink like rotten meat?
Or crust and sugar over—
like a syrupy sweet?
Maybe it just sags
like a heavy load.
Or does it explode?
—Langston Hughes

LETTER TO THE EDITOR

Important to see strengths of unsheltered people

I am responding to the article "The Dream Deferred" that was published in the July Riverside edition of Southside Pride. I oppose the negative rhetoric used to describe the lives of people who are unsheltered. The description of homeless people given was only half of the story. The untold story has the potential to reshape how we approach the crisis of homelessness and the methods used to counter it. It is vital to highlight both assets and barriers that people face, but this article was heavily focused on the barriers. I have met some of the homeless people living in tent cities around Minneapolis. Some of them are parents while others are caregivers. Some are artists, musicians and philosophers. They have shown resilience in surviving situations where many others would have crumbled. In times when negativity and judgment is rampant, we must focus on each other's strengths and be willing to tell the whole story. This full narrative will help us imagine what beautiful potentials are possible in this world so that we can have the hope and tools needed to build a more just and equitable society.

Sincerely,
Glory Pierre, Minneapolis

Bouza, from page 1

mental transformation.

Incrementalism has brought us slavery, Jim Crow, civil rights and voter rights and other milestones of progress. Also, incarceration.

Is it enough?

Haven't we made real progress?

What will it take?

Why don't you ask a Black person?

The Floyd case had every element of our dilemma—

A Black male with no great prospects committing a small crime.

White cops—hired by an overclass to control Blacks—led by a meat-eater while the grazers grazed. Black demagogues racing to the photo ops posing as leaders but actually serving as exploitive Judas goats. A family plunged in grief but likely to succumb to squabbling as the promise of untold wealth emerges from the ashes of this trag-

edy.

In a real sense, the Floyd case encapsulates the dark forces animating our body politic. Yet, out of it might emerge the only thing that can save us—true equality for our Black brothers and sisters.

We really all are in this together.

Those protesting can be demonized, but actually need to be understood. The large body contains anarchists, terrorists, bums, criminals, arsonists and genuine enemies of the state—think Umbrella Man—but the majority are striving for a better, more just, America. We need to be sophisticated in our analysis. Folks—like your president and police union presidents everywhere—love to dab all protesters with the broad brushes of their insults. Don't believe them.

America is truly a great country, but perfect? Not yet.

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#PressIsNotTheEnemy – so why are the police acting like it?

BY TESHA M. CHRISTENSEN

—Posted on 29 July 2020

Over 148 journalists were attacked by police in the United States between May 28 and June 4, 2020.

Yes. I said 148.

Yes, by the police.

Yes, in the United States.

Over 100 of those attacks happened between May 28 and June 1 as journalists covered the protests after George Floyd's murder by a white police officer here in Minneapolis at Chicago and 38th.

At the investigative news website Bellingcat, senior investigator Nick Waters, who tracked the incidents jointly with the U.K. Guardian, said, "Although in some incidents it is possible the journalists were hit or affected accidentally, in the majority of the cases we have recorded the journalists are clearly identifiable as press, and it is clear that they are being deliberately targeted. This pattern of violence against journalists is replicated in several cities, but appears most intense in Minneapolis."

Yep. Right here.

Over one-third of these attacks against the news media happened here.

Attacks on the media were reported across 24 states and in Washington, D.C. Denver, Colo., and Los Angeles recorded the most attacks outside Minneapolis, with 10 incidents each, reported the Guardian.

According to the U.S. Press Freedom Tracker, there were more than 300 total press freedom violations during that time.

That's:

- 49+ arrests
- 192 assaults
- 42 equipment/newsroom damage

Assault category breakdown:

- 69 physical attacks
- 43 tear gassings
- 24 pepper sprayings
- 77 rubber bullets/projectiles

The majority of these violations were done by local police departments, but some were by state troopers and National Guard.

In comparison, only 11 journalists were injured by protesters.

"I've never seen so many

incidents with police and reporters simultaneously in different cities. Tension between cops and reporters is nothing new. Aggression on reporters in multiple locations nationally at same time is something different," tweeted Maggie Haberman of The New York Times.

Veteran reporter John M. Donnelly tweeted, "CNN reporter on Lafayette Square says on air that a DC police officer struck the CNN cameraman with a baton, even though the cameraman was holding, um, a camera and a credential. These incidents keep piling up."

Journalists have compared their experiences in war-torn countries with what they experienced in Minneapolis. "I've covered protests involving police in Ferguson, Mo., Baton Rouge, La., Dallas and Los Angeles. I've also covered the U.S. military in war zones, including Iraq and Afghanistan. I have never been fired at by police until tonight," said L.A. Times reporter Molly Hennessy-Fiske.

As reported by Bring Me The News: Many of the assaults on media were shown on live television, with reporters from FOX 9 seeing rubber bullets smash their station vehicle windshield, along with WCCO reporters Jeff Wagner and Mike Max seen on live TV running from tear gas and rubber bullets. Star Tribune reporters Ryan Faircloth and Chao Xiong were attempting to drive home near Lake Street when Faircloth said they "mistakenly turned down a street that was blocked off at the end," and "before we had a chance to reverse, the Guard/ State Patrol fired #rubber bullets at our car without warning." The shattered glass cut Faircloth's face and arm and left shards of glass inside their vehicle.

And then there's photojournalist Linda Tirado. Shot by a rubber bullet in the face, she is permanently blind in her left eye.

Yes. This happened in the Twin Cities. By those who are supposed to serve and protect. It didn't happen in a country that lacks a Bill of Rights.

Instead, it occurred in a place where freedom of the press is protected by the First Amendment.

At least, it is supposed to be.

I'm seriously questioning what happened, and what this means for our country.

For 231 years, this language has been the hallmark of the United States of America, and what sets this nation apart from so many others:

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

What does it mean for the country when this is violated?

When it is broken in very direct, very blatant, very violent ways by the folks who are supposed to protect it?

In Cleveland, Ohio, journalists were specifically forbidden by the police to be outside covering anything happening in the city on May 31.

What were they trying to hide? Those without anything to hide aren't threatened by folks with pens, paper and cameras.

I'm not the only one asking that question.

I'm not the only one outraged.

As City Pages reported:

The American Civil Liberties Union of Minnesota filed a class-action lawsuit Tuesday, June 2, on behalf of reporters targeted by law enforcement while covering protests. The respondents include the city of Minneapolis, Minneapolis Police Chief Medaria Arradondo, police union president Bob Kroll, Department of Public Safety Commissioner John Harrington, and State Patrol Colonel Matthew Langer.

The lawsuit demands an injunction to stop police from attacking journalists, a declaration that they violated multiple constitutional amendments, and damages.

"Law enforcement is using violence and threats to deter the media from vigorously reporting on demonstrations and the conduct of police in public places," said ACLU-MN Legal Director Teresa Nelson.

"We depend on a free press to hold the police and government accountable for its actions, especially at a time like this when police have brutally murdered

one of our community members, and we must ensure that justice is done. Our community, especially people of color, already have a hard time trusting police and government. Targeting journalists erodes that public trust even further."

Linda Tirado has filed her own lawsuit.

Minneapolis also faces a class-action lawsuit brought by protesters.

"Journalists have always been targets of criticism and back in the 1960s they were also targeted by police," said Robert Mahoney, the deputy executive director of the Committee to Protect Journalists. "But there was an understanding that journalists were necessary and it was incumbent on police forces to allow them to do their job. That has changed."

Why? Why has it changed?

Is it because of President Trump's constant attacks on the press? He has tweeted the phrases "Fake News" and "Enemy of the People" over 800 times since getting elected. As I've been saying for years, just because you don't like what's in the news doesn't mean it is fake. Just because you wish someone was doing something else and you read about it in

the newspaper doesn't mean there's something wrong with the newspaper. In fact, you should be thanking news sources for the information.

I hope this marks a turning point in America. I hope we've been sufficiently shocked by where our policies and attitudes have brought us, and we're dedicated to real change.

There's a lot for us to be shocked about these days, and much to work to change. This is one of those important issues. I hope you start talking about it, reading about it, and working in support of journalists.

Oh, and you might see me out and about wearing my #PressIsNotTheEnemy shirt. You might find my kids sporting their own #DemocracyDiesInSilence T-shirts. Maybe you need one, too.

