



**We build Pride on the Southside**

**POWDERHORN EDITION**  
**FIRST MONDAY OF THE MONTH**  
**January 2022**  
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## Voilà, a vacancy



BY TONY BOUZA

The sitting (and I use the term advisedly) Chief of Police capped a distinguished police career with his greatest feat—the announcement of his departure.

Mirabile dictu!

In my insufferable hubris (“That Tony Bouza, he sure is full of himself, isn’t he?”—overheard one wag to another) I hasten to add my suggestion.

First, hire a personnel firm to concoct a want ad, advertise in police journals, and consult the International Association of Chiefs of Police, the Major City Chiefs Association, and the Police Executive Research Forum.

Reduce the many resumes to 30 or 40, and then winnow these down to 10 serious prospects.

Appoint a citizen’s committee of about nine: police-interested; LGBT; women; people of color; and, yes, one or two white men. This pro bono group would interview the candidates over five days. Three hours each.

Suggested questions should include views

See Bouza, page 12



Amy Blumenshine sings ‘Jingle Bells’ at the ‘party with a purpose.’

## Powderhorn neighbors act to calm streets

BY AMY BLUMENSHINE

Powderhorn neighbors came together at 32nd Street and Elliot Avenue on Dec. 12 for an outdoor “party with a purpose” to improve street safety for bicyclists and pedestrians.

Neighbors are petitioning the city to make needed calming of the streets before next spring’s asphaltting instead of after, and then having to redo what is considered a 20-year project and pay twice – via as-

sessments – for street improvements that would be cheaper to do once.

Incoming newly-elected Minneapolis officials Park Board Commissioner Becky Alper and City Council Member Jason Chavez addressed the crowd, promising to do what they could after taking office.

We jingled bells and sang a version of “Jingle Bells” with the chorus “We love our kids, we love our homes, we love our neighborhood.”

A large, former Heart of the Beast MayDay Festival puppet presided in the center of the intersection where some neighbors hope a traffic circle will be installed. Sandy Spieler, former HOBt artistic director, led the crowd in a spiral dance. We connected by red ribbons to enhance pandemic distancing. Afterwards, neighbors socialized around a firepit.

Organizing for calmer streets began months earlier, after a neighbor on

## What do you want at Lake and Nicollet?

BY ED FELIEN

In one of its last acts of 2021, the City Council approved a framework for beginning public discussions about what kind of development should happen when they re-construct Nicollet Avenue between 29th Street and Lake Street.

The press release announcing the plan said:

“The broad project goals include:

- Reconnecting people and places.
- Building safe, equitable and sustainable transportation networks.
- Building for who is there.
- Designing space to live, work, shop and play here.

• Designing safe and healthy communities.

“The public engagement framework includes three phases. The first phase will start in early 2022 and focus on creating open dialogues with community members who live, work, shop and visit the area. The second phase will focus on a public space plan and Nicollet Avenue layout plan, which will require City Council approval. The third phase of engagement will discuss the future development of buildings.”

From the City’s planning document, “Former Kmart & New Nicollet Project – Project Expectations,” published by the Business, Inspections,



Housing, and Zoning Committee on Nov. 30, 2021:

“The City will conduct multiple phases of public engagement for the former Kmart & New Nicollet project. Engagement with diverse stakeholders, specifically those who live and work in the area, will help City leadership and staff understand how community needs and solutions can be incorporated into the project. Engagement will seek input on many topics, including the following examples:

- Benefits and challenges of owning a busi-

See Powderhorn, page 3

See Nicollet, page 3



**Winter Wellness**  
**pages 8 - 9**



# Alondra Cano Honorary Resolution

## Resolution of the Minneapolis City Council:

By: Reich, Gordon, Fletcher, Cunningham, Ellison, Osman, Goodman, Jenkins, Bender, Schroeder, Johnson, and Palmisano

### Honoring Council Member Alondra Cano for her years of service to the city of Minneapolis

Whereas: Alondra Cano was elected in November 2013 to represent the Ninth Ward, and was reelected in 2017, serving the City of Minneapolis and its people for eight years as a City Council Member; and

Whereas: Council Member Cano was born in Litchfield, Minnesota, to Mexican immigrants and spent her early years in Chihuahua, Mexico, before returning to Minnesota; and

Whereas: Council Member Cano was the first person of Latino heritage to be elected to the Minneapolis City Council in



Alondra Cano (Photo/minneapolismn.gov)

the City's history; and

Whereas: Council Member Cano is an alumna of the University of Minnesota and the Department of Chicano and Latino Studies; and

Whereas: Council Member Cano is an organizer who co-led the statewide campaign to pass

MN Dream Act, served as Associate Director of the Minnesota Immigrant Freedom Network, and managed the Multilingual Communications Division at the Minneapolis Public Schools; and

Whereas: Council Member Cano led on the Minneapolis City Council as a strong advocate for racial, economic, and environmental justice and worked on a wide range of equity issues facing Latinos, undocumented residents, New American families, and low-wage workers; and

Whereas: The Ninth Ward is the most racially, culturally, and linguistically diverse community in Minneapolis and it faces the most economic marginalization of any political jurisdiction in the state, yet is a welcoming home to the largest Latino and American Indian populations in our city; and

Whereas: Council Member Cano authored the resolution establishing the second Monday of October as Indigenous Peoples Day to illuminate the ongoing struggle, resiliency, and thriving contributions of the American Indian community in the City of Minneapolis; and

Whereas: Council Member Cano was the leading proponent of a \$15 per hour minimum wage ordinance in the City of Minneapolis—the first in the State of Minnesota—and

Whereas: Council Member Cano fought to improve the future of low-income residents on environmental justice issues by designating Green Zones, and

Whereas: Council Member Cano proposed a municipal identification program for Minneapolitans so that undocumented residents and families with mixed immigration status who call Minneapolis

home could gain access to basic services and more confidently participate in the civic and economic life of our community; and

Whereas: Council Member Cano was a champion for economic development in the City's most diverse neighborhoods, establishing Cultural Districts, both in ordinance and as related policy directive, and

Whereas: Council Member Cano tirelessly supported local artists and the arts and worked to expand the City's cultural infrastructure and creative economy, culminating during her tenure in the establishment of the first Arts and Cultural Affairs Department in the City of Minneapolis; and

Whereas: Council Member Cano has stood in solidarity with the Phillips neighborhoods in their demand for environmental justice and an end to the expansion of the City's Hiawatha Maintenance Facility on the arsenic-filled, seven-acre site formerly owned by Roof Depot, a site located within the Ninth Ward, and has advocated for the community led vision to create a green jobs infrastructure project for this low-income neighborhood that promotes urban agriculture and food security;

### NOW, THEREFORE, BE IT RESOLVED—

That the Mayor and City Council do hereby present this Honorary Resolution in recognition of its sincere gratitude and appreciation for the many contributions made by Council Member Cano to the Ninth Ward and to the City of Minneapolis, together with their best wishes for her future endeavors. Passed this the Tenth Day of December, 2021.

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# Congratulations, Mr. Mayor

BY ED FELIEN

You survived a pretty rough first term of office.

Standing up to the president of the United States, sending him a bill for the added security necessary to guarantee him a safe environment to hold a political rally, was the easy part. You were getting good marks from the media on your handling of the coronavirus. Then, George Floyd! And the world watched Minneapolis Police Officer Derek Chauvin choke the life out of George Floyd on a schoolgirl's iPhone, and we saw the historic retribution by an angry people demanding justice, thousands of them, standing in the streets, driving the police out of their fortress and burning it to the ground.

You demonstrated remarkable courage in ordering the police to abandon the 3rd Precinct. It was an important historic precedent—an elected official, the mayor of Minneapolis, told the police they should surrender to the mob. Abandon ship! The cops got post-traumatic stress disorder as a result of you overturning the accepted order of rank and privilege. The cops thought you rushed to judgment. You had already found Derek Chauvin guilty. You were taking the mob's judgment as final. This was the end of the uninterrupted history of slave-catching that was the tradition of municipal police departments.

People were finally saying it was wrong for a white cop to murder an unarmed Black man.

But the mob was starting to go out of control. Some Boogaloo Bois were firing automatic rifles into the station house, trying to provoke return fire from the cops into the mob. Some right-wing nutcase carrying

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**Nicollet, from page 1**

ness in the area

- Benefits and challenges of living in the area

"Retail – What we know:

1. Commercial uses (stores, restaurants, etc.) will be required on the first floors of new development facing Nicollet Ave. and Lake St. Entrances must be directly from sidewalks.
2. Development will prioritize attracting culturally diverse businesses that create positive community impacts and reconnect Eat Street with Nicollet Ave. south of 29th St.
3. Development teams will prioritize including strategic partners who are experienced in recruiting and supporting local businesses that reflect the surrounding area.
4. Development will prioritize

ing an umbrella was smashing in store windows with a hammer, encouraging looting.

You had to act. You had to do something to stop the protest. They want the precinct station? Fine. They can have the precinct station.

But it was too late. Right-wing agent-provocateurs got gullible demonstrators to join them in ultra-left adventures that destroyed the offices of MIGIZI, a Native American nonprofit that helped kids stay in school, and Gandhi Mahal, an Indian restaurant that was a left-wing favorite, and they looted Target, and they destroyed Latino businesses up Lake Street to Hennepin. Most of it focused around Lake and Chicago.

And, finally, it was over.

But the protesters, the ones who started the demonstrations against the precinct station, were still coordinated and organized by Black Visions Collective. It was their organizing that got the city to begin an Office of Violence Protection. They were in contact, and they held a rally, and they marched to the street below your apartment, and they ordered you down to meet with them, and it didn't go well. You came down in casual dress, tried to talk to the crowd, but the crowd would hear none of it, and hecklers drove you back upstairs. You were probably relieved. It was terrible optics for the demonstrators. It excited their base, all that talk about abolishing the police, but it also excited resistance to change.

As a testament to her organizing and dedication to making the mayor accountable, Sheila Nezhad got more than 50% of the votes for mayor at the DFL City Convention—just short of the necessary 60% for endorse-

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serving the needs of residents by increasing the diversity of available goods and services, while protecting the cultural assets already in the area.

"What wealth-building strategies for low-wealth communities are best suited for and able to be implemented in the project?"

This is a dare-to-dream fantasy projection come true – a great opportunity for the people in South Minneapolis who believe in cooperatives to build a valuable resource.

Why can't the visionaries and architects who built the Seward Co-op Friendship Store at 38th and Clinton build a 14-story building with a food co-op store on the first floor, offices for local businesses on the next five floors, and studios for artists on the next eight floors? People living in the Whittier, Lyn-

ment.

Then, Black Visions Collective pushed it further. They organized the Powderhorn Manifesto—a meeting in Powderhorn Park on the stage at the bandshell. They got nine council members, a veto-proof majority, to agree to change the City Charter to transform the MPD into a Department of Public Safety. They had "Defund the Police" on a banner across the front of the stage. They wrote an amendment to the Minneapolis charter creating a Department of Public Safety to replace the Police Department. It was vague, confusing and incomplete. Black Visions had a competing amendment they had written. It was vague, confusing and incomplete. The City Council went with the Black Visions version.

The amendment didn't do well at the polls. It was well-meaning, but the lack of an actual concrete vision by Black Visions scared the hell out of Black voters in North and South Minneapolis. It was ultra-left and, as a result, it alienated the progressive base but motivated the opposition to vote for you and for a strong mayor reorganization of city government. That charter amendment will probably have an even more profound effect on our future than changing the name of the Police Department.

You seem like you genuinely want to get along with the progressives who opposed you in the election. You appointed former political rivals, Nekima Levy Armstrong and Sheila Nezhad, to a committee that will recommend changes to the MPD; and you appointed Kathy O'Brien, former City Council member and former University of Minnesota administrator, to reorganize city departments—

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dale, Phillips and Powderhorn communities should be eligible to buy space at 50% of the market value of the unit and become members of the governing board running the co-op building.

That would be the best way to build community wealth – by investing in the people who actually live in the community.

Why can't businesses get started? Why can't musicians practice? Why can't artists paint or writers write or sculptors sculpt?

Because, as Jimmy McMillan, candidate for governor of New York 20 years ago, said, "The rent is too damn high!"

Let's do something about it.

Let's build space for next year's dreams.



two committed progressives and a thoroughly competent moderate. Good choices.

