



Journal entry on **CaringBridge by Connie** John (Polly's daughter)— Jan. 19, 2023

and heard Mom wheezing. I got up to see how she was dowhen she could not be trusted to chew food and swallow, we gave her blended food and drink in "sippy cups" that are made for toddlers as this worked better than spoon feeding. I gave her water and a bit of food in a sippy cup and albuterol for the wheezing. She seemed to feel better, and I went back to bed and thought that she was sleeping more soundly after that. But when I checked on her at 7:45 a.m., she was no longer breathing at all! Mom wanted to donate her body to research and that is what was done. The next day we arranged for representatives from the University of California, San Francisco, to pick up her body.

Although she was not entirely "herself" before the stroke, we had lots of good times together playing games and reminiscing over the last 18 months. I used Alexa to play songs from the '30s and '40s for her sometimes, which she really enjoyed hearing.

of our early childhood days with my mom. While far from seemed limited, there were perfect as none of us are, my many fascinating details about mom was in some ways a her life growing up in Arkan- model of strength. I learned sas that she told me about. from her how important it is Most of her childhood she lived to have faith in oneself and in with her mother and sister in the goodness of others and of the home of her grandparents life itself.

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It is just over a week ago along with many aunts, severthat I woke up about 4 a.m. al of whom were close in age. Mother loved describing their lively dinner table and suming. Mostly after the stroke mer evenings relaxing on the porch while facing "the mountain" in Hot Springs.

> My mother always regretted not attending college. Graduating high school at the height of the Depression, after her parents had divorced and her grandfather, who was a medical doctor, had died, she could not see how she could afford to go. Later she helped her sister financially attend school to become a nurse and Mother did attend some college classes in Marshall. She was very well read on many, many different topics. I asked her what she would have studied had she gone to college. Her answer was that she would have liked to be a political science or social studies teacher.

Since she was living with me and brought quite a few of her things, especially pictures and favorite books, now when I am at home I am reminded of her all the time. No matter their age, one misses the people you love so terribly when they die. But we were lucky Although her recollection to have had so many years



Polly Mann

BY JOHNNY HAZARD

I met Polly Mann in the spring of 1977 when I was 18 and living in a little room by the tracks in the south Phillips neighborhood of Minneapolis. I had recently found out who she was because the Minneapolis Star me clippings of letters to the had published a detailed profile of her and I was surprised that, having family in Marshall and being myself a budding pinko, I had never heard of her. I went bio when she spoke at public to Marshall to see my grandmother and told that I wanted to meet this woman who was in the paper. She said "Oh, you don't want to meet her. She's a time I express an opinion. I feel radical." I don't remember if I ever told Polly this part, but I knew that right away she started to visit my grandmother, who stopped attacking her and showed me a short story she spoke out when other people

When my visit to Marshall was over, I hitchhiked back to along, near Redwood Falls, a white-haired man in an Oldsmobile sedan stopped. He asked where I was coming from, visiting in Marshall. "My grandmother," I said.

"Who's your grandmother?" When I told him her name he laughed.

"You know her?" I said.

"Yes, I know her." And he explained why and who he was. I told him about the conversation between my grandmother in the Uptown area of Minneapand this man's wife, Polly. He said: "Well. You see that car up ahead? She's driving it. We don't normally take two cars to the same place, but ... So you Bowling League and other orgacan talk to her at the next rest stop." We rolled along for almost an hour before that, and Walter trusted me well enough to say what he really thought of the FBI and the CIA - unusual for a sitting judge talking to a stranger. But he was that way. These were still the peak years of FBI attacks, via COINTELPRO, against the Black Panthers, the activities in winter during those

American Indian Movement, anti-war groups, and the legacy of Martin Luther King.

I rode the rest of the way with Polly and I visited her often in Marshall, St. Paul and Minneapolis for the next 40 years. In Marshall she showed editors of the Marshall Independent which she usually signed, "Polly Mann, Marshall. Rural housewife." She used the same meetings. When she planned to leave Marshall, just before Walter retired, she said: "I'm tired of being in the news here every that in the cities I will be just one more person working for causes."

In those first years she had written and I know that she kept working on it for the rest of her life because I always got the recycled paper and the type Minneapolis. Less than an hour fonts were more modern every time. I think the title was "Princess Fay of the Freeway" and it was about an organization that put up memorials like the ones where I was going, who I was that we see for veterans every time that someone died for progress behind the wheel. She had said to me, "I'm not a light person," but this was evidence of her satirical side.

I moved to Mexico in 2000, Walter died a few years later, and Polly moved from St. Paul to an elders' apartment building olis. (The area had become a staging area for anti-militaristic protests thanks to WAMM, the Revolutionary Anarchist nizations.)

In 2009, I went to her 90th birthday party. Someone asked that all of the people over 90 years old raise their hands there were dozens. Within a couple of years after that party, she faced her first real health challenge, a broken hip. It was sad to see her limited to indoor years, but I was glad to see that she was in good spirits and enjoying the phenomenon of physical therapy.

In 2018 and 2019 I saw her three times that I can recall. One time she invited me and her son Mike, still living in Minnesota, to eat at the dining place in the building. When she invited the second one of us she had forgotten about the first, but there we were. She beat us both viciously in Scrabble. It was around the same time that she said, "John, this may sound funny, but I've started writing a book." She mentioned an author who had inspired her. I didn't know who it was. When I got back home, I asked her a few times to send me the work so far by email. Before I received them, I said to Eddie Felien, "She's writing a book. We have to get hold of it and make a commitment to finish it for her if necessary." But when I started to read it, I found that I didn't understand the concept well enough to do anything with it. It was more complicated than an autobiography would have been.

The last time I talked to Polly by phone was just after her 101st birthday in 2020. She is the only person for whom I was willing to participate in such an abomination as an online birthday party. I knew that she had COVID at the time but not everyone at the party did. She spoke very briefly at the party, paused, and then said, "That's all." I called her a few days later and could tell that she was not going to die. She said, "Come on over," and I said, "You forget that I live in Mexico." "Ah, that's right," she said. "Well, you know, the main problem with this COVID thing is that it's really boring." This was an unusually carefree comment, given that one of her close friends had just died of it and she herself had been at risk days a few days earlier. But I agreed with her attitude, as usual.



Polly, remembered

BY SARAH MARTIN

Polly Mann, a leading force and giant in the Twin Cities anti-war movement, died on Jan. 12 at the age of 103 in San Francisco, where she had lived with her daughter Connie for a little over a year.

In 1981, Polly called her friend, Marianne Hamilton, and said that we needed a peace group and the name should be WAMM (Women Against Military Madness). She knew that polls showed most women were anti-war, but they needed an organization to challenge the priorities of the current government's spending priorities. Money for human needs, not the military and war. They were also concerned about the ongoing threat of nuclear warfare. They wanted a place for women to become leaders who would demand a peaceful and just society. Polly always thought big, made things happen, and remained involved. Until just six months before she died, she was still sending ideas and suggestions to the WAMM newsletter editor.

Polly began her lifelong commitment to peace and justice during World War II. She was a secretary at an Army base in Little Rock, Arkansas, during the war. Polly was appalled by how soldiers were being trained to kill, and deeply disturbed and saddened as she saw these young men go off to war. She knew then that she was opposed to war.