Tesha M. Christensen is the owner and editor of the Longfellow/Nokomis Messenger. This article appeared in the August edition of the Longfellow/Nokomis Messenger in her "Too much coffee" column and is reprinted here with her permission. Tesha@LongfellowNokomisMessenger.com

POWDERHORN EDITION

Southside Pride Powderhorn Edition is a monthly community newspaper delivered on the First Monday of the month for free to convenient locations in and around the Powderhorn community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

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3200 CHICAGO AVENUE SOUTH
MINNEAPOLIS, MINNESOTA 55407
CALL US AT 612-822-4662
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WE BUILD PRIDE ON THE SOUTHSIDE!!

Cargill could save the day

BY ELAINE KLAASSEN

Our times

We live in a time in which the lovers of life and the haters of life are pitted against each other and I am nervously waiting to see if the lovers will win. I am a big fan of co-existence and flexibility and nuance and all the ways people can learn to live together despite their differences. But, when I look at this particular division, I don't see how the two groups can live together peacefully. Creation and destruction of course are equal natural forces as represented in the Hindu triumvirate of deities, Brahma, Shiva and Vishnu, and I could always resonate with the truth of that, but at this point in history, it seems like a pervasive disregard and irreverence for life is winning. The balance is off. Our entire planet is at risk and people keep deforesting the Amazon, polluting waterways everywhere, extracting minerals in pristine territory, obliterating Indigenous rights, etc. And what does this activity generate? It generates money (control) for a few and death for many. None of this can be stopped with violence because such attempts would only result in more money for a few and death for many. Violence is futile.

Peaceful protest and economic threats, although not as effective as I might like, are our best tools for saving our Earth. I'm very heartened to see all the old faithfuls, the people working diligently and without fail, on climate and environment, which, ultimately is our gravest issue and gives rise, I believe, to all the others that have come to the forefront since then.

The pervasive attitude of disregard for our Mother Earth underlies the disregard for life that we are seeing to the max right now, and especially plainly in the cruel death of George Floyd.

Protest at Cargill CEO's house

Mighty Earth, a global campaign organization that works to protect the environment, initiated a protest Wednesday, July 29, at the home of David MacLennan, CEO of Cargill, Inc., the Minnetonka-based privately held global food corporation. About 30 protesters arrived around 6 p.m., held signs, gave speeches, chanted and then left. It appeared that Mr. MacLennan wasn't at home. In any case, he didn't come out to talk with them.

Their signs and masks decorated with Cargill's logo and the slogan "helping the world burn" referred to Cargill's contribution to massive fires last year in the Amazon and to the fires anticipated this year. They were protesting not only the destruction of the rainforest

but resulting Indigenous human rights abuses as well.

University of Minnesota student and protest organizer Steve Szathmary said, "I've never marched to a CEO's house before, but we have only 10 years to address the climate crisis and Cargill's stubbornness has left me no other choice."

The protest was part of a larger campaign on Wednesday, the 29th, to meet with owners and managers of grocery stores who buy from Cargill in 10 states in addition to Canada, the U.K. and the Netherlands, urging them to cut contracts with Cargill.

A Costco customer in Spokane wrote a letter to the editor of Spokane's Spokesman-Review: "...One of Costco's major suppliers of meat is Cargill. Cargill is a corporation with a horrible environmental record. From deforestation in the Amazon to being a major polluter of waterways, Cargill does not match with any vision of a sustainable future. Until its practices change, companies like Costco should cut ties. Costco deserves praise for its push for sustainability in its stores. ..."

Destruction of the rainforest

According to two detailed reports put out by Mighty Earth in July and August of 2019, deforestation in the Amazon means "loss of biodiversity; destruction of renewable resources; climate change; destruction of Native homelands (Many Indigenous people living on the fringes of the forests have been displaced, sometimes multiple times, and are in effect living as environmental refugees in their own country.); soil erosion and floods; changing the weather."

mightyearth.org/cargill and <http://www.mightyearth.org/the-companies-behind-the-burning-of-the-amazon/>

Logging and farming have destroyed huge areas of the rainforest (15 to 17 percent); 25 percent would be a tipping point from which it couldn't return—that is, when the rainforest would no longer be able to produce its own rainfall.

Huge swaths of the Amazon rainforest have been and continue to be cleared to grow soy to feed cattle. That's the soy Cargill buys to feed the cattle they raise and sell. Jair Bolsonaro, president of Brazil since late 2018, has rolled back regulations and seems to have no concern for the necessity of preserving the rainforest nor for the well-being of its Indigenous people. Thankfully, he is now being pressured to take steps to curb deforestation, says an Aug. 1 article in The New York Times.

Soy is raised in 10 major countries of the world, the top four being Brazil, the U.S., Argentina and China. Soy produc-

tion and transport is increasing worldwide. As Mighty Earth reports, "The increasing global appetite for meat causes a booming demand for animal feed, and global soy production has increased more than tenfold over the last fifty years ... Global demand is expected to continue to increase to 514 million tons by 2050 [as compared to around 328 million tons in 2020]."

An article from Reuters (May 2018) quoted the company Abiove as saying the expansion of soy production in Brazil, etc., was owed to a "unique ability to expand planted area." (Is that a euphemism for deforestation?) ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^

Cargill's broken promise

On July 8, 2019, Nathaneal Johnson wrote in Grist magazine, "In 2014, the world's largest agri-business, Cargill, announced that [by the end of 2020] it would stop buying palm oil, rubber, and other commodities from farmers who cut down forests to grow their crops. Around the world, environmentalists applauded, political leaders cheered, and corporate executives scurried to come up with their own plans to follow the company's lead."

Mighty Earth writes in its report: "In signing The New York Declaration on Forests, MacLennan and Cargill committed to 'eliminating deforestation from the production of agricultural commodities such as palm oil, soy, paper and beef products by no later than 2020.'"

A year later Cargill extend-



Protest in Edina

ed its deadline to 2030. Now, with the original 2020 deadline approaching, Cargill stated it will not abide by that commitment. They essentially said last year already that if they didn't buy from deforesting farmers, someone else would. CEO David MacLennan wrote on a blog post in 2019, "If Cargill alone takes action, the same practices that exist today will continue."

However, there actually are smaller companies that have started buying soy grown under sustainable conditions in the Amazon. They buy from growers who are using some of the already deforested land, not newly deforested, and are using basic best practices. Why can't Cargill do the same?

Economic threats, losing customers

I found this conversation from an environmental group on Reddit: "potatohonkey" asks: "Is there any meat supplier that isn't responsible for massive deforestation?"

"Walrave" answers: "Not really, but the cheaper the meat the more it depends on imported rock bottom price feed which is more often grown on deforested land, or the cheapest imported beef, again from deforested land. It's better to tackle this by reducing meat consumption, but not supporting the worst companies helps a bit. ..."

See Cargill, page 13

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BY DEBRA KEEFER RAMAGE

Bloomington Avenue is just not the same without the May Day Cafe. I had been about to write them off as never coming back, but I just missed the boat. Since early June, on alternate Saturdays, they have been having a pop-up sale / fundraiser event. The next one is Saturday, Aug. 15. The way they work is—no preorders, form a socially-distanced line outside, and enter the cafe one person at a time. They will have a great selection of their pastries and sweets, plus two or more healthy savory breakfast items. No drinks. “Profits” go to a small selection of pre-announced organizations. (Previous beneficiaries include Black Garnet Books, Full Cycle, the Minneapolis Sanctuary, Lift Garage, and Tubman Center. Black Garnet Books is looking to open the Twin Cities only black-owned bookstore in the near future.) Follow May Day Cafe on Facebook to keep up to date. They WILL be back full-time, someday.

There have also been murmurings about Gatherings Cafe, located within the Minneapolis American Indian Center (MAIC) opening back up to the public. I have no

date or confirmation on that. As far as I know, they are still feeding elders, and relying on donations. They post most days on Facebook, either showing off the meal the elders are getting, or highlighting some of their amazing crew and volunteers.

On the part of Bloomington north of Lake Street, Welna Hardware stands out as a great community resource that has mostly re-

They are part of the Ace network even though they don’t use the name.

In the Heart of the Beast Puppet and Mask Theatre, a block west of Bloomington on Lake, is still chugging along in virtual mode. It’s funny how things work out. When they announced over a year ago that 2020 was going to be a time out for their iconic MayDay Parade and Festival, everyone was

porta-potties or HOBT. But then every big event from mid-March to now was canceled, and we hardly noticed missing MayDay, we were missing so much of our “normal” lives. It occurs to me now that COVID-19 actually took the sting out of HOBT’s necessary if painful transformation project. Subscribe to their newsletter to keep informed of progress, future MayDays, and virtual events. hobt.org/get-involved/subscribe/

Across Lake Street, at Bloomington and Lake, is Mercado Central. Mercado Central’s many Latin American immigrant businesses were hit hard by COVID-19 and later by violence and looting. A handy way to check on their status is via Instagram. A post on their account from March 17 lists phone numbers of the principal businesses, and you can call for an update.

