



**We build Pride on the Southside**

**POWDERHORN  
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**February  
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## How to get rich



BY TONY BOUZA

Grinding poverty concentrates the mind powerfully.

If you're so smart, why aren't you rich? Money talks ...

We live in a merciless capitalist society. You're either on the menu or at the table.

My reaction to such cruelty?

Bravo!

There's never been a more generous economic idea than socialism.

Jesus said, "Take what thou hast and give it to the poor"—or, implied, forfeit salvation.

And the answer?

Altruism doesn't work, or, even when it works, it ain't enough.

And Scandinavia? They are sensible, controlled, taxed and distributist capitalists. And homogeneous.

Is this so complex? Look around you, for God's sake. I didn't invent it and I'd much rather socialism worked.

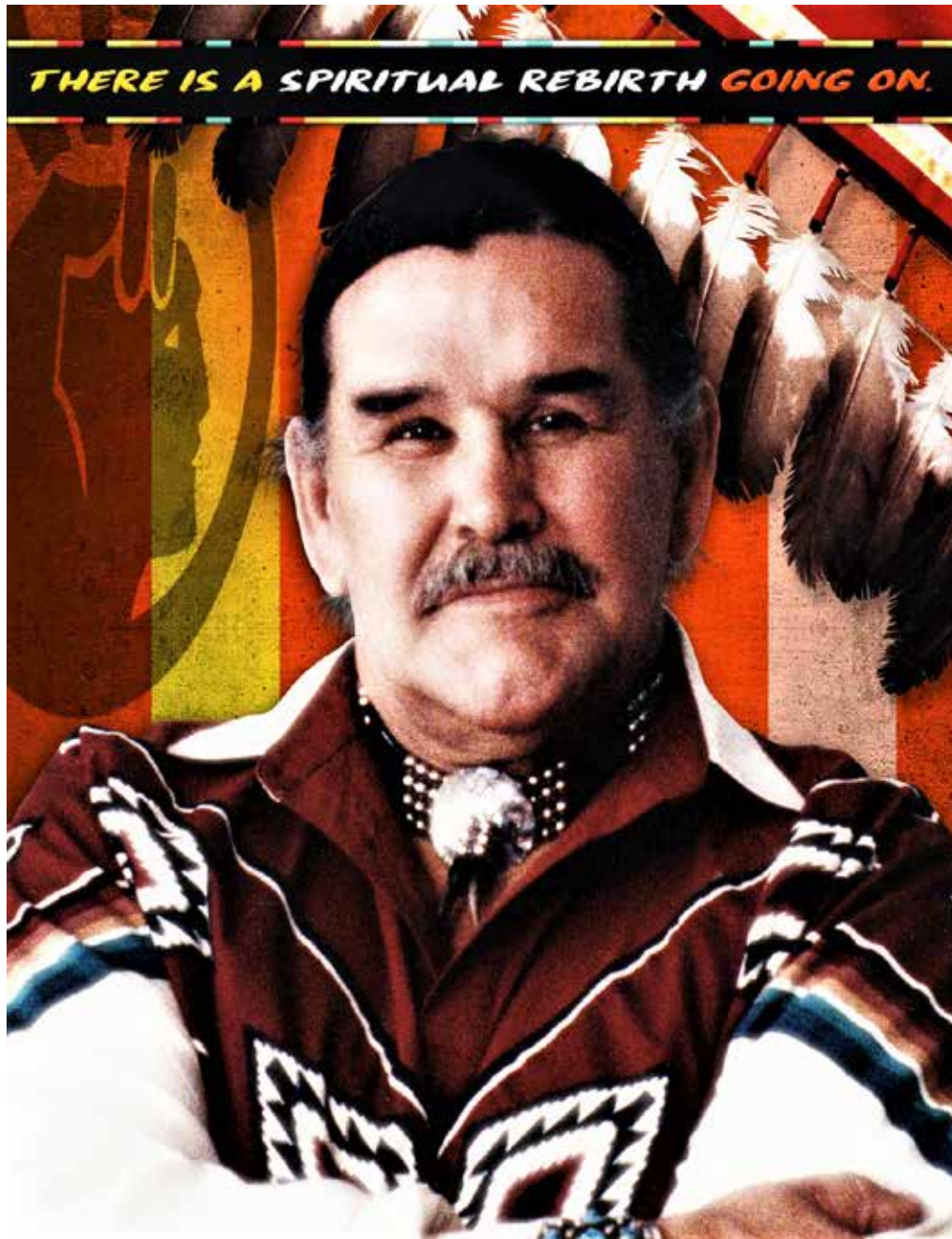
So there I was—a beggarly boy in a cellar damp. What to do?

To be a member of today's middle class you need \$1.2 million in assets.

Each of us has a fair amount of cash trickle through our fingers.

How is a wage slave

See Bouza, page 4



Clyde Bellecourt

## Clyde

BY DAVID TILSEN

Clyde Bellecourt Nee-gon-we-way-we-dun, "Thunder Before the Storm," left his mortal body on the evening of Jan. 11, 2022. He left behind an Indian community, a city, and a world that is changed for the better because of his work and sacrifice.

A man of principle, a man of gentleness and strength, a man of courage and achievements, he was a force in every room he was in. I remember during the planning for the march to the Washington R-word football game in Minneapolis. The police had the permit all filled out, he just needed to sign it. Clyde said no, "I don't get

permits to walk on my own land," and that was that. I think the cop signed it.

Cancer took his strength in the last years but his friends, his children, and his community are carrying on with inherited strength. He would definitely remind us of the adage, "Don't mourn, organize."

Let me tell you a little

See Bellecourt, page 5

## The Native American community needs infrastructure support

BY DAVID TILSEN

Sixteen urban Indian organizations recently announced they are seeking private and public support to construct buildings to increase the capacity of organizations dealing with education, health care, affordable housing and Native culture.

The junction of the Minnesota and Mississippi rivers was originally an important intersection of commerce and culture before Europeans arrived with their military and settlers. Native culture helped shape our city. Our neighbors have enriched our art, our architecture, our public institutions, our discourse, and our festivals, and have challenged our thinking.

With a triple COVID death rate, triple unemployment rate, and only a 50% high school graduation rate compared to the general population, the services of these nonprofit organizations are more vital than ever. They have joined together, realizing that competing with each other is not in the interest of any of them. Their buildings were acquired and built in the 1980s and '90s and are in severe need of maintenance and in many cases rebuilding. One of them, Migizi, saw its building burn down last year.

These nonprofits are the underpinnings of the Native American community. While only 2% of our population, Indian people represent 50% of our homeless population.

It is in all of our interests for these organizations to flourish.

This year, the Minnesota Legislature has the opportunity to address these issues. The federal infrastructure bill contains money aimed at infrastructure for communities in need; in fact, it seems written for this initiative. Rep. Aisha Gomez and Sen. Omar Fatah are both supportive. The organizations are:

Ain Dah Yung Center  
American Indian Community Development Corporation  
American Indian Family Center  
American Indian OIC  
Department of Indian Work: Interfaith Action of Greater St. Paul  
Division of Indian Work  
Indigenous Peoples Task Force  
Little Earth of United Tribes  
Lower Phalen Creek Project - Wakan Tipi Center  
MIGIZI  
Minneapolis American Indian Center  
Minnesota Indian Women's Resource Center  
Montessori American Indian Childcare Center of St. Paul  
Native American Community Clinic  
Native American Community Development Institute  
New Native Theatre



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**There's No Place  
Like Home**  
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# Valentine's Day Section

## From blood sacrifice to heart-shaped candy boxes: 2,000 years of Valentine's Day

BY STEPHANIE FOX

So! What's love got to do with it? What does love have to do with Valentine's Day? Today, Valentine's Day is celebrated with gifts of chocolate and flowers and sentimental love poems. It is not, as some like to claim, an invention of Hallmark and greeting card companies, a sinister plot to make money.

The actual origins of this holiday go back more than 2,600 years and for much of that time, had little to do with romance.

Valentine's Day began in ancient Rome, a fertility festival dedicated to Faunus, the god of agriculture and to the mythical founders of the city, Romulus and Remus.

The holiday, called Lupercalia, is thought to have been celebrated as early as the sixth century BCE with blood sacrifices of male goats and a dog. After the sacrifices, two naked male pagan priests would smear themselves with the animals' blood. And then, the feasting began.

After the feast, the priests would run through the streets, still naked, using strips of the goatskin to lash women, a gesture that was thought to increase a woman's fertility. Most women welcomed this. Later, the priests and other men would each draw a woman's name from a jar and the lucky woman would have a romantic (and sexual) encounter with the lottery winner. The woman would stay with

the man for a year and often the two would marry after (maybe) falling in love.

Other deities also became connected with the holiday. Originally, Cupid was not the chubby little baby with a bow and arrow. He had his roots in the Greek god Eros, a tall, handsome deity who shot golden arrows, forcing people to fall in love. During the later Hellenistic period, the cute baby became the standard.

By the third century CE, the holiday changed. Some stories say that two (or more) Christian men named Valentine were executed by the anti-Christian Emperor Claudius II, but when Christianity became the state religion, the two Valentines became one saint, and their day was officially celebrated in mid-February. The pagan celebration was outlawed, replaced by St. Valentine's Day.



Images of Saint Valentine (left) and the pagan festival of Lupercalia in ancient Rome (right)

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### A return to love and fertility

A thousand years later, the holiday began to take on some secular attributes. In parts of Europe, people believed that the mating season for birds began on Feb. 14, a return to the idea of fertility. The idea morphed from fertility to romantic love. In 1375, Geoffrey Chaucer wrote, "For this was sent on Seynt Valentyne's day / Whan every foul cometh ther to choose

his mate," the first example of a written Valentine's Day card. Soon, written valentines became popular.

The first romantic valentine is thought to have been written by the Duke of Orleans to his wife, while he was in an English prison after being defeated at the Battle of Agincourt. The 1415 letter can still be seen in the British Library's manuscript collection.

In the 1660s a new custom emerged. Family and friends would get together for a Valentine's Day party. Men would give gloves as a gift, as a proposal to a special woman. The man would have to wait until Easter Sunday

to find if the answer was "I do" or "I don't." If the woman wore the gloves, she was saying, "Yes, you are my true love."

Gloves became a tradition. Not winter gloves, but dress gloves, the kind that proper and well-dressed women continued to wear into the 20th century.

In old movies, you can see women dropping a glove, considered a symbol of love, and waiting for a favored male to pick it up and return it to her. A Valentine's Day card from 1834 said, "If that from Glove you take the letter G, then Glove is Love and that I send to Thee."

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**Valentine's Day becomes international**

The holiday has now spread around the world. In Japan, women give their male friends inexpensive chocolates, saving the fancier candies for their romantic partners. In Germany, traditional Valentine's symbols are cute pig keepsakes and cartoons, considered good luck. In Ghana, a major producer of cocoa beans, Valentine's Day is officially National Chocolate Day.

Finland and Estonia celebrate "Friends Day," exchanging gifts and cards for a not-so-romantic holiday. In Norway, men write po-

**From sweet to sophisticated to funny**

In the 20th century, giving cards became more popular with the introduction of an elementary school tradition to exchange friendship-themed Valentine's Day cards. In many schools, students create a decorative box for classmates to drop cards and sometimes candy (remember SweetARTS?). Teachers also get cards and small gifts from their students.

For many in the United States, exchanging Valentine's Day cards is the most popular of holiday traditions. Half of Americans (ex-

Once, making a Valentine's Day card was a do-it-yourself affair. The first commercial mass-market Valentine's cards didn't appear until 1849 when Esther Howland hired women artists to assemble cards in her home, selling them at her family's stationery store. Soon, with new printing presses making the cards affordable, almost anyone could afford to send the romantic messages to their special friends. Before she sold her company in 1881, Howland was selling nearly \$2 million worth of cards each year in today's dollars. It took Hallmark until 1916 to start mass-producing Valentine's Day cards.

Even best friends, parents, grandparents and kids expect to get a card from the people close to them. In the United States, even in these days of e-cards, sending a non-virtual card to a special person is a social requirement, even for millennials who now make up 20% of the greeting card (and Valentine's Day card) market.

