



**We build Pride on the Southside**

# NOKOMIS EDITION

SECOND MONDAY OF THE MONTH

**November 2020**

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## The way we live today



BY TONY BOUZA

A bromide—a crisis can be an opportunity. Can we even see the possibilities behind such inane assertions? The deafening effects of samplers result in comas.

I am driven to the NYPD by its size, prominence, utility as a universal example and my own tortured and loving relationship to it.

In 1975, NYC faced a fearful fiscal crisis—brought by indifference, mismanagement and the bad luck of timing, in the form of soaring crime and arsons. The Bronx, my assignment, really was in flames.

I was frantic with fear and pleaded with Police Commissioner Michael J. Codd to adopt reforms. He brusquely chastised me for the effrontery. I made a speech before the City Club denouncing management—which appeared on page one of The New York Times. Codd forced me out very soon thereafter.

But all that is self-pitying and self-justifying drivel.

The real, central

See Bouza, page 5



Junail Anderson was one of about a hundred people involved in the sanctuary movement who rallied outside The Extended Stay America Hotel to ask for an extension for homeless people living there. The hotel relented and granted the 60 folks in search of homes an “Extended Stay.”

## At least this is a start?

BY ELINA KOLSTAD

The Minneapolis City Council just approved a “Tiny House Village” to be constructed inside a warehouse in the North Loop to serve as a transition center for homeless people from encampments to a more permanent situation. I am heartened to see steps being taken to address the growing problem of homelessness, but I also have some concerns.

The tiny homes will be located within a building. This has some advantages such as quick construction as winter is already, and prematurely, here. I am also

glad that people housed in this facility will have more privacy and security than those in shelters or in the “Navigation Center” of a few years ago. The initial plan was that it would be possible to take down and reassemble these interior tiny houses as needed at different sites as opportunities and needs shifted. While it’s good that there is long-term planning going into the process, I am concerned that the thought process seems to be that the problem will ebb and flow in the near to medium term. Given the economic forecasts and the fact that the city is not only not cre-

ating new subsidized housing and that they are actively privatizing existing public housing, we have to expect a steady growth in the homeless population in the coming months if not years.

There are also very real concerns about the cost/benefit of this plan. The initial proposal was for houses to be built into the Kmart blocking Nicollet at Lake Street, which the city now owns. The city has instead chosen to negotiate to lease a warehouse in the North Loop to house what they are calling “the Indoor Villages project.” This seems like a needless ex-

See A Start, page 4

## NENA wants to connect

The Nokomis East Neighborhood Association (NENA) is supporting a new resident-led initiative: Nokomis East Neighbor-to-Neighbor Communication Project. The project will assess the level of neighbor-to-neighbor communication preparedness in Nokomis East and will implement three communication strategies:

Strategy 1) Establish a temporary online communication tool (a Slack workspace) run by trained neighborhood volunteers for times requiring fast neighbor-to-neighbor communication;

Strategy 2) Support and promote established social media channels for neighbor-to-neighbor communication (i.e., Nokomis East Information Sharing Facebook Group and Next-Door); and

Strategy 3) NENA to establish a temporary communication network with block club leaders to share information during times requiring fast neighbor-to-neighbor communication.

The recent uptick in carjackings and home burglaries in South Minneapolis has made some neighbors nervous about their neighborhood. It hasn’t affected housing values, and anyone wanting to leave has found eager buyers who want to move in, but it doesn’t hurt to get connected to your neighbors if at some point you want to call on them.

To sign up, call NENA at 612-724-5652.



**Enjoy our Senior Section**

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**Gracefully**

**Happy Holidays**

**pages 7 - 10**





# Some inspirational folks who are aging gracefully; plus, explosion of senior workouts online

BY DEBRA KEEFER RAMAGE

First, let us consider the staggering array of online workouts available these days, especially those geared toward seniors



Walter Mosley

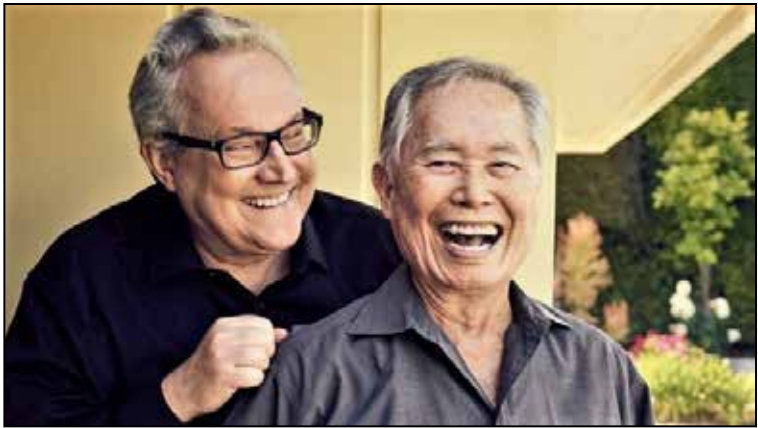
who might have mobility issues. Chair workouts and zero-impact aerobics (ZIP) dominate the list. There are stand-alone companies like GrowYoung Fitness ([https://www.youtube.com/watch?v=lQn6LXA4\\_2c](https://www.youtube.com/watch?v=lQn6LXA4_2c)), along with the Ys, private health clubs big and small, yoga studios, and single personal training entrepreneurs. I should warn you that a lot of these apps advertise themselves as being free but are not. “Free to download” is the modern equivalent of “pure and natural.” What it generally means is that you download it, use it for a few seconds, and then it says you can use it free for a week or two and then be automatically subscribed. Some of the monthly charges are quite high. So, beware. However, the YWCAs and Silver Sneakers videos are free even if you’re not

a member, as are all the things you can find on YouTube. I’m not sure how long that will last; it was due to COVID that all this took off.

This exercise excursion made me think about Jane Fonda. She’s not going to be one of my exemplars (sorry, Jane) but I do recommend her work in “Grace and Frankie” (Netflix), especially the parts where she and Lily Tomlin are trying to market a special senior vibrator design to their old networks. Comedy gold.

To be on my select list of inspirational folks, a person has to meet my strict criteria:

- Older than me (I will be 68 by the time you read this)
- Well known enough that this won’t be the first you have heard of them
- Still alive at the time of writing



Brad and George Takei

- Have some ineffable quality that inspires me.

I discovered lots of cool life stories about my inspirations that I hadn’t known before. Like that Yoko Ono went to elementary school with the future emperor of Japan. But anyway, let’s jump into the list of inspiring cultural icons of elder sta-

tus.

We’ll start with none other than the honorable U.S. senator from Vermont, Bernard Sanders (born Sept. 8, 1941). Reasons to admire and emulate Bernie Sanders: He has stayed remarkably true to his best principles but does learn from his mistakes. He is not at all a utopian dreamer, as his opponents portray him, but is rather as acute a pragmatist as one can be and still have principles. Consider this quote from his Senate.gov biographer: “The Almanac of American Politics calls Sanders a ‘practical and successful legislator.’ Throughout his career he has focused on the shrinking American middle class and the growing income and wealth gaps in the United States. As chairman of the Senate Committee on Veterans’ Affairs, Sanders in 2014 passed legislation reforming the VA health care system. Congressional Quarterly said he was able ‘to bridge Washington’s toxic partisan divide and cut one of the most significant deals in years.’” He is lovable (remember the bird incident? And the meme contrasting little kids’ reactions to Bernie and to Trump?) and very quotable. He seems to have real compassion for the downtrodden working class that he works so tirelessly for, and he has a wonderful self-deprecating air about him



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**Bruce Springsteen**

that bespeaks true humility.

My second inspirational icon is a total pivot—Stephanie Lynn Nicks (May 26, 1948), better known as Stevie Nicks. It's funny that I chose her from out of many female rock stars that I have listened to and been a fan of far more. But her record in the music world as a tireless creator and a pioneer for women in rock pretty much persuaded me. Nicks only got into what had previously been a British band, Fleetwood Mac, because her musical and romantic partner, Lindsey Buckingham, said they were a "package deal." But Nicks made Fleetwood Mac stars. Her distinctive voice is what's mainly associated with their sound, and she wrote most of their biggest hits. Perhaps this is why she is the only woman to be inducted twice into the Rock and Roll Hall of Fame, the second time for her sometimes rocky but successful solo career. And this is also a big reason to admire her, especially with the fact that she'll keep creating until she drops, and that she is truly generous to all those proteges who look up to her.

My third inspirational icon is another rock and roll Hall of Famer. I listened to him a lot from the early 1980s right up to today, unlike Stevie Nicks, whom I am only now appreciat-

ing. He was highlighted recently by Rolling Stone, for his new album, and by The Atlantic, for aging gracefully, so then, of course, AARP had to pick him up. I am referring to the Boss, Bruce Springsteen (Sept. 23, 1949). He is another one, like Sanders, who developed a moral compass early and sticks to it religiously. That's one of his inspirational traits. Also, like Nicks, he is incredibly prolific, hard-working and selfless in his rock and roll life. He is still true to his bedrock working-class heritage and is one of the few megastars who would be genuinely embarrassed by all the glamour and bling that a lot of them thrive on.

My fourth guiding light in the world of aging well is the oldest of my picks. (She was born a month before my late mother.) She is also a lyricist and performer, mainly associated with rock and jazz, as well as an avant-garde artist, a philanthropist, a peace activist, and one of the most famous (and controversial) widows in the world. I am speaking, of course, of Yoko Ono (born Feb. 18, 1933.) Although she's not in the Rock Hall of Fame, she has plenty of awards. "Double Fantasy" (with John Lennon) alone won two top awards—the Juno International Album of the Year, and the Grammy Album of the

Year. Her 2001 video about the making of "Imagine" also won a Grammy. She has also amassed six Lifetime-, Outstanding-, or Humanitarian-type awards from organizations like ASCAP and the Observer newspaper. Reasons to love Yoko Ono: She has experienced a ton of heart-break all her life (just read her Wikipedia bio to see) and yet you wouldn't dream of pitying her and she wouldn't let you. Trouble makes her stronger, and strength makes her beautiful.