At 34th and Bloomington, there has been an interesting business change. Former fabric and hobbyists store Glad Creations is closed and gone, but it’s been replaced by an innovative quilters’ consumer-owned cooperative. The 2020 Weirds came at a bad time for them, as for so many new or developing businesses, but they are still there. Go to their website at quiltshopcoop.com/ to sign up for a newsletter or join, or email them at their info@quiltshopcoop.com address. Or check out their Facebook page for random news.

Across 35th Street from the May Day Cafe (covered above) is Reverie, a vegan restaurant with beer and wine and vegan ice cream. We covered their previous spot on Franklin Avenue, which was forced out by gentrification, and covered their excellent food truck in the intervening years as they sought a new bricks and mortar home. They had been open just a short time at Bloomington and 35th when COVID-19 hit. They were just re-opening for take out when George Floyd was murdered and the whole neighborhood was absorbed with protests, supporting protesters, defending the neighborhood, and feeding people. Reverie took a big hand in feeding the unhoused and the food insecure and finally emerged intact in an early June reopening. They are now selling their delicious food through either online ordering or a walk-up window, with patio seating if you want to linger. There is a Pay-it-Forward option at \$2.50 per meal (in sets of two meals.) If you hav-



The mural inside Hot Plate restaurant

mained open throughout the 2020 Weirds. Not on social media very much, they are open seven days a week, more or less normal hours.

pretty upset. We didn’t know how we’d cope, and some community members vowed to show up anyway, without permits, security,



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BLOOMINGTON AVENUE

Franklin Ave

Welna Hardware

Lake Street

May Day Cafe

35th Street

Reverie Cafe & Bar

People & Pets Together

38th Street

Minneapolis Gymnastics (Fall 2020)

Lanhart's Auto Repair & Towing

46th Street

en't tried Reverie yet, we strongly recommend it.

Near the corner of 38th Street and Bloomington is People and Pets Together. Originally billed as the only pet food shelf in town, P&PT has spawned imitators and collaborators as people realize that those experiencing the trauma of poverty, illness or homelessness need to keep their animal companions with

have been stepping up to fulfill human needs in this stressful time, while being hyper-vigilant about COVID. There are lots of churches on or near Bloomington, but five in particular I want to highlight. At 1515 E. 23rd St., All Nations Indian Church is a Church of Christ denomination incorporating Native spiritual practices into Christian theology. They were very caught up

unrest, the church building was a staging area for food and other provisions and for the street medic teams, as well as offering a "chill-out" space in the meditation room. Throughout the COVID period, Tuesday evenings are still about food for the hungry, and Sisters Camelot has continued a food distribution earlier on Tuesday afternoons. Walker's new pastor since late 2019, Rev. Katy Lee, lives on 10th Avenue across from the west side Powderhorn Sanctuary (still there at time of writing although it may not be by the time you read this) and has been very involved in neighborhood efforts there.

Another congregation—bigger and more youthful—is also based in Walker Church. New City Church has become a leader in movements such as local environmental and resilience activism and racial justice. Led by young "churchplanter" Rev. Tyler Sit and others, New City had been in negotiations with Walker Community about sharing the sanctuary and ownership responsibilities when COVID struck and moved both congregations online. Both churches have active websites and social media and weekly email newsletters if you're interested in more.

Just east of Bloomington on East 42nd Street is Bethel Evangelical Lutheran Church. This church is very active in the community, hosting a food shelf, meeting spaces and Nokomis Healthy Seniors. They became a pop-up mutual aid site, along with nearby El Colegio School, during June and much of July. A bit farther south on Bloomington, at 45th Street, is Living

Spirit. This is another aging congregation like Walker Church, but also like them, still very strong in spirit and activism. It's a racially diverse congregation. They also adapted surprisingly well to Zoom services and are cautiously planning for a return to in-person community.

For your early August nature hit, check out one of Minneapolis's newest parks—Edward Solomon at 1301 E. 58th St. Besides an archery field, Solomon Park has fields, hills, wetlands and a small pond where you might spot the neighborhood eagle.



Mercado Central at Lake Street and Bloomington

them for emotional support and stability. P&PT has branched out to also delivering some of its free pet food to (human) food shelves and pantries, so clients can get it all in one trip, or have it delivered if they are housebound. P&PT has also teamed up with the Street Dog Coalition to offer periodic free vet clinics at their store.

Mama Sheila's has reopened!



Pastor Tyler Sit of New City Church, testifying

Another one I had almost given up on. They set up a patio dining area along the sidewalk fronting Bloomington (they're at the northwest corner of Bloomington and 38th if you didn't know), but I believe they also have indoor dining within physical distancing requirements. We covered them before in The Dish—a very reasonably priced soul food buffet.

Another eatery we covered a year ago—Hot Plate—has also reopened after being takeout-only for a couple of months. Hot Plate is on Bloomington near 52nd Street. Hot Plate specializes in breakfast and lunch, with some offerings having a distinctive Mexicano twist. They are open every day except Tuesday from 8 a.m. to 1 p.m. Reservations required or you can still order takeout. See their website at hotplate.co for reservations or to pre-order takeout. They also have limited (new!) patio dining, only on the weekends.

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• COMMUNITY CALENDAR •

Southside Pride / POWDERHORN EDITION

Businesses, from page 4

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Produce Exchange at MGM. Open to the public. Online and phone orders. Delivery by Mercato.

Tare Market. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours.

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Mercato. Coastal Seafoods, Eastside Food Co-op, Produce Exchange @ MGM

Shipt. CVS, Fresh Thyme, Kowalski's, Office Max, Petco

Uber. A Baker's Wife, Lunds&Byerlys Deli, Vegan East

Farmers Markets

Kingfield Farmers Market. Sunday. Open with restrictions. Usual hours.

Midtown Farmers Market. Saturday and Tuesday. Open with restrictions. Online ordering available. No delivery. Possible curbside pickup. Usual hours.

Walgreens (Chicago & 43rd St). Open to public. Usual hours.

Walgreens (Hiawatha & 46th). Mobile pharmacy open in parking lot.

Walgreens (Hub - Richfield). Open to public. Usual hours.

Retail

Dreamhaven Books. Open with restrictions. Online and phone orders. Delivery by USPS. Restricted hours. Not buying books.

Eastlake Craft Brewery at MGM. Open to public. Usual hours.

Electric Fetus. Open with restrictions. Online orders, delivery USPS available. Restricted hours.

Elevated Beer Wine & Spirits. Open with restrictions. Call about ordering and delivery. Restricted hours.

Groovy's. Open with restrictions. Usual hours.

Habitat for Humanity--ReStore. Open with restrictions. Both donating and shopping. Usual hours. Read safety rules on website.

Irreverent Bookworm. Closed to public. Online and phone orders. Delivery by USPS. Check website for curbside pickup. Restricted hours. BUYING BOOKS now--see website.

Mother Earth Gardens. Open with restrictions. Online ordering. Curbside pickup. Usual hours.

McDonald's Liquor and Wine. Open with restrictions. Call about ordering, delivery and curbside pickup. Usual hours.

Moon Palace Books. Closed to public. Online orders only for now. Delivery by USPS or curbside pickup Mon.- Fri., 11 a.m.- 5 p.m. (They call when ready, unable to answer phone calls at this time.) Restricted hours. Not buying books.

Nokomis Shoe Shop. Open to public. Online orders. Delivery by USPS--free for orders over \$100. Slightly restricted hours.

Once Upon A Crime. Open with restrictions. Online orders, delivery by USPS available. Restricted hours. See website for more.

Repair Lair. Open with restrictions. Slightly restricted hours. Also does repairs.

Service

Cedar Ave Repair. Open with restrictions. Usual hours. Call before visit.

Clyde's Service Auto Repair. Open with restrictions. Usual hours. Call before visit.

K-9 & Kitty Kutters (Bloomington Ave). Open by appointment. Waiting list. Slightly restricted hours.

Laundromat (37th & Chicago). Open to public. Usual hours.

Massage Envy (Highland Park near Lund's). Open with restrictions, by appointment. Restricted hours.