Polly's fierce and relentless activism and opposition to all U.S. wars, interventions and occupations began with the Vietnam War. She was a field organizer in the Gene McCarthy campaign, and was present and tear-gassed on the streets during the police assault on protestors during the Democratic National Convention in Chicago in 1968. During the Paris Peace Talks in 1971, Polly went with the Citizen Committee to End the War in Vietnam to observe talks between the North Vietnamese and the U.S.

She was the first volunteer staff person in the WAMM office. Nikki LaSorella, who was a co-director with Polly, said, "I would never have learned to trust my intuition and creativity if it wasn't for her generosity noticed the Army recruiting ofand encouragement. I watched how she brought people into in her distinctive Arkansas Erica Bouza said in a WAMM the organization by allowing accent, "If they're so worried newsletter devoted solely to them room to become leaders. Her fearlessness never faltered, even when she was challenged. Her love was always this unique organization."

Polly understood the importance of an office and staff to an organization and as a result she saw WAMM celebrate 40 years as a persistent anti-war presence opposing every U.S. war, intervention, occupa-

this time. At times these were unpopular positions such as WAMM's early decision to support Palestinians in their struggle for liberation, opposition to the U.S./NATO dismemberment of Yugoslavia, and the U.S. involvement in the unsuccessful but destructive attempt at regime change in Syria.

Always well informed, Polly followed events closely and had a sharp and correct analysis and understanding of the depth and breadth of U.S. imperialism. She understood that capitalism was at the root of U.S. wars at home and abroad. Her response to the injustices, oppression and violence perpetrated on both individuals and countries in the crosshairs of U.S. militarism was swift and strong, and led her to immediate action.

She gave and organized material support to countless people. Sara Olson recalls, "Once, while incarcerated, I requested what is called an 'Olson Review.' My so-called 'counselor,' a former Los Angeles County sheriff, a former member of a corrupt bunch if there ever was one, had to wait while I read my entire C file (criminal file). I recall a letter Polly's husband wrote to the California attorney general, telling him he should see to it that the judge on my case in Los Angeles be disbarred and why he, Walter, thought so. Next, there was Polly's letter. As my counselor twisted and turned with frustration in his seat, I read her beautiful, well-turned phrases of support, tears streaming down my cheeks. While there are rarely good days in prison, for me, Polly's letter made it one of the best."

Lucia Wilkes-Smith remembers that, in 1985, seniors in the activity center on the Northside where she worked opposed the closing of the Social Security center near them. Budget cuts were supposedly the reason. This would force them to take care of their business at an office on the Southside, a bus ride with two transfers away. They decided to take action and called Polly to find out how to plan a protest. They were surprised and pleased when Polly came to their picket with her WAMM sign. Polly fice across the street and said, about the budget, why don't Polly, "Greatness is rare. Not they shut that down instead of the Social Security office."

One of WAMM and Polly's present and her belief in each first actions was to organize member gave us all a place in buses to the Seneca Women's Encampment for a Future of Peace and Justice to stop the scheduled deployment of Cruise and Pershing II missiles from the Seneca Army Depot to Europe.

Polly went on delegations to many countries including Cuba, tion, sanction and coup during Libya, Central America and the



Philippines to see and hear firsthand the effects of U.S. foreign policy. She ran a spirited campaign for the Senate in 1988 with the slogan "Speak Truth to Power." She helped initiate an ongoing weekly vigil in St. Paul, Minnesota for Justice in Palestine, during the first intifada in 1988. She joined the picket line at the Hormel strike and, as Susan Giesen recounts, "Guardsmen were blocking the street. She marched right up to the line, approached each guardsman, touched him gently on the shoulder and said, 'I know you don't want to be sent to Central America. I will do all I can to not let them send you there."

An excellent and prolific writer, Polly wrote columns for the WAMM newsletter, Southside Pride and the Women's Press for years, and also plays including "Victoria Reincarnated," which was about Victoria Woodhull and her candidacy even before women could vote for the office of U.S. president. It was produced and directed by Ed Felien and starred Sara Jane Olson as Victoria. Polly was a popular speaker at innumerable programs and rallies, including at the Minnesota Capitol at the March on the RNC in 2008.

Polly was a beloved, respected and dynamic leader. many of us have encountered it; the courage to stand up for what you believe and the skill to lead and persuade others to pursue the dreams of social, racial, economic and gender justice are isolated virtues, given to the very few. She is gutsy, scholarly, practical and effective, a devoted friend and an inspiration to those who dream of freedom, equality and jus-

¡Polly Mann Presente!

Thank you, Polly

BY ED FELIEN

Many people get it wrong when they think about Polly Mann. They think of her as someone always protesting the government. Yes, she did that. She did a lot of that. But she wanted to change the government so much she took the next step. She imagined a government so much better than it was, that she wanted to be a

Minnesota politics was her run for the U.S. Senate in 1988. She ran for the DFL endorsement at the Rochester convention against Skip Humphrey. Humphrey was attorney general, the son of Hubert Humphrey. He believed it was his turn. The seat had his name on it.

Skip had much the same politics as his father. He was prowar and pro-life. He had just prosecuted some gay guy in Stillwater for sodomy. I managed to ask him why he did that. He said, "It's the law."

Polly knew there were a lot of pro-peace and pro-women people in the DFL, and she wanted to reach them. Gay people worked hard on her campaign. They came to Rochester upfront and in-your-face.

My wife, Carol Hogard, and I worked the floor for Polly. We talked to delegates. After the first ballot, I went into the counting room as the official campaign observer. Polly got 40% of DFL delegates' votes. 40% plus. That was enough to block the endorsement. Some people who had been left out for a long time, just got heard.

I ran out of the room back across the hall to our gang and shouted, "We did it. We blocked the endorsement."

"No we didn't," they said. The chair had just announced that Skip won the endorsement by just over 60% of the votes. The Central Committee hadn't voted yet. In the time it took me to leave the room after hearing the "final count" and running to my friends, the final count had been revised to include more than a dozen members of the DFL Central Committee.

We lost.

But Polly didn't think we'd Her profound contribution to lost. She thought we'd won a great victory. She knew that a lot of people wanted to hear what she had to say. She broke from the DFL and ran for the U.S. Senate as a peace candidate. She got a little less than 5% of the vote. It was enough to cost Humphrey the race. He lost to David Durenberger.

The DFL was put on notice. Don't send anyone to the Senate who isn't pro-choice and pro-peace.

Two years later the DFL endorsed probably the most progressive man ever to run for the Senate, Paul Wellstone. My wife and I worked the floor. I organized a snake dance by delegates to drum up support. After the convention ended, people were streaming out of the hall. Jim Rice, the head of the Northside DFL machine, angry about the old guard being beaten by young radicals, screamed at me, "OK, now you can proclaim the Southside Soviet."

I should have screamed back, "OK, but we'd have to call it The Polly Mann Southside Soviet."

Thank you, Polly, for teaching all of us to have faith in the courage to change the world. It was a precious and beautiful gift. And what the world has learned from you it will repeat again tomorrow.



'Don't back down!' - Dean Dovolis

BY BEN R.

On Tuesday, seven members of the Minneapolis City Council showed how hollow their platitudes regarding equity in the city and concerns about environmental racism were as they voted to approve the demolition Phillips neighborhood of Minneapolis.

Since 2014, the East Phillips Neighborhood Institute (EPNI) and community residents have hoped to use the site of the Roof Depot building to build an urban farm and neighborhood hub.