For those looking for a very special card, artist Rosemary Buczek offers handmade Valentine cards, decorated with 23-karat gold and Swarovski crystals, starting at about \$400, and made-to-order cards selling for more than \$4,000.

So, Valentine's Day really is for everyone, not just the romantically connected and the romantically inclined. While couples often observe the holiday by exchanging gifts and eating at fancy restaurants, everyone can celebrate - even our four-legged best friends.

While dogs and cats seldom get Valentine's Day cards, a growing number of Americans buy treats, toys or other gifts for their pets at



**A box of chocolates made by the Dutch chocolate company Droste to celebrate the silver jubilee of Queen Wilhelmina in 1923**

Valentine's Day, spending nearly \$2.14 billion in 2021 on their special friends, more than twice what they spent in 2020. Nearly 16% of Americans will spend an average of \$31.24 for Valentine's gifts for

their dog, with 12.3% spending \$27.42 for gifts for their kitties.

Don't worry, though. If you forget to get Fido or Fluffy a gift, you'll be forgiven, and they'll still love you.



**A COVID-era mass wedding of 220 couples at Bacolod City, Philippines, in February 2020**

ems and create elaborate cards, called Gaekkebrev. Instead of a signature, they ink small dots, one for each letter of their name, and include a snowdrop flower with the card. If the recipient can guess who sent the card, he will give her a decorated egg at Easter. If she guesses wrong, she has to give him one instead.

In the Philippines, hundreds of couples gather in public places for mass marriages. Another tradition calls for couples to gather for a midnight kiss, hoping to beat a world kissing record. In 2020, COVID didn't cancel the event, but changes were made with couples kissing and exchanging vows through blue surgical masks.

In Slovenia, where St. Valentine is considered the patron saint of spring, the old idea of the day as the beginning of the mating season of birds has been revived. It's a tradition for people to walk barefoot through frozen fields to watch the birds propose marriage to each other and to connect to the coming spring. (Sounds like the kind of thing that would appeal to Minnesotans, especially those who head out in shorts when the mercury dips below zero.)

In Islamic Pakistan, the sale of Valentine's Day-themed merchandise is banned, but the state has not been able to ban the exchange of flowers, a custom that has become increasingly popular.

And while for many Christians this is not a religious holiday, some Catholic churches in the United States will hold a blessing for couples as a dedication of their relationship.

cluding school card exchanges) will send at least one Valentine's Day card. More than 13% will mail cards to more than three people. An estimated 145 million Valentine's Day cards are bought in the U.S. each year. Only Christmas card buying is bigger. That means 145 million cards will be delivered by the post office, costing post office patrons almost \$8 million to spread the love.

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# LETTERS TO THE EDITOR

Who is really running Minneapolis?

The Jones Day law firm is the fifth largest law firm in the United States. They mostly represent large corporations, but in the last election they represented the Trump campaign in lawsuits trying to overturn the election results.

Jones Day has virtually taken over the government of our city, working in the city attorney's office to prosecute protesters and others, to defend the city against lawsuits by people hurt by police and to process complaints against the police in the Office of Police Conduct Review. They are negotiating the Police Federation contract for the city and ensuring that police get PTSD payouts, while inversely, the ones receiving these payouts should mostly be people injured by police brutality in the months following the uprising. They are also defending the city against the U.S.

Department of Justice and Minnesota Department of Human Rights investigations. They are blatantly working to keep the city from bringing better and more accountable policing to Minneapolis.

Initially they were working for free for the city but have now secured contracts where they are being paid \$500 or more an hour for work that should be done by the city attorney's office and other city staff at far less cost.

We don't need corporate hacks running our city and preventing us from holding the MPD accountable. They do not represent the people of our city. Please tell Mayor Frey and the City Council that Jones Day law firm has got to go.

Learn more, contact your City Council representative and sign the petition at: <https://www.cuapb.org/>

**Janet Nye**  
**Phillips Neighborhood Minneapolis**

Reader criticizes Walz

This letter is written in response to the statement that Walz running for governor in 2022 would be helpful to Democrats. Many Minnesotans will not vote for Walz again. I'll first note the many voters he lost after his state police froze 640+ anti-police brutality protestors that cold November night on I-94. But being an environmentalist involved with Line3, I will focus on why a lot of us, and a lot of indigenous people, are done voting for Walz.

There Walz was in northern Minnesota campaigning, telling indigenous people that his decisions on Line3 would be based on treaties made with tribes in northern Minnesota. Their response was to conduct a Georgia-style voter recruitment drive that rallied many indigenous people and environmentalists in northern Minnesota and the metro area to vote for him. He lied to us and betrayed northern Minnesota lands that, as soon as courts gave them jurisdiction, tribes protected and beautifully conserved. Walz enabled a pipeline that goes through 40% of the nation's fresh water, which has led to many habitat-fouling frac-outs, drained wild rice lakes, and aquifer breaches, one of which the state allowed Enbridge to ignore, and it's been draining for a year. Recently, Enbridge poured concrete into it, but many, including geologists, are skeptical that the problem is resolved. Walz's DNR refuses to disclose the sites of other aquifer breaches, leaving many locals wondering how much mud Enbridge is injecting into their water sources. A geologist fears it could be millions of gallons. This, with Walz saying if there's any problems, there will be accountability.

What we get is state collusion. His administration meets with Enbridge whenever Enbridge wants, while never meeting with tribal officials or environmentalists. He has never toured the drainages, nor said one word about them. The aquifer got breached because Enbridge ignored a 10-foot down-drilling permit, and, as usual, did what it wanted, and drilled at least 20 feet down. For this it was fined

\$3.3 million, a small percentage of the funds they allocated for damages, and was charged with a misdemeanor, while his [Walz's] attorney general, Ellison, has been bumping up the misdemeanor charges of many Line3 protestors to felonies, despite receiving over 8,000 emails and uncounted phone calls asking him to drop all charges. These are nonviolent protestors who have already experienced Enbridge-funded local authorities' physical assaults, rubber bullets, pepper spray, solitary lockups, and lawyer targeting. Looming next for northern Minnesota is Glencore's Polymet mine. Glencore would probably win the contest for the world's foulest mine. We dread Walz being governor again with that on the horizon.

If Democrats expect to win the 2022 governor's race, they need to run a better candidate, a trustworthy progressive and environmentalist who wants to protect Minnesota's resources.

Also, it's important to distinguish between Republicans' voter-diversion ploy, the Legal Marijuana Now Party, and the Grassroots Legalize Cannabis Party, which has been around for decades and is not manipulated by Republicans. Will Democrats take the clue that running who's endorsed by the Grassroots Party could help them win elections? It seems like Democrats would rather lose to Republicans than let a progressive get into state office.

**Sincerely,**  
**Connie Bonniwell**

-----

**Ed Felien responds:**

I agree that Walz should be criticized and challenged for his action/inaction on Line 3 and for his handling of the National Guard in 2020. I believe the best and most effective way to challenge him would be for a left/DSA candidate to run against him for the DFL endorsement for governor at the Minnesota State DFL Convention. Progressives are in coalition with the liberals in the DFL, but we are not subservient to them. If they want to carry the urban areas, then they need our support. We vow to

support the endorsed candidate - that's the basis of the coalition. We think that strategy will be more effective than standing outside in the snow. If you want to be part of formulating a progressive strategy that has some possibility of success, then you should become a member of DSA and support the coalition within the DFL.

Disclaimer: these opinions are mine alone. I am not an officer of DSA. I hold no official position. I have been a member for almost 20 years, and I believe DSA is the best vehicle for creating a just and fair society for all of us, but I speak only for myself and not for the organization.

Connie Bonniwell is right. The next looming environmental tragedy would be the Polymet copper mine in the Boundary Waters. Obama canceled their lease. Trump renewed it. And, on Jan. 26, Biden canceled it again. It is not going to happen as long as there is a Democratic president and a DFL governor of Minnesota.

Any ultra-left or special interest party that siphons off votes from DFL candidates supports Republican candidates. The DFL-controlled House passed a bill to make marijuana legal, but it died in the Republican-controlled Senate. As I wrote last month:

"The Republicans control the State Senate by one vote. In 2020 Tyler Becvar was the Legal Marijuana Now candidate in Senate District 27. He posted a video on his Facebook page promoting the Republican candidate in that race, Gene Dornink, who beat DFL Sen. Dan Sparks by 1,902 votes. Becvar got 2,500 votes."

It is my belief that the only effective strategy for reaching the promised land is to link up with as many like-minded people as you can find, and make friends with people you disagree with on some issues. Find a common program and fight for it. I think the struggle of Bernie and AOC and others to try to pass Build Back Better was heroic. Their failure has been a smashing success. People can now imagine a better world, and they can demand it.

Take your fight to the DFL. You'll find friends there.

Open letter to the Bureau of Criminal Apprehension:

As you certainly know, Winston Smith was killed by officers under the supervision of the U.S. Marshals on June 3, 2021. The Bureau of Criminal Apprehension conducted a Use-of-Deadly Force investigation, resulting in a report of over 1,000 pages, submitted to Crow Wing County Attorney Donald Ryan. Mr. Ryan then decided that lethal force was justified and that no charges would be leveled against the Ramsey and Hennepin County deputies who shot Smith. I just checked a minute ago, and that report is still not available to the public.

My understanding is that the entire purpose of this investigative section of the BCA is to provide transparency and inspire public trust and confidence when officers kill. In this case, there were no body cameras worn. No squad video was released. The identities of the shooters have been shielded. No grand jury or public trial

of those officers has happened, or will happen, since Mr. Ryan did not recommend them. At this point, nearly three months after releasing the BCA report to Mr. Ryan and over seven months since Mr. Smith's death, that report is still not available to the public.

Frankly, this leads me to wonder about the entire purpose of the investigation. Is it truly to inspire public confidence, or merely to delay long enough so that the public forgets the doubts that have been raised? If you want the public to trust armed officers who kill, please know that we do not now have the information to reach that conclusion in the case of Winston Smith. By withholding that report for so long, you are only delaying public outcries until the next officer-involved killing. It should not take more than a day or two to redact protected information. Using a computer search function should be able to accomplish that task in minutes. Why is this report still secret?

**Charles Underwood**

Bouza, from page 1

to make it?

There are only two vehicles I know of—real estate and common stocks. You need a plan.

A house of one's own. Over the past century, they've—with a few rare exceptions—appreciated. And there's a hefty tax exemption at the end. After three occupancies I was astonished by the amount each of the houses paid me to enjoy their

comforts.

Compound interest is magic (if I have to explain this, you are doomed).

All of us know a little bit about real estate—our neighborhoods, for instance. Apply that knowledge.

As to stocks—read the front page carefully—not the financials.

For instance, cannabis is mostly legal—in states, not the federal government. What

happens if the feds legalize it? Which stocks will be affected? Maybe Constellation?

And what about abortion? A super-conservative Supreme Court is bound to curtail Roe v. Wade. Who profits? Makers of abortion-producing chemicals. One such is Cadence.

A crisis in Saudi Arabia? Look at oil stocks.

The evidence is all around you.

In 1966 I met a brilliant

Black lawyer. Great guy, too.

"So, where did you work before you came here?"

"Pfizer."

I immediately bought 15 shares at \$30 a share. \$450 total. First stock buy. I never sold it. Guess what?

You can't be timid or risk-averse. It takes nerve to pull the trigger. Buying a house; investing in stocks; using compound interest—all take nerve, but you will have—and have

had—your chances.

And suck it up and maximize whatever retirement plan you're using.

Capitalism is very cruel, its only saving grace is that it accords with human nature. We are driven by greed. Sex, power and money are what we're about.

Stop kidding yourself.

# Chris McGiffert

McGiffert, William Christian “Chris” died Jan. 8, 2022, age 74 from heart disease. Chris was born in Wash D.C., to John Rutherford II & Patricia Ann (Clipp) McGiffert.