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REP. STEVE ELKINS • REP. PETER FISCHER • REP. MARY FRANSON • REP. MIKE FREIBERG • REP. AISHA GOMEZ • REP. GLENN GRUENHAGEN • REP. BARB HALEY
REP. LAURIE HALVERSON • REP. ROD HAMILTON • REP. RICK HANSEN • REP. HODAN HASSAN • REP. ALICE HAUSMAN • REP. KAOHLY HER • REP. FRANK HORNSTEIN
SPEAKER MELISSA HORTMAN • REP. MICHAEL HOWARD • REP. JOHN HUOT • REP. SYDNEY JORDAN • REP. TONY JURGENS • REP. GINNY KLEVORN • REP. ERIN KOEGEL
REP. CARLIE KOTYZA-WITTHUHN • REP. MARY KUNESH-PODEIN • REP. SANDY LAYMAN • REP. FUE LEE • REP. JOHN LESCH • REP. TINA LIEBLING • REP. BEN LIEN
REP. LEON LILLIE • REP. TODD LIPPERT • REP. DAVE LISLEGARD • REP. JAMIE LONG • REP. DALE LUECK • REP. CARLOS MARIANI • REP. PAUL MARQUART • REP. SANDRA MASIN
REP. TIM MILLER • REP. KELLY MOLLER • REP. RENA MORAN • REP. KELLY MORRISON • REP. MARY MURPHY • REP. MICHAEL V. NELSON • REP. MOHAMUD NOOR
REP. LIZ OLSON • REP. GENE PELOWSKI JR. • REP. JOHN PERSELL • REP. JOHN PETERSBURG • REP. NELS PIERSON • REP. DAVE PINTO • REP. JEANNE POPPE
REP. JOHN POSTON • REP. LAURIE PRYOR • REP. RUTH RICHARDSON • REP. KRISTIN ROBBINS • REP. STEVE SANDELL • REP. JULIE SANDSTED • REP. DUANE SAUKE
REP. JENNIFER SCHULTZ • REP. ZACK STEPHENSON • REP. MIKE SUNDIN • REP. BRAD TABKE • REP. DEAN URDAHL • REP. SAMANTHA VANG • REP. JEAN WAGENIUS
REP. AMI WAZLAWIK • HOUSE MAJORITY LEADER RYAN WINKLER • REP. DAN WOLGAMOTT • REP. TOU XIONG • REP. JAY XIONG • REP. CHERYL YOUAKIM



• COMMUNITY CALENDAR •

Southside Pride / POWDERHORN EDITION

EVENTS

Nailish. Open with restrictions, by appointment. Usual hours.

Pedego. Open with restrictions. Phone orders. Delivery available. Call for curbside pickup. Restricted hours. Open for all services but call first.

Riverstone Salon and Wellness Center. Open with restrictions, by appointment. Usual hours.

The Beauty Room. Open with restrictions by appointment. Usual hours.

Health Care

CUHCC & CUHCC Dental. By appointment. Usual hours.

East Lake Animal Clinic. By appointment. Usual hours.

HCMC Whittier Clinic. By appointment. Usual hours. COVID-19 testing available.

Minnehaha Animal Hospital. By appointment. Usual hours.

Nokomis Pet Clinic. By appointment. Usual hours.

People's Center. Open with restrictions. Wellness Hub closed. Online appointment requests available. Telehealth available.

People's Center Dental Clinic (Minnehaha). Open with restrictions. Usual hours.

Pet Doctor (Franklin Ave). By appointment. Usual hours.

Spinal Frontier. By appointment. Phone orders. Restricted hours. Chiro care and wellness products.

Gyms, Wellness Centers, Training Facilities

Blaisdell YMCA. Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes still available.

Midtown YWCA. Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes and personal training still available.

The Fix Studio and Café. Open for outdoor workouts, running, and biking. Call about other services. Restricted hours.

Nonprofit

Ani-meals - Meals on Wheels for Pets. New service at Community Emergency Services! Contact CES if you need pet food delivered to your home. Weekly.

Boys and Girls Clubs of TC. Open with restrictions. Restricted hours. Only open for food distribution.

Briva Health. Open with restrictions. Health care navigation by phone or appointment. Usual hours.

Macedonia Baptist Church. Open with restrictions. Restricted hours. Call for more information. Only open for food distribution.

People and Pets Together. Open with restrictions. No delivery or curbside pickup. Usual hours. Pet food shelf- 1 client at a time.

Sabathani Food Shelf. Open with restrictions. Usual hours. Only open for food distribution.

Simpson Food Pantry. Open to public. Restricted hours. Outdoors, weather permitting.

Sisters' Camelot at Walker Church. Organic food distribution Tuesday afternoons till 5 p.m.

Soup for You Café at Bethany Lutheran Church (Franklin). Closed to public. Distributing bag lunches at the side door Monday thru Friday, 11 a.m. until gone.

Walker Church. Open with restrictions. Hot meals, bagged groceries. Email office@walkerchurch.org or message Facebook page for information. Tuesdays only. Only open for food distribution.

Walk-in Counseling. Closed to public. Call for Phone or Zoom counseling. Usual hours.

Pop-up Mutual Aid Sites / Pay-as-ucan / Pay-it-forward

See <https://twin-cities-mutual-aid.org/> for complete list, or for updates on needs of most of the sites listed below.

612 MASH (Medics at Chicago & 38th). Use link above to find current needs.

Augustana Senior Homes (Elliot Park). Use link above to find current needs.

Greater Friendship Missionary Baptist Church. Use link above to find needs. Uses Signup Genius App for volunteers. Distribution Tue., Thu., 2nd & 4th Sat.

House of Charity (Elliot Park). Use link above to find current needs.

J. Selby's Free Plant-based Community Meals. Open for distribution Tue.- Sat., 11 a.m.- 8 p.m.

Lake Nokomis Park Sanctuary. Use link above to find current needs.

Midtown YWCA. Use link above to find current needs. Distribution by reservation, link in link above.

Peavey Park Sanctuary. Use link above to find current needs.

Powderhorn Park West Sanctuary. Use link above to find current needs. (NB: Threatened with closure at time of writing, check link.)

Rev. Dr. Martin Luther King Park Sanctuary. Use link above to find current needs.

Sanctuary Movement Supply Depot (Park Ave UMC). Use link above to find current needs.

Seward Café. Drop-off 10-5 daily. Donate via Venmo or volunteer- see Facebook. Distributions: Fri. (Food); Sat. (Hygiene); Sun. (Baby stuff) noon- 2 p.m.

Central Neighborhood Flea Market

Hello all! Welcome to the wonderful Central Neighborhood where we are always looking for ways to have a positive impact in the community and most of all staying active! We are having a Flea Market to give our Black and Indigenous people a platform to showcase their talent, skills and culture. Reimagine 38th Street! Entrepreneurs, Small business, New Business, youth! Come out and showcase your services, products, and more.....we are still in the COVID-19 pandemic so masks will be required and all vendors will be at least 10 feet away from each other. This event will be held every Saturday through Sept. 5! Email Christina@thecentralneighborhood.com for registration info. You can contact Tommy McBrayer Jr. Tommy@thecentralneighborhood.com for more information. Hosted by The Central Neighborhood, Nini Prettygrind Anitra and Tommy McBrayer Jr.

Walker Art Center Re-opening Our Doors Are Open, Whenever You're Ready

Thursday, 11 a.m. to 9 p.m. Friday-Saturday 11 a.m. to 6 p.m. Sunday, 11 a.m. to 5 p.m.

725 Vineland Place, Mpls. We look forward to seeing you again! Timed admission tickets are now required for all visitors, even for free admission during Target Free Thursday Nights (5-9 p.m.) and Free First Saturdays, as well as for ages 0-18 and Walker members. Not a member? Join now to enjoy unlimited free gallery admission year-round.

New! Through Museums for All, \$2 admission tickets are available for visitors who present an EBT card upon check-in. What to Expect During Your Visit: New procedures and guidelines are in place to ensure your visit is as seamless and contactless as possible: timed ticketing maintains limited building capacities, all visitors must wear masks, and groups should stay physically distant. We are also reserving Thursday and Friday mornings (11 a.m.- noon) for those who are vulnerable or at risk.

Now on View: Tour six decades of Jasper Johns's work in printmaking in An Art of Changes, discover the expressive potential of the human body in The Expressionist Figure, and explore traditional, new, and even surprising artworks from the Walker's collection in Five Ways In. See walker-art.org for more information.