I opposed the drift toward a strong-mayor form of city government. There's not much danger of abuse of power with you as mayor. You're a good liberal with a strong sense of fairness and justice. But what happens when we elect someone like Trump or Charlie Stenvig? Spreading the power among the many is messy and inefficient,

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**Powderhorn, from page 1**

the corner with the park saw near-misses as children crossed to the park while vehicles sped past. Other neighbors shared her concerns and started discussing and exploring solutions – albeit in pandemic Zoom fashion. We put up signs intended to slow traffic along 32nd Street and Elliot and 10th Avenues. We discovered that plans were on the shelf at the city for a Southside Greenway, a north/south-axis major greenway like the east/west Midtown Greenway. The first step, suggested the plan, was to find some blocks for a pilot.

Also, Safe Routes to School is a current city project to change infrastructure to improve safety, reduce traffic and improve air quality near schools and is in the planning for our streets.

As we sought support at the city, we found that members of the Bicycle Advisory Committee (BAC) affirmed that physical impediments like bump-outs

but it makes the abuse of power less likely.

But I digress.

Congratulations, Mr. Mayor.

You survived a first term borne from the bowels of hell, and the voters have chosen you to lead them out of the present wilderness.

We wish you the best of luck. It can't be as bad as it was. It's got to get better.

We're all pulling for you.

We're all in this together.

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were considered necessary for reducing speeding. The BAC helpfully asked Public Works via a resolution to create a simple bike crossing at the cul-de-sac at 10th Avenue and Lake Street. We've been waiting for a legitimate bike crossing on this major bike route ever since 2008 when the cul-de-sac was built. Now, with the rebuild of the U.S. Bank building, bike access and safety are even more compromised. This is especially galling to neighbors since many risked their personal safety as they tried to keep the building from burning during the chaos in the aftermath of the murder of George Floyd. Yet, Public Works has so far never fixed the bike blockage created in 2008.

The Dec. 12 event was a step in engaging more neighbors in the discussion of what changes would be best – a design in progress. Neighbors hope that some sort of calming can be instituted as part of the re-asphalting, even if it is just a temporary pilot.



# Understanding Groundhog Day and the myth of Persephone

BY ED FELIEN

“When he comes out of the hole and sees his shadow, then it’s six more weeks of winter.”

It makes sense. If the groundhog comes out of his hole on Feb. 2 in Minnesota, and he sees his shadow, that means there’s most likely still snow on the ground, so it probably wasn’t the shadow that caught his eye. It was probably the snow, and that snow would cause him to think, “Well, that means six more weeks before that stuff melts. I’m going back to sleep.”

Like all important rituals passed down to us, there’s no doubt some elementary wisdom behind it. It’s probably a Northern European agrarian myth, begun to signal farmers when to plant. It’s not a good idea to put anything in the ground around Feb. 2. Best to wait six weeks—around Easter—the time of sacrifice, death, burial and resurrection. That’s the time to start planting things in the ground.

It is possible that the farmer in Pennsylvania who made up that story knew something about Ancient Greece and the stories the Greeks told farmers

3000 years ago about when to plant.

For the Greeks, the time to start planting was midway between the winter solstice and the spring equinox—around six weeks after the winter solstice, around Groundhog Day. But, for the Greeks, that day was one to celebrate—not the ugly groundhog, but the beautiful goddess Persephone, returning to earth from her conjugal bed with Hades, the ruler of the underworld, the land of the dead. In Rosetti’s lovely painting of her, she emerges from the cave and turns back in longing and memory to taste one last pomegranate seed. But she does emerge from the cave, and she does help her mother, Demeter, grow things in the ground. And the planting begins. Midway between winter solstice and the spring equinox was the best time to plant in the Mediterranean cultures from North Africa to Greece. Farmers could harvest their crop before the late August sun burned everything.

I like to imagine it was some hippie farmer who lost his job teaching Greek in the local high school in Pittsburgh in the 1870s when the school board decided teaching Greek wasn’t practical enough. He moved to the country and had to learn when to plant, and once he learned, he became an expert at it. As a joke he transposed Persephone with Punxsutawney Phil.

That’s some transposition—to turn a beautiful goddess into a fat rodent.

Was this some Christian bashing of the agrarian traditions that developed into paganism? Was it the Christians saying, “Beautiful goddesses don’t come out of the ground in February. Fat rodents come out of the ground in February. A true religion would worship a god who comes out of the ground at Easter, a much better time for planting.”

And the Pope might conclude, “And there’s no celebration of a goddess descending into the earth to an unholy reunion with her lover in hell at some time in August, midway between the summer solstice and the autumnal equinox. There is, however, the Assumption of the Blessed Virgin bodily into heaven at about that time.”

The Emperor Constantine figured all that out. He put the Christian holidays at the same time as the pagan holidays, so we celebrate the birth of Jesus and a week later we celebrate the birth of the New Year. And we celebrate the death and resurrection of Jesus at the same time the ancients celebrated the Osiris and Dionysus myths

of resurrection and fertility.

Constantine isn’t generally acknowledged as the one who collected the stories of Jesus and made them into Matthew, Mark, Luke and John, but it was he who in 325 created a Holy Roman Catholic (as in universal) Church. It was loyal to Rome, Roman law and Roman custom.

Ever since Jesus tried to drive the money changers out of the temple, every do-gooder in history has dreamt of leading a mob against the centers of oppression. Constantine recognized the threat. He sanitized the stories of Jesus by taking out most of the negative references to Rome and released his new, revised book, the New Testament.

The Protestant faith broke off from the Catholics on class lines. The craftspeople and small burghers wanted more control of their towns and guilds and more control over the value of their work. The Catholic Church aligned with the feudal classes. It was for the divine right of kings and papal infallibility, and against these new small businesspeople in towns who wanted to question everything.

The very public conflicts within the Catholic Church today are the struggles between the authoritarian old guard and the more socially progressive forces around Pope Francis. The College of Cardinals no doubt figured that there is no future with the old guard, and it’s time to try a little Liberation Theology. That struggle was crystallized in the recent meeting between Biden and the Pope. The reactionary bishops wanted to deny Biden communion, participation in sharing the body and blood of Christ, because Biden supported a woman’s right to an abortion. The Pope said Biden is a good Catholic. That means being a good Catholic is different than it was just a few years ago. The Catholic Church is changing. It’s so old that when it moves, it creaks and makes a lot of noise. But it wants its sheep to stay in their flocks and knows it may have to climb steep hills to round up the faithful.

And we moderns have adopted a groundhog to repudiate the myths of antiquity. All across the northern part of North America, a very secular ritual is played out on Feb. 2. It’s not religious. The groundhog doesn’t represent a redeemer or a Greek goddess. It’s just a groundhog, and, if he turns away and runs from the sight of the snow, he’s just saying wait another six weeks before planting.





(Photo/metrotransit.org)

# Is racism driving transit planning?

BY ELINA KOLSTAD

Anyone who has ever ridden the Route 21 Metro Transit bus, especially the stretch between Hennepin Avenue and Hiawatha Avenue, knows that it has some of the highest demand of all Metro Transit's bus routes. The numbers bear this out. In the fall of 2018, Metro Transit reported over 10,000 average weekday rides on the 21, making it the second highest Metro Transit ridership route. And yet, we are only now seeing

the Northstar Commuter Rail Line was completed from Big Lake, Minn., to downtown Minneapolis. The total cost of the Northstar project was \$317 million. In 2018, the same year that saw over 10,000 average weekday rides on the Route 21 bus, the Northstar Line saw 2,814 average weekday rides. We need to stop fooling ourselves that the law of supply and demand is the main factor that determines what public transit gets funding and how much.

The Northstar Line has al-

then home again. Nothing else. Not only was there basically only one destination, downtown Minneapolis, the line was only ever designed to take passengers to and from work.

I know someone who took the Northstar up to Big Lake when it first opened. He went up from Minneapolis in the morning, thinking that a train trip and some exploration of a small town would be a fun way to spend the day. He ended up in a park and ride lot in an area isolated from any amenities like cafes or restaurants and no indication of how to get to any. He waited a few boring hours before he could catch the next train to the city and never went back.

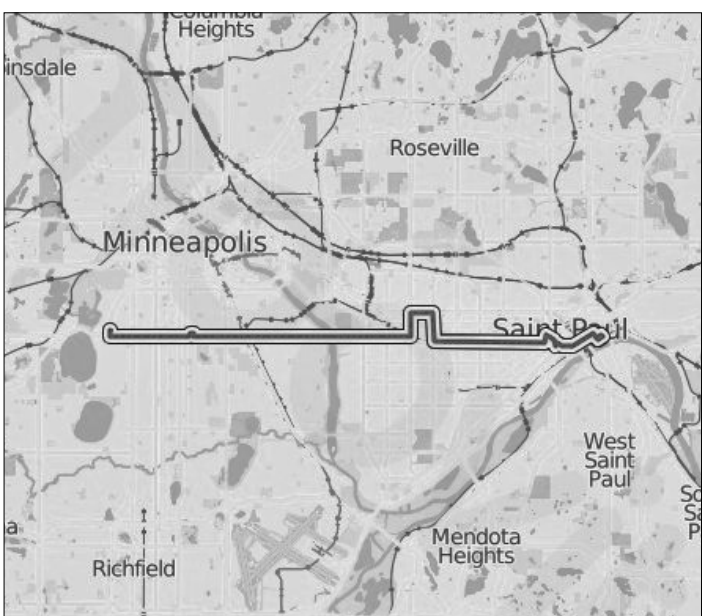
One might think that this is a story about how those who planned and built the Northstar mistakenly built a line that would ultimately fail to attract the ridership needed to sustain it. But what if this aspect of the design was seen as a feature, not a flaw?

In 2017, Bob Ivers, then running for mayor in Hopkins, said of the Southwest Light Rail Line, "The light rail to me is nothing but a tube that is going to bring nothing but riff raff and trash from Minneapolis." He went on to state, "All the Chicago and Detroit riff raff who have moved into 'Welfare-apolis,' they are going to get on that train and you know where they are going to end up - at the Depot with yours and yours and yours granddaughters and grandsons." Ivers followed this statement with, "Hopkins is 90% white, okay. The 10% coloreds and Mexicans and Asians who are here.

Great. Bravo. But the problem is your little yellow train that you are all bravo about, you are going to have all the ethnics [sic] you want." This man was actually wrong about how little diversity Hopkins has and only received a tiny percent of the vote, but looking at his comments and looking at the design of the Northstar Commuter Rail Line certainly makes one think: Why are all the Northstar stops outside of the urban centers of the cities they serve?

We need to stop fooling ourselves that our transit system works in a vacuum where the law of supply and demand

is the only factor that determines which routes get funding and which routes take the back seat. Supply and demand doesn't influence how frequent or reliable our transit is nearly as much as the skin color of those who ride it. If you still don't think officials would purposely pursue a design destined to fail rather than allow "ethnics" from "Welfare-apolis" into their community, I would recommend looking into Heather McGhee's book "The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together."



Route 21 Metro Transit from St. Paul and down Lake Street (Photo/moveitapp.com)

plans being developed to improve this transit corridor for the first time in decades. If we are lucky, in 2024 we will see B Line Bus Rapid Transit service begin, hopefully leading to faster and more reliable service. The preliminary estimated cost of the B Line is \$54 million.

On the other hand, in 2009

ways had disappointingly low numbers and in the wake of COVID those numbers have plummeted further still. The Northstar was built to be a commuter rail line, it's right there in the title. It was built to bring people from Big Lake and the surrounding area into downtown Minneapolis to work and

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# Let's do it!

BY ED FELIEN

The North Star Caucus of the Democratic Socialists of America (DSA) has recently circulated, for discussion and approval, an outline of strategic objectives for 2022.

They call for a United Front Against Fascism and the need to “jettison a growing tendency towards a ‘go it alone’ approach that devalues coalition work

candidate, Bill Rood, winning more than the difference with 5.8%. Hagedorn is currently under investigation by the House Ethics Committee for funneling \$100,000 in government printing to a staffer and for not reporting an in-kind political contribution of office space for his campaign.

Redistricting is going to change all the congressional districts. The new maps won't be avail-

has been relatively stable for the past 100 years, but urban growth has been consistently increasing. All new maps of the 1st District include the cities of Mankato and Rochester. The population of Mankato went from 39,309 in 2010 to 44,488 in 2020. The population of Olmsted County (Rochester) went from 144,248 to 167,450. That urban growth should help Democrats.

Another factor that should help is that Tim Walz, who used to represent the 1st District in Congress, will be at the top of the ticket running for re-election as governor.

State Senate:

The Republicans control the State Senate by one vote. In 2020 Tyler Becvar was the Legal Marijuana Now candidate in Senate District 27. He posted a video on his Facebook page promoting the Republican candidate in that race, Gene Dornink, who beat DFL Sen. Dan Sparks by 1,902 votes. Becvar got 2,500 votes.