Thanks to Council Members Andrea Jenkins, Linea Palmisano, Michael Rainville, Lisa Good-

man, LaTrisha Vetaw, Andrew Johnson and Emily Koski, those hopes have been dashed, and the building is now slated to be demolished as soon as Feb. 27 to build a city Public Works facility. The vote to approve the contract for demolition occurred as EPNI still awaits a ruling from a judge of the Roof Depot building in the that could delay the demolition of the building.

East Phillips is a diverse, working-class neighborhood that is already over-polluted, with asthma rates twice the state average. Knowing the demolition of the building will release an arsenic plume, and additional vehicles used at the site will exacerbate existing pollution, organizers with EPNI

and Phillips residents, as well

The council majority who vot-

as community allies, showed up in force at Thursday's meeting to call on the council to vote no on demolition. Already denying community members a public hearing on the issue, the city set a limited capacity on the number of people who could be in the council chambers, forcing many to remain outside in the hallway and unable to show their support for the urban farm. The allies outside of the council chambers were also deprived of being able to hear the entire meeting, as the city cut microphones inside the room when members of the audience would interrupt proceedings.

When the discussion turned to the Roof Depot building, a memorandum of understanding was introduced by Council Members Jason Chavez and Andrew Johnson and was unanimously passed by the council. The memorandum could provide EPNI with development rights to three acres of land on the Roof Depot building site as long as the organization drops potential

ronmental harm in East Phillips

displayed their hypocrisy prior

to the vote on demolition as they

honored an artist who spent

time in local activist spaces and

spoke of the historic damage

done to Black and Indigenous

communities in the city of Min-

resolution honoring Black Histo-

ry Month.

the city. While introducing the memorandum, Johnson spoke about his support of the EPNI urban farm project in the past, even mentioning that he tried to have the water facility placed in his ward. At the end of his time speaking, though, Johnson made it clear he would vote in favor of the demolition of the building. During the discussion of the memorandum, Council President Jenkins said she acknowledged that environmental racism has affected nuof Minneapolis, however, she would also later vote to approve the contract for demolition.

After multiple attempts to delay the vote by both council members and community members, the seven council member majority mentioned earlier in the article voted to approve the the mics in the room were cut. contract for demolition.

While those seven council members voted to continue the polluting of East Philips, council members Chavez, Robin Wonsley, Aisha Chughtai, Elliot Payne,

ed in favor of continued envi- Jeremiah Ellison and Jamal Osman stood with the residents of the neighborhood and voted no.

Both Wonsley and Chavez spoke out against the city's proposed project and the hypocrisy of the City Council before the

"The hypocrisy on this action neapolis during the passage of a is shocking," Wonsley said. "The city did declare racism to be a public health emergency and did form a truth and reconciliation commission to propose solutions to specific harms that the city created and continues against Black and Indigenous communities. Yet we are simultaneously being asked to force a project onto a community that has organized tirelessly for almost 10 years against it."

"I attended a community meeting about this demolition. I environmental claims against heard from our Native relatives about their fears of what more pollution would do to our community. I think about my dear friend Cassie from Little Earth who lost her son Trinidad to a heart condition at age 16, and I think about all the kids that are developing asthma and our elderly getting cancer," Chavez

> A resident from Little Earth also interrupted the meeting to condemn those who voted in favor of the demolition.

"My granddaughter is sitting merous communities in the city at home and can barely go outside because she coughs, she can't breathe because the cold air hurts her lungs while you look sideways and away because it's not your kid ... when that demolition goes down, my grandbaby and all of us are there," the resident said before

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Plastic-Free Challenge in February

BY LYDIA HOWELL

The world generates 400 million metric tons of plastic waste every year, according to a United Nations report.

Hennepin County is signing up community partners and individuals for their February Plastic-Free Challenge, with plenty of practical information to help you choose changes in your everyday life.

Where does all the plastic go when we're done with it?

Besides landfills, plastics are in waterways, including the oceans. Breaking down into disappear, plastics are in soil, in wildlife and in our own bodies. Many plastics can't be recycled,

How do we accumulate that much plastic? New York Times reporter A.J. Jacobs did his own ing plastic, resulting in the article "A Day Without Plastic." He found plastics impossible to completely avoid.

essential medical supplies to bags by either reusing plastic and packaging almost everything at paper or switching to cloth bags.

(the elastic in your underwear!), your toothbrush to your children's toys, and more items one would never imagine have plastic in them. The ubiquitous water bottles add up to almost 500 billion a year.

Once you realize how many areas of life are touched by plastics, as Times reporter Jacobs did, it feels overwhelming. However, government agencies, environmental groups and businesses being built around sustainability are taking the problem on in manageable pieces.

Social scientist Dr. Gabby Salaparticles that take 500 years to zar, who studies what motivates people to support environmental causes, told The New York Times, "It's not about plastics meaning we're buried in the being the enemy. It's about single-use plastics as the enemy. It's the culture of using something once and then throwing it away."

Consider the plastic bags that experiment, trying to avoid us- every store puts our purchases in. The Minneapolis City Council approved a retailers' five-cent single-use bag fee in December 2019, with the aim of encourag-Plastics infuse our lives, from ing consumers to bring their own

the grocery store, even in clothes After three years of implementation, I still regularly hear people grumble about paying that nickel while not going without that bag for single items or bringing their

The result is one trillion single-use plastic bags thrown

Some of those bags end up blocking storm drains, making worse the flooding caused by "monster storms" intensified by climate change. Some of those bags end up harming wildlife. We see those plastic bags littering everywhere. This is a totally solvable problem that anyone at any income level can impact.

Grocery stores need to return to brown paper sacks for produce - and consumers should demand they do or bring their own bags. To have less plastic packaging waste, we need more buy-in-bulk options for staples like coffee, rice, dried beans and oatmeal. Food co-ops have standardized buying in-bulk and mainstream groceries should follow their lead. Glass jars can have an infinite shelf-life and lots of plastic containers can be reused almost endlessly to replace plastic bags.

The Twin Cities has its first

ket, located at 2717 E. 38th St., with a second location recently opened at 945 Broadway St. NE #103. The store's founder, Amber Haukedahl, told Bring Me The News that since the store opened in April 2019 they've had measurable results: 40,000 plastic bags diverted from landfills, 2,000-plus cardboard boxes reused for their online shipping and 4,500 tree planted through Seed the Change and Ecologi. www.thetaremarket.com

It becomes harder - and a lot more expensive - to address personal care products. At Tare Market (and food co-ops) plastic-free toothbrushes start at \$6. Shampoo bars can cost \$18. Two hair scrunchies are \$20 - which might make resorting to rubber bands the smart, affordable op-

There are also 12 food co-ops in the Twin Cities, including the Seward Co-op in two south Minneapolis locations.

Lifelong environmental activist Ken Pentel, founder of the Ecology Democracy Network, observes how the American economy runs on a distorted view of waste: "The incentives are for

zero-waste store, the Tare Mar- throwing things away. Instead of showing up as a cost, managing waste shows up as a credit on spread sheets because it generates economic activity." While encouraging individuals, families and community groups to take action to address plastic waste, Pentel emphasizes that industries must be reined in. "We have to get at the sources. We have to stop this stuff from being manufactured to begin with."