Tell Me Your Names and I Will Testify: Essays, by Carolyn Holbrook

Virtual Book Launch Wednesday, Aug. 12, 4 p.m.

Carolyn Holbrook will host a virtual event on Wednesday, Aug. 12 at 4 p.m. for the launch of her new book, "Tell Me Your Names and I Will Testify: Essays." Her granddaughters, Tess Montgomery, Nia Davis, and Najah Davis will read sections from the book, and there will be a Q&A with Carolyn moderated by Pamela

Fletcher Bush and Artika Tyner. Please register via Eventbrite to receive the Zoom meeting information: <https://www.facebook.com/events/941606502954301/>. Once a pregnant sixteen-year-old incarcerated in the Minnesota juvenile justice system, now a celebrated writer, arts activist, and teacher, Carolyn Holbrook has heeded the call to tell the story of her life. In a memoir woven of moments of reckoning, she summons stories born of silence, stories held inside, untold stories stifled by pain or prejudice or ignorance. Read more about the book here: <https://www.upress.umn.edu/book-division/books/tell-me-your-names-and-i-will-testify>. Hosted by Carolyn Holbrook and University of Minnesota Press. Free and open to the public.

You Are Invited to Help Change the World

Transition Longfellow Planning Meeting (via Zoom) Wednesday, Aug. 19, 6 p.m.

Are you one of those people who sees the constant stream of negative news, ranging from mass extinctions to global pandemics and the climate crisis and then feels overwhelmed with a sense of hopelessness? If you are, then you are not alone, even if it can sometimes feel that way. The fact of the matter is that each of us has more power to create change than we may realize, and the Transition Movement is a great way to help inspire change at the community level. Transition Longfellow is a grassroots group of citizens from the Longfellow and surrounding neighborhoods working to make our community more equitable and sustainable. We would like your help doing more of that. If you have a passion for social change, we want you on our team, whether your passion is for erasing systemic racism, creating more friendly spaces for wildlife, generating alternative energy, growing food, or any other thing that creates a more just and healthy world, then we have a seat for you at our table.

Join us at our next planning meeting - Wednesday, Aug. 19, 2020 at 6 p.m. The meeting will be held via Zoom. You can join the meeting here: <https://us04web.zoom.us/j/275479118> At this meeting, we will actually be playing a fun game, designed to inspire new ways of thinking of our futures. Be ready to meet others, to laugh, have fun and be inspired by what the future could bring! We hope to see you there! Please drop an email to oururbanfarmmn@yahoo.com if you plan to attend.

Minnesota Jewish Theatre Company (MJTC) Announces Its 2020-2021 Season - Theater Six Feet Apart!

Our first play, "25 Questions for a Jewish Mother," opens, outside, Saturday, Aug. 15, in the backyard of a private home. Sunday, Aug. 16, 1 p.m., it will be at the Harriet Island Target Stage area, St. Paul. The rest of the performances, which run through Aug. 30, will be at other private homes in the area, Harriet Island Target Stage, and the Veterans' Memorial Amphitheater, Wolfe Park, St. Louis Park.

Fifty Jewish mothers were asked, "What makes a Jewish mother different?" Straight, gay, young, old, Orthodox, Conservative, Reform, practicing or not, their responses were poignant, honest and fiercely funny. Based on interviews with women across the U.S. over the course of five years, this comedy features Kim Kivens. (This is an add-on to the 3-Show Passbook Package.) Ticket information at 651-647-4315 / info@mnjewishtheatre.org

The Jungle Showcases Local Artists in New Multimedia Art Installation "Shine a Light" Aug. 20-30

The Jungle Theater is excited to present its first-ever SHINE A LIGHT festival, a designer-focused, multimedia event that showcases designer-created window displays to transform the exterior of the Jungle for the community to enjoy. SHINE A LIGHT will be free and open to the public from Aug. 20-30 in the Lyn-Lake neighborhood at 2951 Lyndale Ave. S. in Minneapolis. SHINE A LIGHT will feature art by Sarah Bahr, Chelsea Warren, Mina Kinukawa and Catalyst Arts' Bayou, some of whom were slated to design for the Jungle's 2019-2020 Season. The designers will create content in the four large lobby windows, best viewed during the daytime. Additional content will be available on window posters and online, using QR codes. More information is available at www.jungletheater.org. This event is free and open to the public. To protect the community's health and safety, this entirely outdoor event is designed to encourage viewers to enjoy the displays at their own pace, while being mindful of social distancing.

Creativity Together Kairos Alive! and Minnesota Orchestra 2-way Online Music, Dance and Story Summer Series: Thursdays, July 16-Aug. 15 10:30-11:15 a.m.

Be part of the show! Individuals and families of all ages and abilities are invited to join a series of 2-way interactive Kairos Alive! Dancing Heart™ Creativity Together free participatory dance, music, song and storytelling events. They will be webcast over Zoom on Thursday mornings, July 16-Aug. 13, 10:30-11:15 a.m. CDT. These fun-for-all virtual performing arts engagement sessions tap the creativity in everyone and are a great way to connect with family and friends - and make new friends.

Sessions feature guest musicians from the Minnesota Orchestra; bassoonist Kai Rocke and flutist Emilio Rutllant, both Minnesota Orchestra David and Rosemary Good Fellows. Alternating weeks will include favorite local musicians Vladimir Garrido-Biagetti, and Tom Johnson. Sessions are led by Kairos Alive! dance, song and theater Performing and Teaching Artists, Maria Genné, Parker Genné and Lynnea Doubllette.

To join the fun, email lynnead@kairosalive.org and Kairos will forward Zoom links to the shows.

EVENTS AND ONLINE RESOURCES

Being Church Today

Monday, Aug. 17, 10:30 a.m. Online

Church Anew has gathered a diverse set of nationally recognized thought leaders to speak, in short form, to how the church can lead in a time like this. These keynote speakers will amplify the voices of local leaders from the Minneapolis area, who will share stories of how the church is leading in our own context, particularly in response to systemic racism in our communities. We expect this digital conference to challenge and provoke participants so that church leaders from all over the nation can reclaim the immediacy and necessity of our ministry in a time like this. To learn more and register for this free event, go to <https://churchanew.org/events/2020/8/17/being-church-today>.

Provide tangible support and hope to refugees

Minnesota Council of Churches
122 W. Franklin Ave. Ste. 100
Mpls. 55404
The coronavirus outbreak has affected all of us, and former refugees are no exception. We are proactively reaching out to recent arrivals to provide updated information about COVID-19 and understand the needs that families are facing. Families who arrived in Minnesota as refugees are facing challenges to employment, health care access, and social support, but oftentimes without the benefit of a strongly established support network. Your donations of Cub, Aldi, and Target gift cards are a tangible way that we can offer practical support and encouragement to families during this pandemic. Grocery gift cards can be mailed to our office and will be distributed directly to our most vulnerable clients. For more information, please email rsvolunteers@mncchurches.org. Thank you!

Little Free Pantry at Bethel Lutheran Church

4120 17th Ave. S., Mpls.
Thank you for all your donations to our Little Free Pantry at Bethel Lutheran Church. Together we have helped feed our surrounding community for five months. However, we are almost out of food. We could really use things that go quickly in our neighborhood. For instance: pasta and spaghetti sauce, ramen noodles, boxed meals; breakfast cereal, bars, and peanut butter; bags of white rice and dry beans; tortillas, chips, and crackers; mac and cheese, Spaghetti O's, ravioli, etc.; cans of tuna

fish or chicken, jerky, and snack sticks; canned fruits, snack fruits and pudding; toilet paper, paper towels, toothbrushes, toothpaste, and soap. Of course, all NON-PERISHABLE items will be accepted, but these items are what seem to be most wanted. THANK YOU!

Bahá'i Center of Minneapolis

3644 Chicago Ave., Mpls.
Socially distanced devotions, Sundays, 10 to 11 a.m. Please visit the Bahá'i community of Minneapolis website at www.minneapolisbahai.org/. Here you will find information about upcoming and past Holy Day celebrations, as well as news, announcements and information.

Catholic Church of the Holy Name

3637 11th Ave. S., Mpls.
Sunday Mass at 11 a.m.
Limited seating, reserve online, and masks required. You may also watch Mass on our YouTube channel. www.churchoftheholyname.org/

Catholic Church of St. Albert the Great

E. 29th St. & 32nd Ave. S., Mpls.
In-person Masses with limited seating on Saturdays at 5 p.m. and Sundays at 9:30 a.m. and noon. Please see our website at www.saintalbertthegreat.org/ for more details. Sunday 9:30 a.m. Mass also streamed on our Facebook page at www.facebook.com/StAlbert-TheGreatMpls/.