Although the district will be redrawn it will most likely include Austin and Albert Lea. Austin gained 1,456 people in



Jim Hagedorn



Gene Dornink

and glosses over the importance – indeed, the necessity – of a center-left coalition to defend democracy from neo-fascism.

“The immediate task is mobilizing to prevent the Republican Party from retaking Congress in this year's midterm elections and strengthening its hold on state and local governments. We cannot accept the conventional wisdom predicting inevitable Democratic Party defeat. A Republican takeover would shut down investigations of the Jan. 6 attack on the Capitol and set the stage for the House of Representatives choosing the next president. To prevent a Republican takeover, efforts should focus on winnable races.”

Let's get to work.

Congress:

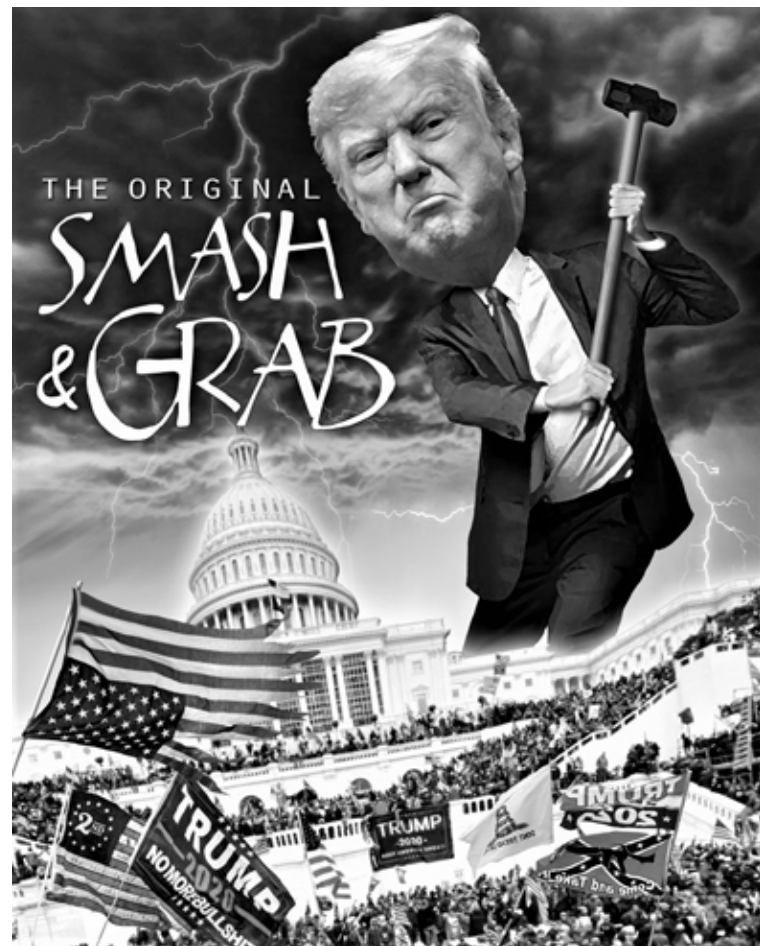
What's a “winnable race”?

Senate: no race.

Tina Smith re-elected 2020. Klobuchar up for re-election 2024.

House: Ilhan Omar and Betty McCollum should have no trouble. Dean Phillips (one of the richest men in Minnesota) won by more than 10 points in 2020; he shouldn't have any trouble getting re-elected. Angie Craig had a close race. She won by 2.3%, but a Legal Marijuana Now candidate, Adam Weeks, got 5.8% of the vote. He died before the election, but in a voicemail recording to a friend he admitted Republican operatives had paid him \$15,000 to run to siphon off votes from Democrats.

Although the strategy didn't work in Angie's 2nd District, it worked just fine in the 1st District. The Republican, Jim Hagedorn, won that race with 48.6% of the vote to Dan Feehan's 45.6% – with a Grassroots-Legalize Cannabis Party



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2020, and Albert Lea gained 436 people even while its surrounding rural area lost population.

If you have time and/or money, the best places to put your energies would be Congressional District 1 and Minnesota State Senate District 27.

The DSA document says,

“DSA should help to build a ‘Mississippi Summer’-style mobilization, actively seeking joint leadership with organizations focused on racism, labor, climate change, immigration, reproductive rights and other leading priorities.”

Let's do it.

Let's get to work.



## POWDERHORN EDITION

Southside Pride Powderhorn Edition is a monthly community newspaper delivered on the First Monday of the month for free to convenient locations in and around the Powderhorn community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

### Southside Pride

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# Democratic Socialists in the DFL - the story so far

BY DEBRA KEEFER RAMAGE

A little over a year ago, I heard of an effort to launch a Democratic Socialist Caucus in the DFL. I have called myself a democratic socialist since about the mid-1980s. I made the transition from anarchist (because of Ursula K. Le Guin, Emma Goldman, and my small but intellectually broad social circle in Atlanta) through anarcho-syndicalism (because it sounds so cool, right?) to socialism itself.

I didn't actually join Democratic Socialists of America until 1986, when I encountered Twin Cities DSA at a MayDay festival. I have been a member at heart ever since, although I have let my dues lapse for long periods, especially when I lived abroad. But, since 2011, when I returned here from England, I have been an extremely active member, and was a co-chair from 2016 to 2018.

I have also been very active in the DFL. I have attended all my caucuses and several conventions as a delegate. I have

Membership was still pretty low at that initial meeting, and it would have been hard to get a quorum on the Steering Committee with a permanent vacancy. And, I reasoned, by the time the organization was even legally entitled to spend money, I could pass the role on to someone better.

I am giving all this personal and trivial information for context, so you can understand what a shock and a blow it was, not just to me, but to all the DSC organizers who had followed all the rules and been thoughtful and sincere, when our chair and a few other DSC Steering Committee members attended a DFL State Executive Committee (SEC) meeting on Dec. 8, 2021, at which they were, not to put too fine a point on it, attacked and slandered as sneaky DSA infiltrators out to destroy the party.

In case you're not familiar with how a DFL caucus is formed, after an initial meeting, the group elects interim officers and drafts bylaws, and then after a year or so of internal or-

placed on the SCC's agenda, the petitioning organization has to petition the SEC to put them on it, at the SEC meeting immediately preceding the SCC by several days.

The DSC Steering Committee met several times in preparation for that crucial Dec. 8 meeting. People worked their own DFL networks and sounded out SEC members they knew. A PowerPoint was prepared with our arguments about why the DFL should have a Democratic Socialist caucus. It pointed out that since 2016 and the Bernie Sanders presidential candidacy bid, democratic socialism, or the potential for it, has been a huge factor in a flood of new DFL activists and a few candidates, and even a few winning candidates.

The fact that many of those candidates were cross-endorsed by the DSA is possibly what has put the fear into the marrow of Ken Martin's bones. Ken Martin is the chair of the DFL SEC and was the leader of the attack at the meeting. But I am here to tell you that his fear is ironically and insanely misplaced.

In the week or so before the SEC meeting, we had received very encouraging communications from other DFL committees, including the one critiquing our proposed bylaws and suggesting some changes, which we incorporated. So going into the SEC meeting we were unprepared for outright hostility. But that's what we got, not from every SEC member but, sadly, from a solid majority of them. Their fear of and hostility toward this nascent caucus is ironic on many levels.

The basis of Ken Martin's re-

sponse to our petition was to state that this was an incursion from the DSA, an organization that, while not a party, he claims is operating as one.



Ken Martin

Both prongs of this statement are documentably false. As support for his accusations, Martin cited the fact that DSA members have verbally attacked the DFL and stated their hostility to it, and that the DSA intends to run candidates against DFL incumbents.

But the irony comes into it due to a massive misapprehension of DSA's nature. It's true there is a sizeable and outspoken minority of Twin Cities DSA that opposes the DFL. However, this faction does not want to take over the DFL but, rather, wants nothing to do with them. In any case, it is not in leader-

ship, and not driving electoral policy at all.

On the other side of the coin, the DSC group is not only not a project of DSA, but it also has little overlap in membership with DSA. I am, as far as I know, the only person who is a perceived leader in both Twin Cities DSA and the DSC, and I am not on the Twin Cities DSA Steering Committee. And to further the irony, I doubt if Ken Martin even knows my name. If there were to be a DSA conspiracy to take over the DFL, I am possibly the only person in Minnesota positioned to make that happen, and I have always stipulated that that could never happen and would be a suicidal move for Twin Cities DSA.

All the people that this myopic faction of DFL leadership thinks are out to take them over are completely absent from the DSC. All the actual DFL activists who hold democratic socialist values and make up the core of the DSC have either rejected DSA as not a good fit for them, or only joined it as an avenue to organize more socialists into the DFL, an avenue they would not need to take if they had a DFL-approved Democratic Socialist Caucus.

In a further irony, the DSC experienced a surge in new member applications in the week following the SEC debacle, so that was nice.



been a volunteer and/or precinct captain for a number of candidates. I have been a nominal member of the DFL Senior Caucus.

So, the idea of a Democratic Socialist Caucus, or let's say DSC for short, seemed like a good idea. The people organizing it were a good mix of ages, genders, agendas, ideologies and backgrounds, and were statewide, though concentrated in the Twin Cities, and probably 50% or higher were millennials. As far as I know, all of them are people with solid DFL organizing history, and none of them (the organizers of it, not the members they signed up) are active DSA members except for me.

To be clear, I was not one of the initial organizers. Due to my high visibility in DSA, I was not planning to have any role beyond rank-and-file member in the DSC, but there was a vacancy for treasurer, and I somewhat reluctantly volunteered.

ganizing, begins to petition the DFL for recognition as a caucus. The first step is to be voted recognition as a DFL-sanctioned "community outreach organization." It's not the SEC, but the much larger group, the State Central Committee (SCC), that takes this vote. However, to be



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# Winter wellness – healthy body and healthy planet

BY DEBRA KEEFER RAMAGE

## The connection

For the past decade or so, I have been thinking a lot, and acting – a bit less, but still acting – on ways to reduce my personal harm to the environment in the process of consumption. As the four “R”s tell us (reduce, reuse, repair, recycle), a major way to do that is to consume less – to reduce. But breaking that down a little, you can also “consume less”



Bamboo electric toothbrush

even of things you have to consume to stay alive and healthy, by choosing things with less packaging, less waste, less harm in the disposing of what’s left. And this is nowhere so prevalent an issue for individual consumers as it is for health and body care products, household cleaning and maintenance products and, of course, food. So here are some of my thoughts and discoveries about balancing a healthy body and lifestyle with a less impactful consumption and hopefully a healthier planet.

## Water is life

It’s vital to your health to drink enough water. (Although you can drink too much!) Ideally, you want purity and alkalinity in your drinking water. And, if you drink coffee, tea or broth, or make homemade lemonade, or eat a lot of rice or other grains, you should be using pure or at least filtered water to prepare those as well. Drinking a lot of

water and eating foods rich in water are especially important in winter, when our indoor air may be really dry and the cold air outside dries our skin and eyes and sinuses.

Unfortunately, the default consumerist solution to this is to purchase water in plastic containers. Part of the cruel irony of this is the staggering amount of water required to produce the plastic containers holding the water, not to mention the pollution they cause in their afterlife, and the carbon poured into the atmosphere by shipping water from one place to another.

There are alternatives. A simple alternative if you still need to buy water is that now you can buy it in a cardboard box, like milk or juice, which is a small improvement. [boxedwaterisbetter.com/](http://boxedwaterisbetter.com/) has more information; their products are available at the co-op, and there are some other boxed water brands out there as well.

Another solution, of course, is to “make your own.” We’re lucky in that our municipal tap water is neither lethally unhealthy nor criminally expensive, and you can get by with simply filtering water you use for direct consumption. This will probably involve plastic, but not nearly as much as single-use bottles. I won’t bother to recommend a reusable bottle – you probably already have at least one. The trick here is not to over-consume drinking water bottles! You only need one, but rare is the person disciplined enough to buy only one.



Earth-friendly laundry pods - zero-plastic

Another solution, probably better than the filtering option if you’re using a lot of water, and have good local options for this, is to buy or rent a water dispenser and have 5-gallon bottles delivered to install on it. I used this for a few years a long time ago and, as I recall, it was great. Also, you can now buy or rent a water dispenser that is also a filtration device and uses your own tap water feed. A local company, Premium Waters, provides both services. See [premiumwaters.com/](http://premiumwaters.com/).

