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RIVERSIDE **EDITION**

THIRD MONDAY OF THE MONTH

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Cam's Corner



East Phillips Farm dream - still alive

BY CAM GORDON

On March 10, supporters of the East Phillips Urban Farm project were celebrating.

An 8-5 majority of the Minneapolis City Council had just approved a motion by 9th Ward Council Member Jason Chavez which rescinded the 2021 compromise that allowed the city to demolish the Roof Depot building at 1860 E. 28th St.

The motion halted any demolition and construction on the site until the East Phillips neighborhood, and potentially others, could make formal proposals for the reuse of the building.

The East Phillips Neighborhood Institute (EPNI) called it "historic action to review formal proposals for the Roof Depot Building," adding that "this victory signals that Minneapolis is prepared to begin to undo decades of harm it has caused to neighborhoods like East Phillips."

But the celebration didn't last long.

On March 11, Mayor Frey vetoed the Chavez the council failed to get the nine votes required to override it, on a 7-6 vote.

"I'm disappointed in this veto and feel for my community that it contin-

See Cam, page 14



Understanding the strategic and political importance of Mariupol

BY ED FELIEN

Mariupol was a thriving northern port on the Black pol. Sea. Actually, the Ukrai-

insula reaching out from sistance of the Ukrainians the Ukrainian side just a could be the work of Nazis. little southwest of Mariu- "Nazis? Led by a Jewish

The Russians need to go The resistance in Mariu-

president? Impossible!"

nians call that part of the through Mariupol if they pol is being led by the local Black Sea the Azov Sea be- want to connect Crimea unit of the Ukraine Nationcause it's almost closed off by land with the rest of al Guard. They call themfrom the rest of the Black Russia. They claim they selves the Azov Brigade. Sea by a peninsula reach- are de-Nazifying Ukraine. They have been fighting ing out from the Russian That claim rings false. No Russians around Mariupol side trying to reach a pen- one believes the heroic re- since 2014 when Putin took

See Mariupol, page 12

Ukrainian heartbeat in Northeast **Minneapolis**

BY LYDIA HOWELL

The Ukrainian language demeaned as a dialect, "Little Russian," or censored; a beloved folk musical instrument suppressed; prison or death for poets, artists and dissidents since the 1860s - all these things have been done to maintain Russian domination of Ukraine. Whether under czars or Soviets, from Catherine the Great to Vladimir Putin, Russia claims Ukraine for itself, always suspicious of any assertion of an independent Ukrainian identity.

Since the 1880s, Ukrainians have come to Northeast Minneapolis, often in the aftermath of

"For us, the Ukrainian church is not only a religious center, it's also a cultural and community center," says Jackie Pawluk, Cultural Chair of St. Michael's Ukrainian Orthodox Church board. Outside, the church is plain brown brick, crowned with



In the late 1940s, Anna and Wasyl Kramarczuk traveled from their beloved Ukraine to the U.S. in hopes of achieving the American dream and, after years of hard work, founded Kramarczuk's.

a dome. Inside, the ornate architecture houses golden saints. Pawluk's grandparents were among the founding generation of the church in 1925. "It's our home where we socialize with many activities. After World War II, our cultural heritage was under threat due to Soviet occupation. Immigrants here really try to preserve the heritage and culture."

See *Heartbeat*, page 12





The mental and emotional stages of environmentalism

BY DEBRA KEEFER RAMAGE

Chances are, if you know 10 people who consider themselves ing that. I was doing it, too. environmentalistssome ecofeminist, environmental anarchist, left-wing prepper) you ferent approaches to their activism, and often different "takes" on what informs their beliefs, what matters the most, or how to reach others about environthese differences are just a matter of different personalities, backgrounds or strengths.

es along essentially the same path. At first, I noticed that among people I've known for some time, their environmental position would move closer to that of someone else I knew, but that they didn't know. Meanwhile that other person had also

moved on to new perspectives.

And then I noticed it wasn't just people I knew who were do-

Based primarily on my own version thereof (ecosocialist, journey of environmental consciousness, but checking it against that of others, I began to will notice that they all have dif- sort out the logic behind these stages. Some people may skip a stage, or spend so long in one stage that you wonder if they'll ever get out of it. Not everyone takes the stages in the same ormental concerns. I don't think der either, so the numbering below can be considered random, rather than sequential.

I'm not claiming this is scien-I think they're different stag- tific or universal, but it seems widespread. So take these stage identifiers with a grain of salt. Take on what seems right, ignore the rest. Or as the Grateful Dead say, "Believe it if you need it."

- Stage 1 Gathering Knowl-
- Stage 2 Thinking about Per-



sonal Solutions (Embracing)

- Stage 3 Thinking about Systemic Solutions (Critiquing/ Resistance)
- Stage 4 Activism for a Global Program (e.g., The Green New Deal)

- Stage 5 Panic (sometimes Depression or Nihilism)
- Stage 6a Prepping and/or Fantasies with Optimism
- Stage 6b Prepping and/or Fantasies with Pessimism
- Stage 7 Learning and Practicing the Four "R"s

If you have an eye for patterns, you'll notice two things. The first is that stages 1 and 7 seem neutral, while the other six comprise three positive-negative pairs: embracing/resisting, acting/paralyzing with fear, optimism/pessimism. The second thing is that the list may remind you vaguely of some other list. What is it?

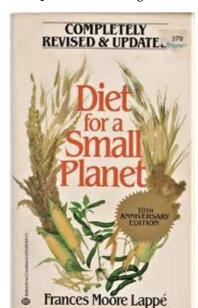
Spoilers, darling. It's the Kübler-Ross (modified) stages of

Another caveat. Remember how I said I based this list on my own journey? Well, I have no way of knowing if my Stage 7 is really the end of the journey, or just the stage I've reached so far. Because it's difficult to recognize a stage you haven't arrived at yet.

Here's a brief explanation of each stage, along with some resources (mostly books) if you feel like you're in that stage and want to understand it better.

Stage 1 - Gathering Knowledge

For those who are Boomers and older, we probably started gathering knowledge in the late 1960s. I was in high school



then and started college in 1970. Sometime between 1970 and 1976 is when I first woke up to the impending doom of pollution, species extinction, the evils of modern agriculture, and early



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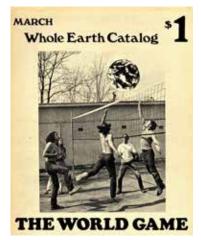




Chard Your Yard

theories of climate change.

time when the available literature was more advanced, and the problem more readily apparent. If you're quite young, climate catastrophe and the impending great extinction were the murky aquarium water into which you were hatched.



In either case you might want to go back and read some of the early texts. "Diet for A Small Planet" (1971) by Frances Moore Lappe was the one that really grabbed me, while many friends cut their environmentalist teeth on Rachel Carson's "Silent Spring" (1962). Similarly, I was entranced by Euell Gibbons' "Stalking the Wild Asparagus" (1962), while others fondly remember "A Sand County Almanac" (1949) by Aldo Leopold. Then there was "The Whole Earth Catalog" (1970), which is more of a Stage 6a kind of text. And Bill McKibben's book "The End of Nature" (1989) has stood the test of time.

These early texts give a philosophical grounding for environmentalist ideas, or explore the early warning signs, things that are history now. More recent books in the Stage 1 category re-

flect how environmental science If you're a Gen X-er (or a and policy have matured in the younger Boomer than I), you 60 years since Gibbons stalked probably became aware at a his asparagus. One such is Vandana Shiva's "Water Wars: Privatization, Pollution and Profit," a text that will work for either Stage 1 or Stage 3.

> If you're on the negative side, and flip between Stages 1 and 3, or even better, Stages 1 and 5, Eric Klinenberg's "Heat Wave: A Social Autopsy of Disaster in Chicago" (2015) will get your blood boiling. Or try Spike Lee's 2006 documentary, "When the Levees Broke," for a similar effect.

Stage 2 - Thinking about **Personal Solutions** (Embracing)

Many people stay in this phase of environmentalism. It's a good gig if you can do it; at the least, it will save you from a lot of stress and possibly even mental illness. No judgment from me, as long as they don't judge people in other stages.

This stage also has the best books, although Stage 3 has the best movies. (Actually, Stage 3 has all the movies.) Some good Stage 2 books include "How to Give Up Plastic" (2019) by Will McCallum, or one of the huge proliferation of books on "zero waste living" (search that term on bookshop.org).

Stage 3 - Thinking about **Systemic Solutions** (Critiquing/Resisting)

People enter this stage through a variety of doors, often by way of an introduction to socialism, of one kind or another. You realize that individual efforts alone cannot make a dent in a system (capitalism) that is based on using up resources, with no Plan B for when they're gone.