For my fifth inspiration, I am pivoting to the world of literature. Here, I want to shine a light on a writer who is well known, celebrated, the source of good movies, etc., but still, I think, somewhat underappreciated: Walter Mosley. Mosley was born in California on Jan. 12, 1952. His parents, an African-American man from Louisiana and a white Jewish woman, were not married at the time solely because they couldn't get the state of California to issue them a license. You probably know Mosley as a writer of detective story series, but he is also a writer of Afro-futurist science fiction, various non-genre novels, stand-alone mysteries, a bit of erotica, at least two plays, and left-wing political analysis with a sort of Wobbly anarchist bent. (One of his wildest characters is a detective self-named Archibald Lawless, Anarchist-at-large). Reasons to admire Walter Mosley are all found in his writing. I defy you to read him and not

admire what he does.

My sixth inspirational figure is most well known as an actor, but is also something none of the others are (including another actor who will be the seventh and last in my list): a social media superstar. At the age of 83 no less! This is the Japanese-American actor and activist George Takei (born Hosato Takei on April 20, 1937). The second oldest figure in my gallery, he is in many ways the most modern. Possibly being from the future, i.e., the Star Trek universe (Takei played Mr. Sulu), accounts for that. He is loved and admired by many as a legend on Facebook and Twitter, where his most famous meme is "Oh! M-y-y-y-y!" But he has a serious side, also admirable. As a gay man, happily married, and as a former internee in American concentration camps for Japanese citizens, he is an outspoken activist. He wrote a well-received play on the former subject called "Allegiance."

My seventh and last inspirational figure (and being last does not mean least; quite the contrary) is truly an underappreciated genius in my view. This is the actor and activist Anna Deavere Smith (born Sept. 18, 1950.) Known for her roles as NSA Advisor Dr. Nancy McNally in "The West Wing," hospital administrator Gloria Akalitus in the series "Nurse Jackie," and U.S. District Court Clerk Tina Krissman on "For the People," she started her career as a stage actor and went on to act in TV and films, and

to be an award-winning playwright, a professor of drama at three universities, and an all-round champion of the arts and humanities. (One of her early TV roles was a long stint in the soap opera "All My Children.") She has been much on the



**Stevie Nicks**

streaming airwaves recently, not only for the reunion show of "The West Wing," but also because two of her plays from the early 1990s—"Fires in the Mirror" about the Crown Heights riots, and "House Arrest" about the U.S. presidency—have enjoyed recent revivals as timely quarantine streaming events. Check out this YouTube interview where she discusses identity and disruption: [https://www.youtube.com/watch?v=d-7DwiD\\_gfQI](https://www.youtube.com/watch?v=d-7DwiD_gfQI).



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# Hip-hop is an international language of freedom

BY LEANNA SARTIN

Hip-hop has its roots in the South Bronx of NYC. Its message has evolved over time. Once offshoring started, it left its whimsy. Sugarhill Gang was one of the first rap albums that was happy and cheery. Slowly, the manufacturing, canneries, textiles and auto-making industries left. Without an economy that functioned, the great urban centers were abandoned by corporations. Union membership, once at 67 percent dropped to 7 percent.

A moral vacuum was creat-

ed as well. The churches were excluding queers, and many generations could not earn a living. Hip-hop was a way out of the newly growing urban centers. Hip-hop was an income-generating industry, and the lyrics began to reflect the horror of the living conditions.

Grandmaster Flash & The Furious Five came out with "The Message." The lyrics were innocent and showed that some stability still existed in the families. The song was performed in 1982. Slowly, the Supremes, the Temptations, Ben E. King and Smokey Robinson

and the Miracles became old folks music. The youth had a terrifying reality and the lyrics gave them a voice.

As millhouses and warehouses were abandoned and the economy was collapsing all around, youth gathered outside and schooled each other. Elders were aghast. They could not realize how to keep their children safe and at home. Neighborhoods became unsafe. Addictions were soaring. Despondent fathers left their homes because they were unable to provide for their families. A new terrifying reality

took hold.

Hip-hop lyrics reflected the murderous culture of gang-banging and rage against police interference. The "war on drugs" became a political scapegoat for failed economic policy. Offshoring is the greatest tragedy to ever happen. Detroit stopped being Motor City. Chicago became a literal war zone. Hip-hop is often misunderstood by outsiders. They cannot understand the lyrics nor their meaning. Many rappers were targeted by the Congressional Black Caucus as appalling and immoral. The truth

is that the First Amendment prevailed.

Hip-hop addresses gang-banging, fatherless children, the welfare state and the destruction of the African-American community. Elder statesmen and women had to accept that the lyrics reflected their actual lives and would not be packaged up and proper like.

Cutting edge artists are no longer the subject of political discourse. It has been proven that the truth has to be told and the communities are facing a new reconstruction.



Artist's rendering of indoor village (indoorvillages.org)

## A Start, from page 1

pense in the hopes of leaving the Kmart available for private development. The plan as approved will cost almost \$2 million for 100 "houses." Each house will accommodate up to two people.

This is a concern for me because of how few people will actually be served. The facility is estimated to be able to house up to 200 people at a time, but the encampments at Powderhorn Park alone were estimated to house almost 300 people in mid-July. These numbers are perhaps misleading, however, as part of the goal of the proposal was for this site to

serve as a transition point between homelessness and housing support. Hopefully the facility will be able to serve a far higher number of people over time, although it still feels inadequate.

The indoor nature of the facility offers the advantage of protection from the elements, but it also presents challenges. There is some speculation that people are experiencing increased vitamin D deficiency as a result of isolating inside because of the pandemic. On a positive note, there will be on-site management to help people find resources, and hopefully they will be able to provide and encourage the use

of a vitamin D supplement for the residents.

There is a lot of potential in this idea, but I wonder if other options were adequately explored.

The biggest lesson from this proposal is the cost of not providing basic social services for our citizens. In the past, this cost has largely been invisible to us; it has been a cost largely borne in lack of human dignity and even lives lost for those who "fall through the cracks." It has also been the cost of lost potential.

We need to do better. At least this is a start?

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# Million dollar boondoggle for bureaucrats

BY KATHRYN KELLY

A public data request to the Minneapolis Park and Recreation Board reveals how much money has been spent, so far, on the Hiawatha Golf Course Master Plan. What is the number as of October 2020?

\$871,759.29

The Park Board is closing in on spending One Million Dollars on a plan that huge numbers of people don't support.

- Golfers don't want this new, substandard golf course.
- Golfers from communities of color want to retain the 18-hole golf course instead of feeling ignored in the process.
- Neighbors are worried about noise and congestion from the changes to the property, and putting golf and water closer to the homes.
- Many neighbors don't believe that there is enough information about how the homes will be protected from flooding.
- Neighbors don't want to lose the two little parks (19th and 43rd, 44th and Longfellow) that are greatly valued.
- People wonder where the Park Board will find the projected \$42-\$62 million needed

to fund this project.

- With infrastructure in disrepair, like the neighborhood tennis courts, many people believe that this money would have been better spent on repairing and maintaining existing infrastructure.
- The Community Advisory Committee had many concerns and questions about this plan that have still not been answered.
- The Hiawatha 18-hole golf course was one of the few facilities bringing in revenue for the Park Board in 2020, and it was heavily utilized by the public, who had few other options for sports and recreation due to COVID-19.
- The May 2020 survey showed that twice as many people wanted the 18-hole golf course to remain as those who wanted this new plan. The August survey results have yet to be released.

The Park Board commissioners are supposed to vote to approve the Hiawatha Golf Course Master Plan this fall, which will just continue this wasteful spending. It is time for taxpayers to weigh in and tell the commissioners to halt this project.



.....

## Bouza, from page 1

point—and tragedy—of it all is that Codd, faced with a fiscal abyss, dismissed many thousands of young cops. The freshest, newest, most energetic and enthusiastic in our ranks.

The god of seniority was paid his obeisance by a very religious acolyte.

NYC was ultimately saved by the knowing ministrations of Felix Rohatyn, a fiscal wizard.

And, just as Santayana predicted, here we go again, folks.

NYC—and Minneapolis—are about to piss away any hope for the reforms and economies that would revitalize police agencies. Salaries will rise, the work week will be shortened, and the thumpers will thrive.

Bloated supervisory ranks will remain distended grotesqueries. Efficiency and productivity—not to mention accountability—will be resist-

ed, ignored and abandoned. Featherbedding will flourish. The union will rule. Thumpers will be protected and allowed to set the tone—in NYC, Minneapolis and everywhere else.

Cops can be—and mostly are—dedicated, heroic and effective. But, just like everyone else (me and you not excepted), they are happy to wallow in tubs of butter.

This is not a Minneapolis or Big Apple problem—this is an American problem.

Capitalism knows the answers—fire the unfit and unwilling. Pare the agency of waste and fat. Insist on production. Adopt economies and efficiencies. Tough stuff, but capitalism—yes, capitalism—is the answer, even as we acknowledge that socialism is kinder, gentler, more beautiful and, certainly, cuddlier.

The pandemic has provided a matchless chance for reforms. Join City Hall in wasting it.





# Notes from the desk of peace activist Polly Mann (b. Nov. 19, 1919)

## 'Capitalism in the 21st century'

Years ago, I read a glowing review of Thomas Piketty's book "Capitalism in the 21st Century" and I tried to read it. I read about a fourth of the first chapter and gave up. Now he's written a new book, but I know better than to try to read it. However, it sounds great and I found an encapsulation

in an article from In These Times so you can appreciate my interest. Here it goes.

Following are the five proposals to reverse extreme concentration of wealth and enable a new era of participatory socialism.

**1) TAX INCOME.** In the 1950s, 90 percent of top tax rates on the highest incomes prevented runaway executive pay. We must return to that, with high taxes of up to 90 percent, not just on salaries but on all income, including capital gains, dividends and rents.

**2) TAX WEALTH.** We tax wealth today—the property tax—but it's a "flat" tax averaging 1 percent on only one kind of wealth. To restrain the largest fortunes that are now growing at up to 10 percent a year, we must make the annual property tax "progressive" too. That means higher rates for those with larger holdings, and it means taxing wealth in all its forms, not just land and

buildings.

**3) TAX INHERITANCE.** Invent an app or star in a movie that makes you a fortune? Good for you, but no just society can let that result in opulence for all time among your descendants. We must return to the 80 percent tax rates we had in the '50s and '60s on the biggest inheritances.

**4) GIVE WORKERS A SAY.** It's unjust when those who own have all the say and those who labor have none except in the smallest firms; workers should elect half the board members as they do in the largest firms in Germany today.

**5) CAPITAL FOR ALL.** Ever heard of land reform—redistributing large estates to smallholders who'd work the land? Proceeds from the wealth and inheritance taxes could be used in another way—to give a universal capital endowment of \$140,000 to every citizen when they turn 25.