## Aiming for zero-new-plastic

There are several online sources of supplies I can recommend for helping you reduce consumption of plastic in its most egregious form – which is new, sin-

gle-use and, even worse, often not recyclable. Some of these or similar products can be had from



## Hair care products in solid bar form, zero-plastic

Amazon, Walmart or Target. However, I would encourage you to buy from companies that are wholly dedicated to reducing unnecessary packaging, rather than these big-box behemoths, most of whose products are overpackaged in single-use plastic. It kind of defeats the overall purpose of doing your own best at reining in consumption if you’re supporting huge systems devoted to and dependent on just the opposite.

Etee ([etee.com](http://etee.com)) sells various types of soap products either in bar form or in a highly concentrated liquid packaged in a beeswax tube. They also sell various alternatives to plastics such as

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# Winter Wellness



**Home water cooler, equivalent of 80 eight-ounce bottles, and they refill it!**

bamboo toothbrushes, loofah and cellulose pot scrubbers, and drinking straws made of a choice of glass, steel or silicone. They sell multi-use containers which may have a small amount of plastic, such as a pump-lid for a glass

small cardboard box. I love these things; laundry day is no longer a big guilt-fest.

In addition to these products, plastic-free or reduced-waste versions of almost every health and beauty product have become available. Stick deodorant in a cardboard tube, liquid spray deodorant in a glass bottle, shampoo and conditioner in a bar, non-plastic dental floss in a cardboard dispenser, tooth powder sold in bulk, lotions and makeup products in refillable glass jars, reusable makeup brushes and natural sponges, washable cotton menstrual or incontinence products; all of these are increasingly available. Check out our local zero-waste shop, Tare Market, for these and more.

## Almost zero-carbon workouts

Workouts are good for keeping you healthy. The only thing that's really bad is if you drive a long way from your home to your gym.

nice, I walked briskly to the gym. The walk there was my warm-up, and a more leisurely walk home, maybe with a pit stop for a cool drink, was my cool-down. Since I used only human-powered machines, this was close to a zero-carbon workout. If you live too far for that, you could drive to within a set distance, park, and walk for your warm-up. Base this on your own fitness level and needs. This works for yoga studios, Pilates, and personal trainers in their homes as well.

Another option, though currently out of my price range, is to have a personal trainer come to your home and work out with you. I also did this in England, when I was working up to the point of joining the gym and going solo. It was great; I have fond memories of my personal trainer, who built clever impromptu obstacle courses in my backyard and made me run them.

## Hibernate like the mammal you are

Have you ever noticed how bears look oddly human? Well, the bears think we look oddly bearlike. They can't understand, though, how we survive the winter, without either fur or hibernation. They have a point. Although we have lost the constitution to be able to sleep through the entire season, it is good for you to sleep more during the months when the nights are long and cold.

That's all there is to it. Just try arranging your schedule so you sleep more. Try to limit your sleep to the numerous dark hours and preserve the precious sunlight for activity. Following the lead of our fellow mammals, you may find you want to eat less as you sleep more. Or, if sleeping long hours doesn't work for you, try a daily meditation instead of a nap. Winter is signaling us to slow down; don't ignore it.

## How to have a social life



**Holding a family game night? [techboomers.com/zoom-tips-family-game-night](https://techboomers.com/zoom-tips-family-game-night)**

jar, but are designed for years of use rather than just one or two.

Etee has great products, great customer service, a blog with loads of information, and an affiliate program if you want to try selling for them. They offer free shipping over a certain threshold, and all their packing and shipping materials are paper, cardboard or other compostable material.

Another similar company, although with a narrower focus, is Dropps ([dropps.com](https://dropps.com)). Dropps makes concentrated pods of detergents for laundry or dishwashers. The pods themselves are completely soluble and non-toxic, no plastic microparticles. The detergents are the most environmentally friendly you can find, in natural scents or unscented. The packaging is just a



## Zero-net carbon winter workout - one option

### during a pandemic or other emergency, like winter

Ha ha. I don't really think winter is an emergency. I wouldn't live in Minnesota if I did. But sometimes winter brings emergencies - flu, snowstorms, waves of the pandemic - we may have all of these and more in a given winter. Thank God for Zoom, and Google Meet, and Facebook Live, and Discord, and FaceTime.

Another piece of attuning to the seasons is to stay in your den during the cold season. Socialize virtually, watch soothing performances at home, listen to

seasonal and calming music. If you live with other people in a household, have a quiet evening together playing games, sipping herbal tea or non-dairy fair-trade cocoa, and then go early to bed. If you live alone, do the same thing with your pod, your posse, or your family, but virtually. Family Zoom get-togethers, book clubs on Facebook Live, and games night on Discord are all possible.

It's no use being in the most perfect of health if we allow our planet to become uninhabitable. That would be the ultimate waste. Be well, and be thoughtful.

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# • COMMUNITY CALENDAR •

## Southside Pride / POWDERHORN EDITION

### EVENTS

#### Free First Saturday at the Walker Art Center

**Saturday, Jan. 8, 10 a.m. to 3 p.m.**

Walker Art Center  
725 Vineland Pl., Mpls.  
Because the first Saturday of January 2022 falls on New Year's Day and the Walker will be closed, Free First Saturday has moved to Jan. 8! Stop by the Walker to learn about art in the exhibition "David Hockney: People, Places & Things," explore the galleries with a scavenger hunt, create artwork inspired by Hockney, watch a fun, family-friendly short film, and grab an art kit to get creating on your own! Free First Saturday features free gallery admission. Gallery admission tickets are available on-site on the event day from the Main Lobby desk; quantities are limited. [www.walker-art.org](http://www.walker-art.org)

#### Holiday Flower Show and Reindeer Cam

**Through Jan. 9**

Como Park Zoo,  
Marjorie McNeely Conservatory  
1225 Estabrook Dr., St. Paul  
The Holiday Flower Show, now on view in the Marjorie McNeely Conservatory, is a visual sensation to behold, featuring hundreds of poinsettias. Red, orange and yellow novelty poinsettias will fill the Sunken Garden with warmth and light. Several new varieties of poinsettias will be on display including "Orange Glow," the first truly orange poinsettia and "Christmas Mouse," a red poinsettia with rounded bracts that resemble the shape of mouse ears. The Holiday Flower Show tradition began in 1925 and continues to be the most anticipated flower attraction at the Conservatory today. The Holiday Flower Show will run from Dec. 4, 2021, to Jan. 9, 2022.

Plus, Reindeer Cam is back and LIVE! Get to know Mabel, Abby and Forest, the three reindeer that call Como Zoo their ho-ho-home! Enjoy a 24/7 peek into the daily details of their lives through Como Zoo's Reindeer Cam. Count down to the holidays while watching the reindeer feed, interact with one another, and socialize with their neighbors — a few arctic foxes that peep into the reindeer habitat from time to time. The reindeer holiday habitat includes a Christmas-themed barn complete with a live advent calendar and a map detailing Santa's delivery route on Christmas Eve. Visit <https://comozooconservatory.org/reindeer-> or Como's YouTube Channel <https://www.youtube.com/channel/UCYWayS1GVktu4bMld-4dyd-Q> for all the reindeer games and holiday merriment you'll need. Reindeer Cam is a great alternative to the yule log on a phone, laptop, tablet or big screen TV. For more information, visit <https://comozooconservatory.org/>.

#### 'The Dark Side of Memory' with author Tessa Bridal

**Tuesday, Jan. 11, 7 p.m.**

Magers & Quinn Booksellers  
3038 Hennepin Ave., Mpls.  
Tessa Bridal presents "The Dark Side of Memory," in conversation with Ry Siggelkow. "The Dark Side of Memory" examines the largely unknown history of the state-sponsored kidnapping of children in Uruguay and Argentina during the Cold War. The author interviewed parents, family members, and the children

(now adults) for first-person accounts detailing the circumstances of the kidnappings and the illegal adoption of newborns from the torture centers where they were born. Mothers and grandmothers, often involved in decades-long searches for their missing children and grandchildren, shared their determined and courageous confrontations with the kidnappers and with the governments and military forces that protected them. Free in-store event, registration required at <https://www.magersandquinn.com/event/Tessa-Bridal-presents-The-Dark-Side-of-Memory/30>.

#### 'Rainbow-ish'

**On view Jan. 12 – March 5**

**Opening reception Friday, Jan. 21, 6 to 8 p.m.**

Fresh Eye Gallery  
900 Ocean St., St. Paul  
Fresh Eye Gallery presents "Rainbow-ish," an exhibition exploring joy and exuberance. Throughout history and in many cultures, rainbows have represented optimism, promise and hope. "Rainbows represent happiness, abundance, and togetherness, as well as family, equality, and awakening," says "Rainbow-ish" artist Danielle Day.

We are living in unprecedented times. With all the daunting challenges that face humanity worldwide — COVID-19, climate change, racial and economic inequality — optimism seems to be in short supply. This exhibition features work that is bright, colorful, and generated for the



sheer joy of creating something from nothing.

The exhibiting artists are Danielle Day, Deja Day, Dede Decker, Ryan Suckow and Lucas Williams. All are self-taught artists supported by Fresh Eye Arts, a progressive art studio supporting artists with disabilities. The opening reception is free and open to the public.

Fresh Eye Gallery is an intentionally inclusive community space. The gallery is an extension of our Fresh Eye Arts progressive art studio program and encourages radical inclusion. We are owned and operated by MSS, a local nonprofit organization supporting individuals with disabilities.

#### Kaneza Schaal: KLII

**Jan. 12 – 15, 8 p.m.**

Walker Art Center, McGuire Theater  
725 Vineland Pl., Mpls.  
Increasingly our demons are invisible — long-hidden racism and misogyny, misinformation, even the virus. How do we handle these threats, which are as central to our everyday life as they are hidden? Kaneza Schaal exorcises the ghost of Belgium's King Leopold II in theater, starring one of the villains of the 19th century whose actions resonate through the present day. Part of Out There 2022. For more information and to purchase tickets, go to [https://walkerart.org/calendar/2022/out-there-2022-kaneza-schaal-klII?utm\\_source=wordfly&utm\\_medium=email&utm\\_campaign=INS\\_Biweekly\\_122821&utm\\_content=version\\_A&promo=20391](https://walkerart.org/calendar/2022/out-there-2022-kaneza-schaal-klII?utm_source=wordfly&utm_medium=email&utm_campaign=INS_Biweekly_122821&utm_content=version_A&promo=20391).

#### Minnesota Sinfonia Winter Concert

#### Season performances

**Friday, Jan. 14 at 7 p.m.**

First Covenant Church  
1280 Arcade St., St. Paul  
**Sunday, Jan. 16 at 2 p.m.**  
Basilica of St. Mary  
1600 Hennepin Ave., Mpls.  
A free admission classical music concert will be presented by the Minnesota Sinfonia on Friday, Jan. 14 at 7 p.m. at First Covenant Church, St. Paul and again on Sunday, Jan. 16 at 2 p.m. at the Basilica of St. Mary, Minneapolis.

Internationally acclaimed cellist, Amit Peled, will be the featured soloist performing Robert Schumann's Cello Concerto. Peled, who has been described as one of the most exciting instrumentalists on the concert stage today, has earned glowing reviews from across the globe. The New York Times raved about his "glowing tone," and London's Strad Magazine proclaimed his "fiery and intelligent" musicianship. Also on the program will be premiere performances of a new work by Minnesota composer Timothy Theraldson and the rediscovered second symphony of the 19th-century woman composer Louise Farrenc. The Minnesota Sinfonia is a professional orchestra serving the musical and educational needs of the citizens of Minnesota, especially families with young children, inner-city youth, seniors and those with limited financial means. Playing free admission concerts for more than 25,000 people each year, the Sinfonia welcomes children to every performance, and dedicates over half of services to inner-city youth and their education. Founded in 1989 by Artistic Director Jay Fishman, the Sinfonia is a community supported 501(c)3 non-profit organization. More information and program notes can be found at [www.mnsinfonia.org](http://www.mnsinfonia.org).

#### Sibley Park Improvements:

##### Park Renaming Workshop

**Saturday, Jan. 15, 1 to 3 p.m.**

Sibley Recreation Center  
1900 E. 40th St., Mpls.  
Everyone is invited to a Jan. 15 workshop on renaming Sibley Park, as part of a current improvements project at the park. The workshop will be held indoors at Sibley Recreation Center; face coverings may still be required at that time and will be available to all who request them. Join staff from Minneapolis Park and Recreation Board (MPRB) to get updates on the improvements project and to:

- Learn about the process for renaming the park.
- Review community input to date on renaming.
- Get updates on the rest of the park improvements project and upcoming community engagement opportunities.