Sadly, many people stop taking individual actions, as if this realization has taken them off the hook personally. Although it may involve some flipping between Stage 2 and Stage 3 at first, the full reality check is when you realize it will take both personal changes and systemic change, at the very least.

The most influential Stage

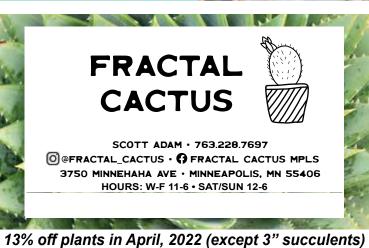
3 book is Naomi Klein's "This Changes Everything: Capitalism vs. the Climate" (2015).

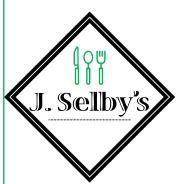
Stage 4 - Activism for a Global Program

This stage reflects a positive effort to integrate systemic change into personal change. Two good books on global program ideas struggling to find traction in various legislatures are Jeremy Rifkin's "The Green New Deal: Why the Fossil Fuel Civilization Will Collapse by 2028, and the

See Earth Day, page 4







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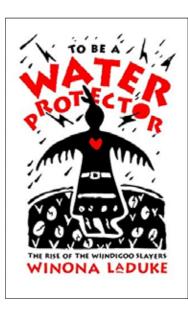
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Earth Day, from page 3

Bold Economic Plan to Save Life on Earth" (2019), and "Red Deal: Indigenous Action to Save Our Earth" (2021) by Red Nation.



Stage 5 - Panic

I have been in this stage, but only briefly. I can't hang out there, and I would worry about

anyone who could. Most people pass through this stage and one of the Stage 6s, even if quickly, to get to Stage 7.

There are plenty of books related to this stage. If you just want to get it over with, any nonfiction book about societal collapse should do it, and also most works of dystopian science fiction. For societal collapse, a good one is "The Great Leveler: Violence and the History of Inequality from the Stone Age to the Twenty-First Century" (2016) by Walter Scheidel. It shows scientifically what you suspect in Stages 3 and 4 about the inevitable unsustainability of capitalism and other systems based on growth in consumption. A good science fiction book for this stage, not totally dystopian (some would even say a bit naively optimistic) but with a properly terrifying opening, is Kim Stanley Robinson's "The Ministry for the Future" (2020).

Stage 6 - Prepping and/or **Fantasies**

Like Stage 5, this is a good

stage to skip if you can. That said, I confess I hung out here for nearly a decade. I didn't really do any effective prepping, but merely fantasized about prepping. (If you're unfamiliar with the term, "prepping" refers to what used to be called emergency preparedness, with an emphasis on impending catastrophic system collapse with a distinct military flavor. Right-wingers seem more amenable to this outlook, but there are also left-wing preppers.)

I don't have specific books to recommend, but a search will turn up plenty. This stage comes in two modes - optimistic and pessimistic, influenced by your own personality and circumstances. Some people have both versions at different times.

Stage 7 - Learning and Practicing the Four "R"s

I entered this stage when I read "Deep Adaptation," a widely circulated quasi-academic paper by Prof. Jem Bendell. In 2021, Bendell expanded his paper into a book, "Deep Adaptation: Navigating the Realities of Climate

A worldwide movement has grown up around Bendell's idea of the Four "R"s, as defined in his book. Recently, I participated in a week-long virtual global convention of people interested in the Deep Adaptation Movement.

The Four "R"s -



Rachel Carson

- value that we want to keep, and
- Relinquishment: what do we need to let go of so as not to make matters worse?
- Restoration: what could we bring back to help us with these difficult times?
- · Reconciliation: with what and whom shall we make peace as we awaken to our mutual mortality?

The Four "R"s show how the stages of environmental activ-

• Resilience: what do we most ism are closely aligned with the stages of grief, because grief is the inevitable and reasonable reaction to current reality - how bad it's getting, how slow the progress toward remedy, how uncertain our chances of averting disaster.

Here's a list from Bookshop. org of some Earth Day-themed books - bookshop.org/lists/ april-is-earth-month. Link Bookshop.org to your preferred independent bookstore to give them a share of the profit from your

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BY DEBRA KEEFER RAMAGE

Closings in food and drink

From Racket.com and other sources we learned that Tin Whiskers, one of the original artisanal Food-related happenings at Minnesota breweries, is closing this year. Buy up their inventory while you still can, if you're a fan.

From Mpls.St.Paul Magazine, we learn that 35-year Dinkytown other southeast Asian restaurants into an actual lab and training still proliferate, but sadly (to me) Vietnamese ones become ever harder to find.

Openings in food and drink

But maybe I'm just looking in the wrong place. Que Viet is a family-run restaurant in Northfor its State Fair egg roll stand. A daughter and daughter-in-law of

their social media to check out their new lunch offerings, which will include a mix of their popular brunch and dinner fare as well as some all-new menu items.

Midtown Global Market

The Indigenous Food Lab is surrounded by boards and appears to be a hive of construction-related veteran Camdi is closing. Thai and activity as it is being transformed center. Look for a grand re-opening later in the spring.

A similar project is underway that is projected to be completed near the end of this year. A project of the Cultural Wellness Center, one of the nonprofit "owners" of Midtown Global Market, Culinary Heritage will be a culinary center east Minneapolis that's renowned focusing on ancient grains of Africa. They will have demonstrations and cooking classes featuring



Bradley Taylor and his Donut Trap vending machine outside Can Can Wonderland in St.

these healthful grains, and also do regular food delivery to elderly people, especially those of African heritage.

And an \$800,000 project is just starting to install a "beauty hub" in the Market, where in addition to threading, now available at Leila's Brow Art, patrons will be able to get haircuts, pedicures and other health and beauty treatments. How is this food-related? It's hoped that the extra foot traffic and income for the market will help save the sometimes-precarious current food vendors from going under, or the market as a whole from becoming unsustain-

Square donuts! How did I miss

A young entrepreneur named Bradley Taylor has been making waves for several years with his square donuts and his food truck to vend them. The existing business was called Sssdude-Nutz, and during the pandemic, mostly focused on selling at farmers' mar-

Now Taylor has a new gig, called the Donut Trap. He's still selling square donuts, with "sexy" and innovative flavors and names, but now they are available from a high-tech vending machine. Just the first of many to come, the vending machine now sits in a hallway just outside of Can Can Wonderland, 755 Prior Ave., St.

Farmers' market (for real) season starts next month

Farmers' markets do continue through the winter, some indoors, some outdoors. But the "real" farmers' market season is late spring through late fall, and is a vital part of spring and sum-



A delicious Po' Boy from Sea **Salt Eatery**

mer in my book. Midtown Farmers Market, my own "home" market, debuts Saturday, May 7, at a new parklet located at 2225 E. Lake St. Ready-to-eat food and coffee vendors will include Kabomelette, Krishna's Delight, Curioso Coffee, RISE and Stepwise Coffee.

St. Paul's season will get a slight jump on us, with a kickoff date of April 23, 2022.

Other south Minneapolis markets include the threesome run by the nonprofit Neighborhood Roots Kingfield (Nicollet Avenue), Fulton (Chowen Avenue) and Nokomis (Chicago Avenue). Nokomis Farmers Market will be on hiatus

See The Dish, page 6



The scene at Asa's Bakery when they opened in their new location

the family will open a small extra location in a former used bookstore space in St. Paul. It will be called Em Que Viet (Em is Vietnamese for little sister). No date was given.

Centro, a taqueria in Northeast Minneapolis, will open an expansion in the former Wedge Table space on Eat Street (24th and

Provision Community Restaurant, a communal seating, pay what-you-can cafe that's a sort of mash-up of a soup kitchen and a fancy restaurant, is re-opening "sometime in the spring of 2022" according to a late March article in the Eater Twin Cities.

J. Selby's, the excellent plantbased casual food diner on Selby Avenue in St. Paul, will have already re-opened its indoor dining room by the time you read this.

Asa's Bakery in their new location of 5011 34th Ave. S. is also already - finally - open. They were razzed by some bright spark on Twitter for only being open "nine hours per week" or something like that, but give them a break, they are ramping up hours gradually. In fact, as of the end of March, open hours are 7 a.m. to 2 p.m. Thursday and Friday and 8 a.m. to 2 p.m. Saturday and Sunday (although they close early if sold out, which does happen).

Sea Salt Eatery has announced April 15 as their 2022 season open

Another bit of good news is that Reverie, with its entirely plantbased, made-from-scratch menu, will now also be open for lunch Monday through Friday from 11 a.m. to 4 p.m., beginning April 25. Watch their website or follow



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Abortion: Mexico/U.S.