## LETTER TO THE EDITOR

# Think again about your Medicare Advantage plan

Thank you for the article on Medicare in the recent opinion page of Southside Pride. A basic good general overview. However, the section on Medicare Advantage was not accurate. Not surprising since false and misleading information of the wonders of Medicare Advantage are everywhere. It is not Medicare. It is private corporate insurance, designed to undercut Medicare. CMS (The Center for Medicare and Medicaid Services) pays them a premium to cover the Medicare Advantage patients, and pays them more to cover these patients than they spend on direct Medicare patients coverage. It was 15 percent more, but that was lowered under Obama. This is not a level playing field and we get screwed: Medicare Advantage does not cover some basic services that Medicare covers, such as emergency transportation to hospital or emergency room (which could cost you \$5,000 to \$8,000 out of pocket). Also, the sales agents for Medicare Advantage tell you that you can go back on Real Medicare in the future if you wish, but it is not the same. Your health history will be subject to review and your supplemental policy may cost you a great deal more than if you had stayed on straight Medicare. Medicare Advantage does have tinsel and glitter offerings for "free" to lure you to join, but they never tell you what they don't cover.

These insurance companies

offering Medicare Advantage are a fraud. They are subverting Medicare. They have been caught increasing the risk rating of patients by changing a healthy patient's code to one of greater risk, thus CMS pays them more money. They also screen out truly sick or high-risk patients and force them to straight Medicare or Medicaid, causing extra expense for Medicare. So, they take the healthy, lie to CMS that these patients are higher risk than they are, and make the public pay for it. That's fraud. CMS has acknowledged that they know this is being done. Yet CMS brings no action against them. A Universal Health Care system has sick, high risk and healthy, old and young, rich and poor, thus spreading the risk over the entire population and lowering the per person cost.

Medicare Advantage is the corporate insurance companies' way of destroying Medicare as we know it, and is very profitable for them. They are eager to get their hands on our Medicare Trust Fund.

Our health care system is a huge mess because our elected officials are taking money from those benefiting from our broken system. That's bribery, though legal bribery. If you look to find this money it can be very difficult.

There is a solution: Universal Single Payer Health Care (Improved Medicare for All) is good for business, good for the economy, good for jobs,

and one of the rare instances where what is good for business is good for every citizen. Every industrialized nation in the world but the U.S. has universal health coverage, spends about half as much as we do, and has better health outcomes.

The U.S. health care ranking by the World Health Organization is around 33rd in the world, about the same as the poor and U.S.-embargoed Cuba. Our bribed elected officials complain, "It will cost too much" or "Where will the money come from?" Contrast that with the recent \$4.5 trillion giveaway by Congress to big corporations, while many small Lake Street and other local businesses got nothing.

Oh ... did I say, we'd save tons of money compared to what we spend now, everyone would be covered, have choice of doctor, hospital, clinic, comprehensive care, and have better health outcomes? We spend more per capita for health care than any other nation and have much worse outcomes. This is a bad deal for Americans.

Universal Single Payer should appeal to conservatives because it would save so much money and return competition to the corporate hospital monopoly. It should appeal to liberals because as Sen. Paul Wellstone used to say, "It's the right thing to do."

—Papa John Kolstad



## NOKOMIS EDITION

Southside Pride Nokomis Edition is a monthly community newspaper delivered on the Second Monday of the month for free to over 100 locations in and around the Nokomis community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

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# How to observe holidays in the 2020 Weirds

DEBRA KEEFER RAMAGE

I just finished reading “The Plague” (in translation) by Albert Camus. I didn’t consciously do it as a preparation for writing this, but it had that salutary effect. I say salutary because

it’s not an easy or pleasurable read, whether you happen to be in a pandemic or not. But it does give a lot of interesting insights into our current situation. If you can’t spare the time to read it, Wikipedia has a thorough synopsis and anal-

ysis. Scores of articles have been written recently about Camus’s “Plague,” which is on trend right now, but here are two of the best: a piece focusing on present-day Algeria and the activists there at [bbc.com/news/world-africa-53946103](http://bbc.com/news/world-africa-53946103) and

a piece making comparisons between the plague and COVID-19 responses at [city-journal.org/albert-camus-the-plague](http://city-journal.org/albert-camus-the-plague). There is only one holiday that occurs during the action of “The Plague”—All Souls Day, where the Alge-

rian French Catholics, who comprise most of the characters in the story, traditionally visit their ancestors’ and loved ones’ graves in the cemetery outside of the city walls. In one of the novel’s most chilling and distressing parts, Camus describes the impact on this cemetery of the plague, where at the height of it, which occurred around September through November, bodies were being dumped into deep lime pits. And anyway, the cemetery was off-limits to ordinary citizens, and the train that ran to it carried nothing but corpses.

Sorry to scare you! Our Dia de Los Muertos was nothing like that, nor will our Thanksgiving, Diwali, Hanukkah, Solstice, Christmas, Kwanzaa, New Year’s Day or Hmong or other Asian lunar New Year’s be anything like that grim. One advertising wag has renamed Black Friday to Bleak Friday, but all that has really happened is that, while, yes, the business picture overall is pretty bleak, with too many going out of business, the surviving ones will still have sales, but a lot of the actual selling will happen online.

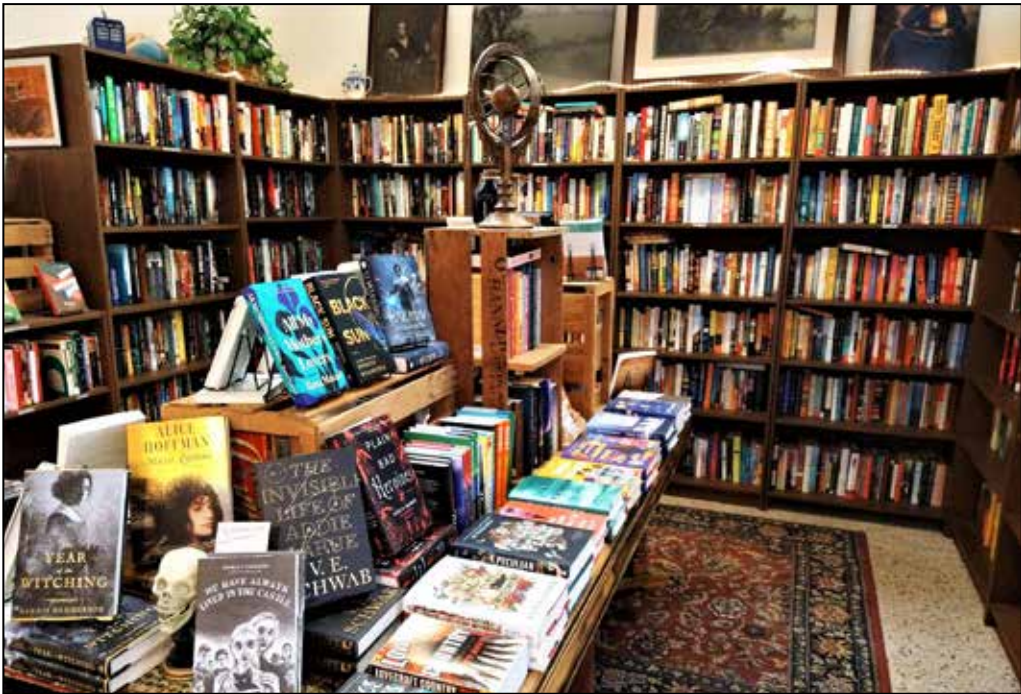
In deliberate (rather than accidental) preparation for this writing, as I always do, I scanned the internet for details about plays, comedy, concerts, festivals and markets around Christmas and other winter holidays. I expected that everything that isn’t outdoors would be online, and that some things would simply be canceled, but I was dismayed that there was so little information about anything, and what there was often seemed incomplete or tentative. Although dismayed at first, my growing attitude of stoic fatalism then took over, and I saw the bright side. As with goats in Welsh

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ART FOR JUSTICE

See Holidays, page 8





# Happy

**Holidays, from page 7**

towns and porpoises in the Venice canals, a partial cessation in the hectic tide of human activity can be healing, even to ourselves.

So, one approach to observing holidays (or holy days)

while not going out much would be to turn to older traditions: intimate gatherings of your household only, DIY instead of shopping, eliminating waste instead of conspicuous consumption, and holding your distant loved ones in your heart instead of in an

actual hug at the airport.

Another way is to shop, but more consciously, to visit virtually, to feed hungry people instead of your family who have plenty. These can be seen as the monastic and the householder ways, and as I have observed before, they are not as mutually exclusive as dogmatists would have it. You can do a bit of both.

How to consume more consciously? Buy local, buy green, buy simple, buy healthful, buy with social justice in mind. (I will list some ideas at the end.) How to find out about alternative traditions, DIY, contemplative practices? Here are some suggestions:

- Meditation courses and apps, too many to list, some are free, some are not.
- Just walk. The easiest, cheapest form of meditation, but so helpful.
- Cooking and baking, preserving, and other kitchen wizardry is very satisfying. Sourdough baking, making pickles, kombucha, or yogurt ferments, or fancy jams and jellies, are just a few of the popular pursuits right now, and very apropos for the holidays.
- Obviously, making decorations at home rather than



**Holiday Hotdish, a virtual show presented by Twin Cities Gay Men's Chorus**

buying them is fun, especially with kids. (The Julmarknad at ASI, mentioned below, has some inspirations.)

- Needlecrafts! If you're already doing it, no need to preach to the converted. If you always meant to start, maybe now's the time. (Check out Steven B for lessons.)
- Make your own music. Missing big Christmas concerts? Start learning to play an instrument and you'll be so busy you won't even notice. If you already play or sing, put on a Facebook Live or Zoom concert for your friends and family.

And now for the conscientious ethical shopping ideas.

A lot of these come from previous neighborhood focus articles. (Sorry we didn't have space for all of them!)