Workshop details: Saturday, Jan. 15, from 1 to 3 p.m. — stop by anytime. All are welcome! Help us spread the word and share this information with Sibley Park family, friends and neighbors. More information at: [https://www.minneapolisparcs.org/park\\_care\\_improvements/park\\_projects/current\\_projects/sibley-park-improvements/](https://www.minneapolisparcs.org/park_care_improvements/park_projects/current_projects/sibley-park-improvements/).

#### Naked Stages 2020 & 2021 Virtual Performances

**Jan. 15 – 30, 2022**

Six new and original performances streaming virtually to your home! Pillsbury House Theatre's (PHT) Artistic Director Signe V. Harriaday and Managing Director Noël Raymond are proud to announce the long-awaited

#### performances of both the 2020 and 2021 Naked Stages Cohorts this Jan. 15 – 30 – virtually!

Supported by the Jerome Foundation, the Naked Stages program is an important part of the bold initiative of Pillsbury House Theatre's mainstage program and has been part of a vital effort to provide mentorship and support to early career performance artists in Minnesota. Nationally recognized choreographer and performance artist Pramila Vasudevan has led the program since 2016 and with these performances will be passing the baton to longtime Pillsbury House & Theatre collaborator, Resident Teaching Artist, and performer Masanari Kawahara into the new year. Tickets: Pick-Your-Price (Reg. \$25, \$5 minimum) (612) 825-0459 or [pillsburyhouseandtheatre.org/mainstage/naked-stages](http://pillsburyhouseandtheatre.org/mainstage/naked-stages)

#### Congressman Adam Schiff presents 'Midnight in Washington' Book Tour Monday, Jan. 17, 7 p.m. (doors at 6 p.m.)

Granada Theater  
3022 Hennepin Ave. S., Mpls.  
Magers & Quinn presents an exclusive in-person event and signing with Congressman Adam Schiff for his new book, "Midnight in Washington: How We Almost Lost Our Democracy and Still Could," at the Granada Theater in Uptown. Congressman Schiff led the first impeachment of Donald J. Trump and his new book, "Midnight in Washington," is the vital inside account of American democracy in its darkest hour, and a warning that the forces of autocracy unleashed by Trump remain as potent as ever. Each ticket includes one copy of "Midnight in Washington" and one seat at the event on Monday, Jan. 17, 2022. For this seated event, Granada Theater & Uptown Lobby ask that if you are not actively eating or drinking that you kindly wear your mask. Doors will open at 6 p.m. and all books will be available to pick up at the event. More info and tickets available here: <https://www.magersandquinn.com/event/An-Evening-with-Congressman-Adam-Schiff/35>.

#### 'Mother and Son Carve Out Women and Girls' Zimbabwe Shona Stone Sculpture Through Jan. 18, 2022

Mhiripiri Gallery  
9001 Penn Ave. S., Bloomington  
After closing our doors for 13 months because of COVID, Mhiripiri Gallery reopens with "Mother and Son Carve Out Women and Girls," Zimbabwe Shona stone sculpture by the late Colleen Madamombe and her apprentice son, Washy. On view through Tuesday, Jan. 18, 2022. <https://www.facebook.com/mhiripirigallery/> or (952) 285-9684.

#### Mass Graves: From Exhumations to Justice in Bosnia and Florida Sunday, Jan. 23, 1 to 3 p.m. CT Online via Zoom

World Without Genocide will host a webinar on Jan. 23, 2022, about exhumations of mass gravesites for evidence to prosecute genocide perpetrators. Featured speakers are Nihad Brankovic, Senior Manager at the International Commission on Missing Persons which conducts investigations around the world, and Dr. Erin Kimmerle, Forensic Anthropologist at the University of South

Florida who worked on exhumations in Bosnia, Kosovo and at the Dozier School for Boys in Florida.

This Zoom event will be held on Sunday, Jan. 23, from 1 to 3 p.m. CT. The program is open to the public. Registration is required by Saturday, Jan. 22 at [worldwithoutgenocide.org/](http://worldwithoutgenocide.org/) missing.

\$10 general public, \$5 students and seniors. "Clock hours" for teachers, nurses and social workers. Free to Mitchell Hamline students (diversity credits available). \$25 for 2 Elimination of Bias CLE credits for Minnesota lawyers (pending). Early registration is recommended.

This is a live webinar program and a recording will not be available. More information — [info@worldwithoutgenocide.org](mailto:info@worldwithoutgenocide.org), [www.worldwithoutgenocide.org](http://www.worldwithoutgenocide.org), or 952-693-5206.

#### 'Playing the Game: Problems and Possibilities for Black Men in the U.S.'

**Lecture by Professor Gary Green, United Theological Seminary Tuesday, Jan. 25, 7:30 p.m. CT Online via Zoom**

This lecture captures Professor Gary Green's current effort as a scholar and a Black man to understand what is necessary for Black men in the United States to survive and flourish. Green analyzes the intersecting politics of race, class, gender and sexuality as they relate to the unique struggles of Black men, focusing specifically on the connection between historical myths, political circumstances, and the relational re-creation of a society designed to undercut Black men's attempts to survive and flourish at every level. Despite this cultural onslaught, however, Green finds unexpected pockets of hope that offer possibilities for new futures to be created where all can survive and flourish. Gary Green is Assistant Professor of Pastoral Theology and Social Transformation at United Theological Seminary of the Twin Cities. You can register for this free event at <https://content.unitedseminary.edu/gary-green-spring-faculty-lectures-2022>.

#### 'Latins on Ice'

**Saturday, Jan. 29, 11 a.m. and 2 p.m. Sunday, Jan. 30, 11 a.m.**

Lake Nokomis  
4955 W. Lake Nokomis Pkwy., Mpls.  
Presented by The Great Northern and Teatro del Pueblo  
Five local Latin performers reflect on their distinct Minnesota winter experiences in a comedic, tragic and passionate variety show set on the frozen Lake Nokomis during the U.S. Pond Hockey Championships. This event is set out to create heat—including ice skating attempts and shared stories surrounded by what the performers call a "feigned natural habitat" setting made of colorful beach towels, blow-up palm trees, sombreros and beach balls. Join us in celebrating Latin culture in this exhilarating performance. Featuring local artists Sabrin Diehl, Isabella Dunsiet, Antonio Rios-Luna, Xochi de la Luna and Alex Barreto Hathaway. Directed by John Gebretatose. Free and open to the public. Register at: <https://thegreatnorthernfestival.com/2022/latins-on-ice>

#### Dimitri Chamblas: 'Slow Show'

**Saturday, Feb. 5, 1 p.m. and 2 p.m.**

Como Lake  
1360 Lexington Pkwy., North St. Paul  
Dancer/choreographer Dimitri Chamblas' "Slow Show" is a 20-minute intensive, collective dance whose



# • COMMUNITY CALENDAR •

## Southside Pride / POWDERHORN EDITION

movements are minute, precise and concentrated – inspired by principal roots of trance, exultation, telepathy and unconscious memories. In this iteration, 50 local participants will respond to their immediate environment on a frozen Como Lake, revealing the strength and vivacity of subtle movements with real-time sound accompaniment made of samples, live electronics and guitar by artist Eddie Ruscha. Part of The Great Northern, with the support of Villa Albertine, in partnership with the French Embassy; Alliance Française; and The Cowles Center.

**Call for Participants:** We are seeking 50 active volunteer participants (ages 12-80) for this event. Participants must commit to being present for all rehearsals and performances. Learn more and **apply by Jan. 10** at [https://static1.squarespace.com/static/5e750d-d8e5cd7600056c8d6a/t/61c249495eca773b80d378db/1640122698118/SlowShow\\_CallforParticipants.pdf](https://static1.squarespace.com/static/5e750d-d8e5cd7600056c8d6a/t/61c249495eca773b80d378db/1640122698118/SlowShow_CallforParticipants.pdf).

### Winter Hiking 101, with Ambreen Tariq

**Saturday, Feb. 5, 11 a.m. to 12:30 p.m.**

#### In-person and online

North Mississippi Regional Park  
4900 Mississippi Ct., Mpls.  
With endless blue skies and blankets of snow, winter in Minnesota is a memorable time for hiking. But cold temperatures, short days and tricky terrain may make it intimidating to the uninitiated.

This conversational event featuring founder of @BrownPeopleCamping Ambreen Tariq will introduce the basics of winter hiking so that more people can benefit from being outdoors during Minnesota's (long!) signature season. Ambreen uses storytelling to share how her life experiences as a Muslim South-Asian American immigrant woman have shaped her love for the outdoors and to promote enjoyment of the outdoors for everyone in their own authentic ways.

From dressing in layers, to weather-worthy footwear, and finding a nearby trail that suits you and your family, Ambreen's storytelling style will encourage your adventurous spirit. Free, but registration required at <https://www.eventbrite.com/e/next-generation-of-parks-winter-hiking-101-with-ambreen-tariq-tickets-191630791857?aff=MPFEmail>.

### Minnesota Fringe Opens Applications Now through mid-February, 2022

The beloved summer celebration of the performing arts, the Minnesota Fringe Festival, is returning in person during 2022. Applications are now open for the 29th Annual Minnesota Fringe Festival and will remain available for artists and producers from across the state and around the world to apply through mid-February. Fringe Festival producers will be chosen through random lottery on Feb. 28, 2022.

The Minnesota Fringe Festival will take place Aug. 4-14, 2022. The lineup will include 595 performances of 119 shows in 11 theater venues grouped in two hubs: Cedar-Riverside and Uptown.

In an effort to expand its reach, fight against injustices, and become a more welcoming and equitable place for everyone to enjoy the performing arts, Fringe has added a special Equity Lottery to the selection process. BIPOC producers, writers, directors and choreographers are encouraged

to apply in this category for the opportunity to be one of the first 10% of Festival participants chosen. Fringe is once again promoting the Touring Artist Initiative to reserve 10% of festival slots specifically for national, international, and Minnesota artists coming from outside the 11-county metro area. For more info or to apply, see <https://minnesotafringe.org/>.

### The Right Here Showcase:

#### 6<sup>th</sup> Anniversary Season

**Feb. 17 – 20 and Feb. 24 – 27**

The Tek Box Theater

Cowles Center

528 Hennepin Ave. S., Mpls.

Join us for the 6th Annual Right Here Showcase, the community's only annual juried program to support Minnesota-based, mid-career performing artists who create original performance work. Led by Founding Artistic Producer Paul Herwig, 2008 McKnight Theater Fellow and among 2005 City Pages Artists of the Year, four artists are chosen through an annual public call and a panel review, to be awarded financial commissions plus technical and promotional support to present a new work of contemporary performance especially for the Showcase.

This year's Right Here Showcase will run two weekends in February at the Tek Box in the Cowles Center downtown Minneapolis, featuring these four powerhouse performance makers:

- Benjamin Domask-Ruh – physical theater artist.
- Jess Forest – dancer, choreographer, and visual artist.
- Sam Johnson – performance maker.
- Queen DREA – musician and composer.

Tickets and info: (612) 384-5435, [www.righthereshowcase.weebly.com](http://www.righthereshowcase.weebly.com)

### The 2022 Cedar Commissions

**Friday, Feb. 18 and Saturday, Feb. 19, 7:30 p.m.**

The Cedar Cultural Center

416 Cedar Ave. S., Mpls.

The Cedar Cultural Center presents the eleventh annual Cedar Commissions, on Feb. 18 and 19, 2022, featuring new works by Carlisle Evans Peck, Nyttu Chongo, Maddie Thies, Vie Boheme, Alicia Thao and Kat Parent. Each night, three lead artists will debut their brand-new works on The Cedar stage: Friday, Feb. 18 features Carlisle Evans Peck, Nyttu Chongo and Maddie Thies, and Saturday, Feb. 19 features Vie Boheme, Alicia Thao and Kat Parent.

The Cedar Commissions is a flagship program for local emerging artists made possible with a grant from the Jerome Foundation. Since the program began in 2011, the Commissions have showcased new work by over 60 Minnesotan emerging composers and musicians, including Dessa, Aby Wolf, Adam Levy, Maria Isa, Joe Horton, Joey Van Phillips, Gao Hong, Dameun Strange and many more. For more info and to purchase tickets, go to <https://www.thecedar.org/cedar-commissions>.

### 'Sutures' and 'Transformation: Art from the Inside'

**On view through Feb. 20**

The M window galleries

4<sup>th</sup> and Robert Streets, St. Paul

Walk by or drive by the M's window galleries on 4th and Robert streets in downtown St. Paul and take in the current exhibitions: "Sutures" and "Transformation: Art from the Inside" on view through Feb. 20, 2022.