BY JOHNNY HAZARD

year of a series of anti-abortion laws in Texas, there are signs that the opposite tendency is shaping up in Mexico. The Supreme Court there has issued various decisions liberalizing abortion laws in recent years but last September came the most wide-ranging one: in a challenge to the law of the northern border state of Coabuila the court struck down Article 358 of the penal code which

One to three years of prison and a fine shall be applied:

To the woman who obtains an abortion or to the person who causes her to abort with her consent.

If the woman acted under grave circumstances, from three days to six months of prison and a fine will be applied. The following constitute grave circumstances:

I. When there exists a reasonable fear of serious genetic or congenital alterations of the fetus.

II. When the pregnancy is the result of rape, and the abortion is practiced more than 90 days after conception.

Most Mexican states had or have this provision that literally incarcerates the woman who has aborted. Tamaulipas, which borders on the part of Texas that stretches from Laredo to Browns-

-month to one-year penalty and In the wake of the passage last there is no movement in its legislature to change this, though the Supreme Court ruling regarding Coahuila is binding on all of the states. Of the six northern border states, only Coahuila and Baja California have changed the law. A proposal in Chihuahua was introduced on March 9 after nearby Sinaloa voted down its abortion restrictions the day before, on International Women's Day.

Women's groups like Las Libres have detected around 200 women jailed this year for having aborted. Verónica Cruz, director of Las Libres, explains that it is difficult to count how many people are incarcerated for this because most are jailed for other charges - murder of a family member, infanticide, etc. - and in many of these cases the abortion was spontaneous (i.e., miscarriage), not intentional. The Comisión Nacional para Prevenir y Erradicar la Violencia contra las Mujeres (Conavim), on the other hand, identifies 432 cases initiated this year in 27 states and asks that these cases be reviewed and the charges dropped.

These legal attacks against women increased during the recent presidential periods of Vicente Fox, Felipe Calderón and Enrique Peña Nieto, all of whom have strong ties to the Catholic hierarchy. Peña Nieto, when asked on the campaign trail in 2006 if he knew what a kilo of tortillas cost, replied: "No. I'm

ville and the Gulf, has a six not the lady of the house." He is various clubs. widely believed to have killed his first wife a few years before that election and was last seen living in Spain, hoping to avoid prosecution for any of many possible

> Of the 32 states and federal entities, Mexico City decriminalized the interruption of pregnancy and made it free in 2008 and six states have followed with the elimination of penalties, though not with the free service: Baia California, Sinaloa, Oaxaca, Hidalgo, Veracruz and Coahuila. Sonora, which sits between Baja California and Chihuahua and south of Arizona, and Nuevo León, where Monterrey is the capital, have small but viable women's movements but no legislative action on this front.

> Many border cities have a robust "health tourism" industry. which may mean the sale of prescription-only or controlled substances or may mean the offering of legitimate and high-quality services, as is the case in Los Algodones, Baja California, across the border from Yuma, Arizona, for dentistry and Nuevo Progreso, Tamaulipas, across from the Rio Grande Valley in Texas, for general services for retired travelers from the U.S. These two cities are relatively free of the violence of cities like Nuevo Laredo. Ciudad Acuña, across from the west Texas town of Del Río, is a place where some health tourism exists and where a lot of wellknown Texas musicians play in

So it would be logical for a series of offerings to develop for U.S. women, and especially Texas women, to interrupt pregnancy. The state of Chihuahua has a very robust women's movement dating at least to the beginning of this century when the phenomenon of the murder of women in and around Ciudad Juárez became well known. And in the two biggest cities, Juárez and Chihuahua, there are already people coordinating with others on the Texas side for the exchange of abortion services, as this article from the newspaper El Paso Matters explains: https://elpasomatters. org/2021/12/28/how-an-fda-ruling-does-and-doesnt-affect-elpasoans-legal-abortion-options/.

In the years prior to the enactment of the new Texas laws, women have traveled from one country to the other, depending on where access was better at a given time. This often meant Mexican women - the few who could get visas, anyway - crossing to El Paso for medical services. It also is increasingly common for U.S. and Mexican residents to buy misoprostol - one of the ingredients of RU 486 - in Mexico. Opinions among activists and women's health experts differ about the safety and efficacy of this procedure, but guidance is available. This site, https://www. ipas.org/our-work/abortion-selfcare/abortion-with-pills/how-tobuy-abortion-pills-that-are-safeand-effective/, explains prices

and the difference between mifepristone and misoprostol, which costs 480 pesos (about \$22) for a box of 20 at discount pharmacies in Mexico. A person needs 12 pills to expel a fetus of less than twelve weeks' gestation.

Los Algodones may become a good site for Arizonans looking to get around that state's restrictive abortion laws; the other two U.S. border states, New Mexico and California, have more liberal laws but some residents may be looking to Mexico to get misoprostol or medical services at a much lower cost.

Countries in Latin America and the Caribbean that have legalized abortion:

Cuba Guyana 1995 Mexico 2008

(in Mexico City only) 2012 Uruguay

2020 Argentina Colombia and 2022 parts of Mexico

Countries in the region that allow no exceptions, including in cases of rape or danger to the mother's

Nicaragua Honduras El Salvador Dominican Republic Haiti

The Dish, from page 5

for all of 2022. The other two are expected to announce opening dates soon.

Another great market is the Four Sisters Farmers Market on Franklin Avenue, a project of Native American Community Development Inc. (NACDI). This small

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produce of another Native American project, Dream of Wild Health, a youth program that operates a farm outside the Twin Cities for Native American kids. They sell truly awesome products that you can't get at other markets. (Dream of Wild Health is also a sometimes-vendor at the Midtown

market is a major outlet for the Farmers Market.) NACDI has not announced an opening day for this year's market yet. The main market for the city of

Minneapolis is the municipal market in the "Lyndale sheds" in near North. They shift to summer hours in May. They operate a market on Nicollet Mall downtown also, but no opening date for that has been announced yet.

Seward Co-op at 50

Sometime in the past couple of months (no one can remember the exact date) the Seward Co-op turned 50 years old. They are therefore just celebrating their birthday all year. So the CSA (Community Supported Agriculture) Fair, which is always a joyful event, has extra celebratory power this year. It will also be the 21st CSA Fair for Seward, which adds to the symbolic significance of the



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in-person fair, held on Saturday, April 23 from 11 a.m. to 2 p.m. in the Seward Co-op Creamery parking lot at 2601 E. Franklin Ave. If you can't make it, browse our CSA Farm Guide (seward.coop/csa_ fair) for a virtual fair experience!"

The search for affordable sushi

I love sushi. My daughter loves sushi. My granddaughter loves sushi the most. We are all always on the lookout for excellent, affordable sushi. The last time I had sushi at a grocery store (I'm not going to say which one because they should have known better) I was incredibly disappointed that I spent almost as much as one would in a sushi bar, but the tuna in this bog-standard Spicy Tuna Roll was so miniscule that it was almost not there

Someday, I may splash out and et a sampling of the same sushi from my several top sushi suppli- the market to see what else was ers, including some fancy restaurants, some fast-food places, and a few grocery or convenience stores, and do a head-to-head tasting. But I haven't done that yet, so I only have a vague and unscientific idea of my own "best sushi" and "best for the money sushi."

I have had decent sushi at Masu, Bagu, Sushi Train and Soberfish, so they would be in the running. I have been to Kyatchi, but I had something else there. I know there are several strong contenders in Minneapolis that I just haven't gone to yet.

Mini-review - a brief day out at

"This year is the return of our the Midtown Global Market

I had a brief trip to the Midtown Global Market (MGM) in early March and I was craving sushi. The previous week I had tried, in a state of near desperation, to order sushi delivered from Intown Sushi in the MGM and my order had been in for over half an hour when Bite Squad called me to tell me that Intown Sushi was closed and they couldn't do the delivery.

They didn't specify whether they were just closed for the day, maybe due to a staff shortage, or a failure to update their hours on the website, or closed for good, so part of my mission in going there was to find out. Thankfully, it was not closed. I had a very nice Tuna-cado Roll (eight pieces) for a very reasonable price. I have also had their Tuna Poke and their Seaweed Salad side dish in the past, all highly recommended.

Then my friend and I cruised up. I also wanted to stop by The Kitchen by Baked Brand, to check out their drinks and juices. (I can't eat two meals back-to-back, so I'll have to revisit them to check out their main dishes.) I got a Banana Cream Pie Bowl to go. This was a little less successful for me. But it would definitely appeal to anyone who loved the original on which it is based, the southern U.S. standard banana cream pie. It had that nostalgic whiff of ripe bananas and Nilla Wafers. There is something vaguely unworldly about the sweet creations of Baked Brand. More investigation is warranted here as well.