Consumers moving away from single-use plastics curbs demand for them. Every recycle barrel says, "Reduce. Reuse. Recycle." Thinking in those terms saves the planet, and as a low-income person, I know it also saves money. Look for the numbers 1, 2 or 5 in a triangle on the bottom of those disposable plastic water bottles to show they can be recycled. Or buy a reusable bottle at the thrift store. Everyone can bring their own bags.

Be inspired and sign up to participate at www.hennepinplasticfree.ecochallenge.org.

Ludia Howell is an independent Minneapolis journalist.

The People's Climate & Equity Plan for Minneapolis

BY ULLA NILSEN AND MN350

Minnesota is now on track to provide 100% clean electricity by 2040, but are we using it? You have probably heard of the Inflation Reduction Act (or IRA), the biggest investment the United States has ever made toward transitioning to a clean energy future. While this is a huge step forward, the IRA alone is not enough to save us. In order to that the benefits of the clean energy transition fall equally to everyone, local governments need to step up.

have been working with their neighborhood. council members and the mayor to advocate for the People's 2. Build community wealth Climate & Equity Plan for Minneapolis — a local effort headed up by a coalition of racial, environmental and economic justice organizations that would ensure that the clean energy revolution is accessible to all residents, regardless of income, race or zip

So, what is the People's Climate & Equity Plan? Here are its

1. 100% Clean energy and efficiency in all Minneapolis buildings by 2030.

Some IRA programs are targeted specifically to benefit low and moderate-income families, but most spending is in the form of tax incentives that largely benefit moderate- and high-income households. Local investment through the People's Climate & Equity Plan will help ensure that families at all income levels have access to meet climate goals and ensure healthy, clean-energy homes and the ability to build wealth through community ownership of clean energy projects.

Bonus: Citywide coordina-As luck would have it, Min- tion will also enable Minneapneapolis is in the process of olis to tap into new renewable updating its 10-year climate ac- resources such as networked tion plan. Teams of people from geothermal that would be accesevery ward across Minneapolis sible only when shared across a

and reduce the racial wealth

The IRA provides significant business opportunities for BI-POC- and worker-owned cooperatives, but no direct investments. The People's Climate & Equity Plan will develop pathways for people from marginalized communities to move into union apprenticeships and remove barriers to accessing the higher-paying union jobs created by the IRA.

"As the green economy accelerates, we must create intentional and equitable pathways for communities of color to access union careers in the energy and construction sectors. Investing in clean energy creates enormous opportunities to address health and wealth disparities. Our communities cannot be left behind." - Coalition member Emilia Gonzalez-Avalos, Executive Director of Unidos MN

3. Safe, healthy and climate-resilient neighborhoods connected by accessible, carbon-free transportation.

The IRA provides funding for clean commercial vehicles, pollution reduction along major transportation corridors, and tree planting. Cities will need to partner with disadvantaged communities to secure this funding and that means investing in staff capacity — which is part of the People's Climate & Equity plan.

The IRA also provides tax credits for clean vehicles. While this is good, it's simply not accessible to everyone. The People's Climate & Equity Plan can help Minneapolis reduce our reliance on cars — which is necessary for reducing emissions overall.

4. Create a robust dedicated

funding stream to make bold climate justice policy a reality.

By supporting the transition to clean energy, the People's Climate & Equity Plan provides economic benefits for everyone.

Saving city governments money

As the impacts of human-caused climate change continue to escalate here and around the world, state and local governments bear the majority of the infrastructure costs to recover from current or mitigate future disasters. We must invest in clean energy systems now to prevent worsening losses and damage to roads, trees and our drinking water.

Saving money for residents and businesses

Renewables are now cheaper than coal and gas - and prices are continuing to fall. Transitioning to clean electricity will lower and stabilize energy prices for every Minneapolis household. This helps to relieve the burden on low-income About MN350: MN350 is a households which currently pay a higher percentage of their income on energy bills. It also allows businesses of all sizes to accurately plan for the future.

Generating wealth for local economies

Electrifying everything from buildings to buses will not only create jobs for communities of color, it will make Minneapolis a more desirable place to live. Businesses compete for talented workers and sustainability is one of the top draws. Healthy zero-energy buildings and robust clean transportation infrastructure will make Minneapolis a destination for businesses and talented workers.

As the city of Minneapolis updates its climate action plan this year, we have an opportunity to set bold climate justice goals and establish the means to meet them. We can inspire action across the country. We know that federal policy follows local initiatives. Let's help Minneapolis lead the nation in climate

To learn more and get involved with passing the People's Climate & Equity Plan for Minneapolis go to mn350.org/peoples-climate-and-equity-plan/.

statewide climate advocacy group with 30,000 supporters. We work to make Minnesota a national leader in a just transition to a clean energy economy. MN350 Action is its political and advocacy arm.

Trump People 'R' Us



BY JOHN RYKHUS JR.

near Elk Mound, Wisconsin, oldest of whom recently won a

toward Green Bay. At Chippewa Falls take a hard left onto Highway 178 and then you will see something. Rolling fields are tree-lined with green forest. After crossing O'Neil Creek you bump up against a wide ribbon of water which is the Chippewa River. Its shores are dotted with cabins, homes, some taverns and a few small communities. The poet Thomas R. Smith aptly named it "The Dark Indigo Current." The natural beauty is siren-esque, enticing, alluring. The pavement that winds alongside it is called "The River Road" by the locals. The people around here are friendly enough, but not in the phony "Minnesota Nice" way. If you irritate them they will let you know about it.

One of the local inhabitants Go east on the I-94 freeway is Derek (not his real name), a and jump off onto Highway 29 family man with three sons, the

full ride scholarship to the University of Wisconsin, Stout. Not so recently Derek was a small businessman but grew tired of the long hours required to keep afloat. Not wanting to miss his children growing up, he sold the business and took work at an area grain processing plant. He serves on the municipal governing board of his community, and enjoys watching the boys participate in sports.

Derek has another favorite pastime as well. He is a political junkie and devours everything controversial or sensational in the media that he can find. While most of the conversation among his tavern circle is pedestrian fare, such as sports, local gossip, fishing, golf, or the weather, it often turns to the political events of the day. While others may consider some of these conversations disagreeable, Derek's bunch goes at it with an almost revolutionary relish, à la Samuel Adams, who in another form, almost 250 years later, still contributes to the decibel volume.

After some of these sessions Derek is known to phone up and ask, "What do you think about [fill in your own recent political maneuvering at the national level here]?"

"I consider myself an independent," Derek says. "My parents were Democrats because that was the party of the farmer. As a young man I was a Reagan Democrat."

Derek parted with the Democratic slate again by supporting Ross Perot. The issues which concern him the most read like planks from the Tea Party platform: fiscal conservatism, prolife, and "pro-constitution," meaning he opposes gun control. While never involved in the Republican Party itself, the pop-

candidates attracted him.

Still, he does not want to be pigeonholed, either. "I support the legalization of marijuana," he says.

A seat-of-the-pants survey indicates that Derek's views are by even a majority of the residents

ulism of their more rightwing the Republicans had definitely grown; the Uniparty, basically. Was he a racist? No. A pig around women? Maybe."

> Derek does not envision any Trump resurgence in the imminent future.

"I don't see anyone else able no means representative of all or to pick up the flag, but I think we need a younger person in the



in the area, but one can conclude that they are widespread. Trump signs dotting the countryside last November probably outnumbered Biden signs 50 to one. One such farmer now hangs a sign on the side of a hay wagon reading "Trump for Prison."