Faith Evangelical Lutheran Church

3430 E. 51st St., Mpls.
www.faithlutheranmpls.org
Sunday Worship (with safety measures in place) at 9 a.m. Those who are over 65, have pre-existing conditions, or live in proximity to at-risk demographics are encouraged to remain home. We will continue to post videos online for Sunday morning for those who can't join us yet on YouTube and Facebook www.facebook.com/felcmpls/. Sunday morning Bible class 10 a.m.; midweek Bible class Wednesdays 10 a.m.; masks and social spacing required for worship and Bible class. NA groups Wednesdays 7:30 p.m. and Fridays 7 p.m.

First Free Church

5150 Chicago Ave. S., Mpls.
We're not closed. We're online. Sunday services will be posted at 9 a.m. to our Facebook and YouTube pages. Visit our website at www.firstfreechurch.org and click on the link "Roadmap to In-Person Church Gatherings."

Holy Cross Lutheran Church, LCMS

1720 E. Minnehaha Pkwy., Mpls.
Sunday Worship Drive-In Services at 9:30 a.m. in the parking lot on the 1620 AM channel.
Wednesday Lessons on the Lawn, 7 p.m. Gather on the lawn in front of the church for a simplified order of worship. Bring a chair or blanket, and a mask. Bible Study via Zoom at 10:30 a.m. (see calendar for info). Sunday Worship recordings online at www.holycrossmpls.org. Scroll to mid-page on the homepage to see recordings and bulletins to follow along.

Hope Lutheran Church

5728 Cedar Ave. S., Mpls.
In a desire to do our part, Hope Lutheran Church has moved worship from a physical gathering in our Sanctuary on Cedar Avenue to an online gathering until further notice. To learn how to connect to our worship services, please click on the Worship Tab on our website. www.hopempls.org

Living Spirit United Methodist Church

4501 Bloomington Ave., Mpls.
Worship with us from home! Worship is currently being streamed on Facebook Live at 10:30 a.m. on Sunday mornings at www.facebook.com/LivingSpiritMN/. The weekly bulletin, children's faith formation packet, and more will be posted to our website; that's also where you can find resources and worship recordings from previous weeks. www.livingspiritumc.org/online

Messiah Lutheran Church

2400 Park Ave., Mpls.
All services now online at www.messiahlutheranmpls.org. Each week we video services, viewable anytime, please join us! Visit our website for online devotions and bulletins.

Minnehaha Communion Lutheran Church

4101 37th Ave. S., Mpls.
9:45 a.m. online Sunday Worship. All Services and programs are temporarily online. Please check the church website for any changes: <https://minnehahacommunion.org/>.

Minnehaha United Methodist Church

3701 E. 50th St., Mpls.
Beginning Aug. 9, we will have an in-person worship option, Sundays at 9 a.m. on the side lawn of the church (weather permitting). Wear a mask, bring a chair, and social distance. Online worship is still available, either

livestreamed at 9 a.m. or afterward on-demand. Join us! Visit our website at www.minnehaha.org/ for more information.

Mt. Zion Lutheran Church

5645 Chicago Ave. S., Mpls.
Please see our website for the latest information on Mt. Zion's plans to re-open for worship. Until that time, feel free to visit our outdoor lending library! Stay well. May God bless and keep you! www.mtzioninmpls.org/

New Creation Baptist Church

1414 E. 48th St., Mpls.
Watch and interact with our livestream prerecorded services on Sunday mornings at 10:45 a.m. on our Facebook page at www.facebook.com/New-CreationBaptistChurch/ and visit our website at <https://newcreationbaptistchurchmn.org/>.

Nokomis Heights Lutheran Church

5300 10th Ave. S., Mpls.
www.nokomisheights.org
All in-person worship and activities suspended. We may be separated, but we are still a church and a community, physically distant but faithfully together. Connect with our online community on Facebook and YouTube and join us as we navigate these challenges together. A new worship goes up on YouTube every Sunday at 10 a.m., and all are archived, so you can view the ones you missed. www.facebook.com/NokomisHeights/

Plymouth Congregational Church

1900 Nicollet Ave., Mpls.
All Plymouth meetings and in-church Sunday services canceled until further notice. Please visit our website at www.plymouth.org/ or our Facebook page at www.facebook.com/PlymouthCongregationalChurch/ to access our virtual offerings of Sunday services, contemplative prayer, daily meditations, musical moments, and more.

St. Joan of Arc Catholic Community

4537 3rd Ave. S., Mpls.
For video masses, musical performances, church bulletins, and other news, please see our website www.saintjoanofarc.org/ or Facebook page www.facebook.com/StJoanMpls/.

St. Mark's Episcopal Cathedral

519 Oak Grove St., Mpls.
For the sake of the common good, Saint Mark's doors are closed until further notice—still there is so much you can practice from home. Sunday morning worship is livestreamed at 10:30 a.m. each week. Visit our website at <https://ourcathedral.org/> for links to Daily Practices and past livestreams and video archives.

Temple of Aaron

616 Mississippi River Blvd. S., St. Paul
Please visit our Facebook page for updates on the synagogue's programs, schools, and services. www.facebook.com/Temple-of-Aaron-202015025137/

Trinity Lutheran Congregation

Augsburg College, Hoversten Chapel
Riverside & 22nd Aves., Mpls.
www.trinitylutherancongregation.org
Online worship available anytime on our YouTube channel: Trinity Lutheran Congregation

Walker Community United Methodist Church

3104 16th Ave. S., Mpls.
Until further notice, Walker Church will be closed for all non-essential operations. Services will continue online via Zoom and Facebook Live at 11 a.m. to noon on Sundays. Visit our website at

www.walkerchurch.org/ or Facebook page at www.facebook.com/walker-umc/ for more information.

SHARING FOOD

Calvary Lutheran Church

**3901 Chicago Ave., Mpls.
612-827-2504, ext. 205**
The Calvary Emergency Food Shelf is available for area residents on Saturdays from 9 a.m. to noon. We will hand out pre-packaged bags of food with a Walk-Up table on 39th St. and Drive-Thru model at the parking lot entrance. Please stay in your car, and we'll bring the food to you! Volunteers will be available outside to help you. There are eligibility requirements. On our website, www.clchurch.org, click on the "Food Shelf" link in the "Outreach" tab, or call the food shelf office at 612-827-2504, ext. 205.

Food Hub

**Greater Friendship Missionary Baptist Church
2600 E. 38th St.
Monday - Friday, 11 a. m. to 3 p.m.
Free Food and Household Supplies.**

Groveland Emergency Food Shelf

**1900 Nicollet Ave., Mpls.
Plymouth Congregational Church
612-871-0277**
Monday – Friday
9:30 a.m. to 12:30 p.m.
Entrance to Groveland Ave. between Nicollet and Lasalle. <http://groveland-foodshelf.org/>

Minnehaha United Methodist Church

**3701 E. 50th St., Mpls.
612-721-6231**
Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, the Minnehaha Food Shelf is open on Tuesdays from 10 a.m. to 3 p.m. We have moved our operations outdoors, meter the flow of clients to help ensure social distancing, periodically clean our surfaces, and wear face masks. Should we have foul weather, we plan to move the distribution indoors, though still meter clients and encourage distancing. www.facebook.com/MinnehahaFoodShelf/

New Creation Baptist Church

**1414 E. 48th St., Mpls.
612-825-6933**
We're still here to serve you on the first through fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. Be safe and God bless! www.facebook.com/NCBCfoodshelf/
Food Shelf
Saturdays (except 5th Saturdays)
10 a.m. to 2 p.m.
(Brown door on the corner of 48th St. and 15th Ave.)