April 2022

Celebrate Spring on Lake Street

Spring on Lake Street

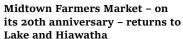
BY DEBRA KEEFER RAMAGE

So many changes, so few column

What a year this has been for

right at the start, there is no way we can cover everything new and different since April 2021 along South Minneapolis's most vital street. It's just too much. We'll mostly concentrate on the sites between the Lake Street! I have to warn you crossing with Chicago Avenue on

the west and the business hub from Minnehaha Avenue to the East Lake Library on the east. And even then, apologies if we neglected to mention your business or your favorite



Because it's the biggest story, we have to start geographically in the middle. As it celebrates its 40th vear, the Midtown Farmers Market (MFM) is moving back "home." We spoke recently with Keeya Allen, the manager of MFM, about the coming changes.

The 2019, 2020 and 2021 seasons of the market saw it taking place in the lot to the north of the building that houses Moon Palace Books, Geek Love Cafe and Arbeiter Brewing on the block of Minnehaha Avenue just south of Lake. The latter two of those years were further

See Lake Street, page 8



Bryan Tyner, the second Black fire chief in Minneapolis, presides at the Cheatham Avenue naming ceremony on March 17, 2022. Ward 12 Council Member Andrew Johnson looks on.







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Poster for MayDay 2022 kickoff celebration



Lake Street, from page 7

disrupted by the pandemic, although being an outdoor source of vital food, farmers' markets thrived (relatively) during that time. But also, this location, more than any other, even on Lake Street, was impacted by the George Floyd uprising, as the police precinct building just yards away was burned to the ground in late May

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porarily became a mutual aid food distribution site during the ensuing

Now the market will be back to more or less where it was, at 2225 E. Lake St. In the interim, new housing and the Hennepin County South Minneapolis Human Service Center were built in the area, and along with them, a dedicated green space des-

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of 2020, and the market site tem- tined to be the permanent home of the MFM. This space, which also includes benches, walkways and a new playground, is managed by the Minneapolis Park and Recreation Board.

> The market's grand re-opening will be May 7, 2022. The hours and days for the 2022 season are Saturdays, May 7 through Oct. 29, from 8 a.m. to 1 p.m., and Tuesdays, June 7 through Oct. 25, from 3 p.m. to 7 p.m. (6 p.m. in October. The market will also be closed Tuesday, July 5.)

> What will the market be like in its new/old location? Better, but not that different. Many of the same longtime produce, meat, dairy and plant vendors will be back. Food trucks and vendors of ready-to-eat food will include the old favorites, Kabomelette and Krishna's Delight. Decisions about live music are still pending, but now the MFM has a resident DJ.

> Baked goods will be provided by Blue Ox and Winter Goddess Foods. Coffee and other drinks will be provided by Curioso, RISE and Stepwise coffee companies. Parking on surrounding streets will be plentiful, or you can take a bus or LRT. Secure



A public ceremony by In the Heart of the Beast from several years ago

bike parking is also provided, along with comfortable places to relax between shopping bouts and watch your kids play at the playground. If you can make it on opening day, it's sure to be celebratory, and also dominated by starter plants for your garden just when you need them.

Developments around the Lake and Minnehaha hub

relocating going on around the Lake

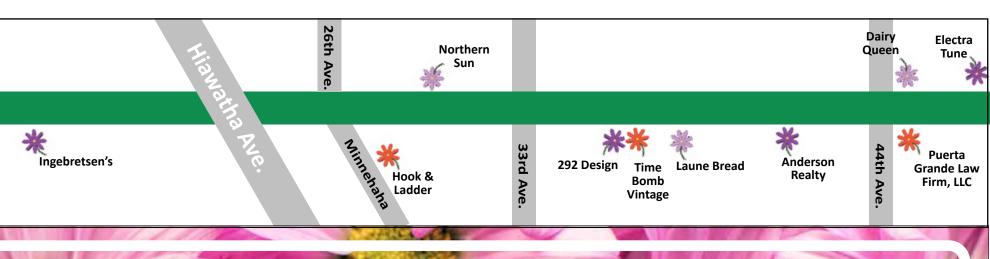
Street section from Minnehaha Avenue to 31st Avenue. This was one of the most damaged areas in the civil unrest accompanying the George Floyd Uprising, with many entire buildings destroyed, and even the library heavily vandalized.

Speaking of the library, Hennepin County libraries are finally back to being completely open as before the pandemic, with all services, including computer usage and meeting There is a lot of rebuilding and rooms, restored. I can't wait to have a boring old meeting in one of the li-









gon Lake Street

brary system's lovely rent-free meeting spaces. The one at the East Lake Library is especially nice on a sunny but cool day, as it's in a large room right on Lake Street that is glasswalled and mostly windows.

The site of the U.S. Bank branch (2800 E. Lake St.) that was heavily damaged was donated in 2021 to the community organization Seward Redesign. Along with the POC-owned architectural firm of 4RM+ULA, Seward Redesign will redevelop the site as a combination of office space for various nonprofits, affordable housing and other community-enriching programs.

Another great development in this area is the recent renaming of the former Dight Avenue. This avenue was named for a famous (or, more accurately, infamous) Minneapolis doctor, University of Minnesota professor and city alderman. Additionally, he was the founder of a eugenics society, author of a forced sterilization law in force in Minnesota for decades, and a person who wrote fan mail to Adolf Hitler.

The roadway is now called Cheatham Avenue, after Minneapolis fire chief Capt. John Cheatham. Cheatham was born in slavery in 1855, and his newly-free family migrated to Minneapolis from Missouri when he was a boy. He was appointed to the fire service in 1888, and achieved the rank of captain in 1899. He owned a home and raised a family in Minneapolis, and from 1907 until his retirement was chief of an all-African-American auxiliary fire house at 45th Street and Hiawatha. He died in 1918 from a chronic disease. There was not another Black fire chief in Minneapolis until Bryan Tyner, who presided over the renaming ceremony, was appointed in the 1990s.

Be sure and check back with Southside Pride in May for the Spring on Minnehaha Avenue article where we will cover more of the rebuilding and other new sites of interest in the Lake and Minnehaha area.

Developments around the Lake and Bloomington hub

Although it appears quiet, with shows few and far between and staff greatly reduced and working remotely, In the Heart of the Beast is still alive within the Avalon Theater on the corner of 15th Avenue and East Lake Street. Check out their website at hobt.org to see who is on the board of directors, and who the current directors and staff are, and what upcoming events might be. There have been very intentional, very big changes all through the organization in the past two years.

Is there going to be a MayDay Parade and Celebration in Powderhorn

See Lake Street, page 10



Portrait of Capt. John Cheatham, first Black fire chief in Minneapolis, namesake of Cheatham Avenue







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Lake Street, from page 9

Park this year? Well, no, but there is going to be a MayDay celebration this year. However, it's without a parade and not confined to the park. MayDay has been re-envisioned:

"This May HOBT and our MayDay Council is partnering with three local organizations to bring you this MayDay Season, multiple celebrations throughout the month of May. We cannot wait to welcome you to these celebrations!"

MayDay Season 2022 is led by Roosevelt High School, MIGIZI (a Native-American-led youth and communications nonprofit) and Kalpulli KetzalCoatlicue (a local Aztec-style dance troupe). Additional work on MayDay Season 2022 is from the Minnesota Immigrant Rights Coalition (MIRAC) and the youth of El Colegio, a nonprofit charter high school. The May 1 celebration will take place at the Four Directions Family Center (in the parking lot) at 1527 E. Lake St.

Developments around the Lake and Chicago hub

Although we will cover Midtown Global Market (MGM) more thoroughly in the piece dedicated to them in October, we should mention a few developments there. One is that the longtime market manag-



Opening Day poster for Midtown Farmers Market

the last we heard has not been replaced yet.

down considerably at MGM, mainly because the Allina Commons staff, vice Shipt (shipt.com). which traditionally made up a big part of their customer base, is still events, which are back in a big way largely working remotely. So please do support your favorite MGM vendors. Many of the food vendors have delivery options through such platforms as Bite Squad or GrubHub. live music acts every Saturday from You can get food delivered from noon to 2 p.m.

er resigned over a month ago and the excellent small grocery store, the Produce Exchange, by Mercato (sign up at mercato.com). Some Foot traffic and sales are still other small merchants offer delivery through the Target-owned ser-

And don't forget, the MGM has now that the omicron wave is on the retreat and social distancing rules are relaxing. Some are recurring, like Saturday Sounds, a rotation of

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Swamp Creatures rise from the dead

BY ED FELIEN

Last year was a painful and exhausting struggle. After months of arguing, the Minneapolis Park new Park Board wants to re-visit that decision:

the reconsideration of Resolution 2021-249 related to the Hiawatha Golf Course Area Master Plan and directs staff to that she will have restored organize a Public Hearing before the Planning Committee of ha Creek, and all it would cost the Board of Commissioners on April 20, 2022."