Grew up in military family (father & grandfather served over 35-years in US. Army). Grad ‘65 from Baumholder Amer HS & ‘73 from U. of NE. Enlisted USAF Sec Svc ‘66, served as Russian linguist in Berlin Ger ‘67-’70. Married Jo Brady ‘74-’76. Moved ‘75 to Mpls, MN, where life more closely reflected his progres-

sive outlook, becoming a role model for siblings. Lived in Powderhorn Park ‘77-’88, had 2 children with Helene Freint. Involved in progressive community politics & worked odd jobs, helping rehab the future Modern Times Cafe. Proudly advocated for families for 28 years at Henn. Co. Dept. of Economic Assist. Lived in St. Paul 33 years; had fond memories of friends at O’Gara’s Bar, where everyone was welcome. In his own words, Farewell to Henn. Co. co-workers, friends at O’Gara’s, friends in Powderhorn & Lex/Ham nbhds. Farewell to family: wonderful daughters, Nova McGiffert & Jasmine; loving sisters, Katy Reeves (Scot), Lisa McGiffert, Maggy McGiffert (Carter York); all his cousins, aunts, nieces, nephews. Donations can be made to: Centro de Trabajadores Unidos en la Lucha. ctul.net

*Published in the Star Tribune on January 23, 2022*

## CONFESSIONS OF AN UNREPENTANT MAOIST: Modern Cleaners becomes Modern Times

November 5, 2018  
BY ED FELIEN

I loved the façade on the Modern Cleaners building ever since I first saw it as a small child looking out the window of a Chicago Avenue bus. It seemed so sleek, so smooth, so modern.

The architectural style is Streamline Moderne, a final flourish of Art Deco, popular in Europe in the 1930s and ‘40s. The most widely known example of the style in America is the Nash Rambler from the 1940s and ‘50s.

The building started out in 1905 as a butcher shop run by the Skoglund brothers, and the apartment upstairs was where they lived. Someone bought it in the 1930s, made it into a dry-cleaning factory and added a first-floor addition on the side



Ed Felien and Chris McGiffert

and back. Soon after, around 1940, they built the Art Deco, Streamline Moderne façade. It remained Modern Cleaners from the ‘40s until I bought it in 1978. Also, around this period, in 1936, Charlie Chaplin released “Modern Times,” the last screen appearance of his character The Little Tramp, trying to fit into contemporary industrial society. The very huge Modern

sign seemed to insist that we use Modern in the name of the new building, so it became Modern Times.

I wanted Modern Times to be a neighborhood hangout, someplace where people from the neighborhood could meet their friends. Powderhorn and Central were going through hard times.

**See McGiffert, page 11**

### Bellecourt, from page 1

about Clyde Bellecourt. Clyde spent his life in service to our community in Minneapolis. He helped start the American In-

were available to document, intervene and correct the activities of the police, played a vital role in improving the lives of many people in our community.

I first met Clyde back in the

stores were replaced by other businesses, including the American Indian Center. Through the years, Clyde stood in the street with people to get a spotlight on Cedar Avenue to stop the deaths of Indian youth, when then-mayor Stenvig set dogs on children and others who were trying to speak truth to power.

Clyde was instrumental in starting the Legal Rights Center to provide lawyers and legal representation to people who were arrested, a place where a young lawyer named Keith Ellison cut his teeth. Clyde started Heart of the Earth Survival School and American Indian OIC; helped to start Migizi Communications; led the effort to save the housing project that became Little Earth of United Tribes, the first and oldest community-controlled HUD housing project in the country. He chaired the Police Community Relations Council in Minneapolis for five years. He was criticized for being window dressing for the city, and later said that it was a waste of his time, but he felt that he should try to do what he could to improve the behavior of the police and bring understanding to the community. More than a few police and community members were educated for the better owing to his efforts. I am not sure I agree that it was a waste of his time, but he did set high standards for himself.

Clyde did so much more than I could enumerate here, from his work at Wounded Knee to his efforts to change the way Native people are portrayed in the media and as sports mascots. I can only talk about what I have seen – and what I have seen over the

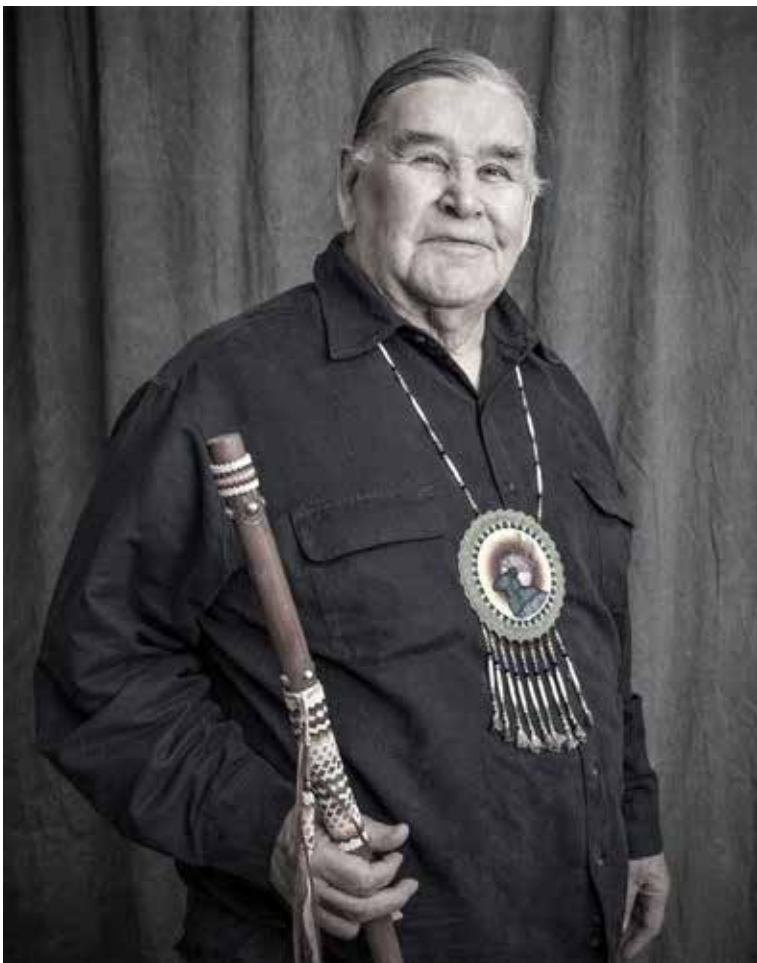
last 40 years makes him one of the many people whom I admire, respect and, yes, love.

On Christmas Eve day in 2012, Clyde went to the Crystal Court in Minneapolis to watch some of his relatives dance and sing in a “round dance” that was part of a national effort to bring attention to an effort in Canada to preserve treaty rights. Chief Theresa Spence was in the second week of a hunger strike, and her situation was extremely serious. The young people called their effort “Idle No More.” Clyde was not an organizer of the local event or the international effort, but he was supportive and wanted to show up and see what they were doing. He was not alone – dozens of others went to witness, and many of the shoppers stopped to watch and enjoy. From what I was told, none of them were inconvenienced or prevented from doing anything they wanted to do.

Clyde arrived late and moved slowly, with a cane, as he was recovering from knee replacements, and had diabetes and heart disease. He sat on one of the benches with other shoppers to observe the activities. He said that a police officer approached him and asked him to get the dancers to stop performing and leave. He explained to the police that he was not an organizer of the event and was not the person to ask. The officer then said that since he was their “Chief” he could get them to stop. He responded that, yes, he was, but he did not work for the Minneapolis police, and if they wanted them to stop they should ask them. At this point the officer then ordered Clyde

to leave. Clyde got up and went to a nearby Starbucks and purchased a coffee. He told me he thought his blood sugar needed a boost. He then sat down at another bench. As the dancers were finishing up and leaving, the officer again asked Clyde to leave. He grabbed Clyde’s arm and his coffee went all over both of them. The officer also picked up the cane which Clyde used to stand up and walk. When Clyde explained that he could not get off the bench without the cane, the officer then told him he was under arrest. At this point some of the dancers had returned and were yelling support. The police pushed him to the ground, bent his arms around his back, presumably to handcuff him, causing significant pain. Cries of “That’s my uncle ...” and “Leave him alone ...” were heard by witnesses. The officers called paramedics and instructed them to transport Clyde to jail. Clyde reported that the paramedics were very good and gentle. They asked him if they could put him on a stretcher, which he agreed was a good idea. He gave his car keys to one of the supporters and asked them to call a lawyer.

The lawyer, Larry Leventhal, had difficulty finding a judge on Christmas Eve to open his courtroom to get Clyde out of jail. Using the venerable name Clyde Bellecourt probably helped, and Larry could be persistent. A judge was persuaded to order the city attorney to release Clyde, and about five hours later, Clyde, bruised, sore, and more than a little angry, I am sure, was released from custody.



Clyde Bellecourt (Photo/Gayla Ellis)

dian Movement 40 years ago in Minneapolis in response to the Minneapolis Police Department’s abusive activities in the American Indian community. The AIM patrol, a group of courageous men and women who

early ‘70s. There was the campaign to stop the wet T-shirt contests which were resulting in the rape and abuse of Indian women in the bars on Franklin Avenue. Later, many of the worst Franklin Avenue bars and liquor

# Children's Theatre's 'Bina's Six Apples' a tale of hope during trying times

BY STEPHANIE FOX

The time is 1950 and all of Korea is involved in a war between the North and the South, each side supported by large armies. Bina, at age 10, is the youngest of her family of apple growers. They produce some of the best apples in Korea, as Bina reminds everyone she meets. But as battle lines move up and down the country, the family is forced to walk from their home in Geochang to where they hope to find safety – the port city of Busan, a city that will become a major center for refugees.

"Bina's Six Apples," a production by playwright Lloyd Suh, is having its world premiere at the Children's Theatre. It is a gentle but thoughtful play. Suh's own parents arrived from Korea, settling in 1972 Detroit, where Suh was born. His father's family owned an apple farm in Korea and were forced by the war to flee their home. But this is not a biography. "The play is not about literal people. It's a fictional version, inspired by stories and images that I heard as a child," Suh said. His father was very young when they escaped and he didn't remember a lot of details, but "they had images of the war and the play is inspired by those images."

The play tells the story of how each member of Bina's family carries on their back something to help the family survive on their 70-mile walk to Busan. Her

parents, grandmother, brother and sister – both older – carry water, food, pots and pans and other basic necessities. But Bina, just 10 years old, can carry only six apples in her backpack, one for each member of the family. They will eat them, her father tells her, when they arrive at their safe (they hope) destination.

The family begins their journey across mountains and rivers but is interrupted by an exploding bomb and Bina is separated from her family. All she knows is that she needs to head to Busan, on foot, to find them again.

Along the way, Bina discovers that she must use her apples to help her on her journey. Nowhere is safe, especially for a little girl. She seems to be alone in the world but soon meets people who will change her life.

The first person she meets is a mother looking for her own lost daughter. The woman is hungry and begs Bina for an apple, but Bina refuses. The apples are for her own family and are her only remaining connection to them. The second person she encounters is an army deserter who tries to barter his knowledge of how to find the way to Busan for one of her apples. Find the bright north star and then turn so you can face southeast, he tells her, and always travel in that direction. Bina still will not give up her apples but while she sleeps, he steals one. She has one less apple, but she has

gained knowledge that will help her on her journey.

And Bina is already changing. As she meets other characters, she is more willing to exchange her apples for the things she needs to find her way to her destination. The people she meets are war-weary and, just like Bina, trying to survive in the confusion of conflict. In these characters she, and the audience, see not just hunger, sadness and fatigue but also hope and humor. There is the old boatman, a merchant, and a boy who is also separated from his family. In the end, Bina has gained self-assurance and learned not just how to use her wits, but how to open her heart.

The actors give moving per-

formances, with four of them playing multiple roles. The set is unadorned, but the night sky features a bright north star and the ravages left by the bomb blast that separated the family remain on the stage, a reminder that the war is everywhere.

Lloyd Suh said that he decided on his vocation as a playwright because as a child growing up near Indianapolis, he found himself somewhat isolated as the only non-white student in his school.

"Books and literature were my escape," he said. "I had in my mind that I would be a novelist. Writing was a way of making sense of the world. But in college, I had a more social impulse and spent a lot more time in the

theater department. I've got a lot of that energy. I appreciate the impulse to do half my work on my own and the rest working with others."