"Sutures" brings together an emerging generation of artists who challenge straightforward ways of looking—at a photograph, a video, a loved one, a collective history, a memory or oneself—through layered, multimedia artistic practices. Artists Cheryl Mukherji, Prune Phi, Sopheak Sam and Daniella Thach use screen printing, projection, neon and collage to explore the complexities of seemingly "fixed" images, identities, and ideas.

"Transformation: Art from the Inside" is an exhibition featuring works by incarcerated artists that reflects their personal transformation and restoration through visual expression. Founded by retired Stillwater correctional officer Antonio Espinosa, Art from the Inside is an organization that empowers incarcerated people to use art as an outlet for emotions while creating a platform for dialog about the complexities of our criminal justice system through exhibitions of their work.

### Parska/Shada

**On view through April 3, 2022**

Mia, Gallery 255

2400 Third Ave. S., Mpls.

Free Exhibition

Explore Mia's collection of Pueblo art highlighting Keresan, Tewa, Towa and Hopi voices and culture. Curated by Juan Lucero (Isleta Pueblo), Mia's Mdewakanton Native Art Fellow, this exhibition transports visitors to the oldest villages in the United States for a parska (in Keresan) or shada (in Tewa) community dance. Over 40 works of art – watercolor paintings, bow guards, manta weavings, ceramics, and Hopi katsinam dolls – come together to create one ceremonial spirit. Through the breath of memory and longing, you can experience the emotions of distant drums and songs as you travel from Grandma's house to the ceremonial plaza. There, sights and sounds create kinship, family, and tradition to be handed from generation to generation. <https://new.artsmia.org/exhibition/parska-shada>

### Safe Place Homework Help

**School Days 3:30 to 6 p.m.**

2001 Riverside Ave., Mpls.

By appointment only – contact [tutoring@trinitylutherancongregation.org](mailto:tutoring@trinitylutherancongregation.org). Free tutoring for grades K- 12.

### NAMI Mental Health Support Groups Online

NAMI Minnesota (National Alliance on Mental Illness) offers a variety of free online peer support groups for adults and young adults living with a mental illness, their families, friends, spouses/partners, as well as parents of children and teens. African American, GLBTQ and BIPOC community focused groups are also offered.

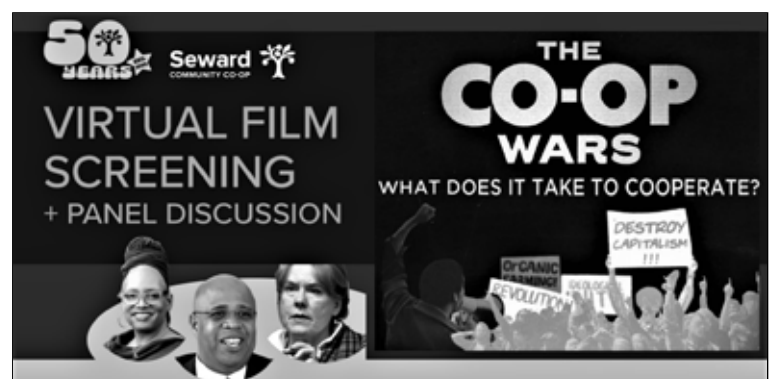
Led by trained peer facilitators, the support groups help individuals and families learn coping skills and find strength through sharing their experiences. Find a complete listing of group meetings and how to join in by going to [namimn.org](http://namimn.org) and clicking on "Support Groups" or go straight to <https://namimn.org/support/nami-minnesota-support-groups/>.

### Children's Theatre Company 2021-2022 Season

Children's Theatre Company

2400 Third Ave. S., Mpls.

Join us for a remarkable return to live theatre at CTC! We can't wait to welcome you and your family back for a season that features jaw-dropping spectacles, blockbuster musicals,



## Seward Co-op Celebrating 50 Years: 'The Co-op Wars' Screening and Discussion

**Thursday, Jan. 13, 6 to 7 p.m. Online**

Join us for a virtual panel discussion of the original documentary film "The Co-op Wars" in celebration of Seward Co-op's 50th Anniversary. "The Co-op Wars" tells the story of the idealistic youth who tried to build an alternative to corporate capitalism, the violent struggle that almost tore them apart, and their eventual success in ways they never foresaw.

For this event, registered participants will receive an exclusive link to view "The Co-op Wars" with a special introduction highlighting Seward Co-op's role in this history. We encourage you to watch the film at your convenience any time before the Jan. 13 discussion event.

On Thursday, Jan. 13, we will be joined by Erik Esse and Deacon Warner, producer and director of "The Co-op Wars." We'll also welcome early co-op movement leaders Lori Zuidema and Gary Cunningham. Lori Zuidema began her career in co-ops as a volunteer cheese cutter at the newly-formed Seward Co-op in 1972. She was one of the original collective members of the Seward Café and worked at cooperative distributors Cheese Rustlers, and Roots and Fruits Produce. She is currently Director of Purchasing at Co-op Partners Warehouse. Gary Cunningham is President and CEO at Prosperity Now in Washington D.C. and was the First Spouse of Minneapolis during the mayoral term of his wife, Betsy Hodges. Back in the '70s, he lived with his uncle Moe Burton, who started the first Black Panther chapter in Minneapolis and founded the Bryant Central Co-op. The discussion will be facilitated by Seward Co-op Board President LaDonna Sanders Redmond, who is also featured in the film. Learn more about "The Co-op Wars" at <http://www.radicalroots-film.com>.

Please RSVP in advance via the Eventbrite link here: <https://buff.ly/3mzoGk7>. You will receive a video link to view the film ahead of time (beginning Jan. 4). You will also receive a Zoom link or phone number to join the discussion on Jan 13.

world premieres and more. Experience the magic of live theatre that will inspire you, open your heart, and fill you with joy. Tickets start at just \$15 for kids!

"Annie," Nov. 7, 2021 – Jan. 9, 2022, all ages  
"Bina's Six Apples," Jan. 9 – Feb. 13, 2022, ages 9 and up  
"Circus Abyssinia Tulu," Jan. 18 – Feb. 13, 2022, all ages  
"Something Happened in Our Town," Feb. 27 – March 27, 2022, ages 7 and up  
"Diary of a Wimpy Kid: The Musical," April 22 – June 18, 2022, all ages  
Single tickets to all performances now on sale at <https://childrenstheatre.org/>.

### Minnesota Orchestra Movies & Music

#### Concerts for the 2021-22 Season

Tickets for most performances are available now.

Featured films include "Black Panther," "Toy Story," "Harry Potter and the Order of the Phoenix" and "Star Wars: Return of the Jedi."

Conducted by Sarah Hicks, the Orchestra's principal conductor of Live at Orchestra Hall, these special events bring feature films into the concert hall, where the movies are shown on a large screen above the stage while the Orchestra performs every note to the corresponding scores live. Four major films will be presented in the 2021-22 season, starting in November

with the newly added 2018 Marvel Studios film phenomenon "Black Panther," with Oscar-winning score by composer Ludwig Göransson. A family favorite also makes its first appearance at Orchestra Hall in November, when the Orchestra performs the score to Disney Pixar's "Toy Story," the revolutionary animated film released in 1995, with music by Randy Newman. The Orchestra continues its performances of the beloved Harry Potter series in January 2022 with the fifth installment of the film series, "Harry Potter and the Order of the Phoenix," featuring music by Nicholas Hooper, and returns to another favorite movie series with performances of John Williams' Oscar-nominated score to the 1983 film "Star Wars: Return of the Jedi," the final movie in the original Star Wars trilogy, in April 2022. Tickets are available now for select performances of "Black Panther" and "Toy Story," and for all performances of "Harry Potter and the Order of the Phoenix" and "Star Wars: Return of the Jedi." Tickets for additional performances will be available to subscribers on July 26 and to single ticketholders on August 16. Subscribers save up to 15%. Young Listener (ages 6-17) discount available for select concerts. Some restrictions apply. Visit [minnesotaorchestra.org](http://minnesotaorchestra.org) for details.





# Notes from the desk of peace activist Polly Mann (b. Nov. 19, 1919)

## The soldier and the peacenik

I am a voracious reader and years ago when I read of the coming birth of a college in Marshall, Minn., where I was living, I decided to apply for the position of bookstore manager. Never mind that I had no experience in running a store of any kind. I love books, and the president of the college and his wife were friends. I'm certain when he said yes to my inquiry that he didn't realize I had a reputation as the town radical, proved by my presence in several protest action against the Vietnam War. (Several years after he had made the decision to hire

me, he received many telephone calls objecting to his decision.) So it was that, early in my bookstore career, I was sitting at the desk in my office when a young man walked in and asked if he could speak to me personally. I would have classified him as a hippie, which his appearance suggested – long, stringy hair, too-big overcoat and shoes that had never seen a shoeshine brush.

He began to talk: "I was told you are a pretty open-minded person and I need some help," he said tentatively, looking closely at me for some hint as to my feelings. "I try to be," I said. Relief began to immediately flood his face. He pulled at his hair and off came a wig. "I'm an AWOL soldier," he said. "I'm on my way to Canada where I have a friend and plan to live there till this war is over." I nodded. He continued. "The wig thing is to indicate I'm a soldier even though I'm not in uniform. I hitchhiked here from Fort Leavenworth, but I've run out of money."

"So," I said, "you need bus fare?" Relief again flooded his face. "How much?" I asked.

He told me but it was so long ago I've forgotten how much. I know it was somewhat less than a hundred dollars. It didn't take long for me to make up my mind. I never carried much money in my purse, but I could cash a check using the bookstore's cash register. This I did.

I don't remember the soldier's name, why should I have? The war is long gone. The soldier is probably back in the U.S., and I remain a fervent peacenik.

## Am I a racist?

We never had a conversation about racism when I was growing up. We always had what we called "the maid," a Black woman who helped clean the house and did whatever chores were assigned her. I especially remember Nettie and Idella, Idella because she was always jovial and laughing, at herself as much as anybody. Nettie was also jovial but not quite as much and it was during her time with us that she proclaimed that our black pet cat was her brother. She would scuff around in her flat house shoes when explain-

ing this fact. "He my brother," she would say as she bent down to pet him, laughing all the while.

I don't remember the names of the washerwomen who came once a week, did the washing in the basement using two deep cement tubs and a hand-operated wringer to remove the excess water. The clothes were hung on wires that occupied almost all of the back yard. After all, it was a family of nine – my grandmother and grandfather, their five children, one of whom was my mother, her four sisters and Barbara and me, the grandchildren.

This process took two days – one day for the washing and the hanging of the clothes and

bringing them in when still moist, and the second day for the ironing. We had an electric iron, but the maid used flat irons, several of them, switching them back and forth on the gas grill as they lost heat, which was provided by several flat irons.

Long ago I asked my grandmother why the maid had to use the flat irons instead of the electric iron. She stopped what she was doing and searched my face as she explained the situation. She said, "Black people don't know how to use electric irons." I somehow knew better than to question her.

My grandmother is long gone but I think her attitude lives on in so many of us.

## LETTER TO THE EDITOR

### Thank you to Tony Bouza

I just wanted to send a note to thank Tony Bouza. I really enjoy his articles for the information and writing style. My boyfriend and I live in Uptown and started reading Southside Pride this summer. We looked up Tony online and his career is really impressive and interesting, too. I hope people listen to him, he gave clear instructions in his last article ["Voilà, a vacancy" 12/13/21] that made a heck of a lot of sense to me. Thanks for putting out his articles and the paper in general.

Abby Shofner  
Minneapolis



**People & Pets Together pet food shelf**  
2501 Minnehaha Ave., Minneapolis  
(612) 722-9998

The People & Pets Together pet food shelf is open to residents of the city of Minneapolis. We provide dog and cat food, and pet care items, to individuals and families in crisis.

Donations of dog and cat food, cat litter and gently used pet supplies are appreciated.  
Volunteers needed.

[www.peopleandpetstogether.org](http://www.peopleandpetstogether.org)

## Bouza, from page 1

on police unions; control of thumpers; race shootings; bloat; accountability; police tactics—decoys, stings, stake-outs; traffic stops; one-person patrols; documentation; press relations; 911 calls; code of silence; relations with public officials, etc. I recommend my son Dominick to chair the committee. Nepotism—in pro bono, onerous tasks—it ain't, but he knows the issues and is competent.

The committee would prepare a list of three finalists for the mayor and Council to consider.

The mayor appoints the finalist.