I wrote to the Board:

feet lower then, than it is now. On dry days in August, you could walk through the storm tunnel off the Second Fairway all Fourth of July we threw chertunnel, and it sounded like cannon fire.

(according to the story believed in South Minneapolis) Vice President Humphrey wanted to please his boss, LBJ, with the sight of a full-flowing Minnehaha Falls-even though the creek was low at that time of year So, he got the U.S. Army Corps the dam/weir at 27th Avenue to guarantee a good supply of water for the president's visit. LBJ never came to see the Falls, and we're stuck with the unintended consequences.

\$43 million to restore Lake Hiawatha to its natural state. All Falls to the Mississippi River. that's really needed is for the Actually, it would be much high-Board to ask President Meg Forney to make three phone calls. She should call Senator Tina's office (I think they're neighbors) and ask her to tell the U.S. could probably eliminate pump-Army Corps of Engineers to take ing altogether. back their dam/weir. They built should remove it.

"Second, she should call Gov. lie Zelle, the chair of the Metropolitan Council, to prop up the interceptor sewer pipe that is holding back nearly five feet of water because we want to restore Minnehaha Creek to its original channel and stop the flooding, so we're going to run the property." the creek under the pipe. We want the Metropolitan Council to build a bridge to support the interceptor sanitary pipe, and build a footbridge on top of it to make it useful and decorative.

stopped and the water level of the lake has gone down 4.5 to Just when you thought you 5 feet, the lake is going to be were safe on dry land, the very shallow with piles of sand. Swamp Creatures rise from the That sand is the sand the City of dead and take you back into the Minneapolis has spread on the streets every winter for the past 80 years. It has found its way through storm gutters from 31st Street to 43rd Street, from Chi-Board voted 5-4 to not flood the cago Avenue over to 26th Ave-Hiawatha Golf Course. Now, a nue. So, for her third call, President Meg should call Mayor Frey and ask him to come and get his "RESOLVED, That the Board sand out of our lake. The city of Commissioners authorizes should pay to dredge the sand from the lake. They put it there. They're responsible for it.

"If President Meg does all Lake Hiawatha and Minnehathe Park Board is three phone calls. (Don't worry that the Falls would lose its glamor. There's "I grew up a block from Lake another dam/weir at 34th Ave-Hiawatha. The lake was five nue that holds back enough water to guarantee a full flow even in the dry months of July and August.)

"Before undertaking a mathe way to 31st Street. On the jor expense and a huge project, wouldn't it be prudent and ry bombs into the mouth of the smart to first make three phone

In 2020 the Park Board staff "That changed in 1964 when estimated The Plan would cost \$43 million-possibly minus 25% or plus 50%—so, the total could be \$32 million to \$64 million. Realistically, the high end could go as high as \$80 million.

If they got rid of the dam/ weir at 27th Avenue and the and there wasn't much water. metropolitan sanitary interceptor, they could lower the water of Engineers to back it up with level of Lake Hiawatha by 4.5 to

The area of Lake Hiawatha is 53.5 acres. If we lowered the lake by 4.5 feet, that would mean eliminating 10,487,070 cubic feet of water, or 78,448,731 gal-"It wouldn't need to cost lons—almost 80 million gallons of water would be sent over the er than 80 million gallons of water. It would drain the surface water table that has been flooding neighborhood basements. It

it. It's flooding the area. They million you can turn it into a swamp?

Walz and ask him to direct Char- architect of The Plan, said in a memo to board members, "While they stress the need for retaining 18 holes on a historic pits neighbors against each othbasis, they have offered no alternatives to the ground water pumping issues that underline the need for a new direction on

In 2015, Barr Engineering was hired by the Park Board to study flooding and Minnehaha Creek. They concluded that removing the dam/weir at 27th Avenue could lower the water level of "Third, after the flooding has Lake Hiawatha by one to two



feet, which would in turn lower the groundwater elevation beneath the course considerably. [They didn't consider the creek running under the interceptor pipe that could lower the water level another 3.5 to 4 feet.] Section 10.4 (page 46) of the Feb. 28, 2017, Barr Report concludes: "The pumping of surface groundwater from the golf course to Lake Hiawatha was not impacting the deep groundwater aquifers in the region, but rather, just recirculating the surface groundwater in flows from the golf course ponds to Lake Hiawatha and back. Although energy intensive, the existing pumping is likely having minimal ecological impact." A former hydrogeologist at Barr says Schroeder has distorted the meaning of the Barr Report—"He makes shit up."

In 2011 when the city and Park Board installed a storm In this profile of sewer that drains into the north- Minnehaha Creek by west portion of the course at an FEMA, Minnehaha elevation two feet lower than Creek runs from Lake Hiawatha, they understood right to left. The that stormwater would need to dam/weir at 27th be pumped. It was part of the Avenue rises 4.5 city and Park Board's engineered feet above the floor design. The current pumping was never constructed to design. The Interceptor is next. The rock weir at 30th Avenue has been removed. that dewatering has no ecolog-Michael Schroeder, the chief ical impact; however, Michael Schroeder continues to spin the information Barr produced, after he created a narrative that er by attempting to make this into some sort of environmental

Schroeder wants to stop the pumping. He says we're over our limit. He says the state will close it down. The reality is that Hiawatha has a dewatering permit that allows the golf course to pump up to 400 million gallons of water from the golf course per year. The DNR just wants

So, why does Schroeder want to stop pumping and flood the course?

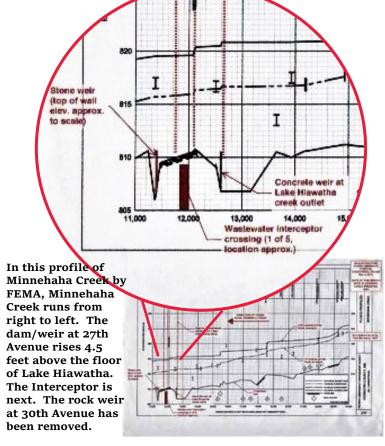
Hiawatha shares the golf course with a program of cross-country skiing in winter, run by R.T. Rybak's Loppet. Over the last 10 years, the Loppet has lost over \$3 million.

The Loppet is looking forward to the flooding of the golf course because the artificial snow-making machine they're planning for 47th Street and Longfellow will require pumping of at least 14 million gallons of water. Flooding will also make the ground freeze faster and smooth out the rough spots.

The exalted sense of white privilege and lack of concern for other people's money in this plan has R.T. Rybak written all over it, and Board President Meg Forney and Steffanie Musich (the commissioner for the district) are happy to carry water for him.

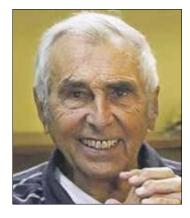
If you are concerned about the future of Lake Hiawatha and Minnehaha Creek, please attend the Park Board public hearing on April 20.

the Park Board to figure out a plan and apply for a permit that reflects whatever plan they decide on. The DNR doesn't really care as long as there are no "ecological impacts."





America's foremost institution



BY TONY BOUZA

I'm given to hyperbole. Can't seem to help it. "Best this," "greatest that," whatever.

The U.S. has earned my devoted study. It has, to put it

certain defeat. No small feat. I owe this great country.

So, what would a foremost institution look like? National. Influential. Truthful. Trusted. Informed. Relevant. Useful. Valuable. All those things. It must reach, and be relied upon by, America's rulers. Who are they? Politicians, financiers, influencers, rich, powerful types-and they must interact with the institution intimately and consistently.

It must have the resources to delve into the most complex matters and inform its followers fully, truthfully and rele-

Politics offers tempting candidates. So do religion,

modestly, really lifted me out of finance and culture. But only one institution reaches the few million who shape and guide our destinies every day.

And its name?

perish.

The New York Times. As I write, it is at the very apex of its power and influence. You gotta read it or you're gonna

In late January 2022 they destroyed the just-elected New York City mayor with an exhaustively researched expose of how his cronyistic instincts produced the corruption of his criminal justice system. The thoroughly researched, archived and sourced front-page story made clear the tragic flaw of a key appointment and the terrible cost to the mayor. If he failed to act—that

is, acknowledge the mistake and demand a resignation. The option is to lose his just-attained mayoralty. And it means death by a thousand cuts.

Schadenfreude.

Alacrity is required but the temptation is to ride out the storm. Good luck with that.

The controversy offers red meat to racists and anti-Semites. The corrupters are devout Jews, and the corrupted are Black officials. As Sebastian Junger would put it, a perfect storm of malicious glee.