In "Bina's Six Apples," Suh worked with director Eric Ting, costume designer Junghyun Georgia Lee, scenic and lighting designer Jiyoun Chang, as well as cast members Olivia Lampert, Albert Park, Sun Mee Chomet, Elizabeth Pan, Joseph Pendergrast, Shelli Delgado and Jayden Ham.

The area that Bina's family fled became the site of the Geochang massacre, where the South Korean army murdered unarmed citizens, including 385 children, in 1951, the year after this play takes place. But this is not a history play. It is a tale of resilience and hope.

"I never think of a play as learning. I think of myself as a storyteller, trying to convey something that through story helps illuminate who we are and where we come from," Suh said. "The parts that are resonant with anyone is the understanding of what we are capable of as individuals, what we can do in the most trying of circumstances and how to be helpful with one another."

"Bina's Six Apples" runs through Feb. 13 on the Cargill Stage, then moves from Minneapolis to the Alliance Theater in Atlanta. The production is recommended for theater fans ages 9 and older. Tickets can be purchased at childrenstheatre.org/binas or by calling the ticket office at 612-874-0400. Ticket prices range from \$15 to \$63. Bring your mask and proof of vaccination or a negative COVID test. Bina's apples are stolen, bartered, traded and given, but – spoiler alert – there is a happy ending.



Olivia Lampert and Sun Mee Chomet in 'Bina's Six Apples' by the Children's Theatre Company. (Photo/Glen Stubbe Photography)

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# There's No Place Like Home

## There's truly no place like it!

BY DEBRA KEEFER RAMAGE

### Home safe home

These days, for a lot of us, our homes are a refuge from the dangerous world out there. The experience many of us had of “sheltering in place” has possibly given us a new appreciation of the good points as well as the not so good points about our homes.

This month, we're looking into ideas to make changes or additions to your home that make it a safer place or more healthful place. We'll also include ways you can upgrade your home even if you don't own it – either things you can pack up and take with you, or easily reverse when you move, or ways to ensure you don't end up paying twice by “breaking your lease.” For homeowners,

a lot of these ideas will also add value to your home if you're planning to sell it.

### Lighting and windows

New windows can really transform your home. I have experienced this twice so far. In the U.K., my spouse and I updated our 99-year-old home with modern “double-glazing” and then a year or so ago, I replaced all the windows in my aging 1985 senior condominium. Modern technology can allow maximum light with minimum heat loss (or in my case, the more vital air-conditioning loss). Combine your anti-glare, well-insulated windows with a modern cellular shade, or blackout curtains in your bedroom, for the best combination.

Indoor lighting can make a significant difference in health as well as safety. Migraines and other unpleasant conditions can be triggered by the wrong kind of artificial lighting.



Waist-high raised beds make gardening accessible for all.



An indoor sauna in a huge bathroom – photo from Voyageurs Saunas

ing. If keeping cool in summer matters to you, there is a huge difference in the amount of heat generated by various types of light sources. Motion-sensing strong lights for basement stairs are an important safety measure, as is effective lighting in the kitchen.

### Floors, doors, and accessibility

The surface of a floor – i.e., whether it is hard or soft or carpeted, non-slip or not, and what material – becomes far more than an aesthetic con-

See Home, page 8

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# There w

## Home, from page 7

sideration for older people, babies, and people of any age with mobility impairment. I found a wonderful source online for a concept called Universal Design



### Ramps are not only for wheelchairs.

(UD), which is something that grew out of ergonomics, and is vital to both the disability rights community and the aging-in-place community.

UD ([aginginplace.org/how-universal-design-creates-a-seamless-aging-in-place-experience](http://aginginplace.org/how-universal-design-creates-a-seamless-aging-in-place-experience)) comprises seven “principles”:

- Principle 1: Equitable Use
- Principle 2: Flexibility in Use
- Principle 3: Simple and Intuitive Use
- Principle 4: Perceptible Information
- Principle 5: Tolerance for Error

- Principle 6: Low Physical Effort
  - Principle 7: Size and Space for Approach and Use
- These principles apply to everything from designing spaces for public use to buying prod-

ucts for your home to designing software and web applications.

Applied to floors, UD tells us to opt for flooring such as cork, tiles or Marmoleum™ that don’t have edges, level changes, high thresholds, or nap-like carpet. (Carpet might seem like a good choice, until you get a wheelchair or walker. It’s hard to roll wheels on carpet. Also, with small children or animals, there are going to be spills.) If you do want carpet, get a low-nap type.

Floors also mean levels. All on one floor is ideal for the elderly or disabled or young children, but not always possible.

Still, you can provide alternatives. Build a ramp to make rolling your baby’s stroller into the house easier, but leave it there for when grandma comes to visit. Older people find it easier to use a ramp even if they are walking. If designing a home with stairs, make them wide enough that you can add a stairlift if it ever becomes necessary.

Speaking of width, the width of doors, both exterior and interior, is a consideration in UD. Besides being more inviting in appearance, and accessible to all, you’ll appreciate a wide door when you decide to rent a grand piano or install an indoor hot tub.

### Making kitchens less dangerous

Kitchens can be dangerous. If you’re updating your kitchen, consider safety, health, and UD in your plans. Here are some random home safety statistics I picked up on the internet:

- 90% of kitchen cloths failed cleanliness tests.
- Foodborne disease causes 76 million cases of illness in the United States alone, according to the centers for Disease Control and Prevention (CDC).
- Over 150,000 kitchen fires every year are caused by cooking equipment – with 460 fatalities.
- Lacerations from kitchen tools account for 42% of hand injuries that are seen by ER professionals.

- A home without a fire alarm is twice as likely to have a fire, according to the U.S. Fire Administration.
- Unattended cooking equipment accounted for 45% of home fatalities from 2002 to 2005.
- 34 fatal burn injuries occur each year from scald burns out of the kitchen.

One modern innovation, though pricey, is probably worth it – induction burners on your stove or counter cooktop. Induction burners prevent burns by directly conducting heat into the material of the cooking vessel.

Kitchen remodels often turn into bigger projects than you think. Although the best con-



### A beautiful bathroom remodel with a rain shower

- After age 65, falling becomes the leading cause of death in the home, with many slip-and-fall accidents occurring on wet kitchen floors.

tractors will let you save money by doing part of the work yourself, it’s probably best not to go it alone, especially with kitchens and bathrooms.

### Bathtubs, saunas, and luxury showers - oh my!

My favorite part of house remodeling is the bathroom. It makes such a difference in your day-to-day life if you can add these luxury self-care touches to your home. Referring again to my home in England, which we did two big remodels on, I replaced a repellent chocolate-brown fiberglass shallow tub with a fully enclosed clawfoot tub and ceramic wall tiles floor to ceiling and even in the deep window well over the new tub. It was my little retreat to paradise every day.

A simple upgrade might be a rainfall shower. Although it has long been conventional wisdom that showers are for quickly getting clean and only bathtubs are for relaxing, researchers (and the realtors who listen to them) are finding more and more people get relaxation in the shower. You can add a bench inside and have a seated shower. You

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# There's No Place Like Home make it even better!



## Induction cooktops protect you from burns.

can use a massaging, hand-held shower head.

Another conundrum of aging is if you at some point have to give up your deep soak in a clawfoot tub, because it's no longer safe or even attainable. Walk-in bathtubs could solve this problem, but the jury is still out on whether they add to or detract from the resale value of your home, and like jetted hot tubs (which they sort of are) they can have cleaning and maintenance issues.

A major upgrade (if you have the space for it) could include a sauna, a steam room, or the aforementioned hot tub. Saunas or hot tubs can also go outdoors if you don't have the space indoors. You can even get a mobile sauna and take it with you on road trips or up to the lake.

## The joy of decluttering

Decluttering is something you will have to do if you remodel or sell your home. So why not do it now, while you're still thinking about whether to do those things or not? Although I have never managed to declutter myself, many people have rhapsodized to me about how liberating and life-altering it is. Hiring a helper makes it less overwhelming.

## Better gardens

The exterior of your home and surrounding land is where you can really make a significant difference. Devoting part of your lawn to raising flowers, herbs, pollinator attractors or food crops has a substantial impact on your health in many ways. If you want to do this, but have mobility concerns, consider a raised bed, especially one raised high enough that you can tend it standing. Here again, a consultation with a special-

ideas here: [www.moneytalks-news.com/9-ways-to-remodel-your-rental-without-breaking-your-lease](http://www.moneytalks-news.com/9-ways-to-remodel-your-rental-without-breaking-your-lease).

## WTF? ( Where To Find?)

How do you find any help you may need to do the remodel or upgrade of your dreams? Or just to make a major purchase for your home? Google will only get you so far. Here are some ideas:

- Using a directory or the internet, find a contractor who gives free or affordable consultations.
- For a decluttering expert, check ads in local papers, classifieds and actual bulletin boards.
- If you're thinking of selling, consult your realtor about what helps with resale values.
- Consider contacting volunteers at AARP, a disability advocacy group if applicable, or the VA if you are a veteran.
- Use your public library to find resources. Ask a librarian for help to get you started.
- Ask your neighbors, via email on e-democracy or NextDoor, or on a neighborhood Facebook Chat group if you have one, about their experiences doing remodels and working with local businesses.
- Talk to personal friends and family who either work in the industry or have done a remodel themselves.



A detail from a kitchen remodel — photo from Castle Building and Remodeling



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Wendy Wolff is a Relocation Consultant and founder of BLISSworks. As a Counselor specializing in transitions for almost 20 years, she has developed a passion for helping people downsize and create intentional living spaces. With humor and compassion, she shares her experience "rightsizing" her own life, she can help give you practical tips to redesign your new home. Beautiful living. Simplified spaces.  
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# Frey waffles with COVID (yuck!), resisting diet culture, vitamin D, and a mini-review of ie Italian Eatery

BY DEBRA KEEFER RAMAGE

**COVID-19: Both cities implement vaccine, test result checks**

On Jan. 12, both Minneapolis and St. Paul, reeling from the high rates of new COVID-19 omicron variant cases, announced mandates for restaurants and bars to check either vaccine status or a negative COVID test within two days before allowing diners indoors. Although the two mayors announced this jointly, there were a few differences between the orders. St. Paul's has an automatic expiration date of 40 days that can be overridden if necessary, while Minneapolis's is open-ended until mayoral termination.

Another strange rule in Frey's order concerned children under five, who are too young to be vaccinated. While the St. Paul rule fairly sensibly exempted



Asa's Bakery's new place

them, Minneapolis originally announced that negative test results would be required for children two to four years old and only those under two would be exempt. However, the very next day, when queried about this on a radio show, Frey surprisingly answered that he wanted it changed, even though it was

apparently his own rule. In any case, after a brief and embarrassing waffle, this rule was withdrawn.

The regulations went into effect for bars and restaurants on Jan. 19, and for ticketed events on Jan. 26. Almost immediately, a small coalition of mostly downtown and North Loop business owners sued both Minneapolis and Frey over the test result part of the mandate. On Jan. 29, a Hennepin County judge denied the plaintiffs' request for a temporary restraining order, but a final ruling on the lawsuit as a whole is still pending at time of publication.

## Resisting diet culture

If you feel the alluring pull for a dietary "renewal" every January and have a vague feeling that you're being played, you need to read this excellent piece by dietitian Christy Harrison in the Eater - "How to Avoid the shameless creep of Diet Culture's 'New Year, New You' nonsense." Harrison writes, in response to a question about the harmful side of the relentless "wellness" and "reset" messages that ramp up at the start of each new year, and how in particular people who have suffered from eating disorders can resist them:

"Constantly living in diet culture, and having a disordered way of eating and thinking about food be celebrated, (losing weight is something your doctor tells you to do, people in your life will praise you for it) makes it so much harder to recover from that behavior.

"In treating people with disordered eating, that's how I became so acutely aware of the harms of diet culture. When you see them make a lot of progress in their recovery and that progress is just undone by a doctor making some comment or seeing an ad online that follows them around

everywhere. It's just a minefield out there, especially this time of year."