Walker Community United Methodist Church

**3104 16th Ave. S., Mpls.
office@walkerchurch.org**
Tuesday Meals: Our regular Tuesday meals will be suspended until shelter-in-place orders end. We will still have groceries available for pickup on Tuesdays from 5 to 6 p.m. www.walkerchurch.org/

Bethany Lutheran Church

**2511 E. Franklin Ave., Mpls.
612-332-2397**
Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. www.bethanyinseward.org/

The Powderhorn Religious Community Welcomes You

Bahá'i

BAHÁ'I CENTER OF MINNEAPOLIS
3644 Chicago Ave. S., 612-823-3494
Minneapolis.Bahai@gmail.com
Devotional Gatherings Sunday 10 am
See www.minneapolisbahai.org for online options

Christian

CALVARY LUTHERAN CHURCH
3901 Chicago Ave. S.
612-827-2504 or www.clchurch.org
Sunday Worship at 10 am, via Facebook Live and Zoom, See website for instructions
Pastor: Hans Lee
A Reconciling in Christ Congregation

CATHOLIC CHURCH OF THE HOLY NAME

3637 - 11th Ave. S., 612-724-5465
Mass at 11 am Sunday Limited seating, reserve online, masks required
Watch Mass on our YouTube channel
www.churchoftheholyname.org
Pastor: Fr. Leo Schneider
A welcoming Roman Catholic community

MESSIAH LUTHERAN CHURCH

The Center for Changing Lives
2400 Park Ave. S., 612-871-8831
All services now online at www.messiahlutheranmpls.org
Each week we video services, viewable anytime, please join us!

ST. JOAN OF ARC CATHOLIC COMMUNITY

www.stjoan.com, 4537 Third Ave.
Masses suspended until further notice
Video available on our website and Facebook page
We Welcome You Wherever You Are On Your Journey



All Directory Churches are Wheelchair Accessible



Notes from the desk of peace activist Polly Mann (b. Nov. 19, 1919)

Michelle Obama's school nutrition standards upheld

It's a rather fantastic idea, but then there is much fantasy about what the government does. It seems our president has rolled back legislation having to do with school nutrition. A federal court has struck down a 2018 Department of Agriculture rule that reversed nutrition standards in school meal programs once championed by Michelle Obama. The school lunch and breakfast program is only the latest in a series of Trump administration regulations that have been struck down for violating the legal procedures that Congress set out for approving new legislation. The court concluded that the legislation was not inconsistent with federal law. It does not reflect unexplained and arbitrary decision-making. It does not represent an unacknowledged change in position and the U.S. Department of Agriculture appropriately responded to public comments, ruled U.S. District

Judge George J. Hazel. The food items in question are sodium and whole grains. Karianne Jones, one of the lead legislators for Democracy Forward, a liberal legal group that represents the Center for Science in the Public Interest and Healthy School Fund Maryland, explained, "What the Trump administration has done time and again is to roll back federal policies that are designed to ensure that American children can access food." However, it appears that Mr. Trump's actions to weaken legislation ensuring school children sufficient food, including fruits and vegetables, have been to no avail and existing standards for such will remain in place. Hurrah hurrah!!

Weapons are big business

Year after year, American arms have been used against the Yemeni in their war with Saudi Arabia. Three times attempts were made to cut off the necessary funding of \$3 billion to the Raytheon corporation for arms sales. But lobbyists with the support of President Trump finally succeeded in pushing the legislation through the Congress. Lawmakers from both parties

have condemned the continued arms sales, expressing both humanitarian and security concerns. Sen. Mike Lee, Republican from Utah, has publicly criticized the administration's approach to the conflict, saying, "We don't even know how these arms are being used ... This war was never authorized by Congress." Tom Malinofsky, a New Jersey Democrat and former head of the State Department's Human Rights Bureau, commented about President Trump: "He seems to see foreign policy in the way he viewed the real estate business. Every country is like a company and our job is to make money."

The rich get richer

Since 1989 the ultra-rich have gotten \$21 trillion richer while the bottom 90% have gotten \$900 billion poorer. The gap between productivity and a typical worker's compensation has increased dramatically since 1979. If you're a member of that ultra-rich group, you are probably dubious about the source of this information. It follows. INFORMATION SOURCE —EPI analysis of unpublished Total Economic Productivity data from Bureau of Labor Statistics

(BLS) Labor Productivity and Costs program —Wage data from the BLS Current Employment Statistics —BLS Employment Cost Trend —BLS Consumer Price Index —Bureau of Economic Analysis National Income and Product Accounts

Interesting statistics??

- 1) The billionaire class has added \$308 billion to its wealth even as a record 26 million people lost their jobs.
- 2) Between March 18 and April 22, the wealthiest Americans' incomes grew 10.5%.
- 3) Three coal companies have received \$28 billion.

AT THE SAME TIME U.S. companies like Caterpillar, Levi Strauss, Stanley Black & Decker and World Wrestling Entertainment are still rewarding shareholders while thousands of their laid-off workers are filing for unemployment benefits. As American families are struggling, war profiteers are requesting their own bailout. The National Defense Association, a trade group for the arms industry, asked the Pentagon to speed up contracts and awards for \$160 billion in unobligated funds. Nationally, more than 70 percent of jobless Americans did

not receive unemployment benefits in March.

U.S. supports ongoing war against Yemen

The following information is from The Progressive magazine of June-July 2020. The U.N. reports a death toll of 100,000 in Yemen's ongoing war, plus 131,000 dying from hunger, disease and a lack of medical care. At least 85,000 children have died from extreme hunger since the war began in 2015. Also involved were the rebels, the Houthis, who constitute 70 percent of Yemen's population. Of course, the United States is involved. In 2019, it was reported that 11 states and the District of Columbia have each exported more than \$100 million worth of weapons to Saudi Arabia and the United Arab Emirates. On a monthly basis, Saudi Arabia's state-owned shipping company, Bahri, sends cargo ships to U.S. ports to collect bombs, grenade, cartridges and defense-related aircraft. I am sure Americans would prefer that their tax dollars be spent on causes that benefit people, be they Yemenis, Houthis, or Saudi Arabians, rather than those that destroy life.

Respect, from page 1

police. We said that we intended no harm to the building or plaza, and thought spending the night there was reasonable. Soon two Minneapolis police cruisers and about eight police officers arrived. One clearly was in charge. He listened politely as I explained our concerns about meeting the needs of people who are experiencing homelessness. He expressed sympathy when we explained that we simply wanted to spend one night there. He agreed to talk with U.S. Bank officials while notifying us that we technically were trespassing. I informed the officer that we had no intention of leaving even if U.S. Bank moved forward with asking the police to start arresting. A few minutes later, the officer returned. He said U.S. Bank officials were willing to have us stay there for the night so long as we moved our "Homes not Handcuffs" banner from their flag poles to city utility poles. We didn't see the problem, and said if that was the only condition, we'd be willing to do that. (Ultimately U.S. Bank didn't press us to move the banner. We didn't.) The Minneapolis police wished us well and left. Isn't this ironic? The Minneapolis police mediate an agreement with a large private company. Company officials say it's OK to stay for the night. Our

elected officials refuse the request. (They also ignore our requests to meet). What should be done? 1. People experiencing homelessness who are forced to live outside in our parks, housed neighbors who support the parks, and the many other real allies and advocates for people experiencing homelessness have made the ongoing rational, humane demand: STOP BUSTING UP THE CAMPS. 2. Public officials should be meeting with the residents of the encampments and housed supporters to work with them, collaborate with them, listen to them to work together to provide safety for the camps, supplies and plans for dignified safe homes and housing ASAP. 3. Winter is coming. Public officials should be feverishly working with all of the above to provide safe, dignified and appropriate housing and shelter. It IS NOT OK for our public officials to count on arrival of winter to force people experiencing homelessness to be frozen out of the public eye. Our unhoused community members have been frozen out for far too long. Across the United States people experiencing homelessness and their allies have called for: Our policy makers and public officials to purchase tax forfeited homes, HUD-foreclosed homes and federal surplus properties. To be used immediately and for those that need rehab to

immediately start the rehab. To provide appropriate safe homes and housing for those people among our unhoused community who struggle with mental health, addiction, trauma. (So far, our public officials have created the false narrative that people experiencing homelessness are criminals. They criminalize people based on housing status.) Respond to the tiny home projects that are either shovel ready or in process. Stop stalling on this very workable and affordable means of providing homes. All of the above come from people experiencing homelessness. They must be actively involved, not as tokens, but as residents of our city, county, state who deserve that our public and elected officials do their job. Serve all residents, housed or unhoused. The City of Minneapolis, Hennepin County and the Minnesota Housing Agency have focused on short-term solutions. They've spent millions on shelters which many youngsters and families have testified are dangerous, undesirable places. These are NOT medium or long-term solutions. We need action. We're not going away. Hopefully in the future, city, county and state officials will work with us—rather than ignore or threaten us. We the people—whether currently housed or homeless—de-

serve better. Stop threatening, start respecting homeless people and their allies!! Here's good news and a huge irony. We know more than enough to dramatically reduce the number of homeless families and individuals—the people several of us saw and spoke with recently as we spent hours—some of us all night in downtown Minneapolis. The huge irony? For daring to stand up with homeless people, we were