And so, the clock ticks, the sand particles fall, and the targets rejoice in every passive moment of inaction. It is the inertia of the ticking bomb.

I've seen this movie before. Nothing bad happened today.

Maybe it'll blow over. Everybody does it. Formal charges were averted here or there. Human capacity for evasion can be pretty inventive.

Although midway through the process, I'm going to bet that The New York Times will once again prove its might. Those in its path are frequently the last to recognize its power.

In America you're only entitled to one preeminent oracle all the powerful hearken to-that would be The New York Times.

Its targets always think they'll survive-and maybe even prosper. Andrew Cuomo and Donald J. Trump come to mind. But if I were Mayor Eric Adams I'd either act or worry.

Heartbeat, from page 1

That preservation entailed Ukrainian-American children and youth going to "Saturday School" to learn the Ukrainian language, as well as its poetry, crafts, folk dances and music.

The Kramarczuks immigrated to Minneapolis in 1947 - Wasyl, who had learned sausage-making from his brother, and Anna, with a German degree in business, began their landmark Ukrainian restaurant and deli, Kramarczuk's, bordering Northeast and downtown. Since 1954, they've cooked Eastern European comfort food: dumplings (pierogi), cabbage rolls, giant meatballs, savory goulash, myriad sausages, and beet soup with breads and pastries like the tradition there.

ues to run Kramarczuk's, patiently allowing the Ukrainian language

a quiet power. "My parents and their generation tried to keep the culture alive because they feared something like what is happening

As a youth, Orest went to Ukrainian Saturday School, as most Ukrainian-American youth still do. "The Easter egg tradition was brought over 100 years ago. Cultural gems have been preserved by the diaspora."

Under Soviet repression, the tradition of hand-painting Easter eggs with distinctive Ukrainian designs, called pysanka, was lost. Immigrants running the Ukrainian Gift Shop, begun in 1947 in Minneapolis, continue the craft, sending designs back to Ukraine, renewing

Jackie Pawluk Their son, Orest, who contin- those many Saturdays learning Ukrainian songs and dances, acexplains Ukraine's centuries-long companied by instruments like the fight to exist: "It's not just not bandura. "The first wave of immigrants and first generation [born - it's obliterating the culture. It's here] are very in tune to the culnot about economics. It's cultural ture," she says. "Many people here genocide. It's trying to erase the have family ties to Ukraine - cous-

Ukrainian people." His voice has ins, siblings, parents." The Kramarczuks have brought cousins and nieces over for college here. Carrying on a tradition familiar to every immigrant group, they have helped "the newest Americans from Ukraine" by employing them at the restaurant.

> The bandura, a big-bellied stringed instrument, fuses the lute and the zither. Bandura songs express ideals of faith, truth, human dignity and freedom. Beginning in 1928, bandura musicians faced persecution from Stalin, who banned traditional songs and performances, culminating in the mass execution of 300 musicians in 1934 during Stalin's man-made famine ("Holodomor") imposed from 1932-34, which killed millions of Ukrainians. Arrests continued under Nazi occupation. After World War II, most remaining musicians left for North America, with revival of ensembles since the 1950s. (www.bandura.org)

> Observing that other Eastern European countries are next on Putin's list, Orest Kramarczuk says, "Look at what has happened with this invasion: our country

people to watch horrors and to response. A Light (formerly Amersee how rights and freedoms are fragile and could be lost." His voice rises. "Putin has tried to divide and conquer all over Europe. ...The true strength of America is people come here from around the

Ukraine's incredibly fertile soil yields massive grain production, giving the country its nickname, "the breadbasket of Europe." Ukraine is also a leading producer of oil derived from its national flower, the sunflower, which recently has come to symbolize its resistance to the Russian invasion. This upholds the story of an old woman giving a handful of sunflower seeds to a Russian soldier, saying, "Put these in your pocket. After you're dead, sunflowers will

Sturdy-stemmed sunflowers. with their yellow faces upturned to blue skies, are the perfect symbol of the Ukrainian people.

Learn more about Ukraine atwww.historytoday.com.

The local Ukrainian community's organizing of humanitarian aid has inspired established has come into focus. It's forced organizations and Minnesotans'

ican Refugee Committee, Minneapolis-based, since 1979) takes medical supplies, warm clothes and 1,000 blankets a day to the Ukrainian-Polish border. Chef Jose Andreas' World Central Kitchen, known for responding to Hurricane Maria in Puerto Rico, feeds tens of thousands daily. Just as they went to Afghanistan to render medical help, Doctors Without Border now work under fire in Ukraine.

Find many local opportunities to help at:

www.StandWithUkraineMN.org Alight, 615 First Ave. NE, Ste. #500, Mpls., MN 55413, https:// wearealight.org

World Central Kitchen, 200 Massachusetts Ave. NW, 7th Floor, Washington, D.C., 20001, www. wck.org

Doctors Without Borders USA, Attention: Emergency Relief Fund, P.O. Box 5030, Hagerstown, MD, (217)141-5030, https://www.doctorswithoutborders.org

Lydia Howell is a Minneapolis independent journalist.





Mariupol, from page 1

over Crimea.

They were founded and led by Andriy Biletsky, who is also a leader of the far right, ultra-nationalist, neo-Nazi Social-National Assembly. The SNA maintains close contacts with far letter I imposed on the capital letter N-supposedly representing Independent Nation, but if tilted 90 degrees it is a clear allusion to a swastika, a rather obvious inside joke. Some Ukrainians believe the conflict is racial. They believe in discredited social constructs like Aryan and Slavic, and they believe it is their sacred responsibility to settle the "Wild, Wild East" and create Lebensraum for the white race by pushing back the Mongol horde that had become Russia.

The Maidan Revolution was probably begun by Biletsky's right-wing groups. They staged a torchlight parade in 2013 opposing the Russian president and Russian influence in Ukraine. In 2014 they were attacking and burning the opposition party's headquarters. They killed an right neo-Nazis in Germany, and innocent bystander. They were the name Social-National was probably responsible for teardeliberately meant to echo the ing down the statue of Lenin in National Socialist (Nazi) party a square in Kyiv and replacing of Adolph Hitler. Their flag is it with a golden toilet-symbola superimposition of the capital izing the corruption of the government.

The left joined the movement. Tents were set up in a 24/7 occupation of Maidan Square. The movement for reform finally ousted President Yanukovych, and he fled to Russia. And then, Putin took over Crimea, and then, Zelensky was overwhelmingly elected president, and then, since no one had seriously objected to his takeover of Crimea, Putin decided to send in tanks and infantry to support the Russian-Ukrainians being in-



The Azov Brigade symbol

discriminately killed by the Azkov Brigade in the Donetsk and Luhansk regions. But, of course, nothing can justify the murder of more than 1800 civilians by the Russian invasion.

The divisions in Ukraine are for the Ukrainians to work out.

The first casualty of war is truth, but we all need to look closely at how we got here, so we don't ever have to come here

EVENTS

'Creating Balance in Chaos' Wednesday, April 20, 1 to 2 p.m. Online

Physical, mental, emotional and spiritual integration and balance are essential to generate wellbeing and navigate the chaos of life. This presentation will offer insights into how these different parts of ourselves interact with one another, and strategies we can use to create a greater sense of balance within and amongst our mind, body and spirit. Susan Beaulieu is an Extension educator with the University of Minnesota Extension Center for Family Development. Her work focuses on trauma, toxic stress and building resiliency. Learn more and register for this free webinar at https://extension.umn.edu/event/creating-balance-chaos.

Taking Heart Iftars Join us for conversation during Ramadan

Taking Heart is a long-running program coordinated by the Minnesota Council of Churches and the Muslim American Society of Minnesota (MAS-MN) to bring Christians and members of other faith communities together with Muslims for food and conversation during Ramadan.

Ramadan is a blessed month of the Islamic lunar calendar during which Muslims abstain from food and drink from sunrise to sunset. Fasting during Ramadan, which falls during the summer season, is one of the "five pillars" of Islam and is performed to learn piety, self-restraint, compassion, and generosity.

Muslim partners around the state are offering Taking Heart Iftars. Find one

near you and register to attend at http://mnchurches.org/what-we-do/taking-heart.