## Vitamin D at food shelves - could it help cut disparities?

One kind of diet advice I don't resist is evidence-based recommendations on the best nutrition, whether from food or, if need be, supplements, to keep immunity as strong as possible. A key, and often overlooked, nutrient in the body's complex immune system is vitamin D. This vitamin can be manufactured in the body, but requires sunlight as a component. Both lack of sunlight exposure and high melanin levels in the skin, as well as age and some illnesses, can lead to low levels of vitamin D, which in turn lead to immune deficiencies, which usually go undiagnosed.

Studies show vitamin D is especially beneficial to African Americans and other people of color in the prevention of COVID-19. So why does no one seem to know about this life-saving information? (Source:



A'Siciliana blood orange soda

website. According to the City of Minneapolis COVID-19 statistics, 29% of those who have died of COVID-19 in Minneapolis were African Americans, while the percentage of the population that is African American in Minneapolis is only 19%. Native Americans fare even worse, with



ie Meal Agnolotti with the writer's own salad

the University of Minnesota, Center for Infectious Disease Research and Policy (CIDRAP)

4% of the COVID-19 deaths, for a demographic that comprises only 1% of the population in Minneapolis.)

Some food distribution sites in Minneapolis hope to add vitamin D supplements to their food shelves. If you can donate, or if you need vitamin D, call Fr. Robert Two Bulls at 612-791-1253. He is from All Saints Episcopal Church, one of the churches and food shelves that have agreed to distribute vitamin D as donations permit.

**Asa's Bakery opening soon on 34th Avenue**

The popular Asa's Bakery was supposed to be open by now ac-

See *The Dish*, page 14

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# The new City Council divide

BY CAM GORDON

On Jan. 10, the new Minneapolis City Council met for the first time, elected new leadership and approved new committee assignments. It also revealed an interesting council divide.

While the historic election of former vice president and Ward 8 council member Andrea Jenkins as the new council president was unanimous, the votes for vice president and for the council committee structure and assignments were not. The seat for vice president was contested. Council Member Jeremiah Ellison nominated Ward 1 Council Member Elliot Payne, and then Council Member Lisa Goodman nominated Ward 13 Council Member Linea Palmisano, who also had the support of Jenkins.

Payne and Jenkins also put forward competing committee assignments. Both proposed using the same five consolidated standing committees that had been created last term during the public health emergency. This includes the Business, Inspections, Housing and Zoning Committee that may be the most powerful, combining what had been three committees into one. Both proposals put Council Member Lisa Goodman as chair. Second is the Policy and Government Oversight Committee that oversees the city coordinator’s department. The Jenkins proposal that was ultimately approved had Ellison as chair of this. Payne had Palmisano as chair. Both listed Andrew Johnson as chair of both the Public Works and Intergovernmental Relations committees.

Notable differences in the proposals were the chairs of the Public Health and Safety and Budget committees. Jenkins had Council Member LaTrisha Vetaw as chair of Public Health and Safety and Council Member Emily Koski as chair of the Budget Committee. Payne designated Ellison as Chair of Public Health and Council Member

Aisha Chughtai as chair of the Budget Committee.

After some discussion, the council voted 8 to 5 to approve Palmisano as vice president and then to approve the Jenkins committee structure with the same eight voting in favor and the other five opposed or abstaining from the vote. The five who voted in opposition included four new council members: Payne, Chughtai, Robin Wonsley Worlobah, and Jason Chavez, who were joined by Ellison, now starting his second term.

One of the big winners, in terms of leadership assignments and getting the heaviest workload, is Palmisano. She is now vice president, chair of the Committee of the Whole, chair of the Government Structure Subcommittee, vice-chair of the Budget Committee and chair of the Audit Committee, which will be taking on a bigger role under the government structure charter change. Council Member Andrew Johnson will also be chairing more than one committee: the Public Works and Infrastructure Committee as well as the Intergovernmental Relations (IGR) Special Committee.

Two of the newcomers, who were clearly opposed to the public safety amendment, will be chairing committees: Koski will chair Budget and Vetaw will chair Public Health and Safety. Those following the Water Works facility set to locate in East Phillips may find it notable that Chavez will not be serving on the Public Works and Infrastructure Committee.

The group of five council members who were united in opposition to Palmisano as vice president and abstained from voting on the committee assignments, showed unity in other ways in January. The clearest example was an op-ed that they jointly submitted to the Star Tribune, calling for a strong rent control ordinance.

It is hard to know the significance of the 8 to 5 split on the council and

how it might impact policy decisions in the future. If the eight who supported Palmisano were to stay united on other issues and align to support the mayor, it could be a formidable coalition and make overriding a mayoral veto impossible.

That, however, seems unlikely when it comes to controversial issues. Most of the eight supporting Palmisano opposed the Public Safety amendment, for example. This is the case with new council members Michael Rainville, Vetaw and Koski, who seem more closely aligned with Palmisano, Goodman and the mayor on political issues. Three others, however – Johnson, Jenkins, and Jamal Osman – are on record as supporting a new Public Safety Department and could be less predictable swing votes on a variety of issues.

When asked about the 8 to 5 vote, Council Member Johnson said, “I don’t think people should read much into this.”

Especially as the group of five more progressive and socialist council members want to pass policy changes, it may be more useful to recognize a 5-3-5 split in the council. As critical issues come forward like rent stabilization, the Tenant Opportunity to Purchase Agreement, and funding for public housing (all of which were called out in the recent op-ed), as well as the need for an overhaul of police oversight and government restructuring, this could put the three potential swing voters in unique positions of influence and power. Jenkins has already demonstrated that she can get support across the spectrum. One challenge will be getting to seven votes to pass any legislation, and the bigger challenge will be getting to nine votes to override potential mayoral vetoes.

As Johnson put it, “I think everyone realizes how important it is to work together, and that is where we need to be.”

**Minneapolis City Council**

**Leadership and Committee Assignments**

President: Andrea Jenkins  
Vice President: Linea Palmisano

**Standing Committees:**

Business, Inspections, Housing and Zoning: Goodman (chair), Osman (vice-chair), Rainville, Ellison, Chavez, Chughtai  
Committee of the Whole: Palmisano (chair), Chavez (vice-chair), Payne, Wonsley Worlobah, Rainville, Vetaw, Ellison, Osman, Goodman, Jenkins, Chughtai, Koski, Johnson  
Under the Committee of the Whole, there is a Race and Equity Subcommittee that includes all Council Members with Jenkins as chair and Chavez as vice-chair, and a Government Structure Subcommittee that includes all Council Members with Palmisano as chair and Jenkins as vice-chair, which shall meet at the call of the chair.  
Policy and Government Oversight: Ellison (chair), Wonsley Worlobah (vice-chair), Vetaw, Chavez, Koski, Johnson  
Public Health and Safety: Vetaw (chair), Payne (vice-chair), Wonsley Worlobah, Rainville, Ellison, Palmisano  
Public Works and Infrastructure: Johnson (chair), Koski (vice-chair), Payne, Wonsley Worlobah, Vetaw, Chughtai

**Special Committees**

Budget: Koski (chair), Palmisano (vice-chair), Payne; Wonsley Worlobah, Rainville, Vetaw, Ellison, Osman, Goodman, Jenkins, Chavez, Chughtai, Johnson  
Intergovernmental Relations: Johnson (chair), Rainville (vice-chair), Payne, Wonsley Worlobah, Vetaw, Ellison, Osman, Goodman, Jenkins, Chavez, Chughtai, Johnson, Palmisano  
Audit Committee: Palmisano (chair), Payne and Koski

.....

**McGiffert, from page 5**

Gangs like the Vice Lords and the Latin Kings were trying to establish beachheads. I thought a restaurant would be a good place for people to get together and discuss neighborhood problems. I especially wanted to be open evenings because I believed traffic in the evenings would make the streets safer.

One office upstairs was home to the Farmer Labor Association. Mark Dayton had given the FLA \$3,000, and we used that money to hire an organizer. We were able to compile mailing lists and keep members informed.

The other three offices on the second floor and the common area were used by The Loft. The Loft began out of Marly Rusoff’s bookstore in Dinkytown. She and Phebe Hanson, Jim Moore and Trish Hampl began a journal-writing workshop that developed into readings and special events and eventually into a full curriculum for aspiring writers and a permanent location at 1011 Washington Ave.

I thought the building was beautiful. The banks thought it

should be torn down, and they refused to lend me money on it. I thought it would take a few weeks of cleaning and painting and we’d be ready to open. It took 13 months, every penny I had, and I had to borrow thousands from friends and family.

Chris McGiffert (an old friend and former housemate) and I would start every morning to tackle the building. It was literally falling apart. We had to build columns and beams in the basement to hold up the first floor, then put in a new column and bearing beam on the first floor to hold up the second floor.

We had to pour almost a truckload of cement to fill a sub-basement.

We spent most of the summer re-bricking the north wall. Because it had been a dry-cleaning plant and used steam cleaning machinery, it didn’t need a furnace to heat the building, but then, every night, when the temperature dropped below freezing, the steam in the walls would freeze and push out the bricks. We couldn’t just tuckpoint the bricks. We had to take out each brick and rebuild the entire sec-

ond floor north exterior wall.

We had to build bathrooms, a code-approved kitchen with mop sinks, hand sinks, dishwashing sinks, sinks for washing vegetables, new floors, new walls, new ceilings, new doors.

We tried to do most of the electrical work until we got busted by a city inspector and had to hire a professional electrician.

Bowler Plumbing let us do most of the plumbing and heating while they advised and took out the permits. A friend lent us his credit card to buy a furnace. I bought radiators at a salvage warehouse, but (because I knew nothing about radiators and heating) half the radiators I bought were steam and not hot water, so we couldn’t use them.

I installed the handicap hand-rail upside down and had to redo it.

We had to jack up the building because without the columns and bearing beams it had started to sag. Chris and I would go down to the basement first thing in the morning; smoke a little Attitude Adjustment; get ourselves very paranoid, and then

jack up the building. We’d go about an inch and a half, consider ourselves Courageous Heroes, and then reset all the support columns. A friend who knew more about buildings than we did came by one morning and followed the smell of something familiar down to the basement and asked what we were doing.

We said proudly, “We’re jacking up the building.”

“How high do you want to go?”

We said about another foot.

He took the jack and started pumping the handle. We heard creaking sounds. We were sure the building would now crash around us. He jacked the building up about a foot.

“What are you doing?” I asked. “How could you be sure the building wouldn’t collapse?”

“I had faith in all those nails,” he said.

Finally, on July 28, 1979, in spite of everything, Modern Times Café opened for business.

Can we move in?

Do you have a couple of rooms we could rent?

Southside Pride is going to need office space next summer.

Call 612 822 4662.

# Children in crisis

BY ELINA KOLSTAD

At a press conference in early January, Mayor Frey argued that schools should remain open in order to combat violent crime and increased carjackings often carried out by juvenile offenders. He specifically said, “When we don’t have that [schools open], boredom sets in. And boredom is no excuse for carjacking.” This is a gross oversimplification of the stresses faced by so many families over remote learning. These stresses disproportionately impact low-income families, many of whom are immigrants and/or people of color. These stresses range from lack of access to reliable high-speed internet, lack of computers or tablets for each child to learn on, lack of space to facilitate learning from home, and lack of access to affordable child care.

Just to give an example: take the story of Musab Hussein. In March of 2021 he attempted to rent a laptop to take a University

of Minnesota exam and was allegedly denied because he didn’t “look like a U of M student” to the computer technician. He needed the laptop because five siblings in his family were juggling distance learning from three shared computers. Hussein was, at the time, an undergraduate student at Carlson School of Management with just one class to complete before graduation. I suspect his family’s circumstances reflect those of many families with children in the Minneapolis Public Schools.

In addition to the difficulty of simply learning when you have to share three laptops among five siblings, consider how likely it is that many of these families live in small apartments with no private outdoor space – no yard or even a balcony. Consider the logistics of multiple students trying to complete school work and videoconferencing, perhaps in the same room. Now consider how hard it was for many of us to socially distance in those

early days of the pandemic, and many of us had entire houses with yards and far fewer children to drive us and each other completely up the wall. And those families were lucky. Many families faced the pandemic with a need for everything from electronic devices to internet to food to a roof over their heads.