- Kitchenware from Flotsam+Fork (local)
- Greeting cards or lunch bags from Doodle Bird (local)
- Fabrics from Quilt Shop Co-op (local, simple)
- Healing items and resources from Present Moment (local, healthful)
- Art from Ricardo Levins Morales or other local artists (local, social justice)
- Indoor plants from Mother Earth Gardens or Fractal Cactus (local, green, simple)
- Zero Waste bulk edibles or sustainable personal care from Tare Market (local, green)
- Glass ornaments from Glass Endeavors (local)

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**Black Friday - Black Flea Market**  
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- Coffee, beans or ground, (delivered) from Peace Coffee (local, green, social justice)
- Bread and other baked goods (delivered) from Laune Bread



# Holidays

- (local, healthful, green)
- New books from Birchbark, Black Garnet, Boneshaker, May Day Books (local, social justice)
- New or used books from Moon Palace Books, Dreamhaven, Irreverent Bookworm, Once Upon A Crime (local)
- Used books from The Book House in Dinkytown, James and Mary Laurie, Midway Rare and Used Books (local, green)
- Arts and media from The Art Shoppe (local, social justice)
- Online cooking class from your favorite food co-op (local, simple, healthful)
- Online exercise classes from your favorite health club (simple, healthful)
- Paid meditation app for their phone (simple, healthful)

Here are the actual entertainment, festivals and markets we were able to find. Note that things seem to be rolling out at the last minute in these frantic times, so keep an eye out on Facebook, Eventbrite, city listings and other sites for things that just hadn't been announced in time.

## Markets and festivals

Holidazzle is all virtual this year. Actual schedule due out in early November at holidazzle.com.

European Christmas Market in St. Paul, usually at the Landmark Center, is also virtual.stpaulchristmasmar-



ket.org. Similarly, No Coast Craftorama, the big market at Midtown Global Exchange in early December, says they're "taking a break" but offer a list of vendors here: <http://www.nocoastcraft.com/2020-info>



## Gingerbread Wonderland at Norway House

MN Christmas Market is happening in person at Quincy Hall. You can get tickets for \$1 at Eventbrite.com, which will limit guests in the 1,000-capacity hall to 250 at

a time. All entry fees and 7 percent of sales benefit Hospitality House Youth Development. See their Facebook page for more. The Holiday Craft Fair in Roseville, to

benefit the Harriet Alexander Nature Center, is 100 percent virtual, but all I can tell you is that their virtual portal site will be "up" on Nov. 27.

The Mill City Farmers Market is still having a limited number of indoor winter markets. Nov. 21, Dec. 12, and Jan. 9 (2021) are planned. Midtown Global Market will host the Green Gifts Fair Nov. 19 through 22. A little bit of live activity but all streamed; find out more at [doitgreen.org/green-gifts-fair](http://doitgreen.org/green-gifts-fair).

Julmarknad, the American Swedish Institute's usual Yule offering, is a mix of outdoor and virtual. Go to [asimn.org/calendar](http://asimn.org/calendar) and advance to November and December for individual events, which run Nov. 12 to Dec. 20. Finally,

another very local tradition, the Gingerbread Wonderland at Norway House on Franklin, is also using Eventbrite.com to carefully space out attendance and keep people safe. Small family groups are allowed but all have to be "ticketed." Snacks and warm drinks included.

## Entertaining events

The Twin Cities Gay Men's Chorus is offering a short but sweet thing called "Holiday Hotdish." (Search for that on Facebook to find more.) It combines seasonal choral offerings with a baking show. Season ticket holders also get a mask and a cookbook.

The Minnesota Orchestra and the Minnesota Opera are

See Holidays, page 10

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# Happy Holidays

**Holidays, from page 9**

both offering streams, both live and recorded, for free or cheap. See their websites for evolving details. Cantus is presenting “Lessons and Carols for Our Times,” loosely based on the UK’s King’s College Cambridge’s perennial program “A Festival in Nine Lessons and Carols.” Tickets go on sale on their

website Nov. 27. “A Christmas Carol” is being presented as a livestream by the Guthrie Theater. From \$10 for a single-use household stream, tickets on sale at their website now, streaming begins Dec. 19. The Alvin Ailey American Dance Theater (not local, but I could find no Nutcrackers this year!) has All Access streaming, donation re-

quested. Go to YouTube and search for Alvin Ailey. And this is not local nor even that famous but looks awesome. Actor’s Theater Direct

of Louisville, Ky. is offering an online series called “COVID Classics—One-act Plays” that includes works by Apollinaire, Chekhov,

Pirandello and Strindberg, plus “Plague of Athens” by Thucydides. [actorstheatre.org/shows/2020-2021/covid-classics/](http://actorstheatre.org/shows/2020-2021/covid-classics/)



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*Southside Pride*

*wishes*

*A Happy Holiday Season*

*to all of our readers!*



# McCarthy lives

BY TONY BOUZA

I was in my 20s during the McCarthy years—roughly the early '50s. Communist hysteria. Traitors everywhere and a reckless and audacious national figure attacked such supreme patriots as George G. Marshall (of the Plan) and the architect of not just World War II victories, but World War I too. McCarthy was abetted by a sick duo—Roy Cohn and G. David Schine. What a scene of national agony.

I felt it keenly. Every second Sunday I'd drive in for dinner with my fiancée's family. Her father was an ardent McCarthyite and just couldn't take it. Our jousts were epic.

An impressionistic backdrop—in the '30s the only folks loathing fascists were communists. If you were a Jew you'd be a leftie, at least until 1939 and the Nazi-Russian Pact. So, you joined groups, signed petitions, picketed, wrote tracts and made it into the FBI files. A lode for McCarthy. It mattered little that innocents were shattered, suicides occurred, blacklists abounded. Decency, truth and wisdom were suspended.

Into this petri dish swam

our hero and his sick acolytes. America was shaken. Even Truman succumbed to the Red Menace. An object lesson was learned, whose instruction lasted until 2016.

Déjàvu all over again.

Mostly there were no real peeps. Writers—Dalton Trumbo, et al—were silenced. Hollywood was spooked. Harvard was muted. Marshall was too dignified. Eisenhower watched his mentor vilified and said nothing. The inaction was deafening.

My account here—as with practically all my musings—is impressionistic and reliant on what I know to be a flawed memory, but still ...

I watched in silent—actually, occasionally strident—agony.

Then—in one delicious, televised moment—a New England lawyer turned to the senator (during a televised hearing) and, shocked, plaintively wailed, “Have you no decency, sir?” Welch was our hero and savior.

That was the moment.

McCarthy crashed. Oblivion and died.

Edward R. Murrow also took McCarthy on heroically.

But the heroes were few and far between and the nation

tottered and shook. Amazing how many sunshine patriots there are. And how fragile our values and freedoms.

Seventy years later here we are.

I think there are still heroes out there, but where? The toadies abound—pulled by the magnetic power of the lime-light.

McCarthy had plenty of supporters—Wahoos and superpatriots. Why don't we call them “deplorables”? When they get in the saddle and take the reins, watch out.

Do they exist today?

Are you kidding me?

The racists, rednecks, bikers, gun nuts, losers, draft dodgers, scammers, arrivistes, wannabes, star-fuckers and their ilk abound. About 30 to 40 percent of America, I'd guess. Ignorance is their mantle and hate their response. Unlike our fallen protectors, these guys are not “losers and suckers.” But you couldn't call them winners and savants either.

Joe McCarthy would be right at home in a Trump rally. History repeats itself not as tragedy, but as farce.



Joseph R. McCarthy, GOP Senator from Wis. 1947-1957



Volunteers helping clear the rubble that was once Uncle Hugo's Bookstore (Photo / K A Schroven)

## Uncle Hugo's

The City of Minneapolis issued a Stop Work Immediately order to stop the clearing of rubble at the site of the former Uncle Hugo's Bookstore. The problem: the concrete slabs at the alley would allow three more parking spaces than the property is currently zoned to allow. After public pressure and an article in the Star Tribune, Brad Ellis and the zoning office relented and allowed reconstruction to continue. Don Blyly, the owner of Uncle Hugo's since 1974, the oldest science fiction bookstore in America, said, “It would be more convenient for me and a lot of my customers if I stayed in Minneapolis, but Minneapolis has felt very unfriendly toward businesses — especially after the riots.”

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# Local businesses: open, closed, restricted ... ?

[Look for the \* on the name of an organization that is a POC-owned or immigrant-owned business or POC- or immi-grant-oriented and/or led. If we got anything wrong, please email [deborama@gmail.com](mailto:deborama@gmail.com) with your corrections.]

**Restaurant/Café/Pub**

**Bagu Sushi & Thai\***. Open for takeout only. Online and phone orders. Delivery by Bite Squad, Uber Eats. Restricted hours.

**Birchwood Cafe**. Open for takeout only. Family meals & bulk orders available– see Facebook or website. Pre-ordering for Thanksgiving, open till 11/22.

**Bull’s Horn**. Open with restric-tions. Online and phone orders. No delivery. Curbside, counter pickup. Patio, weather permit-ting. Check Facebook for hours.

**Café Racer\***. Open for takeout only, Tues. – Sun., restricted hours. See Facebook page for details.

**Dragon Wok\*** (George Floyd Square). Open with restrictions. Delivery by Bite Squad, Grub-Hub. Hours may fluctuate depending on location status.

**French Meadow**. Open with restrictions. Phone for reserva-tions. Delivery by Bite Squad, DoorDash, GrubHub, Uber Eats. Indoor or patio, weather permitting. Usual hours.

**Galactic Pizza**. Open with restrictions. Takeout or delivery from restaurant, DoorDash or Postmates. Online ordering [galacticpizza.com](http://galacticpizza.com).

**Gandhi Mahal – Curry in a Hurry\* (Franklin & 31st)**. Open for online or phone orders, takeout/pickup. (Phone if online is not working.) Gandhi Mahal Facebook page for updates.

**Hamburguesas El Gordo\***. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Uber Eats. Usual hours.

**Heather’s**. Open with restric-tions. Phone for reservations. Delivery by Bite Squad. Usual hours.

**Himalayan\***. Open with restric-tions. Online and phone orders. Delivery by Bite Squad. Patio. Usual hours.

**Hot Indian Foods at MGM\***. Open to public. Online and phone orders. Delivery by Bite Squad, Chow Now, DoorDash.

**Infused Life Plant-based Eatery at MGM\***. Open to public. New restaurant!

**Jakeeno’s at MGM**. Open to public. Online and phone orders. Delivery by Bite Squad, Door-Dash, GrubHub.

**Los Ocampo\* (Chicago & Lake; MGM; St. Paul)**. Open for

dine-in or takeout. Delivery by DoorDash. Usual hours.

**Lucy’s Market & Carryout\***. Open for takeout. Usual hours; closed Tuesdays.

**Mama Sheila’s\***. Open with restrictions. Takeout available. Delivery by Uber Eats. Restricted hours.

**Manny’s Tortas at MGM\***. Open to public. Online and phone orders. Delivery by Bite Squad & GrubHub.

**Maria’s Café**. Open with restrictions. No online ordering. No delivery. Usual hours.

**Merlins Rest**. Open with restrictions. Call for reserva-tions. Delivery by Bite Squad. Restricted hours except for takeout.