A clear science it ain't.

A chief's job is really simple—organize things to fight street crime (more arrests, cops don't prevent crime), respond to emergencies and regulate traffic. The chief is management; the union is la-

bor. It is an adversarial relationship. The union has done a really poor job of managing the MPD.

The challenge this represents is to establish whether the city leaders actually retain the good faith necessary to pursue this difficult task. The Donald Frasers are in short supply.

My guess—based on long and tortured experience—is that the city parents will choose the safe, convenient, lazy, business-as-usual path. After all, what's \$27 million here and \$20 million there. Easy come, easy go.

Does anyone really care?

My informed guess is no.

You are all screwed.

And, in all likelihood, so am I, but not for very much longer.

Special thanks to Jennifer Volkenant for transmitting this document.



EVENTS

**JRLC Housing Webinar Series**  
**First Thursdays, Jan. 6 and Feb. 3**  
**6:30 to 8 p.m.**  
**Online**  
 Are you concerned about persons impacted by homelessness, the high cost of rent and the scarcity of affordable or supportive housing? Do you want to understand these issues from a variety of perspectives – and make a difference? Then join us for one or more of the monthly Housing Webinar Series offered by the Joint Religious Legislative Coalition. Register now for the program and small group discussion at [https://us02web.zoom.us/meeting/register/tZcucOigr-TiHdWaRONrsnxNmYUW7PYaVuU0](https://us02web.zoom.us/join/zoom.us/meeting/register/tZcucOigr-TiHdWaRONrsnxNmYUW7PYaVuU0). For more information or to RSVP by email contact Joan Miltenberger, JRLC Organizer at [jrlc.org](mailto:jmiltenberger@jrlc.org), (612) 230-3232.

**Mindekirken Centennial Program**  
**Saturday, Jan. 8, 3 p.m.**  
 Mindekirken, the Norwegian Lutheran Memorial Church  
 924 E. 21<sup>st</sup> St., Mpls.  
 You are invited to a special program celebrating Mindekirken’s Centennial in the church sanctuary on Saturday, Jan. 8, at 3 p.m. The program will include greetings from the Hon. Consul General of Norway in Minneapolis and from the Minneapolis Area Synod; presentation of a brief history of Mindekirken by Gracia Grindal; and music by the Mindekirken Choir, vocal and instrumental solos. Open to all; a freewill offering will be received.

**Taizé Service**  
**Friday, Jan. 13, 7 p.m.**  
**In-person or online**  
 Minnehaha United Methodist Church  
 3701 E. 50th St., Mpls.  
 It’s easy to get caught up in the daily demands of life. In our busyness, we can lose track of ourselves, and of what God is calling us to be and to do. Take an opportunity to slow down, to rest in silence and music. On the second Friday of each month

at 7 p.m. from October through May, Minnehaha United Methodist Church offers a Taizé service; a time of sanctuary, a time for prayer, a time for community, and a time for silence. As we sing and pray, our hearts are opened so that we may hear God speaking to us. Please join us this month on Jan. 13 (masks are required). You can also catch a live-stream of the service by finding the Taizé button on our website. <http://www.minnehaha.org/>

**Saint Mark’s Music Series**  
**Christopher Jacobson Organ Recital**  
**Sunday, Jan. 16, 2:30 p.m.**  
 Saint Mark’s Episcopal Cathedral  
 519 Oak Grove St., Mpls.  
 Saint Mark’s Music Series returns with live performances! Join us on Sunday, Jan. 16, at 2:30 p.m. for an organ recital by Christopher Jacobson, Duke University Chapel Organist, Durham, N.C.  
<https://ourcathedral.org/concerts/>

**Collegeville Institute Summer Writing Workshops**  
 Each summer, the Collegeville Institute opens its doors to pastors, ministers, lay leaders and other thinkers and writers for week-long, intensive workshops geared toward various levels of writing skill, genre and interest. Two writing workshops will be hosted by the Collegeville Institute in Minnesota this summer:  
**Apart, and Yet a Part: A Workshop with Writing Coach Michael N. McGregor**  
**June 7 – 16, 2022**  
 Independent, unstructured work in community. **Applications due Sunday, Jan. 16.**  
**Women Writing: A Week with Lauren Winner**  
**July 6 – 15, 2022**  
 A workshop for women fiction and nonfiction writers. **Applications due Sunday, Jan. 30.**  
 Both workshops will be held at the Collegeville Institute in Collegeville, Minn.  
 To learn more and to apply, see <https://collegevilleinstitute.org/writing-workshops/>.

**TRUE Tuesdays: Healing Minnesota Stories**  
**Tuesday, Jan. 18, 2:30 to 4 p.m.**  
**Online**  
 In 2020 the Minnesota Council of Churches adopted a bold initiative to move their member congregations forward in the area of racial justice. Co-Directors Rev. Pamela Ngunjiri and Rev. Jim Bear Jacobs are building a program to include truth-telling and reparations for the African American and Native American communities in Minnesota. Join Blandin Foundation TRUE Tuesdays attendees as they present on their vision to carry this out. To register, go to [https://blandinfoundation-org.zoom.us/meeting/register/tZElde-qgqzouE9Ld7ZeNHXixwJ40K4fIt8h0](https://blandinfoundation-org.zoom.us/join/zoom.us/meeting/register/tZElde-qgqzouE9Ld7ZeNHXixwJ40K4fIt8h0).

**Collegeville Connections**  
**‘The End of Burnout’ with author Jonathan Malesic**  
**Wednesday, Feb. 2, noon to 1 p.m.**  
**CT**  
**Online**  
 How can we overcome burnout culture and find moral significance in our lives beyond work? Join Collegeville Connections for a conversation with author Jonathan Malesic about his new book “The End of Burnout.” Through research on the science, culture and philosophy of burnout, Malesic explores the gap between our vocation and our jobs, and between the ideals we have for work and the reality of what we have to do. He eschews the usual prevailing wisdom in confronting burnout (“Learn to say no!” “Practice mindfulness!”) to examine how our jobs have been constructed as a symbol of our value and our total identity. He argues that we can look to communities of monks, intense hobbyists and artists with disabilities to see the possibilities for resisting a “total work” environment and the paths to recognizing the dignity of workers and nonworkers alike. Register for this free online conversation at <https://collegevilleinstitute.org/events/event/feb-2-the-end-of-burnout/>.

**Gift cards for recent arrivals**  
 From the Minnesota Council of Churches: We are incredibly grateful for the abundance of donations coming in from our communities! We are currently in the midst of distributing donated items to new arrivals. At this time, we are holding off on donation drop-offs until later in January. If you are interested in donating items, please contact us starting Jan. 4 to schedule an appointment. If you are still looking for an opportunity to help out our newest arrivals, please consider a donation of gift cards to Cub Foods, Target, and/or Aldi as families are experiencing delays receiving EBT cards and SNAP benefits. These can be mailed directly to our offices at Minnesota Council of Churches, 122 Franklin Ave. W., Ste. 100, Minneapolis, MN 55404, Attn. Refugee Services.

**‘Sundays at Five’**  
**Every Sunday, 5 p.m.**  
 Plymouth Congregational Church  
 1900 Nicollet Ave., Mpls.  
 Plymouth invites you to a new worship offering each Sunday evening at 5 p.m. Rooted in contemplative practices, “Sundays at Five” will feature a slightly different focus and style each Sunday evening at 5 p.m. This worship service is designed to

be quieter and more intimate than our Sunday morning services. These opportunities will include: Evensong (first Sundays) – worship that features thoughtful singing, periods of brief silence and contemplation, and a series of contemporary and scriptural readings for reflection. Sensing the Sacred (second Sundays) – a time for resting in centering prayer/meditation; participating in the sacred reading (Lectio divina) of word, art, or nature; and the sharing of group prayer. Celtic Weavings (third Sundays) – a service that celebrates the cycles of land, sea, and sky, affirming our connection to and the presence of Mystery within it. Testimonies: Transformation through Stories (fourth Sundays) – an opportunity to explore the narratives of our lives as pathways for growth or hindrance and the spiritual freedom found in sharing them. Taize Worship (fifth Sundays) – a gathering focused around simple melodic singing that also includes readings, prayers, and periods of quiet. We invite you to join us for any or all of these services. Please invite your friends to join us! “Sundays at 5” represent a way of connecting with the Holy that will appeal to many. <https://www.plymouth.org/worship/>

SHARING FOOD

**Calvary Lutheran Church**  
**3901 Chicago Ave., Mpls.**  
**612-827-2504, ext. 205**  
 The Calvary Emergency Food Shelf is available for area residents on Saturdays from 9 to 11:30 a.m. Due to COVID-19, we are currently operating a drive-thru and walk-up model. No appointments are needed – just come to the parking lot. Eligibility is based on self-reported income and need. We ask that households come only ONE TIME A MONTH to allow everyone access. The Calvary Food Shelf has no geographic boundaries – all are welcome! If you have any questions, please email [foodshelf@clchurch.org](mailto:foodshelf@clchurch.org) or call 612-827-2504, ext. 205. For more information and to see eligibility guidelines, go to <https://www.clchurch.org/food-shelf>.

**Groveland Emergency Food Shelf**  
**1900 Nicollet Ave., Mpls.**  
**Plymouth Congregational Church**  
**612-871-0277**  
 Monday – Friday  
 9:30 a.m. to 12:30 p.m.  
 Entrance on Groveland Ave. between Nicollet and Lasalle. <https://www.grovelandfoodshelf.org/>

**Greater Friendship Missionary Baptist Church and Friendship Community Service**  
**2600 E. 38th St., Mpls.**  
**Food Hub**  
 Free food, hygiene products, and some household goods.  
 Tuesday and Thursday,  
 1 p.m. to 5 p.m.

2nd and 4th Saturdays,  
 9 a.m. to 1 p.m.  
 Please bring ID and wear a mask. Social distancing guidelines are in place.

**New Creation Baptist Church**  
**1414 E. 48<sup>th</sup> St., Mpls.**  
**612-825-6933**  
 We’re still here to serve you on the first through the fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. We require clients to have their temperature checked, wear a mask, and follow social distancing. Be safe and God bless! <https://www.facebook.com/NCBC-foodshelf>.  
 Saturdays (except 5<sup>th</sup> Saturdays)  
 10 a.m. to 2 p.m.  
 (Brown door on the corner of 48<sup>th</sup> St. and 15<sup>th</sup> Ave.)

**Minnehaha United Methodist Church**  
**3701 E. 50<sup>th</sup> St., Mpls.**  
**612-721-6231**  
 Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, the Minnehaha Food Shelf is open on Tuesdays from 10 a.m. to 3 p.m. Note: In response to the COVID-19 virus we have changed many things to protect both our guests and our volunteers – more rigorous cleaning routines, streamlined procedures, moved outside and encouraged the 6-foot (social distancing) guideline. Please be patient as we continue to improve what we do. We will be pre-packing most of the food so there will be fewer choices. Also, we continue to look for ways to decrease contact between people and that means each week might look a little different from the previous week. <https://www.facebook.com/MinnehahaFoodShelf/>

**Soup for You! Café at Bethany Bethany Lutheran Church**  
**2511 E. Franklin Ave., Mpls.**  
**612-332-2397**  
 Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. <https://soupforyou.info/>

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Southside Pride would love to include news about your faith-based communities for our free religion calendar.

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 See [www.minneapolisbahai.org](http://www.minneapolisbahai.org)  
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# Food news, plus a mini-review of Fair State Brewing Cooperative taproom

BY DEBRA KEEFER RAMAGE

## Owamni is everywhere

The January issue of The Dish may strike a discordant note. Written, as per the iron deadlines of local journalism, in the dying days of a year too full of dying, it still strives to strike a note of hope for 2022, and to celebrate what resilience

it NATIFS, their work feeding people in the spring and summer of 2020, Sherman's James Beard-awarded cookbook, and the upcoming restaurant. The best of the pre-opening local coverage was MinnPost's great interview with Sherman and Thompson (see <https://bit.ly/3z5OOIg>).

After the opening in July, KARE 11 was the first off the

outlets covering that were biz journal (mentioned while including Owamni in their own year-end "most noteworthy" list), Eater TC, the Strib, Bring Me the News, and The Patch.

National coverage and beyond was even more staggering. One of the best was the Vogue review on Oct. 11. Other good ones included Esquire's pre-opening piece (and they included Owamni in their 2021 "best-of"), and AFAR, an online travel magazine. Other coverage included another piece in The New York Times, Axios, the Chicago Tribune, Atlas Obscura, Forbes, the National Post, Indanz.Com, Upworthy, National Geographic, Saveur, Zagat, The Counter (a food news journal), and MSNBC's TODAY Show.