Perhaps some kids turned to crime while schools were closed out of simple boredom, but taking just a moment to think of all the stresses faced by so many youths in our city makes the mayor’s comments seem petty and out of touch in the extreme. It should catalyze all of us to strive for better.

While the mayor paid lip service to protecting teachers, students and families from the pandemic, he offered an interesting solution: more police. The main actions he called for to solve this problem were: (1) keep schools open, and (2) recruit more police, in part by increasing pay. It is amazing that even when rec-



ognizing the importance of public education in crime reduction, the solution still ends up being more money for the police. This is especially ironic given that the major reason for schools closing in this current wave is that too

many teachers and staff are out sick or quarantined to adequately run in-person schools. But we couldn’t possibly recruit more teachers or pay them more. Could we?

# Migrants in Mexico

BY JOHNNY HAZARD

The recent history of immigration through Mexico to the United States is one of “Meet the new boss, same as the old boss,” of the realization that the arrival of liberal or moderate presidents in both countries has not led to an examination or reversal of the draconian policies of their reactionary predecessors. The response of both governments to the immigrant caravans that have moved through Central America and Mexico since 2016 is an example of this.

Some of the caravans have been organized partly by former Minnesota resident Irineo Mújica, who was born in Mexico, moved to the U.S. when he was 13, and now lives in the border state of Sonora. He returned in 2013 to Mexico because he was moved by what he saw of the plight of Central Americans in Mexico. His intention was to stay for a while and take pictures, but he became deeply and permanently involved.

Immigrants currently in Mexico (often with the intention of arriving to the U.S.) are mostly Hondurans and Haitians, with significant numbers from El Salvador and Guatemala and several African countries. Others are from Nicaragua, Belize, Cuba, Venezuela, and the ex-Soviet bloc countries. Most Central American countries have large Black populations, especially on the Atlantic Coast. Here is the website of the largest Afro-Honduran organization: <http://of-raneh.org/ofraneh/index.html>.

Mexican president Andrés

Manuel López Obrador (AMLO) took office in December of 2018 after having campaigned for 14 years and having lost two elections due to the fraudulent behavior of the then-dominant parties PAN (Partido de Acción Nacional) and PRI (Partido de la Revolución Institucional). The seeds for repression against immigrants were planted when Felipe Calderón, president under the banner of the PAN from 2006 to 2012, immediately launched a “war on drugs” (taking a brilliant idea from Nixon and Reagan and not bothering to change the name).

Calderón’s successor, Enrique Peña Nieto of the PRI, continued this policy, which López Obrador opposed until he became president. AMLO, parting from a historical fallacy about the nature of the army, has given to the military the tasks of airport construction, customs, security at mass vaccination sites, and other civilian activities. Uniformed military leaders appear on the podium with him at events all over the country. One aspect of AMLO’s militarization is the creation of a national guard with army commanders and almost unlimited powers and responsibilities, including immigration enforcement. When it became impossible to deny accusations that the immigration police were incompetent or violent, the National Guard came to the rescue but has not refrained from tear-gassing pregnant women, arresting mothers and separating them from their babies, shooting people “accidentally” and other egregious acts.

In the summer of 2016, when Peña Nieto was still president, the first public caravans formed and advanced rapidly through Mexico with the support of the left and some church and citizen groups. People in the towns they passed through organized to provide food and shelter. Opposition came from a few outright xenophobes within Mexico and from a few U.S. political actors who thought the caravans were a plot to create a border crisis for Obama, Biden, and Hillary Clinton, and to support Trump (or vice versa, to oppose Trump), as if people who fled Honduras under desperate conditions were aware of the day-to-day vicissitudes of U.S. electoral politics.

As AMLO coopted progressive forces, support for immigrants diminished

Irineo Mújica, mentioned above, is founder of Pueblos Sin Fronteras. Late last year, the biggest of the recent caravans set out from Tapachula, Chiapas, with 4,000 migrants who pushed through a National Guard roadblock on the outskirts of the city and continued toward Oaxaca. Mújica said Tapachula, a city near the border with Guatemala, had become an open-air prison for migrants. This caravan advanced on foot over several weeks toward Mexico City and upon arrival was met by local police directed by Mayor Claudia Sheinbaum, a protégé of AMLO. The police attacked and tried to keep the people from entering the city. This time the people fought the law, and the law did not win: six cops were injured. The car-

avanners rejected government shelter, ended up in a casa del migrante and after 10 days, on Dec. 22, extracted a promise from the federal government to issue humanitarian visas and to discontinue the bizarre policy of detaining immigrants in Tapachula and dropping them by the hundreds in cities like Acapulco and Monterrey. (This waffling in policy is typical: one week the government says it’s urgent to keep people in Tapachula; the next, to disperse them.) Of the 510 people, 57 Haitians elected to remain in Mexico City, 100 chose to seek permanent residence in Mexico, and the rest got (voluntary) bus rides to the northern cities of Monterrey, Juárez, Chihuahua or Hermosillo where the wait for a visa would be shorter and the border closer.

The U.S. role: Biden canceled some of the most notorious policies of his predecessor, such as the separation of children from their parents. But crowding in private prisons continues, as do mass deportations and the policy of forcing asylum seekers to wait in Mexico, all documented on the United We Dream site: <https://unitedwedream.org/protect-immigrants-now/biden-stop-deportations-now/>. The participation of the U.S. in exacerbating misery in Honduras is discussed in this article which was written too long ago to mention Trump’s intervention in the second-to-last presidential election: <https://theconversation.com/how-us-policy-in-honduras-set-the-stage-for-todays-migration-65935>.

Another Mexican city with

**People who solicited refugee status in Mexico in December 2021, by nationality:**

**Total: 123,187**  
**Haitians: 47,494**  
**Hondurans: 35,161**  
**Distant third place: 8,148**

a large migrant population, all the way across the country from Tapachula, is Tijuana. This is the city with the largest number of Haitians who have decided to remain in Mexico. A few have work permits and work at “real” jobs; others have informal activities like washing windshields, selling products on the street, etc. Unfortunately, 16 Haitians have been murdered in Tijuana since 2016 – the most recent case was on Jan. 1.

In other northern cities like Chihuahua, it is common to see Hondurans or Haitians in convenience stores after a day of asking for donations on the street, changing dozens or hundreds of coins for bills. My friend Aurora of the Rarámuri (Tarahumara) Indigenous group and now resident in the city of Chihuahua, says of Black immigrants: “Let them come here. We’re not racist.” Any stigma against panhandling should be mitigated by the fact that the Mexican minimum wage is about five dollars a day and even a job like that is hard to come by for a person without papers.

### EVENTS

#### Abolitionist Responses to Violence Wednesdays, Feb. 9 and Feb. 16 6:30 to 8 p.m.

**Online**  
Join the Center for Sustainable Justice for a Workshop Series, led by community organizers and activists Jonathan Stegall, Peter Digitale Anderson, and Liz Digitale Anderson. Each gathering of this series will address one of these questions related to violence and an abolitionist response: "Where are we?" "What is abolition and transformative justice?" "What can I do about violent crime?" and "What can we do about violent crime?" Register here to receive the Zoom information and any updates: <https://forms.gle/miu4KkxcaHpt5oKAA>. We look forward to wondering, connecting, and responding together!

#### Taizé Service

**Friday, Feb. 11, 7 p.m.**

#### In-person or online

Minnehaha United Methodist Church 3701 E. 50th St., Mpls. It's easy to get caught up in the daily demands of life. In our busyness, we can lose track of ourselves, and of what God is calling us to be and to do. Take an opportunity to slow down, to rest in silence and music. On the second Friday of each month at 7 p.m. from October through May, Minnehaha United Methodist Church offers a Taizé service; a time of sanctuary, a time for prayer, a time for community, and a time for silence. As we sing and pray, our hearts are opened so that we may hear God speaking to us. Please join us this month on Feb. 11 (masks are required). You can also catch a live-stream of the service by finding the Taizé button on our website. <http://www.minnehaha.org/>

#### Braver Angels

#### "Depolarizing Within" Workshop

**Saturday, Feb. 12,**

**10 a.m. to noon CT**

#### Online

Much of today's polarization is driven by how we talk with like-minded people about those on the other side. Too often, we stereotype, dismiss or ridicule our fellow citizens who support the other political party, its leaders and its policies. This free three-hour workshop teaches participants:

- How to be more aware of their own "inner polarizer."
- How to be critical without demonizing, dismissing or stereotyping large swaths of the population.
- Strategies for intervening constructively in social conversations with like-minded peers when these conversations veer into contempt and ridicule for people who hold other political views.

**Workshop Format:** This is a two-part workshop combining an online eLearning course and an online, interactive workshop offered over Zoom.

Part one consists of our 40-minute interactive course. You complete this online before the workshop. Part two is practicing what you've learned in our 90-minute, online workshop.

Who can come? Anyone interested in examining their own inner polarization and learning strategies to disagree without condemning or ridiculing others. Register at <https://braverangels.org/event/depolarizing-within-9/>.

#### 'A Call to Sabbath':

#### A Conversation with

**Dr. Claire Wolfeich**

**Wednesday, Feb. 15, noon to 1 p.m.**

#### Online

Join Collegeville Connections for a conversation with Dr. Claire Wolfeich about Sabbath practices. Pause, breathe, connect, liberate, delight ... Come explore what the ancient and countercultural practice of keeping Sabbath might mean today for us as individuals and communities. This webinar will combine presentation and interaction as we explore Sabbath (gift and challenge) in our own contexts and callings. For more information and a link to register for this free webinar, go to: <https://collegevilleinstitute.org/events/event/feb-15-a-call-to-sabbath/>.

#### Remembering and Restoring the Past

**Tuesday, March 8, noon to 1:10 p.m.**

University of St. Thomas, St. Paul What do the histories of, and the continued research on, various local congregations and houses of worship in Minneapolis-St. Paul teach us about how communities are created, relationships are built, and how inter- and intra- congregational interactions are lived out? In this presentation, Dr. Marilyn J. Chiat and Dr. Jeanne Halgren Kilde will draw upon their Twin Cities Houses of Worship Project, which brings together data on over 250 congregations and over 500 sites related to religious and ethnic groups who settled and developed nine neighborhoods along the Mississippi River in St. Paul and Minneapolis between 1849 and 1924. Learn more and register at <https://stthomas.force.com/applicantportal/USTEventRegister?instanceID=a-345b000003zmUGAAY>

#### JRLC Virtual Day on the Hill

**Tuesday, March 15**

**6:30 to 8:45 p.m.**

#### Online

We are looking forward to a powerful day of interfaith advocacy! JRLC 2022 Day on the Hill: "For Such a Time as This," will take place on Tuesday, March 15, as a virtual evening program from 6:30 to 8:45 p.m. The keynote speaker is Maharat Rori Picker Neiss, ordained clergy, Orthodox Judaism, Executive Director St. Louis Jewish Community Relations Council. She will inspire and call us to action, reflecting the Day on the Hill theme "For Such a Time as This," from the book of Esther. Find more details here: <https://jrlc.org/2022-day-on-the-hill>.

Invite your congregation, social action members and community organization. Make your faith-based values and voices known. Shape, influence and support public policies for dignity, justice and the common good. Be a change agent and ally for and with struggling Minnesotans. We belong to each other "For Such a Time as This"!

#### Saving Mother Earth: Treasured and Endangered

**On view through March 31**

Howard Conn Gallery

Plymouth Congregational Church 1900 Nicollet Ave., Mpls.