Cargill, from page 7

I like Walrave's idea of reducing meat consumption. That is more manageable than pressuring giant corporations to stop buying soy grown on deforested land. They will stop doing that naturally if nobody wants meat. McDonald's, Burger King and Costco are big buyers of Cargill meat. So, if you buy from them, don't. (It's heartening to know, though, that McDonald's, among other large companies, would like to see sustainable changes in Cargill's supply chain.) It's hard to know who buys what from whom. Ideally, we should all get our meat from local regenerative farmers. (Sustainable meat might be more expensive, but then you just eat less of it—and save your heart.) According to Cargill's website,

threatened by government officials and supported by a huge company. 1. Will Hennepin County and other bureaucrats view "we the people" as allies—or as people who need to be threatened—as we were on the night of Aug. 3? 2. Will local, county and state officials do their jobs—and abandon policies that have spent hundreds of millions of dollars, but failed to reduce youth and family homelessness? the company absolutely follows sustainable practices in the Amazon, and according to Mighty Earth's investigators, they absolutely do not. I wondered: If Cargill's practices are sustainable, why did the CEO sign the pledge to stop deforestation by 2020 in 2014 and then explain in 2019 why the promise could not be kept? Publisher's note: Protest is good because it illustrates the contradiction of two forces. It is a demonstration of those two forces in struggle. But the point is not to remain in struggle, but to resolve the antagonistic contradiction through public discussion and political will. At some point we need to stop protesting and start running the government.

Go be poor somewhere else!

BY ELINA KOLSTAD

Homeless encampments are popping up in more and more Minneapolis Parks. One of these sites was just bulldozed by the city in Powderhorn Park, where the phenomenon began over a month ago. To be clear, the city left one of the two encampments in the park in place for now.

This is starting to feel like déjàvu all over again. At least when the Wall of Forgotten Natives encampment was taken down, the city made token efforts to provide a temporary housing alternative first. This time, residents were simply told to pack their belongings and try to find their way to another park, with no guarantee that they wouldn't be kicked out of that park.

Not only is this infuriating and heartbreaking to witness, it's also chilling. We are on the precipice of what is already being called an eviction tsunami

and we are failing miserably to deal with the homelessness that exists now. Rumors swirl that the city paid the contractor \$300,000 to have them pull down the closest thing to a home these individuals had. Many city residents wonder at the number of these same people that money could have housed instead.

There were and are legitimate issues at the homeless encampments, ranging from violence and assault to drug use and prostitution. Often people find themselves homeless as a result of mental illness, drug addiction, and trauma. People are messy and poverty exacerbates this messiness. It is well past time for us to discard our obsession with a "deserving-poor." Bulldoze the notion, toss it in a dumpster, and light it on fire.

Housing is a human right. People deserve a stable home whether they are a good person or a giant asshole. I'm not

saying this because often those who commit these grievous acts often do so because they were victimized themselves. Our focus as a society on whether those in need of help deserve it or not takes resources and energy out of solving the problem at hand, which has a far worse impact on those "good" poor we claim to have empathy and compassion for.

We need to act NOW. We need real solutions that can be implemented and expanded quickly as needs arise. Until there is political action on par with the problem, we are stuck with doing what we can as individuals. To that end I have started a fundraiser on behalf of the Powderhorn Park Neighborhood Association (PPNA)

that has done such amazing work to not only do their best to help those who are already homeless but also have set up a rental assistance program to help prevent people from becoming homeless. I am attempting to raise \$5,000 for them to put towards these ef-

orts. <https://www.givemn.org/story/Gvu2eg>

For many years we as the housed in Minneapolis have been able to tell the homeless to go be poor somewhere else. There is no more somewhere else.



Crime, from page 1

into heroin, and they protect it on the long drive the length of Afghanistan from Pakistan to the Russian Mob waiting on the border in Turkmenistan, and the Russian Mob brings it to Europe and the U.S.

The Russian Mob owns Donald Trump's soul ever since he started bankrupting casinos in 1991. He laundered their drug money. They dumped cash on him. They bled the profits. He went bankrupt. They liquidated the assets. The money went in dirty and came out clean.

Michael Flynn was Trump's first appointment. He was his national security advisor. He had been the general in charge of military intelligence in Afghanistan. He knew the opium trade—how much money was in it and how to cut out a piece of it. I'm sure he was the one who told Trump to drop the Mother of All Bombs in Hamid Karzai's backyard to let him know that Donald Trump wanted a piece of the action. Flynn, through his private contacts in Kabul, is probably still advising Trump on the size and street value of this year's opium crop.

And the Russian Mob and Vladimir Putin will take care of

Trump after he loses the election. They'll probably set him up with a nice dacha on the Black Sea. It won't be Mar a Lago, but it's not prison.

So, who dumped all this heroin on the streets? Offering half a brick on credit? Fueling turf wars?

Who benefits?

The Russian Mob gets to push a lot of product.

And Donald Trump gets to point to chaos in the inner city, and threaten to send in federal troops to restore law and order.

Lao Tzu said 2600 years ago, "The louder the call for law and order, the more the thieves and con men multiply."

And crack is back.

Crack cocaine has made a big comeback on the street. Where does that stuff come from? Mostly from Colombia, and the CIA has been involved in that trade route ever since Ollie North set it up in the Iran Contra deal. He was selling Colombian cocaine to the Mafia at a secret CIA air base in Florida and using the cash to buy guns from Iran to bring back to the Contras, to trade for more cocaine to sell in Florida, etc.

The CIA knows the principal contacts for cocaine and crack cocaine distribution in the U.S.

They could turn it on or off. They've definitely turned it on for now.

What can we do about this?

We can start by legalizing all drugs. Marijuana should be sold openly everywhere, and cocaine and heroin should be administered by medical professionals. Legalization eliminates illegal drug trafficking immediately.

We need methadone treatment centers in the neighborhood. We need drug dependency counselors out on the street.

And, most important, we need to offer young ambitious entrepreneurs a better line of work than dealing crack or smack. Anyone caught dealing should be sent to college for four years or a trade school for two. That ambition, creativity and determination needs to be channeled into socially useful behavior.

We need to work with the brothers and sisters caught up in addiction to heroin and cocaine, but we also need to appreciate where this is coming from. It's coming from the Russian Mob and the CIA and it has the Trump brand stamped all over it.

Neighbors, from page 3

heat of the summer, there is foot and car traffic, noise, drug dealing, soliciting (of girls and young women for sex), parking issues and, sadly, crimes including vandalism, theft and rape. Unfortunately, there are predators who will take advantage of the vulnerable. For some predators, Powderhorn Park has become a target.

According to quotation sleuth Ralph Keyes: at the Hubert Humphrey Building dedication (11/1/77) in Washington, D.C., former Vice President Hubert Humphrey (1965-69) spoke about the treatment of the weakest members of society as a reflection of a government. As quoted in The Columbian, he said, "The moral test of government is how that government treats those who are in the dawn of life, children; those who are in the twilight of life, the elderly; those who are in the shadows of life, the sick, the needy and the handicapped." If we believe this, we must also believe that the City of Minneapolis, Hennepin

County and the State of Minnesota have failed the moral test.

Should our city leaders need inspiration and guidance to further tackle the problem of homelessness, perhaps they should look to some successes. Some cities are reducing and even ending homelessness. Amongst them are Trieste, Italy; Helsinki, Finland; and our own Rockford, Illinois. Rockford is the first in the U.S. to reach functional zero for homeless veterans and the second to do so for chronic homelessness (John Henley, The Guardian). Rather than start from scratch or reinvent the wheel, we can learn from these successful cities. We start by studying and participating in Community Solutions/Built for Zero, an organization and methodology that seems to be working. It requires moral courage, data-driven thinking and a systemwide approach. Of the 85 cities that have implemented Built for Zero, 47 have achieved reduction results. There is hope.

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I am proud to watch every day as Ilhan, her campaign organization and her official office work to fight for people like us. In just her short time in the House she has led on important issues.

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The Democratic primary is already underway. I am asking you to vote for your DFL-endorsed candidate, Ilhan Omar, so she can keep fighting for our progressive values. Vote early in person at your county office, or show up on Tuesday, August 11th.

Keith Ellison

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