**Modern Times Cafe**. Open for takeout only. See their website or email [moderntimes3200@gmail.com](mailto:moderntimes3200@gmail.com) with questions.

**Northbound Smokehouse Brewpub**. Open with restric-tions. Call for reservations or pickup. Usual hours.

**Parkway Pizza**. Open with restrictions. Online and phone orders. Delivery by business or thru Bite Squad. Usual hours.

**Quang\***. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Door-Dash. Usual hours.

**Reverie**. Open for takeout only. Online and phone orders. Restricted hours. Beer and wine available. Pay-it-forward, \$2.50 per meal to homeless sanctuary.

**Sandcastle**. Closed for 2020, back in spring 2021.

**Smoke in the Pit\***. Open with restrictions. Phone orders. Delivery by Bite Squad. No curbside pickup. Pre-order grab and go.

**Soberfish\***. Open with restric-tions. Online and phone orders. Delivery by Bite Squad & DoorDash. Call for curbside pickup. Restricted hours. Pre-order grab and go.

**The Howe**. Open with restric-tions. Delivery by Bite Squad & Uber Eats. Usual hours.

**Trio Plant-based\***. Open with restrictions. Full menu. Usual hours.

**Wendy’s House of Soul, Inc.** Newish restaurant in new location. Takeout only. See Facebook page for more details.

**Bakery/Coffee/Deli**

**A Baker’s Wife**. Open with restrictions. Online and phone orders. No delivery. No curbside pickup. Restricted hours.

**Butter Bakery**. Open with restrictions. Online order and

delivery by Chow Now. No curbside pickup. Restricted hours. Pay it forward for sanctuary meals.

**Café Meow**. Open with restric-tions. Online and phone orders. Cat lounge experience by reservation. Still fostering cats– visit cats by video.

**Café Wyrd**. Coming (returning?) soon in the old Gigi’s Café space.

**Geek Love Café (in Moon Palace)**. Ordering window and pickup north side of building. Restricted hours.

**Key West Bistro**. Open with restrictions. Online and phone orders. Delivery by Bite Squad, Door Dash, GrubHub & Uber Eats. Usual hours.

**May Day Café**. Open for takeout Fri. thru Mon., 9 a.m. - 1 p.m. See Facebook for details.

**Mel-O-Glaze**. Open with restrictions. Call for information about delivery or curbside pickup. Usual hours. Grab and go.

**Riverview Café**. Open with restrictions. No online or phone orders. No delivery, no curbside. Usual hours.

**Sisters’ Sludge**. Open with restrictions. No online or phone orders. Grab and go. Patio. Usual hours.

**Sovereign Grounds\***. Open. Restricted hours. Grab and go.

**Groceries**

**Aldi (Lyndale & 26th)**. Open to public. Usual hours.

**Cub Foods (mobile site at Minnehaha Mall)**. Open with restrictions. Restricted hours.

**Cub Foods (46th and Hi-awatha)**. Open with restrictions. Delivery available thru Instacart. Usual hours.

**Kowalski’s (Chicago Ave & 55th Street)**. Open to public. No online and phone orders. Order thru Shipt. No curbside pickup. Usual hours.

**Longfellow Market**. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

**Oxendale’s Market (Minneapo-lis)**. Open with restrictions. No online and phone orders. No delivery. No curbside pickup. Usual hours. 7 to 8 a.m. shop-ping for at-risk customers.

**Seward Co-op / Friendship**. Open with restrictions. Check website for online ordering with curbside pickup. Restricted hours.

**Wedge & Linden Hills Co-op**. Open with restrictions. No phone orders. Online order for curbside pickup or order thru Instacart for delivery. Usual hours.

**Specialty/Convenience**

**Coastal Seafoods**. Open with restrictions. Online and phone orders. Delivery by Mercato. Usual hours.

**Dokken’s Superette (42nd St)**. Open to public. No online or phone orders or delivery. Usual hours.

**Everett’s Foods**. Open to public. No online or phone orders. No delivery or curbside pickup. Restricted hours.

**La Alborada\***. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

**Produce Exchange at MGM**. Open to the public. Online and phone orders. Delivery by Mercato.

**Tom Thumb (38th Street)**. Open to public. Usual hours.

**United Noodles**. Open with restrictions. No online orders. Delivery order thru Instacart. Usual hours.

**Delivery Services for Groceries and Staples**

**Instacart**. Aldi, Costco, Bed Bath & Beyond, Cub Foods, CVS, Fresh Thyme, Lakewinds Co-op, Lunds&Byerlys, Petco, Staples, United Noodles, Wedge Co-op

**Mercato**. Coastal Seafoods, Eastside Food Co-op, Produce Exchange @ MGM

**Shipt**. CVS, Kowalski’s, Office Max, Petco, Target \*NEW\* for winter - Delivery Services for Market Boxes, Meals or Meal Kits

**Every Plate**. Meals and meal kits. Some no-prep, very lo-prep. Cheapest. [www.everyplate.com](http://www.everyplate.com)

**Imperfect Foods**. Market boxes, organic produce, meat and fish, pantry items. [www.imperfect-foods.com](http://www.imperfect-foods.com)

**Local Crate**. Twin Cities exclu-sive meal kits by chefs like Gavin Keyesen, Ann Kim. [localcrate.com](http://localcrate.com) Can be picked up in stores or delivered.

**Misfits Market**. Market boxes, all produce organic, extras at discounts. [www.misfitsmarket.com](http://www.misfitsmarket.com)

**Origin Meals**. Local company. No-prep meals. Very good for keto or paleo, no/very few veg options. [www.originmeals.com](http://www.originmeals.com)

**Sun Basket**. Meal kits and meals. Best selection of healthy options. All produce organic. [www.sunbasket.com](http://www.sunbasket.com)

**Thrive Market**. Market boxes, mostly non-perishables, no produce. Own brand very good value, mostly organic. Lots of selection. [thrivemarket.com](http://thrivemarket.com)

**Farmers Markets**

**Mill City Indoor Saturday**. Open the following days for winter: 11/14, 11/21, 12/12, 1/09, 2/13.

**Minneapolis Farmers Market Winter Season**. Open to public. No online and phone orders. No delivery. No curbside pickup. Restricted hours.

**Pharmacy**

**CVS (Target - Richfield)**. Open to public. Usual hours.

**Present Moment\***. Open to public. Usual hours.

**Ritual Aromatherapy at MGM**. Open to public. Usual hours.

**Walgreens (E Lake and 31st Ave)**. Mobile pharmacy open in parking lot.

**Walgreens (Hiawatha & 46th)**. Open to public. Usual hours, plus drive-thru.

**Walgreens (Hub - Richfield)**. Open to public. Usual hours.

**Retail**

**Boneshaker Books\***. Reopening soon under new management. Frequent weekend curbside pop-ups. See Facebook page.

**Dreamhaven Books**. Open with restrictions. Online and phone orders. Delivery by USPS. Restricted hours.

**Eastlake Craft Brewery at MGM**. Open to public. Usual hours.

**Electric Fetus**. Open with restrictions. Online orders, delivery USPS available. Re-stricted hours.

**Elevated Beer Wine & Spirits**. Open with restrictions. Call about ordering and delivery. Restricted hours.

**Flotsam + Fork. Formerly at George Floyd Square, now online only**. Offering local weekly delivery within a 15-mile radius of GFS. \$10 or free if purchase over \$50. [www.flotsamandfork.com/](http://www.flotsamandfork.com/)

**Groovy’s**. Open with restric-tions. Usual hours.

**Habitat for Humanity--Re-Store**. Open with restrictions. Both donating and shopping. Usual hours. Read safety rules on website.

**Irreverent Bookworm**. Closed to public. Online and phone orders. Delivery by USPS. Check website for curbside pickup. Restricted hours.

**Mother Earth Gardens**. Open with restrictions. Online ordering. Curbside pickup. Usual hours.



# • COMMUNITY CALENDAR •

*Southside Pride* / NOKOMIS EDITION

## EVENTS

### **Creativity Together™**

**Thursdays, Oct. 29-Nov. 19  
10:30 to 11:15 a.m.**

On Zoom

Creativity Together™, a collaboration between Kairos Alive! and the Minnesota Orchestra, brings families and friends together on an accessible “Digital Dance Floor.” Be part of the show! The public is invited to join Creativity Together™, an all-ages-and-abilities 2-way creativity jam of interactive dance, music, and story, with the latest arts and health research learning, on Zoom for four Thursday mornings, Oct. 29-Nov. 19, from 10:30 to 11:15 a.m. It features guest musicians from the Minnesota Orchestra, along with other jazz, folk and popular musicians, and Kairos Alive! Teaching Artists. Creativity Together™ webcasts from Kairos’ Minneapolis studio, and includes musicians from their home studios. These highly enjoyable participatory dance, music, song, and story events tap the creativity in everyone, and are a great way to connect with family and friends, and make new friends. Email Kairos Alive! to get links for the webcasts, [info@kairosalive.org](mailto:info@kairosalive.org). See the Creativity Together™ 2-way webcast in action: <https://youtu.be/e6rAZmvzYjU>

### **‘An extra/ordinary Holiday in Extraordinary Times’**

**Nov. 14 – Jan. 10, 2021**

American Swedish Institute 2600 Park Ave., Mpls. “An extra/ordinary Holiday in Extraordinary Times” is a new indoor/outdoor, immersive exhibition experience encompassing the richly decorated Turnblad Mansion and an open-air Nordic story trail, on view at the American Swedish Institute (ASI) Nov. 14, 2020 –Jan. 10, 2021. The story trail was designed by community partners from Sweden, Norway, Denmark, Iceland and Finland, with each country highlighting classic holiday tales at stations winding through ASI’s courtyard and Mansion grounds. ASI is one of the region’s most popular holiday destinations and it has adapted its signature holiday programming, including its Julmarknad Holiday Market, to combine live and virtual elements. The ASI Museum, Museum Store and FIKA Café are open to the public with new hours: Thursday through Sunday, 10 a.m. to 4 p.m. To visit the museum, please make advance, timed reservations at [www.ASI.mn.org](http://www.ASI.mn.org) or call 612-871-4907 during public hours. Visitors must maintain safe distances and face coverings are required. The Store and FIKA will accept walk-in customers. The full FIKA lunch menu and table service are available from 11

a.m. - 3 p.m. with Marketplace take-out orders also available. ASI has free on-site parking and is located at 2600 Park Ave., Mpls. ASI’s annual Julmarknad Holiday Market runs Nov. 14 – Dec. 20. This year it will feature a virtual market, a selection of in-person artisan vendors at outdoor market stalls and a Virtual Day with chances to shop and connect further with artists. The Julglädje (Christmas Joy) join-in family performance will be offered online, in addition to a virtual Lucia Celebration concert. For more information please visit [www.ASI.mn.org](http://www.ASI.mn.org).