We are privileged to be hosting "Saving Mother Earth," a group exhibition showcasing artists from varied backgrounds, using diverse materials to express their concerns, champion activism and cherish the beauty and abundance of our earth. The exhibition includes works by Janet Essley, Claudia Poser, Deb Miner and Rob Larson. <https://www.plymouth.org/explore/arts/>

#### Help new arrivals settle in

From the Minnesota Council of Churches: Interested in making a donation to help newly arrived families settle in? Items can be delivered in person by appointment by emailing [rsvolunteers@mnchurches.org](mailto:rsvolunteers@mnchurches.org) or shipped to our office at: MCC Refugee Services, 122 W. Franklin Ave. Ste. 100, Minneapolis, MN 55404. Right now we are looking for:

- Stove top pressure cookers
- Tea kettles (electric or stove-top)
- Baking sheets

### SHARING FOOD

#### Calvary Lutheran Church

**3901 Chicago Ave., Mpls.**

**612-827-2504, ext. 205**

The Calvary Emergency Food Shelf is available for area residents on Saturdays from 9 to 11:30 a.m. Due to COVID-19, we are currently operating a drive-thru and walk-up model. No appointments are needed – just come to the parking lot. Eligibility is based on self-reported income and need. We ask that households come only ONE TIME A MONTH to allow everyone access. The Calvary Food Shelf has no geographic boundaries – all are welcome! If you have any questions, please email [foodshelf@clchurch.org](mailto:foodshelf@clchurch.org) or call 612-827-2504, ext. 205. For more information and to see eligibility guidelines, go to <https://www.clchurch.org/foodshelf>.

#### Groveland Emergency Food Shelf

**1900 Nicollet Ave., Mpls.**

**Plymouth Congregational Church**

**612-871-0277**

Monday – Friday

9:30 a.m. to 12:30 p.m.

Entrance on Groveland Ave. between Nicollet and LaSalle. <https://www.grovelandfoodshelf.org/>

#### Greater Friendship Missionary

**Baptist Church and Friendship**

**Community Service**

**2600 E. 38th St., Mpls.**

**Food Hub**

Free food, hygiene products,

and some household goods.

Tuesday and Thursday,

1 p.m. to 5 p.m.

2nd and 4th Saturdays,

9 a.m. to 1 p.m.

Please bring ID and wear a mask.

Social distancing guidelines are in place.

#### Du Nord Foundation

**Community Market**

**3140 Snelling Ave., Mpls.**

**612-460-8123**

We are a community-supported food shelf that is a welcoming place for neighbors to find free, healthy food for their tables and supplies for their homes. We invite neighbors to order online and choose the day and time that works for you for curbside pickup.

Mondays and Wednesdays,

3 to 6 p.m.

Thursdays noon to 2 p.m.

All are welcome, no restrictions or proof required.

To place an order, visit <https://www.dunordfoundation.org/get-food>.

#### New Creation Baptist Church

**1414 E. 48th St., Mpls.**

**612-825-6933**

We're still here to serve you on the first through the fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. Currently, we are distributing boxes and bags of food at the door. Be safe and God bless! <https://www.facebook.com/NCBC-foodshelf>.

Saturdays (except 5th Saturdays)

10 a.m. to 2 p.m.

(Brown door on the corner of 48th St. and 15th Ave.)

#### Minnehaha United Methodist Church

**3701 E. 50th St., Mpls.**

**612-721-6231**

Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, the Minnehaha Food Shelf is open on Tuesdays from 10 a.m. to 3 p.m. Note: In response to the COVID-19 virus we have changed many things to protect both our guests and our volunteers – more rigorous cleaning routines, streamlined procedures, moved outside and encouraged the 6-foot (social distancing) guideline. Please be patient as we continue to improve what we do. We will be pre-packing most of the food so there will be fewer choices. Also, we continue to look for ways to decrease contact between people and that means each week might look a little different from the previous week. <https://www.facebook.com/MinnehahaFoodShelf/>

#### Soup for You! Café at Bethany

**Bethany Lutheran Church**

**2511 E. Franklin Ave., Mpls.**

**612-332-2397**

Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. <https://soupforyou.info/>

When we ban books in school before we ban guns, we admit we are more afraid of our children learning than we are of them dying.

- Baratunde

## The Powderhorn Religious Community Welcomes You

#### Bahá'í

#### BAHÁ'Í CENTER OF MINNEAPOLIS

3644 Chicago Ave. S.

612-823-3494

[Minneapolis.Bahai@gmail.com](mailto:Minneapolis.Bahai@gmail.com)

Devotions at the Bahá'í Center and via Zoom, Sundays 10 am, and Tuesdays via Zoom 6:30 pm Dawn prayers via Zoom daily at 7 am

Dinner and devotions outdoors at the Bahá'í Center Fridays 6-7 pm

See [www.minneapolisbahai.org](http://www.minneapolisbahai.org) So powerful is the light of unity that it can illuminate the whole earth.

-Baha'u'llah

#### Christian

#### CALVARY LUTHERAN CHURCH

3901 Chicago Ave. S.

612-827-2504 or

[www.clchurch.org](http://www.clchurch.org)

Sunday Worship at 10 am

A Reconciling in Christ

Congregation

#### MESSIAH LUTHERAN CHURCH

The Center for Changing Lives

2400 Park Ave. S., 612-871-8831

[www.messiahlutheranmpls.org](http://www.messiahlutheranmpls.org)

9 am in-person service 1st & 3rd Sundays

11 am in-person service every Sunday

#### ST. JOAN OF ARC CATHOLIC COMMUNITY

[www.stjoan.com](http://www.stjoan.com)

4537 Third Ave.

We're Open –

Saturday, 5 pm in the Church

Sunday, 7:45 am in the Church,

9 & 11 am in the gym

Family Mass - 9 & 11 in

the Church

Video available on our website

and Facebook page

We Welcome You Wherever You

Are On Your Journey



All Directory Churches are Wheelchair Accessible



Southside Pride would love to include news about your faith-based communities for our free religion calendar.

Contact Katherine at

[katherine.southsidepride@gmail.com](mailto:katherine.southsidepride@gmail.com)

or call 612-822-4662.

# • COMMUNITY CALENDAR •

## Southside Pride / POWDERHORN EDITION

### The Dish , from page 10

cording to what we knew when we wrote the January edition of The Dish, but as often happens, it's taking a little more time than expected. They have departed the old space and put up signage at the new space, and are now saying mid-February. Follow them on Facebook for the latest news.

### Closings

This is not an exhaustive list, but some permanent closings that may be of interest to readers include Trattoria Mucci in Uptown and the Black Dog Cafe in St. Paul's Lowertown. The May Day Cafe, which took a long time to re-open, is now temporarily closed again. The Town Hall Brewery also closed temporarily. The Bad Waitress on Nicollet Avenue has remained open but with reduced hours. In fact, it's getting to be a good idea to phone ahead routinely, as a lot of eating and drinking establishments are forced to change hours at the last minute, due to staff shortages, sick leave surges, and other pandemic fallout.

### Food Supply Chain loan program announced

Part of the Rescue Plan Act passed in early 2021 was a \$1 billion Guaranteed Loan Program for businesses in the food supply chain. Not designed to rescue businesses, but to help businesses in growth mode rescue the

supply chain, this loan is available to "any business involved in the processing, movement or storage of food, whether it's making a product or delivering products to their final destination, according to Joey Pardo, senior loan officer of Rural Lending at Live Oak Bank" as quoted in an article in the Minneapolis/St. Paul Business Journal.

### Ie Italian Eatery - mini-review of takeout (via Bite Squad)

Like many people, especially my fellow elderlies, I am not going out much. No, I am being coy; I haven't been outside (literally) for about a month now. Perfect time to return to reviewing meal delivery and use it to check out the fare at a nearby eatery I have not managed to visit yet.

In fact, that's partly its name - I refer to Ie Italian Eatery on Cedar Avenue. I was craving pasta, and Ie makes their own pasta from scratch, and they have some pretty fancy versions of it. Consequently, using Bite Squad, I ordered Agnolotti, a ravioli-like filled pasta from the Piedmont region of Italy. (The name derives from the local dialect word for "pinch," referring to the shaping method.) The description was very promising: pistachio pesto, sage, ricotta, and brown-butter pumpkin. They had me at pistachio, to be honest.

The only other thing I ordered with this was a canned soda for later. A very fancy canned soda,

to be sure: A'Siciliana brand Blood Orange Soda. I had fantastic organic mixed lettuces on hand and organic cherry tomatoes that were impossibly sweet for the dead of winter. So I made my own salad and waited anxiously for the food. It was one of the coldest, tempest-tossed evenings of the month, and I was glad I had generously tipped my poor driver, but he made it here and the dish even had a lingering memory of having once been hot. I reheated it in my trusty toaster oven in its original foil pan and tucked in.

None of the flavors disappointed. The pistachio pesto was as sumptuous as I had hoped. There was a brownish smudge that was perhaps a lightly toasted powder of sage leaves. (Or maybe it was plain brown butter and that was not a description of the pumpkin? Ambiguity is the downside of this modern rejection of punctuation and sentence structure on menus.) Whatever it was, combined with the pesto sauce, it gave the dish a complex flavor. The pumpkin filling was perfect, as was the light and delicate texture of the little pasta parcels. And it was just the right amount for a meal - hunger sated, but not overstuffed.

I also recommend A'Siciliana drinks if you can find them. Only one drink, but it supplanted San Pellegrino as my favorite soda. I hope to visit Ie Italian Eatery in person once it warms up enough and try more of their offerings.

### EVENTS

#### 'Local Vibes'

Wednesdays at 8 p.m. CST  
On YouTube

"Local Vibes" - come for the music, stay for the stories. "Local Vibes" is a one-of-a-kind show documenting and creating space for the Twin Cities hip-hop community and their voices through performance and interview. It's music that sounds like Minnesota, and it's only on the Vanguard, Radio K's 24-hour, college-student curated online hip-hop stream.

"Local Vibes" opens a door into the vibrant local hip-hop scene that you won't be able to find anywhere else on commercial airwaves. The show's unique performance setup and fun yet informative interviews make for memorable content you won't find anywhere else in Minnesota. You'll hear voices that are enhancing the Twin Cities culturally and socially, and are testing the bounds of music as we know it. Tune in to watch interviews from your favorite Twin Cities artists, and to discover up-and-coming artists that you'll want on your radar. Twin Cities hip-hop has something special to offer, and we want to let you in on the ground floor.

The Vanguard is a student-curated, uncensored, 24-hour online stream dedicated to hip-hop. It's one of the first non-commercial stations in the county to exclusively feature hip-hop, and it's the only place to hear hip-hop 24/7 in the Twin Cities. Tune in to watch "Local Vibes" in a late-night talk show format on Radio K's YouTube channel each Wednesday at 8 p.m. CST and catch updates on the Vanguard's Instagram (@radiokvanguard). Stream The Vanguard here: <https://www.radiok.org/the-vanguard/>.

#### Duniya Drum & Dance

The Heart and The Heat Performance  
Saturday, Feb. 12

Doors 6:30 p.m., music 7 p.m.

The Hook & Ladder Theater 3010 Minnehaha Ave., Mpls. Twin Cities-based Duniya Drum & Dance will bring the heart and heat of Guinea, West Africa to the Hook! Led by powerhouse master drummer Fode Bangoura, Duniya brings together an evening of endless energy and stamina from start to finish. Groove to traditional and Afrobeat rhythms from Guinea. Experience the strength of the djembe and become entranced by the beautiful melodies of the balafon. Duniya's dancers bring the music to life with their dynamic movement and vibrant costumes. Duniya is excited to welcome special guests Siama Matuzungidi (guitar), Omar Abdulkarim (trumpet), Miguel Hurtado (drum set), and Ousmane Camara (balafon) to the stage. Guests are also invited to join the participating artists in the Mission Room for a post-show meet and greet.