Derek supported Ted Cruz in 2016. "There were 19 Republicans vying for the nomination, and I put Trump's chances at dead last, even behind Scott Walker. Like everyone else, I did not expect Trump to beat Clinton, either."

He declared that he was still impressed by what Trump accomplished in his presidency, given that Derek considers Trump to be an outsider.

"He turns the economy around, closes the border, equalizes China, and negotiated the Abraham Accords bringing peace to the Middle East. By the end of his presidency, my disgust with

White House. Maybe DeSantis?"

He was last asked to comment on McCarthy's stalled election as speaker of the House.

"I see it as democracy in action. That is just how things are supposed to work sometimes. And the concessions he had to make I think were pretty good. Term limits for example."

Derek asked that we not use his real name. While Trump supporters were loudly vocal prior to Jan. 6, 2021, they now seem to be running for cover. While he had absolutely zero to do with the mob's storming of the Capitol, one senses an underlying level of paranoia. "I don't want a target on my back." Citing government incursions into local control of school boards as an example, he concludes, "I just want the government to leave me alone!"

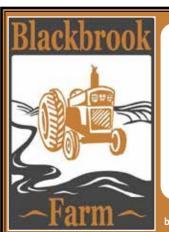
John Rykhus Jr. can be reached at rykhusjohn@yahoo.com.

PASSING

Pat Welna

Pat Welna died on Jan. 17. She was 93. She was the last of the second generation to run Welna Hardware on Bloomington Avenue. She was funny and always cheerful, and she made you feel special even if you acted like an idiot with a plumbing problem. She added grace and elegance to a hardware store. Services have been held at St. Joan of Arc.





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Hiawatha Golf Course nominated to **National Register**



BY CAM GORDON

The future of Hiawatha Golf this January when the city's His- dation, a nonprofit organization

and the Park Board weighed in on its past. Both formally responded to a nomination submitted last year to add the golf course to the National Register of Historic Places.

The Minneapolis Historic Preservation Commission (HPC) voted to support the nomination of the 140-acre site located at 4553 Longfellow Ave. The Park Board approved a letter expressing both support and concerns.

The nomination was submit-Course took an interesting turn ted last year by the Bronze Foun-

toric Preservation Commission that supports preservation of of supporting the nomination any future changes." the 18-hole golf course, which hired Hess, Roise and Company to draft the nomination. The Bronze Foundation also manages the Bronze Tournament, formerly called the Upper Midwest Bronze Amateur Open, that has been held regularly at the course since 1954.

> The application was submitted to the State Historic Preservation Office (SHPO) on Nov. 4, 2022. They will submit their findings to the State Historic Preservation Review Board on Feb. 7. If it is determined eligible by the board, the matter will go to the National Park Service for a final determination and placement on the National Register of Historic Places (NRHP).

> Charlene Roise, from Hess, Roise and Company, said that she is "very confident" that the effort will be successful. "The nomination makes the case that the property meets National Register criteria," she said.

> "I believe the property has a strong case for designation," said Claire VanderEyk, one of the HPC commissioners who voted in support of the nomination, "though I think including the Native history would make it

> Kathryn Kelly, who learned to golf on the course and whose family owns a house across from it, said she is also confident that it will go through. In a letter Kelly submitted supporting the nomination, she wrote, "I grew up across the street from Hiawatha Golf Course during the height of the Bronze Tournament in the 1960s and 1970s. I saw the importance of Hiawatha Golf Course to the Black community. The Bronze Tournament was, by far, the largest event of the year at Hiawatha Golf Course."

Hess-Roise's 129-page nomination focuses on the social, cultural and ethnic history from 1952-1972, including the struggle to integrate the clubhouse that was segregated until 1952 when Solomon Hughes, a Black golfer, was finally admitted after years of trying. In 2021 the clubhouse was named in his honor. The nomination application consignificant under National Register Criterion A, in the areas Entertainment/Recreation, Social History, and Ethnic Heritage: Black, as a significant site for civil rights in Minneapolis."

Following submission of the application, the SHPO requested comments from both the Minneapolis HPC and the Park Board.

"Our (the Commission's) mandate was to offer support, or non-support, of the nomination with the added opportunity to provide some comments to accompany our letter," said VanderEyk. "The HPC voted in favor and asked that SHPO consider extending the period of significance to include Native history."

The Park Board's response was shaped by the master plan for the area it approved last September. That plan attempts to improve water management, reduces the golf course to nine holes, adds other amenities and restores part of the area to wetlands. The Park Board letter, signed by Board President restoration project and about

Kelly served on the Community Advisory Committee for the Hiawatha Golf Course Master Plan and is now a member of the SaveHiawatha18 group, which is trying to keep the 18-hole course. "Our hope is that the Park Board would think twice about what they are doing," she said. "We are trying to save all

Kelly sees bigger risks to the



Questions on rent control

LETTER TO THE EDITOR

I read Cam Gordon's take on Cam Gordon rent "control" ["Competing options for rent control," Jan. 2, 2023]. Now I have more questions than I did prior to readabout are vague; they contain no specific examples of how an option would affect renters and developers/owners. Wouldn't it be helpful to take, say, two examples, maybe three, and pro-Minneapolis voters know what's at stake?

What if we knew how the options would affect low-income/ medium-income/high-income renters? I'm not sure \$800 rent is available anymore in Minneapolis, but how about \$1600 or \$2300? High-income renters will never be affected by city policies around rent rates. But low-income renters will always be greatly affected by rent increases. What about seniors on fixed incomes - how will this policy change make their homes more affordable?

If true, I'm skeptical of the Frey veto. There are thousands more renters than there are apartment owners and developers; they have much more clout how the different proposals at the ballot box than a few wealthy white guys. And yet, they have no clout in terms of taken. rental rates and increases year

able return on investment." What's reasonable if there are no guardrails applied to the industry?

I was in the room during the 2022 legislative session in which Republican majority members created law to enhance real estate owners' profit margins. Not one word was given to the plight of renters. If Frey is bending to the needs of monied and special interests, it won't end well for

responds:

Julie Stroeve, in her letter, ing it. The options Cam wrote raises important questions about the rent stabilization proposals the City Council and mayor are supposed to be taking up early this year. With a full report from the working group coming soon, now is a good time to be vide numbers to the letters to let asking questions, and not jumping to judgments like the mayor has done.

> Let's hope the coming public discussion digs into the details of potential consequences on low-income renters, seniors and others, as Julie calls for.

> Defining a "reasonable rate on return" that could allow landlords to increase rents beyond preset limits may be one of the most important details of any new rent stabilization ordinance. Just because St. Paul chose a 2019 base year of "Maintenance of Net Operating Income" does not mean Minneapolis should. It would also help to better understand the consequences of any new law if the council could review and share could actually impact residents who rent, before any votes are

One could also ask if there are exceptions like the required Cam should define "reason- reasonable rate on return that property owners can ask for, could there also be exceptions that a renter - like one on a fixed income - could ask for as well. Might there be exceptions when it would make sense to further restrict an increase below the 7% or 3% cap?

> If and when this comes forward to the council, and possibly again to the voters, let's all pay attention and keep asking questions.