### **We Are the Story: Let’s Talk About Race**

**‘I Wish I Knew How it Feels to be Free’ – A Conversation with Carolyn Mazloomi and Dorothy Burge**

**Tuesday, Nov. 17, 2 p.m.**

Via Zoom

Textile Center and Women of Color Quilters Network (WCQN) are pleased to announce that artist, educator, and community activist Dorothy Burge of Chicago will join curator Carolyn Mazloomi in the first “We Are the Story: Let’s Talk About Race” Zoom conversation. Burge’s exhibit “I Wish I Knew How it Feels to be Free” is currently on view at Textile Center in Minneapolis through Dec. 24, as part of the “We Are the Story Initiative” — a series of seven quilt exhibitions and special events that are taking place in the Twin Cities through June 12, 2021. Dorothy Burge taught for 26 years in an undergraduate, off-campus, experiential education program that brought students from small liberal art colleges throughout the Midwest to Chicago to learn about Chicago neighborhoods and urban issues. As an activist, Burge has fought to end the death penalty in Illinois, fought to free wrongfully convicted individuals, and advocated for possibility of parole for people who were convicted in their teens and have served as model prisoners for decades. She has worked to help bridge the divide between Chicago police and communities of color. As a member of Blacks Against Police Torture and the Chicago Torture Justice Memorial Committee, she fought to have police officers who tortured over 100 African American men and women removed from the police force and brought to justice. She was also very active in the movement that led to the passage of the historic reparation ordinance in Chicago. This Zoom event is free and open to the public, but advance registration is required at [www.textilecentermn.org/wearethestory](http://www.textilecentermn.org/wearethestory).

### **Heart of the Dance**

Heart of the Dance MN works to bring the SEL program “Dancing

Classrooms” to schools across the Twin Cities metro area, including 3-year partner Keewaydin Elementary School. Since COVID-19 has caused everyone to shift to virtual programming, for the first time ever, we are able to offer a shortened virtual program directly to families with elementary school-aged students. “Dancing Classrooms Homeroom Edition” is designed to accommodate the complexities and potential inequities of remote learning. The Homeroom Edition residencies include original prerecorded instructional videos with flexible follow-up assignments, live virtual instruction and check-ins from teaching artists, engaging assignments connecting dance to other subject areas, virtual peer-to-peer sharing celebrations, and a live, family-friendly dance party. A short video about the program is available at <https://vimeo.com/461842369>.

### **Welcome Back to WAM!**

**Thursday—Sunday,  
noon to 5 p.m.**

Weisman Art Museum 333 E. River Parkway, Mpls. The museum has reopened to the public, with recommended safeguards in place, as of Oct. 1. As always, admission is free and open to the public. There are no advance ticket reservations or timed entry required, however museum capacity will be limited to 25% or less at all times. While we are taking all precautions to ensure a safe, comfortable visit, mitigating and assessing the risk of infection from the coronavirus remains a factor anywhere people gather indoors. We will rely on our visitors to do their part, by properly wearing face-coverings at all times, keeping a safe distance apart, and staying home when they’re feeling unwell. We understand that not everyone in our community feels quite ready to visit the museum in person just yet. Given that, most of WAM’s student and community programming and art educational resources will be online for now. Please visit our website for more information on some new policies and protocols to help keep all of our visitors and staff safe. Welcome back to the galleries! <https://wam.umn.edu/>

### **We Are the Story – Exhibition #1 Gone but Never Forgotten: Remembering Those Lost to Police Brutality**

**Through Dec. 24  
Open by appointment  
Tuesday—Friday  
11 a.m. to 3 p.m.**

Textile Center, Joan Mondale Gallery 300 University Ave. SE, Mpls. “Gone but Never Forgotten: Remembering Those Lost to Police Brutality” is a national juried exhibition showcasing 28 quilts that honor those whose

lives were violently ended due to police negligence and brutality and critiques the targeting and criminalization of Black bodies throughout history. Book your appointment to see the exhibition in person at <https://textilecentermn.org/product/textile-center-by-appointment/>. The exhibition is also presented virtually on the websites of Textile Center and Women of Color Quilters Network (WCQN). Free and open to the public. **‘Freedom Rising: I Am the Story’ Solo quilt exhibition by L’Merchie Frazier Nov. 21 through Sept. 19, 2021** Minneapolis Institute of Art 2400 3rd Ave. S., Mpls. Frazier’s exhibition features selected moments that confront racism and the relationship dynamics of ownership, becoming property-less, of being deemed property, and the question of belonging. A public fiber artist, quilter, historian and poet, Frazier is Director of Education and Interpretation for the Museum of African American History, Boston and Nantucket. “Freedom Rising: I Am the Story” is one of seven group and solo quilt exhibitions that make up the “We Are the Story” initiative curated by Carolyn Mazloomi, founder of WCQN and a member of Textile Center’s National Artist Advisory Council. “We Are the Story” was created in response to the nationwide protest movement against police brutality and racism in America following the death of George Floyd on May 25, 2020, in Minneapolis. The Minneapolis Institute of Art joins Textile Center, the American Swedish Institute and the Weisman Art Museum as exhibition venues. For a detailed list of exhibitions and special events, visit [textilecentermn.org/wearethestory](http://textilecentermn.org/wearethestory).

### **Talk of the Stacks with Ijeoma Oluo**

**Tuesday, Dec. 8, 7 p.m.**

Free virtual event With the falling leaves giving way to falling snow, and the winds of change at our backs as we approach the end of the year, the Friends of the Hennepin County Library is thrilled to announce the season finale of our free “Talk of the Stacks” author lecture series! As a part of our ongoing commitment to antiracist practices that promote a more just and equitable society, and in solidarity with the work of Hennepin County Library, we are proud to close this season with the powerful Ijeoma Oluo, author of “So You Want to Talk about Race.” Please join us online for this free event on Tuesday, Dec. 8, at 7 p.m. as Oluo discusses her latest book “Mediocre: The Dangerous Legacy of White Male America” (releasing December 1, 2020). The talk will be followed by a lively Q&A session with

webinar participants. Free and open to the public. Save your spot by registering here: [https://us02web.zoom.us/webinar/register/WN\\_mjBkugDFS3G8cuGyKb-Kvka](https://us02web.zoom.us/join/https://us02web.zoom.us/webinar/register/WN_mjBkugDFS3G8cuGyKb-Kvka)

**‘Twas the Night: Out of the Box** Stages Theatre Company (STC) Inspired by the poem “A Visit from St. Nicholas” by Clement Clarke Moore, this original world premiere Out of the Box experience is directed by STC Artistic Director Sandy Boren-Barrett. “This is not just a ‘hit play and watch’ theatrical event! ‘Twas the Night: Out of the Box’ provides pre- and post-show activities via a special ‘Stage Managers Kit’ for parents and guardians to help us create some in-home ‘magic.’ It’s the perfect memory-maker for this unique time, that’s sure to create lifelong memories,” said Boren-Barrett. Stages Theatre Company invites everyone to gather your pod or bubble together this holiday season for a cup of hot cocoa and a journey into the magic of the holiday season. Stages will provide the entertainment (and the hot cocoa!). This original adaptation of “‘Twas the Night Before Christmas” is designed as an interactive cinematic radio broadcast to be watched and enjoyed by the whole family and promises to bring the joy and warmth of the holidays into your home, creating memories to be cherished for years to come. It’s a self-paced holiday viewing adventure! Simply select the 2-week range you’d like to enjoy your Out of the Box experience. What’s included in the “‘Twas the Night : Out of the Box” experience:

- Exclusive limited-time access to a video feature performance.
- Props to interact with the show and crafts inspired by ‘Twas the Night for up to two (2) children
- A letter writing kit to get all those holiday wishes to the North Pole
- One book: ‘Twas the Night
- Snacks and treats to enjoy while viewing the show
- Surprise games, activities, and more to delight kids of all ages
- Plus: a live story time via Zoom with Santa directly from the North Pole! (reliable internet access required.)

To purchase visit: [www.stages-theatre.org](http://www.stages-theatre.org) or call 952-979-1111. The experience costs \$85 per household for up to 2 children and includes a video feature presentation, props, crafts, and family passes to the special Zoom Story Time with Santa. Patrons simply select a 2-week window to enjoy their Out of the Box experience and select which Story Time Zoom with Santa works best for them.



Businesses, from page 12

**Moon Palace Books.** Closed to public. Online orders only for now. Delivery by USPS or curbside pickup Mon. - Fri., 11 a.m. - 5 p.m. (They call when ready, unable to answer phone calls at this time.) Restricted hours.

**Nokomis Shoe Shop.** Open to public. Online orders. Delivery by USPS--free for orders over \$100. Slightly restricted hours.

**Once Upon A Crime.** Open with restrictions. Online orders, delivery by USPS available. Restricted hours. See website for more.

**Repair Lair.** Open with restrictions. Slightly restricted hours. Also does repairs.

Service

**Cedar Ave Repair.** Open with restrictions. Usual hours. Call before visit.

**Clyde's Service Auto Repair.** Open with restrictions. Usual hours. Call before visit.

**Hennepin County Libraries (various locations).** Some libraries now open for grab-and-go, short computer use sessions, or only computer use by appointment. See <https://www.hclib.org/about/locations> for branch statuses. Materials due dates extended to Nov. 18.

**Hub Bicycle Cooperative (Minnehaha Ave).** Open for repairs. Online shop with curbside pickup or delivery. See website or call for more.

**K9 & Kitty Kutters (Bloomington Ave).** Open by appointment. Waiting list. Slightly restricted hours.

**Laundromat (37th & Chicago).** Open to public. Usual hours.

**Massage Envy (Highland Park near Lund's/Downtown Minneapolis).** Open with restrictions, by appointment. Restricted hours.

**Nailish.** Open with restrictions, by appointment. Usual hours.

**Pedego.** Open with restrictions. Phone orders. Delivery available. Call for curbside pickup. Restricted hours. Open for all services but call first.