All Ages (under 21 with parent or legal guardian)

\$15 Early, \$20 Advance, \$25 Day of Show

\$10 Youth Tickets available at the door day of show

<https://thehookmpls.com/event/duniya-african-drum-dance/>

#### Call for Artist Proposals:

The Off-Kilter Cabaret,  
by Off-Leash Area

Apply by Monday, Feb. 14

Off-Kilter is a new community program of Off-Leash Area to highlight and support performance work by artists with disabilities. The Off-Kilter Cabaret will be a 75-minute-long cabaret-style production, which will comprise seven acts in any performing arts form, curated by the Off-Kilter

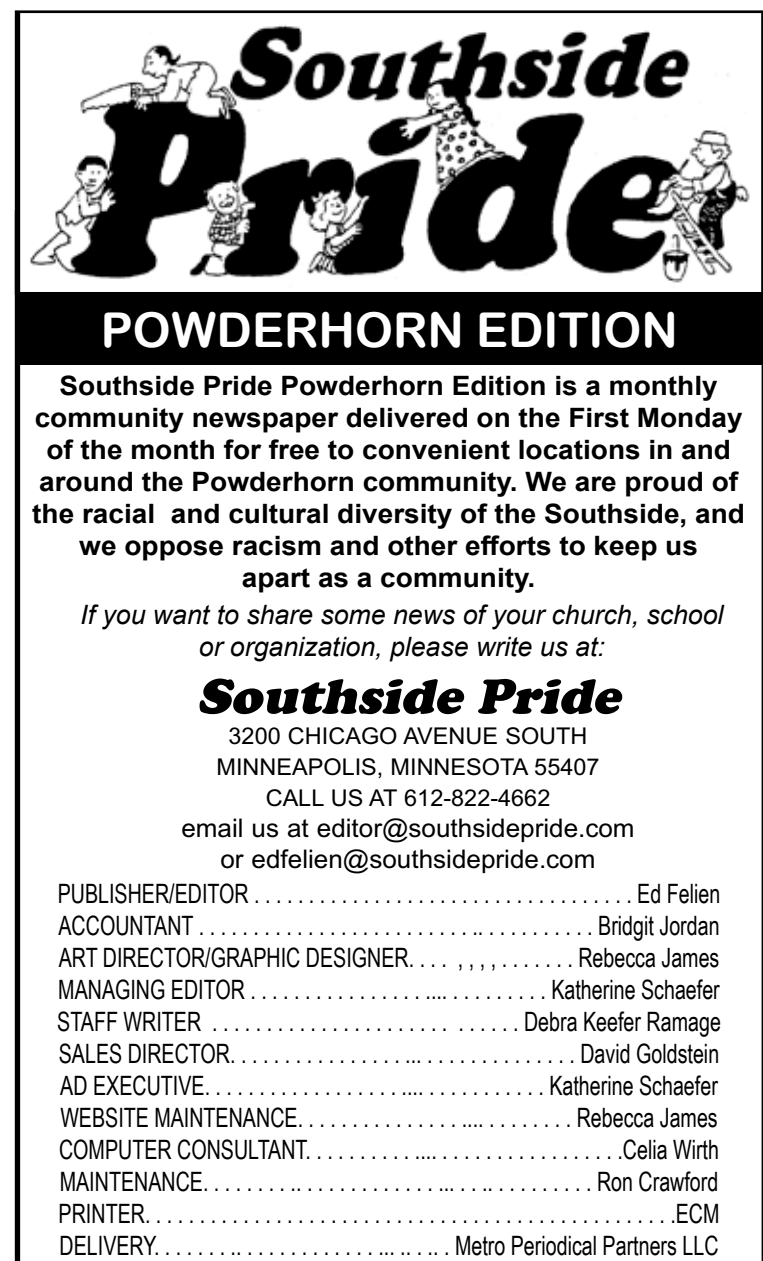


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**POWDERHORN EDITION**

Southside Pride Powderhorn Edition is a monthly community newspaper delivered on the First Monday of the month for free to convenient locations in and around the Powderhorn community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

**Southside Pride**  
3200 CHICAGO AVENUE SOUTH  
MINNEAPOLIS, MINNESOTA 55407  
CALL US AT 612-822-4662  
email us at [editor@southsidepride.com](mailto:editor@southsidepride.com)  
or [edfelien@southsidepride.com](mailto:edfelien@southsidepride.com)

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# • COMMUNITY CALENDAR •

## Southside Pride / POWDERHORN EDITION

Leadership Group. Artists are being sought now to present work at the Off-Kilter Cabaret June 9, 10, 11 and 12 at the Barbara Barker Center for Dance at the University of Minnesota. The space is a fully accessible black box theater with a floor-level stage, and the event includes accessibility accommodations such as sign language interpreting, captioning and audio description, as well as current protocols following CDC and state COVID guidelines such as physically distanced seating, masks, and proof of vaccination, etc. Artists with disabilities are asked to submit proposals by Feb. 14 of a 5- to 10-minute piece they would perform on the theme "Organ Recital." Off-Leash Area co-artistic director Jennifer Ilse says, "We hope to provoke artists to propose risky, unapologetic, and entertaining performances, using their body organs and systems as inspiration." Seven artists or artist groups will be selected. Off-Leash Area is currently accepting applications in any performance discipline, including dance, theater, music, storytelling, spoken

word and performance work. The call for proposals is available on the Off-Leash Area website: [www.offleasharea.org/off-kilter](http://www.offleasharea.org/off-kilter).

### Minnesota Fringe Applications Through mid-February, 2022

The beloved summer celebration of the performing arts, the Minnesota Fringe Festival, is returning in person during 2022. Applications are now open for the 29th Annual Minnesota Fringe Festival and will remain available for artists and producers from across the state and around the world to apply through mid-February. Fringe Festival producers will be chosen through random lottery on Feb. 28, 2022.

The Minnesota Fringe Festival will take place Aug. 4-14, 2022. The lineup will include 595 performances of 119 shows in 11 theater venues grouped in two hubs: Cedar-Riverside and Uptown.

In an effort to expand its reach, fight against injustices, and become a more welcoming and equitable place for everyone to enjoy the performing

arts, Fringe has added a special Equity Lottery to the selection process. BIPOC producers, writers, directors and choreographers are encouraged to apply in this category for the opportunity to be one of the first 10% of Festival participants chosen. Fringe is once again promoting the Touring Artist Initiative to reserve 10% of festival slots specifically for national, international, and Minnesota artists coming from outside the 11-county metro area. For more info or to apply, see <https://minnesotafringe.org/>.

### The Right Here Showcase: 6th Anniversary Season

Feb. 17 – 20 and Feb. 24 – 27

The Tek Box Theater  
Cowles Center  
528 Hennepin Ave. S., Mpls.  
Join us for the 6th Annual Right Here Showcase, the community's only annual juried program to support Minnesota-based, mid-career performing artists who create original performance work. Led by Founding Artistic Producer Paul Herwig, 2008 McKnight Theater Fellow and among 2005 City Pages Artists of the Year, four artists are chosen through an annual public call and a panel review, to be awarded financial commissions plus technical and promotional support to present a new work of contemporary performance especially for the Showcase. This year's Right Here Showcase will run two weekends in February at the Tek Box in the Cowles Center downtown Minneapolis, featuring these four powerhouse performance makers:

- Benjamin Domask-Ruh – physical theater artist
- Jess Forest – dancer, choreographer, and visual artist

- Sam Johnson – performance maker
  - Queen DREA – musician and composer
- Tickets and info: (612) 384-5435, [www.righthereshowcase.weebly.com](http://www.righthereshowcase.weebly.com)

### PUSH Records Presents West Africa Love: In Celebration of Gambia's Independence Day

Friday, Feb. 18  
Doors 6:30 p.m.  
Show 7:30 p.m. to midnight

Southern Theatre  
1420 S. Washington Ave., Mpls.  
West Africa Love: Today is the day we celebrate our African roots in tandem with the West African nation of Gambia's 57th year of independence. We have a tremendous lineup of talented artists who all come from different backgrounds to bring together a show like no other. Join us for a night of celebration, music, and an experience like no other! More info and tickets at <https://www.southerntheater.org/shows/west-africa-love-in-celebration-of-gambias-independence-day>.

### The 2022 Cedar Commissions

Friday, Feb. 18 and Saturday, Feb. 19, 7:30 p.m.  
The Cedar Cultural Center  
416 Cedar Ave. S., Mpls.  
The Cedar Cultural Center presents the eleventh annual Cedar Commissions, on Feb. 18 and 19, 2022, featuring new works by Carlisle Evans Peck, Nyttu Chongo, Maddie Thies, Vie Boheme, Alicia Thao and Kat Parent. Each night, three lead artists will debut their brand-new works on The Cedar stage: Friday, Feb. 18 features Carlisle Evans Peck, Nyttu Chongo and Maddie Thies, and Saturday, Feb. 19 features Vie Boheme, Alicia Thao and Kat Parent.

The Cedar Commissions is a flagship

program for local emerging artists made possible with a grant from the Jerome Foundation. Since the program began in 2011, the Commissions have showcased new work by over 60 Minnesotan emerging composers and musicians, including Dessa, Aby Wolf, Adam Levy, Maria Isa, Joe Horton, Joey Van Phillips, Gao Hong, Dameun Strange and many more. For more info and to purchase tickets, go to <https://www.thecedar.org/cedar-commissions>.

### Minnesota Sinfonia 'Serenade'

Friday, Feb. 18, 7 p.m.  
Metropolitan State University  
Main Auditorium  
700 E. 7th St., St. Paul  
Saturday, Feb. 19, 2 p.m.  
Basilica of Saint Mary  
1600 Hennepin Ave., Mpls.  
The Minnesota Sinfonia's Winter Concert Season continues with "Serenade," a program featuring one of the most popular and important works in the entire Romantic repertoire, Peter Tchaikovsky's "Serenade for Strings." Also on the program will be Claude Debussy's well-known and very popular "Petite Suite," and a new work by Williams Gomes, "Waltz." These performances, like all Sinfonia offerings, are free of admission charges, and children are welcome and their attendance is encouraged! Concert times and locations are: Friday, Feb. 18, 7 p.m. at Metropolitan State University, Main Auditorium, 700 E. 7th St., St. Paul, and Saturday, Feb. 19, 2 p.m. at the Basilica of Saint Mary, 1600 Hennepin Ave., Minneapolis. For complete programs, program notes and other important concert information, including COVID protocols, please visit the Sinfonia website at [www.MnSinfonia.org](http://www.MnSinfonia.org).



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### CSA Delivery Team Member:

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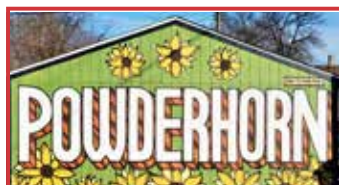
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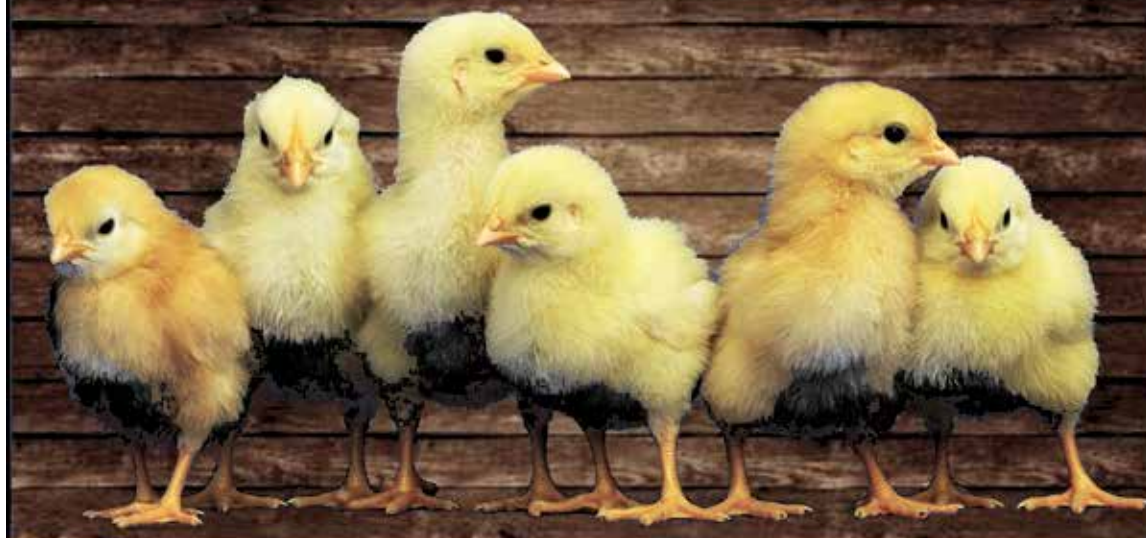
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