Meg Forney, notes the history of how possible changes to manthe area prior to the creation of the golf course and the changes made to what was then called Rice Lake (Bde Psin). "Though the MPRB largely agrees with the history represented within the Bronze Foundation's application," it says, "there are other histories on this site worth sharing, including Indigenous histories extending back thousands of years. The master plan represents a balance of nature and recreation, and a balance for Black golfers, where the golf course is modified but retained, and Indigenous peoples, where a process of healing and restoration is proposed to reestablish, as best as the MPRB is able, the ecology of Bde Psin."

If the nomination is success-National Register, it is unclear what benefits it will bring and cluding rehabilitation tax credits that could be used by private property owners.

"The National Register of Hisrecord of the history of the site, which I think is very valuable for future reference," said Vander-Eyk. "It also adds a layer of potential consideration if or when proposals of redevelopment or major renovations occur. The listing does not preclude changes, but it allows an added layer of oversight, which I believe will benefit the process and ensure a better, more holistic approach to

aging storm water may affect the homes in the area, and her family's home in particular. "My main goal is to save my family's house," she said. "Lots of the golf courses flood and there are other solutions. The watershed district could do more than just dump water in the creek."

"I see no reason the registration will impact the master plan," said VanderEyk. "NRHP nominations are honorary and symbolic. They do not afford protection of the nominated property. Local historic designation is the process with which communities can protect historic properties with specific design guidelines."

In Minnesota, local historic designation is made through ful and the course is put on the a city's Heritage Preservation Commission under rules spelled out in a city ordinance. Minhow this will impact future neapolis's ordinance is clear changes to the area. National that a nomination may only be registration typically offers few made by an HPC commissioner, protections, but is associated a member of the City Council, cludes that the course "is locally with preservation incentives, in- the mayor, the planning director or a person with a "legal or equitable interest in the subject property."

When asked if she thought toric Places creates a written that some or all of the area might qualify for local designation, Roise had no doubts. "Yes," she said, "virtually anything that qualifies for the National Register qualifies for local designation."

> Roise, Kelly, VanderEyk, and city HPC staff all reported that there are no plans that they are aware of for local historic designation at this time.

Julie Stroeve Minneapolis



This Valentine's Day, what to do? And where to go with your boo?

BY DEBRA KEEFER RAMAGE

Good places to hear music on or around 2/14

There are lots of diverse choices for a concert or performance to share with your Someone Special the week around Valentine's Day. Valentine's Day is on a Tuesday this year, so maybe not the ideal night for stepping out. Here are some shows taking place between Feb. 9 - 19.

At the Minneapolis Armory on both Feb. 9 and 10, the wildly popular country star Parker McCollum is appearing. On Feb. 11, the 7th St. Entry is hosting the recurring event called KPop Night (18+) with a popular DJ and several dance crews.

is hosting a trio of events to choose
It sounds really good; the party is 21+

from. On Thursday, Feb. 9, will be and features the ever-popular Belfast "Candlelight," a performance of romantic jazz favorites à la Billie Holiday, Frank Sinatra and Ella Fitzgerald, at 6:30 and 9 p.m. The following night, Friday, Feb. 10, you can release your inner rockstar with live music karaoke. Whether you celebrate Valentine's, Galentine's, Palentine's, or you just need a moment to glow, Hurricane Karaoke will make you a star! Doors at 7 p.m., live band at 8 p.m. Finally, on Valentine's Day proper, Tuesday, Feb. 14, "Willie Wisely Plays For Lovers," offers an evening of dining and music under the Granada's historic starlit ceiling. Tickets are available at granadampls.com.

The Hook and Ladder Theater & Lounge is having a Valentine's Day The Granada Theater in Uptown party, but it's not on the actual day.

Cowboys. Saturday, Feb. 11. Doors at 7 p.m., music starts at 7:30.

On Sunday, Feb. 12, the Fine Line Music Cafe presents Adore Delano, a two-season veteran of "RuPaul's Drag Race." She has four studio albums to her name, the latest being "Dirty Laundry" in 2021. (You'll notice that this is the only event on Sunday, Feb. 12. I think there's also some major sportsball thing on that day?)

On Saturday, Feb. 18, the Minneapolis Armory presents indie-pop folk artist Maggie Rogers. On Sunday, Feb. 19, you can choose between two intriguing shows. At the State Theatre, Australian indie-folk singer-songwriter Vance Joy is appearing for the world tour of his 2022 album "In Our Own Sweet Time." Meanwhile, at First Avenue, the local Americana singer-songwriter Margo Price will perform. Price has been described as "honky-tonk's new queen of heartache," and has been favorably compared to Loretta Lynn and Dolly Parton for her soulful voice and songs of struggle, both career-related and romantic.

On Thursday, Feb. 16 at 11 a.m. and Friday, Feb. 17 at 8 p.m., the Minnesota Orchestra is presenting a show that sees the debut of a conductor, a composer's latest piece, and a solo pianist all at once. First, French pianist Alexandre Kantorow makes his debut appearance at Orchestra Hall, performing Tchaikovsky's Piano Concerto

Then, Japanese conductor Kazuki Yamada makes his debut leading the

WILLIE WISELY
PLAYS FOR LOVERS

Willie Wisely will perform at the Granada Theater for an evening of music and dining on Valentine's Day.

orchestra in Tōru Takemitsu's breathtaking piece, "How Slow the Wind," also receiving its first performance here, before conducting the classical favorite, Dvořák's "New World" Symphony. The Friday night performance

will be broadcast live on NPR local stations if you want to have a romantic date at home.

Films to stream or see in a theater on Valentine's Day

Seeing a film together is a classic date move. Nowadays you can choose between a new movie at a theater for something special, or you can stay home and stream both new movies and classics. Here are a few of each.

The Parkway Theater will present classic rom-com movies preceded by live music or film trivia events every Thursday night in February. The one closest to Valentine's Day, on Thursday, Feb. 16, will be "When Harry Met Sally" (1989), with an hourlong set of soulful love songs by vocalist Leslie Vincent and pianist Ted Godbout before the film screening. Doors at 6:30 p.m.

'When Harry Met Sally" was directed by Rob Reiner and written by Nora Ephron, with Meg Ryan and Billy Crystal starring. The other three films in the Parkway's Date Night Series (all films start at 8 p.m.) and their accompaniments are:

- "Harold and Maude" (1971) with pre-movie music by Mark Joseph at 7 p.m. on Feb. 9.
- "The Princess Bride" (1987) with pre-movie trivia at 7:30 p.m. on Feb.

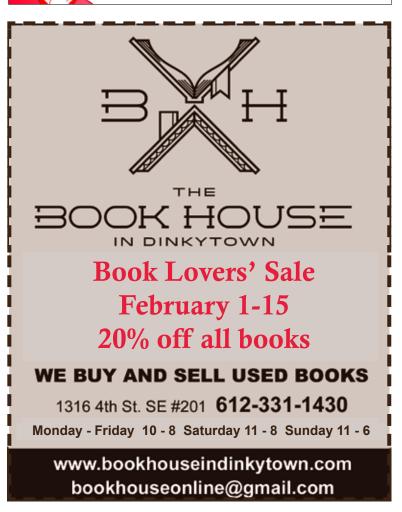
If you buy the \$36 Date Night Month Pass by Feb. 2, you also get a large popcorn with each screening. All shows are \$9 per person in advance or

As for really new movies, the only one that sounds appropriate to me is debuting on Valentine's Day and



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there's not a lot of press about it yet. It's an American film called "What About Love" from writer, director and producer Klaus Menzel, and stars an international cast including two young principals (in love? maybe), Marielle Jaffee and Miguel Ángel Muñoz, and their four parents (Sharon Stone, Andy Garcia, Jose Coronado and Maia Morgenstern.) This is an indie film on limited release.