**Riverstone Salon and Wellness Center.** Open with restrictions, by appointment. Usual hours.

**The Grease Pit Bike Shop.** Open winter hours – Sat & Sun only.

Health Care

**CUHCC & CUHCC Dental.** By appointment. Usual hours.

**East Lake Animal Clinic.** By appointment. Usual hours.

**HCMC Whittier Clinic.** By appointment. Usual hours. COVID-19 testing available.

**Minnehaha Animal Hospital.** By appointment. Usual hours.

**Nokomis Pet Clinic.** By appointment. Usual hours.

**People's Center.** Open with restrictions. Wellness Hub closed. Online appointment requests available. Telehealth available.

**People's Center Dental Clinic (Minnehaha).** Open with restrictions. Usual hours.

**Pet Doctor (Franklin Ave).** By appointment. Usual hours.

**Spinal Frontier.** By appointment. Phone orders. Restricted hours. Chiro care and wellness products.

Gyms, Wellness Centers, Training Facilities

**Big River Yoga.** All classes now virtual. Massage therapy & health coaching with restrictions. Yoga on demand (new). See website for details.

**Blaisdell YMCA.** Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes still available.

**Five Elements Martial Arts.** Limited size classes with restrictions. Zoom classes are also continuing. See website for details.

**Iron Frost (38th St).** New fitness studio. Small social-distanced classes, some outdoors (yes, in winter). Kettlebell and other strength training.

**Midtown YWCA.** Open by reservation with restrictions. See website for rules and reservation process. Online fitness classes and personal training still available.

**The Fix Studio and Café.** Virtual fitness classes. Café open for grab and go or online ordering. One-on-ones available in a semi-open studio (dress warm). Call for more details.

Nonprofit

**Ani-meals - Meals on Wheels for Pets.** Contact Community Emergency Service if you need pet food delivered to your home. Weekly.

**Boys and Girls Clubs of TC.** Open with restrictions. Restricted hours. Only open for food distribution.

**Briva Health.** Open with restrictions. Health care navigation by phone or appointment. Usual hours.

**Greater Friendship Missionary Baptist Church.** Use link above to find needs. Uses Signup Genius App for volunteers. Distribution Tue, Thu, 2nd & 4th Sat.

**House of Charity (Elliot Park).** Open with restrictions. Restricted hours.

**Indigenous Food Lab / NATIFS\***

**(MGM).** Seeking volunteers to help prepare food for distribution. Sign up at <https://www.signupgenius.com/go/9040544a4aa2eabfa7-volunteering>.

**Macedonia Baptist Church\*.** Open with restrictions. Restricted hours. Call for more information. Only open for food distribution.

**People and Pets Together.** Open with restrictions. No delivery or curbside pickup. Usual hours. Pet food shelf - 1 client at a time.

**Sabbathani Food Shelf\*.** Open with restrictions. Usual hours. Only open for food distribution.

**Simpson Food Pantry.** Open to public. Restricted hours. Outdoors, weather permitting.

**Sisters Camelot\*.** Random food distributions. Check Facebook page weekly. Sites include Walker Church, Bethany Lutheran, Park Ave UMC.

**Soup for You Café at Bethany Lutheran Church (Franklin).** Closed to public. Distributing bag lunches at the side door Monday thru Friday, 11 a.m. until gone.

**Walker Church.** Open with restrictions. Hot meals, bagged groceries. Email office@walkerchurch.org or message

Facebook page for information. Tuesdays only. Only open for food distribution.

**Walk-in Counseling.** Closed to public. Call for Phone or Zoom counseling. Usual hours.

**Pop-up Mutual Aid Sites / Pay-as-u-can / Pay-it-forward** See <https://twin-cities-mutual-aid.org/> for complete list, or for updates on needs of most of the sites listed below.

**612 MASH (Medics at Chicago & 38th).** Use link above to find current needs.

**Acupuncturists without Borders (Calvary Lutheran Church).** Free community acupuncture outdoors Sundays 2-3 p.m.

**Augustana Senior Homes (Elliot Park).** Use link above to find current needs.

**Brian Coyle Center.** Free COVID-19 tests and free flu shots. Fridays. See link above for details.

**Café Racer at El Colegio\*.** Breaking Bread free meals. Free contactless hot meals to go Tuesdays 4 – 7 p.m.

**Lake Nokomis Park Sanctuary.** Use link above to find current needs.

**Midtown YWCA.** Use link above to find current needs. Distribution by reservation, link in link above.

**Peace Coffee.** Distribution of food and supplies Tue and Fri. Drop-offs at Ricardo Levin Morales Studio next door. See link above for more details.

**Sanctuary Movement Supply Depot (PPNA Office 35th Street).** Use link above to find current needs. Or inquire at the depot for more up to date info.

**Seward Café.** Drop off 10-5 daily. Use link above for current needs. Donate via Venmo or volunteer—see Facebook. Distributions: Fri (Food), Sat (Hygiene), & Sun (Baby stuff) noon-2 p.m.

**See <https://www.minneapolis-parks.org/encampments/> for updates from MPRB on houseless encampment sites. Situation is volatile heading into winter, so check frequently if you're trying to help.**

According to MPRB, the only encampments still open: Franklin Steele Park  
Minnehaha Falls Park  
Rev. Dr. Martin Luther King Park  
The Mall – Uptown  
Twin cities Mutual Aid also lists one in Near North but not Franklin Steele. The depot was still open last time we checked.

# The Nokomis Religious Community Welcomes You

**CATHOLIC CHURCH OF ST. ALBERT THE GREAT**  
E. 29th St. & 32nd Ave. S.  
612-724-3643  
[www.saintalbertthegreat.org](http://www.saintalbertthegreat.org)  
Weekend Masses with limited seating  
Saturday 5 pm  
Sunday 9:30 am (also live-streamed on Facebook)  
Sunday 12 noon  
Masks and social distancing required  
Enter at church front center doors only

**CATHOLIC CHURCH OF THE HOLY NAME**  
3637 - 11th Ave. S., 612-724-5465  
Mass at 9 am Sunday  
Limited seating, reserve online, masks required  
Watch Mass on our YouTube channel  
[www.churchoftheholynam.org](http://www.churchoftheholynam.org)  
Pastor: Fr. Leo Schneider  
*A welcoming Roman Catholic community*

**FAITH EVANGELICAL LUTHERAN CHURCH**  
3430 E. 51st St.  
612-729-5463  
[www.faithlutheranmpls.org](http://www.faithlutheranmpls.org)  
Sunday Worship 9 am and online on YouTube and Facebook  
<https://www.facebook.com/felc-mppls/>  
Sunday Morning Bible class 10 am  
Midweek Bible class Wednesdays 10 am  
Masks and social spacing required for worship and Bible class.

NA groups Wednesdays 7:30 pm, Fridays temporarily suspended  
**Thanksgiving Eve Worship 7 pm**  
Pastor: Rev. Jesse Davis

**FIRST FREE CHURCH**  
5150 Chicago Ave. S.  
612-827-4705  
Sunday services 9 am & 10:30 am (in person and online)  
Children and youth programs also  
[www.firstfreechurch.org](http://www.firstfreechurch.org)  
*Christ-Centered, Christ-sent*

**HOLY CROSS LUTHERAN CHURCH, LCMS**  
1720 E. Minnehaha Pkwy.  
612-722-1083  
Sunday Worship 9:30 am (in person, and on radio at 1620 AM)  
Sunday Worship recordings online at [www.holycrossmpls.org](http://www.holycrossmpls.org)  
Scroll to mid-page on the home page to see recordings and bulletins to follow along.  
Sunday In-person Bible Study 10:45 am  
Pastor: Bruce Laabs

**LIVING SPIRIT UNITED METHODIST CHURCH**  
*A Multicultural, Intergenerational Church*  
4501 Bloomington Ave.  
612-721-5025  
Worship with us from home!  
[www.livingspiritumc.org/online](http://www.livingspiritumc.org/online)


**MT. ZION LUTHERAN - LCMS**  
5645 Chicago Ave. S.  
612-824-1882

[www.mtzioninmpls.org](http://www.mtzioninmpls.org)  
Sundays – 9 am worship  
Visit our outdoor lending library!

**NEW CREATION BAPTIST CHURCH**  
1414 E. 48th St.  
612-825-6933  
Sunday Devotion 10:45 am  
Masks and social distancing required  
<https://newcreationbaptist-churchmn.org/>  
[www.facebook.com/NewCreation-BaptistChurch/](http://www.facebook.com/NewCreation-BaptistChurch/)  
Pastor: Rev. Dr. Daniel B. McKizzie

**NOKOMIS HEIGHTS LUTHERAN CHURCH – ELCA**  
5300 10th Ave. S.  
612-825-6846  
[www.nokomisheights.org](http://www.nokomisheights.org)  
Worship with us online on YouTube and Facebook  
New worship goes up every Sunday at 10 am

**ST. JOAN OF ARC CATHOLIC COMMUNITY**  
[www.stjoan.com](http://www.stjoan.com), 4537 Third Ave.  
Masses suspended until further notice  
Video available on our website and Facebook page  
*We Welcome You Wherever You Are On Your Journey*



**All Directory Churches are Wheelchair Accessible**

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WWW.SOUTHSIDEPRIDE.COM

November 2020



# • RELIGION & HOME IMPROVEMENT •

## Southside Pride / NOKOMIS EDITION

### EVENTS AND ONLINE RESOURCES

#### First Annual COVID-Safe Christmas Bazaar

**Saturday, Nov. 14, 10 a.m. to 2 p.m.**  
Minnehaha United Methodist Church  
3701 E. 50<sup>th</sup> St., Mpls.

The Holiday Bazaar is back on Saturday, Nov. 14, brought to you by the Minnehaha United Methodist Women. We're cooking our delicious lunches: chicken noodle hotdish or sloppy joes; pumpkin and apple pie, and carrot and chocolate cake, too. Plus a socially-distanced mini-bazaar. For more info and to place your pick-up/drive-up order, please visit our website at <http://www.minnehaha.org/>.