## Speaking of Zagat ... and the awesome power of TikTok viral recipes

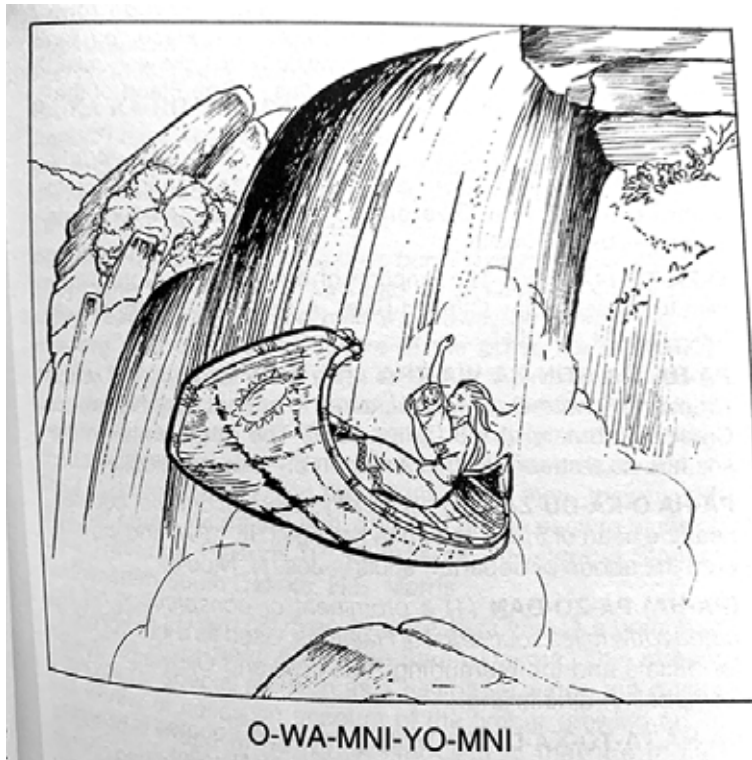
Zagat did a major year-end piece on new restaurants and trends within the industry. Besides again mentioning Owamni, they focused a lot on equity – both pay equity, tip-sharing and the trend toward ending tipping in favor of more decent pay, as well as eliminating the often-toxic work culture at some of the great restaurants and most of the everyday ones. Anthony Bourdain would have been happy about that, I like to think. Check it out here: <https://bit.ly/3FR4jXn>.

The Eater (the national edition) did a great piece on the awesome power of TikTok when one of their recipes goes viral. It has actually been causing weird and sporadic food shortages. The author was clued into this when she could not find her favorite Japanese mayonnaise Kewpie anywhere in her large metro area or online.

## Closings and moves

I sort of had Augustine's in St. Paul on my to-visit-and-review shortlist, but darn it, they announced permanent closure last month, after failing to reopen after Thanksgiving. The French bistro, helmed by chef Derik Moran, was a pioneer in equity for restaurant workers, with everyone front and back of house starting at \$20 an hour. Moran says he is going to open his own new place, no details yet, while the trio that owns the space say they are looking for a new restaurant direction to move in.

A notable move (it was all over Facebook) is Asa's Bakery, which produces authentic New York-style bagels and hard-to-find-here bialys. Asa's was



An illustration of "Owamni-omni" or "place of swirling water" in an influential book on Native American place names by Dana Thompson's grandfather

and creativity we see in the local restaurant, craft beverage, and food production scenes. Of which there is a lot.

A case in point: the restaurant news from about October to year's end was absolutely dominated by the Owamni restaurant (see our mini-review here, by no means the first time we mentioned it – [southsidepride.com/2021/11/01/restaurant-and-food-business-news-consciously-eating-insects-and-an-owamni-mini-review/](https://southsidepride.com/2021/11/01/restaurant-and-food-business-news-consciously-eating-insects-and-an-owamni-mini-review/)) and NATIFS (North American Traditional Indigenous Food Systems, a nonprofit), the two projects of Sean Sherman and Dana Thompson. A lot of it's local, but it goes way beyond that, especially since Owamni was featured in The New York Times 50 Best Restaurants award for 2021.

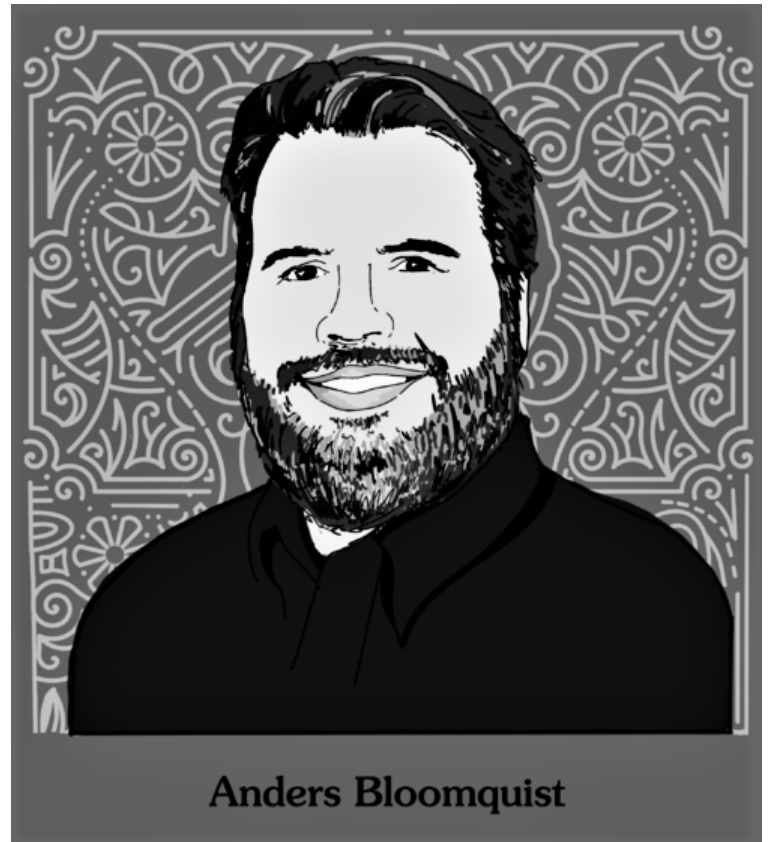
For the local coverage, it started right at the beginning of 2021, six months before Owamni opened in mid-July. The Star Tribune (Strib), the St. Paul Pioneer Press, the Minneapolis/St. Paul Business Journal (bizjournal) and bringmethenews.com were among those profiling Sean Sherman and Dana Thompson, their nonprof-

block, then the Strib, the Circle, and Eater Twin Cities had reviews in August, followed by the Pioneer Press in September, MPR in October, Lavender and our own review in November,



## Kewpie mayo was sold out across many states when it featured in a viral recipe on TikTok.

and many more. Reservations were a month out almost from the start, and they are even longer now. And then – Owamni made The New York Times list of the 2021 Fifty Best Restaurants in America. Among the



Anders Bloomquist

## Portrait of Anders Bloomquist, a pretty big deal in the craft beverage union organizing movement

just a few blocks from me, on 23rd Avenue between 35th and 36th Streets. It hasn't moved far from me, either, but in the other direction. Look for them when they reopen in late January on the strip of 34th Avenue just south of 50th Street.

## New restaurants and other new things – two brand-expansion bakery-cafes, two supper clubs, and a Tibetan-Sushi fusion

The highly popular, small local chain Yum Bakery and Kitchen has opened as a ground-floor tenant in the medium-rise apartments at Selby and Snelling in St. Paul.

Destinee Shelby and her existing company, Baked Brand, has opened The Kitchen in the former Andy's Garage space (it moved to a bigger space) in the Midtown Global Market. They are serving all-day breakfast, smoothies, fresh juices, fried chicken specialties including a vegan cauliflower-based option, and also Baked Brand foods and pop-ups of other small local food producers.

The Creekside Supper Club is either open or just about to open in the former Pepito's space by the Parkway Theater. In Edina's Market Street, just off France Avenue, Mr. Paul's Supper Club recently opened, serving Cajun food, and with a Po' Boy shop next door.

Also near 50th and France, a new place called Ama Sushi combines Tibetan food with sushi.

## January mini-review - an outdoor social at the Fair State Cooperative Beer Garden, with pizza to take home and cook

The DSA local chapter that used to be a big part of my social life, when I had a social life, held a social on Saturday, Dec. 18, at the Fair State Brewing Cooperative (FSB) in Northeast



## The Imperial Stout I sampled at Fair State

Minneapolis. Since I am really not getting out that much now, and have even cut way back on ordering food delivered, I decided I could use that for The Dish.

FSB is not only a worker-owned and consumer-owned cooperative (you can buy shares, which come with many perks, at [fairstate.coop](http://fairstate.coop)) it is also a union shop, and was the first win in the wave of craft beverage unionizing which I have mentioned before. My comrade Anders B. is a worker-owner there and was instrumental in the organizing, and he was profiled recently in a craft beverage-



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Fair State's Beer Garden in winter

es and travel publication, Good-BerHunting.com.

Nevertheless, this was my first visit to the actual place, although I had bought a couple of cans over the years. The taproom and beer garden are all in the same location as the brewery itself, which is not in one of those vast industrial complexes like so many of them, but on a

imal amount of something to munch, much like the larger places I have been to that have food trucks. When I was there, they had just two offerings – warm pretzels with a mustard sauce, and pizza. I took a flying leap and ordered a pizza (anything vegetarian? Is a Margherita OK? Perfect!) to take home with me. More on that later.



The new Yum Bakery and Kitchen's display case

busy, mixed commercial-residential street, Central Avenue NE. So, the taproom is not huge, about the size of a small coffee shop.

This being a restaurant review, I wasn't even sure if they served food. The only mention of food on the website is to say you are welcome to bring your own or outside vendor food to eat with your beverage, which is nice. Apparently, they have guest providers of just a min-

Coming in the door, these days, you will encounter a check-in table where they will check your COVID status. As per usual, a vaccination card or a negative test result within 72 hours is required. It's also the culture there to wear your mask until you actually start eating or drinking. We DSA-ers are sticklers for COVID protocols, especially since having lost our beloved treasurer Ezra to the disease, so there were no prob-

lems there. All triple-vaxxed with a veritable wardrobe of masks.

I had a single pour. I didn't want to get drunk. Being under the influence has not been fun since about 38 years ago, yet I like the taste of many alcoholic drinks, and enjoy pub culture, sometimes with just a root beer. It's a balancing act. My plan from the outset was to have just one, and I would be there for two hours at the most (we were outside in the beer garden and the temps were around 30 degrees, but thankfully no wind). I forgot to check the ABV of the (very delicious!) imperial stout I ordered, and I did get a bit tipsy on just the one. So, my guarded recommendation, and this is time-limited, as it is a one-off brewing, is You Can Have the Crown. It's double malted, with a tiny addition of brown sugar. It tastes like a first-tier imperial stout, with a small amount of char for bitterness and just a wee back note of earthy sweetness.

I found the pizza to be super thin-crust, but a tasty crust, which is not always the case. And it was cook-and-eat, so I chopped it in two and cooked half in my toaster-oven on fan-bake. It was very good, but I don't have a clue who made it. Sorry.



Destinee Shelby and some of her delicious wares found at Midtown Global Market - The Kitchen by Baked Brand

FSB has events! Every Sunday is Union Sunday, where you get a discount on your first pour by showing a union card. The first Sunday of the month is also Stand-up Sunday, with a comedy show from 7:30 p.m. Every Monday is Co-op Monday, where you get a twice as deep discount on your first pour by showing membership in any co-

op at all (in addition to the discounts you get as a member of FSB itself). And every Wednesday is Trivia Wednesday, with a Pub Trivia game starting at 7 p.m.

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Frontage of Fair State Brewing Cooperative on Central Avenue NE

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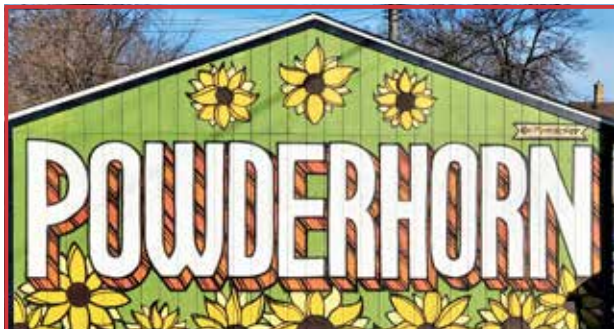


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