'What's On the Other Side?' Death, Immortality and Hope in Theological Reflection

Thursday, April 21, 7:30 p.m. CT Online via Zoom

Lecture by Dr. Kyle Roberts, Vice President of Academic Affairs and Dean and Schilling Chair as Professor of Public Theology and the Church and Economic Life, United Theological Seminary

Death is inevitable; that basic truth can instill fear and anxiety. This is especially true in a time of pandemic. Theologians have often wrestled with the problem of death and have articulated visions of afterlife, immortality and resurrection. This lecture explores a variety of perspectives on immortality and afterlife (from literal to the symbolic) in Christian theological traditions and considers the contributions of Ernest Becker to the relation between the inevitability of death, the anxiety it produces, and perspectives on immortality in religious thought. The lecture will also consider the question, "What is our hope in the face of death?" Register for this free online event at https://content.unitedseminary.edu/kyle-roberts-spring-lecture-series?hsLang=en-us.

Blessed Ramadan

Join the Minnesota Council of Churches in wishing our Muslim neighbors a Blessed Ramadan, by sharing your message of welcome and solidarity with a #Blessed Ramadan lawn sign. Hundreds of anti-Muslim incidents from bullying to criminal occurrences were documented last year. Research demonstrates that establishing a "so-

cial norm" impacts people's outward behaviors whatever their internal beliefs. You can help establish norms of welcome with public displays. Make welcome and inclusion normal with a #BlessedRamadan sign. Show your Muslim neighbors that you believe they do belong here and that they are welcome. Order a sign or download one to print your own at http://mn-churches.org/what-we-do/blessed-ramadan

'Collective Healing: Breaking the Cycle of White Supremacy' Fridays, April 29, May 6, May 13 9:30 a.m. to noon Online

During this highly interactive multipart training, participants will collectively look at how to break the cycle of white supremacy and take practical and sustained action towards equity. Participants will dig deep into how white supremacy shows up in people, organizations, systems and self. In between sessions, participants will put into practice what they are learning and connect action to personal experience, including their work environment and relationships. Organized by the Minnesota Council of Nonprofits. Learn more at https://www.minnesotanonprofits.org/events/event-detail/2022/04/29/default-calendar/ collective-healing-apr-may-2022.

'Justice & Joy: Social Transformation as Spiritual Practice' Thursday, May 19, 7:30 p.m. CT Online via Zoom

Lecture presented by Justin Sabia-Tanis, Assistant Professor of Christian Ethics and Social Transformation, United Theological Seminary Our sacred traditions set before us visions of a just and peaceful future a world it is increasingly urgent to create if we are to survive. This lecture will consider how viewing our work for social justice as a practice of faith can lead us to greater spiritual depth and meaning in our lives and how our spirituality sustains us to engage in long term, effective and meaningful work for justice. We will look at why faith calls us to do the work of transformation and how this leads to both justice and joy. Register at https://content. unitedseminary.edu/justin-sabia-tanisspring-lecture-series?hsLang=en-us.

Walking Meditation May 22, June 26 and July 2 6:25 to 7:30 p.m.

Wood Lake Nature Center 6710 Lake Shore Dr. S. Richfield, MN Way Opening Workshops is offering a guided walk with reflections, queries and ritual. Walking has a positive effect on mental health, as well as being beneficial for our bodies, minds, and spirits. Walking meditation is a prime way to engage in a spiritual practice, in the presence of nature and community. Come alone or with another. All faiths and no faith welcome. Cost is \$10 per session.

To register contact: wayopeningworkshops@gmail.com. Visit wayopeningworkshops.com for more information.

SHARING FOOD

Nokomis Heights Lutheran Church 5300 10th Ave. S., Mpls. 612-825-6846

Serving Loaves and Fishes free community meals on Wednesdays from 5 to 6 p.m. The meals are all "to-go" meals, served from the northwest door on 53rd Street. These meals are free to anyone, no questions asked. You might have had a hard day and simply cannot cook dinner. Or maybe you've paid your last bill for the month and cannot buy groceries. Whatever your circumstance, you are welcome. You can simply drive or walk up to the church and receive a meal any Wednesday evening between 5 and 6 p.m.

Soup for You! Café at Bethany Bethany Lutheran Church 2511 E. Franklin Ave., Mpls. 612-332-2397

Soup for You! UPDATE: We are still spreading the love! The Soup for You! Café will be closed to normal dining, but we plan to distribute bag lunches at the regular entrance to the Café, to mitigate the spread of COVID-19. https://soupforyou.info/

Minnehaha United Methodist Church 3701 E. 50th St., Mpls.

612-721-6231

Yes, the food shelf is still open! In order to fight food insecurity in our neighborhood, the Minnehaha Food Shelf is open on Tuesdays from 10 a.m. to 3 p.m. Note: In response to

the COVID-19 virus we have changed many things to protect both our guests and our volunteers – more rigorous cleaning routines, streamlined procedures, moved outside and encouraged the 6-foot (social distancing) guideline. Please be patient as we continue to improve what we do. We will be pre-packing most of the food so there will be fewer choices. Also, we continue to look for ways to decrease contact between people and that means each week might look a little different from the previous week. https://www.facebook.com/MinnehahaFoodShelf/

New Creation Baptist Church 1414 E. 48th St., Mpls. 612-825-6933

We're still here to serve you on the first through the fourth Saturdays from 10 a.m. to 2 p.m. or until we run out of bags. We have re-opened the food shelf to choice shopping. Be safe and God bless! https://www.facebook.com/NCBCfoodshelf.
Saturdays (except 5th Saturdays)
10 a.m. to 2 p.m.
(Brown door on the corner of 48th St. and 15th Ave.)

Calvary Lutheran Church 3901 Chicago Ave., Mpls. 612-827-2504, ext. 205

The Calvary Emergency Food Shelf is available for area residents on Saturdays from 9 to 11:30 a.m. Due to COVID-19, we are currently operating a drive-thru and walk-up model. No appointments are needed – just come to the parking lot. Eligibility is based on self-reported income and need. We ask that households come only ONE TIME A MONTH to allow everyone access. The Calvary Food Shelf has no geographic boundaries – all are welcome! If you have any questions, please email foodshelf@clchurch. org or call 612-827-2504, ext. 205. For more information and to see eligibility guidelines, go to https://www. clchurch.org/food-shelf.

Greater Friendship Missionary Baptist Church and Friendship Community Service 2600 E. 38th St., Mpls. Food Hub

Free food, hygiene products, and some household goods.
Tuesday and Thursday,
1 p.m. to 5 p.m.
2nd and 4th Saturdays,
9 a.m. to 1 p.m.
Please bring ID and wear a mask.
Social distancing guidelines are in place.

Du Nord Foundation Community Market 3140 Snelling Ave., Mpls. 612-460-8123

We are a community-supported food shelf that is a welcoming place for neighbors to find free, healthy food for their tables and supplies for their homes. We invite neighbors to order online and choose the day and time that works for you for curbside pickup. Mondays and Wednesdays, 3 to 6 p.m.

Thursdays noon to 2 p.m.
All are welcome, no restrictions or proof required.

To place an order, visit https://www.dunordfoundation.org/get-food.

Groveland Emergency Food Shelf 1900 Nicollet Ave., Mpls. Plymouth Congregational Church 612-871-0277

Monday – Friday 9:30 a.m. to 12:30 p.m. Entrance on Groveland Ave. between Nicollet and Lasalle. https://www. grovelandfoodshelf.org/



RIVERSIDE EDITION

The Southside Pride Riverside Edition is a monthly newspaper containing neighborhood news, religious events and a community calendar delivered on the third Monday of the month to over 150 locations in and around the Riverside community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

Southside Pride

3200 CHICAGO AVENUE SOUTH MINNEAPOLIS, MINNESOTA 55407 CALL US AT 612-822-4662 email us at editor@southsidepride.com or edfelien@southsidepride.com

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and elevator entry

MINNEHAHA COMMUNION LUTHERAN CHURCH

4101 37th Ave. S., 612-722-9527 Pastor Shawna Day 9:45 am Sunday Worship in person & livestream Go to church website for info 12-step groups Tuesday through Friday evenings

TRINITY LUTHERAN CONGREGATION

Augsburg College, Hoversten Chapel Riverside & 22nd Aves. 612-333-2561 www.trinitylutherancongregation.org Sunday Worship 11 am Pastors: Jane Buckley-Farlee &

Pastors: Jane Buckley-Farlee Alem Asmelash Office: 2001 Riverside Ave. Reconciling in Christ



All Directory Churches are Wheelchair Accessible

● COMMUNITY CALENDAR ● Southside Pride | RIVERSIDE EDITION



Come Celebrate Earth Day Clean Up Day

George Floyd Sqaure

The Agape Movement Presents **Earth Day Celebration!**

We'll be together at the George Floyd Square between 2-4 pm to help make the square look beautiful! Enjoy the opportunity to meet new people and old friends. At 4:00pm, we will walk to Dairy Queen to share stories and ice cream while honoring the earth and lift up our collective actions of care.