Turning to streaming, I have two personal recommendations, both incredibly poignant (because I prefer my love stories a bit sad), one new and one exactly 30 years old. Both are currently available on Amazon Prime.

The newer one is "Cyrano," starring Peter Dinklage in the title role. As a massive Cyrano fan since the age of 15, I can attest this should become the definitive version. The older one is a terribly underrated love story from director Peter Bogdonavich, "The Thing Called Love" (1993). It stars River Phoenix and Dermot Mulroney matched up with Samantha Mathis and Sandra Bullock, as four aspiring country music stars trying to make it in Nashville. (Phoenix and Mathis became a couple in real life while making this movie and she was Seward Co-op – DIY Soap Making Date Night on Feb. 14. Includes chocwith him at the Viper Room where he died less than a year later.)

Weirdly Minnesota events



A scene from 'Cyrano,' with Peter Dinklage as Cyrano and Kelvin Harrison, Jr., as Christian

about Minnesota is the way our entrepreneurs and educators and artists lean into the eclectic interests of the Minnesota public. Here are some events that I'm pretty sure would not catch on in most states. (Tickets for all three of these are available on eventbrite.com.)

olates and sparkling juice plus a soap mold and manual to take home.

Urban Forage - Tuesday Trivia on Hollywood Classic Romances on Feb. 14. Regular Tuesday trivia is given One of the things I love most over to a special date night version,

where one \$49 ticket gets two people entry into the contest, plus a bottle of wine and a cheese tray.

Palmer's Bar - "My Blind Date Is (Still) in the Trunk" Valentine's Hangover Show on Feb. 15. Created by a production outfit called Faded Handstamp, which crafts events that pair three or four seasoned bands or artists with a novice one to create a themed experience. The bands are The Silent Treatment (loud punk), Identity Crises (young punk), Life Skills (art punk duo) and No. 1 (debut show, so unknown).





EVENTS

Taizé Service Friday, Feb. 10, 7 p.m.

Minnehaha United Methodist Church 3701 E. 50th St., Mpls.

With all that is going on around us, it is important to slow down and make sure we are feeding our souls and listening for God periodically. Take an opportunity for renewal through prayer, song and silence at our monthly Taizé services. Join us on Feb. 10 at 7 p.m. or any second Friday of the month (October through May). In addition, we will be livestreaming our services as well, so you can catch Taizé from your home (or cabin or wherever you are) in real time, or anytime you want. www. minnehaha.org

Saint Mark's Music Series In Recital: Andrew Kane Sunday, Feb. 12, 2:30 to 4 p.m. Saint Mark's Episcopal Cathedral

Saint Mark's Episcopal Cathedral 519 Oak Grove St., Mpls. Baritone Andrew Kane with accompanist Raymond Johnston perform a varied program, to include Dichterliebe by Schumann. https://ourcathedral.org/concerts/

The Praxis of Hope: Ricardo Levins Morales

Wednesday, Feb. 15 In person and online

United Theological Seminary 767 Eustis St., St. Paul

"The Praxis of Hope: An Evening with Ricardo Levins Morales" will be presented to both in-person and online audiences on Feb. 15. Based in South Minneapolis, Morales is an artist and organizer who uses art as a form of political medicine to help people heal from the injuries and realities of oppression. This event, the second in a three-part "Praxis Series" aimed at helping participants embody and live into lessons about Love, Hope, and Faith that are foundational for justice work, is sponsored by the Leadership Center for Social Justice at United Theological Seminary of the Twin Cities in order to broaden its social justice outreach to a wider community. For more information, visit www. unitedseminary.edu.

The Listening Ear at Living Spirit: Mental Health for Everyone Wednesday, Feb. 15, 6:30 p.m. In-person and online

Living Spirit United Methodist Church 4501 Bloomington Ave., Mpls.
Living Spirit offers a monthly night of mental health education and check-ins on third Wednesdays. The event on Feb. 15 begins at 6:30 p.m. with a half-hour education session, followed by some practical exercises. At 7:30 p.m., participants can meet one-on-one with a trained listener to

check in about their mental health in general or discuss a particular issue. The event is free and open to people of any (or no) faith traditions. Participate in person at Living Spirit or online via our livestream/Zoom. More information at our website: https://livingspiritumc.org/listeningear.

Ongoing events at Faith Evangelical Lutheran Church

3430 E. 51st St., Mpls. Blind Ministry – Saturday, Feb. 18, noon to 2 p.m.

AA group – Mondays 6:30 p.m. Senior Exercise Class – Mondays 10

NA groups – Wednesdays 7:30 pm www.faithlutheranmpls.org

'Beyond Incarceration' webinars Tuesdays, Feb. 7, Feb. 21, March 7 and March 21, 6:30 p.m. CST Online

The Mennonite Church USA is presenting a new webinar series, "Beyond incarceration: A hard look at dismantling the prison system and building healthy communities." Join us to learn about the ways the faith community is actively understanding and working against these complex systems of confinement. The webinars will take place on Feb. 7, Feb. 21, March 7, and March 21 at 6:30 p.m. CST. They will be followed by learning tour opportunities in different parts of the U.S. Registration link: mcc.org/beyond-incarceration-webinars.

Lent Procession Service Sunday, Feb. 26, 4 p.m.

Mount Olive Lutheran Church 3045 Chicago Ave., Mpls. Mount Olive's Music and Fine Arts Series is an artistic gift to God and the Twin Cities community. Each year Mount Olive produces a Music and Fine Arts Series aimed at the wider Twin Cities audience. Lent Procession is a contemplative service of lessons and carols for Lent. It is an opportunity to withdraw from the busyness of life; a time to sing, pray, listen, smell—a time to fully enter into the season of Lent, renewing our lives as children of God. Mount Olive Cantorei and David Cherwien, organist and director, www.mountolivechurch.org/music/music-finearts-series/

'Transfer of Memory' On view through Feb. 28

Plymouth Congregational Church Jones Commons

1900 Nicollet Ave., Mpls.
In partnership with the Jewish Community Relations Council of Minnesota and the Dakotas (JCRC), "Transfer of Memory" is a touring exhibition of portraits and accompanying stories of Minnesota Holocaust survivors.

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While each person has a story of survival under exceedingly difficult circumstances, the color photographs focus on life and hope. Their lives are reminders of the value of freedom and the enduring human spirit.

SHARING FOOD

Calvary Emergency Food Shelf 2553 Chicago Ave., Mpls. 612-827-2504, ext. 3

The Calvary Food Shelf has reopened in our new location at 3553 Chicago Ave. and continues to create access to fresh, nutritious food for the community. We are open for individual choice shopping BY APPOINTMENT on Wednesdays from 11 a.m. to 2 p.m. and on Saturdays from 9 a.m. to noon. Call 612-827-2504, ext. 3 for more information.