#### 2020 Overcoming Racism Conference

**Friday-Saturday, Nov. 13-14 Online**

The Facilitating Racial Equity Workshop presents online: "Overcoming Racism: Taking Back 'We the People.'" What does it mean to be "We the People" through an antiracist lens, in these times? How do we address the rise of right-wing populism worldwide? Conference Keynote Presenter: Eddie S. Glaude, Jr., noted scholar on African American Culture and James S. McDonnell, distinguished university professor. Register now to be sure you get into your first-choice workshops! <https://overcomingracism.swoogo.com/overcomingracism/begin>

#### #AdventWord Begins Sunday, Nov. 29 Online

For the seventh year in a row, #AdventWord will gather prayers via a global, online Advent calendar. Virginia Theological Seminary is offering meditations and images during this holy season beginning Sunday, Nov. 29. Images and meditations can be experienced via the #AdventWord website, direct daily email, as well as on Facebook, Instagram and Twitter, and ASL videos via YouTube. This year, meditations will also be available in English, Spanish and Haitian Creole. Join an international community in prayer to explore the mystery and wonder of Advent! To sign up, go to <https://adventword.org/en/home/>.

#### LeaderWise Conversations on Race Monday, Dec. 7, 4 p.m. to 6 p.m. Online

LeaderWise is hosting a free series of Conversations on Race this fall. The final conversation of the series will take place on Dec. 7, when Alicia Forde will help open our eyes to systemic obstacles that stand in the way of racial justice. The event

is free; registration is required. For more info and to register, go to <https://leaderwise.org/>.

#### Coats for Refugees

Pandemic or not, the change of seasons marches forward, and we are once again in need of warm winter coats (as well as hats, mittens and scarves) to share with recently-arrived refugees. This year, we are most in need of Men's sizes S-M, Girls' 10-12, and Boys' 7-8. At this time, our racks are amply supplied in other sizes, so we encourage you to consider bringing other sizes to another organization. Coats can be new or gently used. Please email [rsvolunteers@mnchurches.org](mailto:rsvolunteers@mnchurches.org) to coordinate a safe drop-off. Thank you!

#### Bahá'i Center of Minneapolis

3644 Chicago Ave., Mpls.  
Devotional gatherings, Monday-Saturday at 7:45 a.m. and Sunday at 10 a.m. Please visit the Bahá'i community of Minneapolis website at [www.minneapolisbahai.org/](http://www.minneapolisbahai.org/). Here you will find information about upcoming and past Holy Day celebrations, as well as news, announcements and information.

#### Calvary Lutheran Church

3901 Chicago Ave. S.  
Sunday Worship at 10 a.m., via Facebook Live and Zoom. See our website at [www.clchurch.org](http://www.clchurch.org) for instructions.

#### Catholic Church of the Holy Name

3637 11th Ave. S., Mpls.  
Sunday Mass at 9 a.m.  
Limited seating, reserve online, and masks required. You may also watch Mass on our YouTube channel. [www.churchoftheholynome.org/](http://www.churchoftheholynome.org/)

#### Catholic Church of St. Albert the Great

E. 29th St. & 32nd Ave. S., Mpls.  
In-person Masses with limited seating on Saturdays at 5 p.m. and Sundays at 9:30 a.m. and noon. Masks and social distancing required. Enter through church front center doors only. Please see our website at [www.saintalbertthegreat.org/](http://www.saintalbertthegreat.org/) for more details. Sunday 9:30 a.m. Mass also streamed on our Facebook page at [www.facebook.com/StAlbertTheGreatMpls/](http://www.facebook.com/StAlbertTheGreatMpls/).

#### Faith Evangelical Lutheran Church

3430 E. 51st St., Mpls.  
[www.faithlutheranmpls.org](http://www.faithlutheranmpls.org)  
**Wednesday, Nov. 25 Thanksgiving Eve Worship at 7 p.m.**  
Sunday Worship (with safety measures in place) at 9 a.m. Those who are over 65, have pre-existing conditions, or live in proximity to at-risk demographics are encouraged to remain home. We will continue to post videos online for Sunday morning for those who can't join us yet on YouTube and Facebook [www.facebook.com](http://www.facebook.com).

[com/felcmpls/](http://com/felcmpls/). Sunday morning Bible class 10 a.m.; midweek Bible class Wednesdays 10 a.m.; masks and social spacing required for worship and Bible class. NA groups Wednesdays 7:30 p.m. (Fridays temporarily suspended).

#### First Free Church

5150 Chicago Ave. S., Mpls.  
Sunday services 9 a.m. & 10:30 a.m. (in person and online).  
Children and youth programs also. Visit our website at [www.first-freechurch.org](http://www.first-freechurch.org) for more information.

#### Holy Cross Lutheran Church, LCMS

1720 E. Minnehaha Pkwy., Mpls.  
Sunday Worship 9:30 a.m. (in person, and on radio at 1620 AM). Sunday In-person Bible Study 10:45 a.m. Socially-distanced seating and masks required. Sunday Worship recordings online at [www.holycrossmpls.org](http://www.holycrossmpls.org). Scroll to mid-page on the homepage to see recordings and bulletins to follow along.

#### Living Spirit United Methodist Church

4501 Bloomington Ave., Mpls.  
Worship with us from home! Worship is currently being streamed on Facebook Live at 10:30 a.m. on Sunday mornings at [www.facebook.com/LivingSpiritMN/](http://www.facebook.com/LivingSpiritMN/). The weekly bulletin, children's faith formation packet, and more will be posted to our website; that's also where you can find resources and worship recordings from previous weeks. [www.livingspiritumc.org/online](http://www.livingspiritumc.org/online)

#### Messiah Lutheran Church

2400 Park Ave., Mpls.  
All services now online at [www.messiahlutheranmpls.org](http://www.messiahlutheranmpls.org). Each week we video services, viewable anytime, please join us! Visit our website for online devotions and bulletins.

#### Minnehaha Communion Lutheran Church

4101 37th Ave. S., Mpls.  
Sunday Worship online at 9:45 a.m. All services and programs are temporarily online. Please check the church website for any changes: <https://minnehahacommunion.org/>.

#### Minnehaha United Methodist Church

3701 E. 50th St., Mpls.  
Online Sunday worship available, either livestreamed at 9 a.m. or afterward on-demand. And our online Taizé service is back! Join us on our YouTube channel for a service of music, prayer and meditation. Next one is Friday, Oct. 23 at 7 p.m. Visit our website at [www.minnehaha.org/](http://www.minnehaha.org/) for more information.

#### Mt. Zion Lutheran Church

5645 Chicago Ave. S., Mpls.  
Sunday worship at 9 a.m. Please see

our website for more information. [www.mtzioninmpls.org/](http://www.mtzioninmpls.org/)

#### New Creation Baptist Church

1414 E. 48th St., Mpls.  
Sunday Devotion 10:45 a.m.  
Masks and social distancing required. [www.facebook.com/NewCreation-BaptistChurch/](http://www.facebook.com/NewCreation-BaptistChurch/)  
<https://newcreationbaptist-churchmn.org/>

#### Nokomis Heights Lutheran Church

5300 10th Ave. S., Mpls.  
[www.nokomisheights.org](http://www.nokomisheights.org)  
Physically distant but faithfully together. Connect with our online community on Facebook and YouTube. A new worship goes up on YouTube every Sunday at 10 a.m., and all are archived, so you can view the ones you missed. [www.facebook.com/NokomisHeights/](http://www.facebook.com/NokomisHeights/)

#### St. Joan of Arc Catholic Community

4537 3rd Ave. S., Mpls.  
For video masses, musical performances, church bulletins, and other news, please see our website [www.saintjoanofarc.org/](http://www.saintjoanofarc.org/) or Facebook page [www.facebook.com/StJoanMpls/](http://www.facebook.com/StJoanMpls/).

#### Trinity Lutheran Congregation

Augsburg College, Hoversten Chapel  
Riverside & 22nd Aves., Mpls.  
[www.trinitylutherancongregation.org](http://www.trinitylutherancongregation.org)  
Online worship available anytime on our YouTube channel: Trinity Lutheran Congregation

#### Walker Community United Methodist Church

3104 16th Ave. S., Mpls.  
Until further notice, Walker Church will be closed for all non-essential operations. Services will continue online via Zoom and Facebook Live at 11 a.m. to noon on Sundays. Visit our website at [www.walkerchurch.org/](http://www.walkerchurch.org/) or Facebook page at [www.facebook.com/walkerumc/](http://www.facebook.com/walkerumc/) for more information.

### SHARING FOOD

#### New Creation Baptist Church 1414 E. 48<sup>th</sup> St., Mpls.

**612-825-6933**  
We're still here to serve you on the first through fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. Be safe and God bless! [www.facebook.com/NCBCfoodshelf/](http://www.facebook.com/NCBCfoodshelf/)  
Food Shelf  
Saturdays (except 5<sup>th</sup> Saturdays)  
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#### Greater Friendship Missionary Baptist Church and Friendship Community Service 2600 E. 38th St., Mpls.

**Food Hub**  
Free food, hygiene products, and some household goods. Tuesday and Thursday, 1 p.m. to 5 p.m. 2nd and 4th Saturdays, 9 a.m. to 1 p.m. Please bring ID and wear a mask. Social distancing guidelines are in place.

#### Minnehaha United Methodist Church

**3701 E. 50<sup>th</sup> St., Mpls. 612-721-6231**  
Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, the Minnehaha Food Shelf is open on Tuesdays from 10 a.m. to 3 p.m. We have moved our operations outdoors, meter the flow of clients to help ensure social distancing, periodically clean our surfaces, and wear face masks. Should we have foul weather, we plan to move the distribution indoors, though still meter clients and encourage distancing. [www.facebook.com/Minnehaha-FoodShelf/](http://www.facebook.com/Minnehaha-FoodShelf/)

#### Calvary Lutheran Church 3901 Chicago Ave., Mpls.

**612-827-2504, ext. 205**  
The Calvary Emergency Food Shelf is available for area residents on Saturdays from 9 a.m. to noon. We will hand out pre-packaged bags of food with a Walk-Up table on 39th St. and Drive-Thru model at the parking lot entrance. Please stay in your car, and we'll bring the food to you! Volunteers will be available outside to help you. There are eligibility requirements. On our website, [www.clchurch.org](http://www.clchurch.org), click on the "Food Shelf" link in the "Outreach" tab, or call the food shelf office at 612-827-2504, ext. 205.

#### Groveland Emergency Food Shelf

**1900 Nicollet Ave., Mpls. Plymouth Congregational Church 612-871-0277**  
Monday – Friday 9:30 a.m. to 12:30 p.m. Entrance on Groveland Ave. between Nicollet and Lasalle. <http://grovelandfoodshelf.org/>

#### Bethany Lutheran Church 2511 E. Franklin Ave., Mpls. 612-332-2397

Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. [www.bethanyinseward.org/](http://www.bethanyinseward.org/)

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