Ice Cream Social & Bike Raffle 4-6pm





Seward Montessori Plant Sale Through April 24

Online store now open for pre-orders through April 24

https://plantsalessewardmontessori.org/ Plant pick-up Friday, May 6, from 9 a.m. to 6 p.m. and Saturday, May 7, from 9 a.m. to 4 p.m.

Pickup location: 2309 28th Ave. S., Mpls. Plants will be in the gym, enter through the southeast corner of the school. Day of sales on plant pick-up days, check or credit cards preferred.

Help make the world a greener place and supporting Seward students and staff. Thank vou!

Aftermath: A Widow's Story Art by Shari Albers

On view through April 24

Bloomington Center for the Arts 1800 W. Old Shakopee Rd., Bloomington "The Widow Series" - Self-portraits by Shari Albers explore the devastation, numbness and even humor known by anyone who has lost a life partner. More information at: sharialbers.com, https://artistrymn.org/current-exhibitions#atrium-gallery or (952) 563-8575.

Swing into Spring with JazzMN Orchestra

Gretchen Parlato, special guest artist Monday, April 25, 7:30 p.m.

Chanhassen Dinner Theatres 501 W. 78th St., Chanhassen JazzMN, Minnesota's premier profes-

sional jazz orchestra, will perform on Chanhassen Dinner Theatres' Main Stage for one night only, in a memorable return to distinctive jazz under the artistic direction of JC Sanford. Joined by renowned guest jazz vocalist and Grammy-nominee, Gretchen Parlato, the program will consist of a mix of familiar jazz standards and classic Brazilian songs. Tickets are \$40 for the concert only. Guests may add dinner for an additional \$18 per person. Tickets can be purchased online at ChanhassenDT. com or through Chanhassen Dinner Theatres' box office at 952-934-1525. Dinner seating 5:30 p.m.; concert begins

'Collecting Memories: A Love Story' Thursday, April 28 -

opening reception 5 to 8 p.m. On view through May 8

Squirrel Haus Arts 3450 Snelling Ave., Mpls.

'Collecting Memories: A Love Story' is a lyrical exploration into the mind of a collector. It explores nostalgia, memory and identity as they reveal the hidden memories embedded in pop culture objects. This longing for a mythical past is especially pertinent in our post-COVID world. This immersive and fun exhibit is designed by Stephen Yogi Rueff. It features vintage toys and family photos from David Barnhill's collection, an original sound collage designed by Emmy Carter, and an augmented reality experience from Amir Berenjian of REM5vr.

It's A MayDay Celebration! Not a Parade, a Political-Cultural Festival

Heart of the Beast is excited to invite the community to a newly redesigned MayDay Celebration on May 1. The event will look different from the familiar parade and activities of MayDays past. In the spirit of shared leadership, local organizations MIGIZI, Kalpulli KetzalCoatlicue, and Roosevelt High School have been selected by HOBT's MayDay Council as community partners to lead and plan this year's MayDay celebrations. Instead of a parade there will be an art-filled political and cultural festival. This celebration will take place on May 1 from 1:00 to 4:00 PM in the Four Directions Family Parking Lot at 1527 East Lake Street in Minneapolis. All are welcome to attend this free event.

More information is available at https://hobt.org/mayday-2/

Cam, from page 1

ues to have to prove its worth," wrote Chavez. "We had an opportunity to build the East Phillips Indoor Urban Farm."

In his veto letter, Frey listed many issues that, if addressed, he said could lead him to sign something in the future. These included using the term "suspend" rather than "rescind," as well as needing more details on how to recover the \$14 million already spent on community engagement, design, regulatory approvals, costs, organizational models, sources of funding, environmental remediation, alternative locations for the proposed public facility and more.

And this is only the latest setback in the long struggle between community advocates and the city, and within city government, to resolve how this site should be used in the future.

It is little wonder that the decision is difficult - both sides have admirable goals and strong cases to make.

Supporters of the Hiawatha facility expansion, including city staff, are quick to point out the need to replace a 100-year-old inadequate water distribution facility, the benefits of consolidating staff, and improved and more efficient service for water distribution maintenance, street maintenance and sewer maintenance. It could also remediate pollution, improve stormwater management, be solar-ready and add electric vehicle infrastructure.

One outspoken Southside resident advocating for the expansion is Bob Friddle, former City of Minneapolis director of facilities design and construction in the leaving his job with the city, he was responsible for hiring the design team and construction manager and leading the master planning and design effort between them and public works, overseeing cost estimating, demolition and environmental cleanup planning.

"The mayor and Council members are responsible for the whole city and its care and employees," he wrote following the March council action. "This plan, which actually originated over twenty years ago in a study in 1990, would allow better care of equipment, employees and better service maintenance."

Supporters of the EPNI plan envision a model for sustainable public works facility.

and resilient development that includes job training, living-wage jobs, aquaponic year-round food production, affordable family housing, a coffee shop run by neighborhood youth, community kitchen, cultural markets, bicycle shops and more.

"The East Phillips Urban Farm can be a healing center reconnecting Indigenous people to the land, and to help reverse the trauma of ongoing genocide through racist urban planning," EPNI said in its press release.

The recent actions by the council and mayor still leave issues unresolved. Litigation brought by EPNI is expected to go to mediation in April. The city plans to continue with design work this spring and with demolition of the Roof Depot building late this summer, and the council will need to approve bids for demolition and for the construction planned for 2023.

Chavez is not giving up. "My office is in close conversations with community members in East Phillips, Council Member Johnson, Council Member Koski, Mayor Frey, city staff, and my colleagues on next steps, with a hope of bringing something back at the next full council meeting that will give my community a shot," he said.

Perhaps now, with a new council and eight council members property services division. Before calling for a fresh look at the project, with the mediation coming in April and with a new director of public works, there is an opening for both sides to compromise and accomplish some, if not all, of their worthy goals.

Two things to start with might be the council's March 10 resolution and EPNI's proposal they made in November of 2017 (https:// www.eastphillipsneighborhoodinstitute.org/our-current-proposal). That proposal saves and reuses part of the building, buffers the residential neighborhood on the west with new mixed-use development and provides meaningful jobs, a source for fresh organic food, and includes room for a new



HOME IMPROVEMENT & MORE

Southside Pride | RIVERSIDE EDITION

'Cohousing: A Short-Term Antidote to **Loneliness and Long-Term Retirement** Plan'

Grace Kim, cohousing architect Wednesday, May 11, 7 p.m. Online via Zoom

Grace Kim, cohousing architect will speak via Zoom for the Twin Cities Cohousing Network. Her talk, entitled "Cohousing: A Short-Term Antidote to Loneliness and Long-Term Retirement

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Plan" will be followed by audience questions.

Ms. Kim is a renowned cohousing architect whose TED Talk on the power of the built environment has been viewed nearly 2 million times. She will share her personal and professional journey to cohousing and offer advice on how to catalyze cohousing in Minnesota. Cohousing is community designed for connection.

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Ms. Kim lives in such a community, Capitol Hill Urban Cohousing in Seattle, Wash. She designed it in partnership with the other future residents. They enjoy growing and sharing produce from

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webpage, www.tccoho.org, and see the

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events page, or follow the link https://

See southsidepride.com for more

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tinyurl.com/GraceTCCN.

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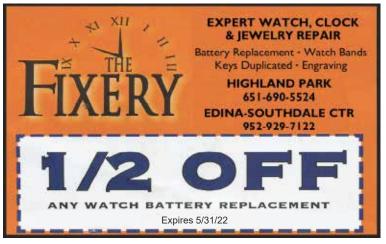
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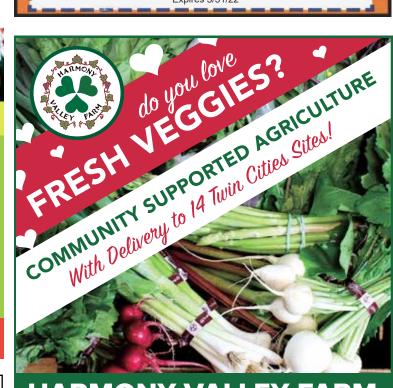
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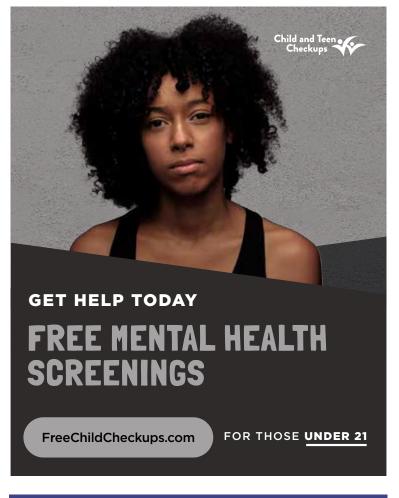




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