Community Meals at Walker Church 3104 16th Ave. S., Mpls. 612-722-6612

Free to-go meals and groceries are available for pick-up every Monday from noon to 2 p.m. All are welcome. Sisters' Camelot holds a separate food distribution out of Walker Church every third and fifth Tuesday of the month starting at 2:30 p.m. Follow Sisters' Camelot on Facebook or at http://sisterscamelot.org/ for more

First Nations Kitchen 3044 Longfellow Ave., Mpls. 612-791-1253

First Nations Kitchen welcomes our neighbors to our weekly produce giveaway! Every Sunday from 4 to 5 p.m. you can come get primarily organic produce outside FNK. We are trying to provide cooked meals as often as possible, but currently have not been able to schedule cooks regularly. If you want to donate or volunteer, email us at communications@firstnationskitchen.org.

Groveland Emergency Food Shelf 1900 Nicollet Ave., Mpls. 612-871-0277

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https://www.grovelandfoodshelf. org/

Greater Friendship Missionary Baptist Church and Friendship Community Service 2600 E. 38th St., Mpls.

Food Hub

Free food, hygiene products, and some household goods. Tuesday and Thursday, 1 p.m. to 5 p.m.
2nd and 4th Saturdays, 9 a.m. to 1 p.m.
Please bring ID and wear a m

Please bring ID and wear a mask.
Social distancing guidelines are in place.

New Creation Baptist Church 1414 E. 48th St., Mpls. 612-825-6933

We're still here to serve you on the first through the fourth Saturdays from 10 a.m. to 2 p.m. We have re-opened the food shelf to choice shopping. We do require mask, sanitizer and temp check. Be safe and God bless! https://www.facebook.com/NCBCfoodshelf.

Saturdays (except 5th Saturdays) 10 a.m. to 2 p.m.

(Brown door on the corner of 48^{th} St. and 15^{th} Ave.)

Nokomis Heights Lutheran Church 5300 10th Ave. S., Mpls. 612-825-6846

Serving Loaves and Fishes free community meals on Wednesdays from 5 to 6 p.m. The meals are all "to-go" meals, served from the northwest door on 53rd Street. These meals are free to anyone, no questions asked. You might have had a hard day and simply cannot cook dinner. Or maybe you've paid your last bill for the

month and cannot buy groceries. Whatever your circumstance, you are welcome. You can simply drive or walk up to the church and receive a meal any Wednesday evening between 5 and 6 p.m.

Minnehaha United Methodist

3701 E. 50th St., Mpls., 612-721-6231 The Minnehaha Food Shelf serves food for the hungry on Tuesdays from 10 a.m. to 3 p.m. We help distribute up to 30,000 pounds of food each month. In response to the COVID-19 virus, we have changed many things to protect both our guests and our volunteers – rigorous cleaning routines, streamlined procedures, moving outside, wearing face masks and following the 6-foot social distancing guideline. Please be patient as we continue to improve what we do. https://www.facebook.

Soup for You! Café at Bethany 2511 E. Franklin Ave., Mpls. 612-332-2397

com/MinnehahaFoodShelf/

Soup for You! operates out of the basement of century-old and deeply rooted Bethany Lutheran Church that we honor in our name. After two years of COVID lockdown and serving our community through a set of three glass doors, Soup for You! Café is back to an open dining room. Monday through Friday, noon to 1 p.m. Wednesdays, groceries, noon to 1 p.m. Large space, high ceilings, only four chairs per table, all volunteers vaccinated/boosted. https://soupforyou.info/

New pastor to be installed at Holy Cross Lutheran Church

Holy Cross Lutheran Church, 1720 E. Minnehaha Pkwy., is pleased to announce two very important events. One, Holy Cross is now a member congregation of the Evangelical Lutheran Church in America (ELCA). Two, Holy Cross will be installing a new pastor on Sunday, Feb. 19, in a special service at 2 p.m. Bishop Ann Svennungsen of the Minneapolis Area Synod of the ELCA will be presiding at the installation.

The new pastor of Holy Cross will be Rev. Jay M. Carlson. After completing his education at Concordia College in Moorhead and Luther Seminary in St. Paul, Rev. Jay Carlson was ordained to the ministry of Word and Sacrament in 2004. He has served churches in Indiana and Minnesota for the past 19 years.

Pastor Jay lives in the Hiawatha neighborhood of Minneapolis with his wife, Kristen, and two daughters, Bea (11) and Malena (9). In his spare time, he enjoys running, playing drums, and adventuring outdoors with his family.

A reception will follow the installation service. The community is invited to take part in this very special event. More information can be found at holycrossmpls.org.

The Powderhorn Religious Community Welcomes You

<u>Bahá'i</u>

BAHÁ'I CENTER OF MINNEAPOLIS

3644 Chicago Ave. S., 612-823-3494 Minneapolis.Bahai@gmail.com
Devotions at the Bahá'í Center and via Zoom, Sundays 10 am, and Tuesdays via Zoom 6:30 pm
See www.minneapolisbahai.org
So powerful is the light of unity that it can illuminate the whole earth.
-Baha'u'llah



All Directory Churches are Wheelchair Accessible <u>Christian</u>

CALVARY LUTHERAN CHURCH

Worshiping at 2742 15th Ave. S. 612-827-2504 or www.clchurch.org Sunday Worship at 10 am Interim Pastor Kjell Ferris A Reconciling in Christ Congregation

MESSIAH LUTHERAN CHURCH

The Center for Changing Lives 2400 Park Ave. S., 612-871-8831 www.messiahlutheranmpls.org Sunday 9 am Messiah Traditional Worship with Holy Communion Sunday 11 am Messiah Praise Worship (Holy Communion on 2/19)

ST. JOAN OF ARC CATHOLIC COMMUNITY

www.stjoan.com, 4537 Third Ave. Saturday, 5 pm in the Church Sunday, 7:45 am in the Church, 9 & 11 am in the gym Family Mass - 9 & 11 in the Church Video available on our website and Facebook page We Welcome You Wherever You Are On Your Journey











James Beard Chef nominees from Minneapolis: (L-R) Ann Ahmed, Karyn Tomlinson, Christina Nguyen, Yia Vang and Shawn McKenzie (Pastry).

Openings and closings, James Beard finalists, mall doughnuts, brunch at Barbette and an amari tasting

BY DEBRA KEEFER RAMAGE

Openings and closings

Here is a rapid list of closings, far from comprehensive, but the ones I think you might most care about: Khyber Pass, Stella's Fish Cafe, Red Stag Supperclub, Common Roots and Bad Waitress.

Openings have been slightly more numerous. Again, I won't even try to be complete. Khue's Kitchen opened in Northeast Minneapolis and is headed by Eric Pham, son of Khue Pham, founding owner of Quang on Eat Street. Blondette, described as "punk French" and the latest Daniel del Prado concept, opened in the Rand Tower Hotel in downtown Minneapolis. Sato Sushi and American Fusion has opened in St. Louis Park on Minnetonka Boulevard. They serve all kosher food, including sushi, steak and grilled chicken.

Abang Yoli Nicollet is the second location of a food spot of the same name at Malcolm Yards. It's at 38th and Nicollet Avenue. Francis Burger Joint, which was a food truck last residing at Sonew food truck at Sociable is Unidos Food Co., which is modern Mexican. A new coffee shop the former Dunn Brothers coffee space on Lake Street near the river, just a few steps from the Longfellow Grill.

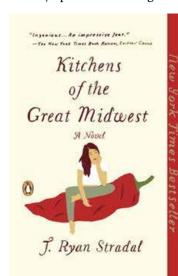
Restaurant, hospitality and food industry news

Raynardo (Ray) Williams was announced as the new General Manager of Seward Cooperative.



Ray Williams

GM when Sean Doyle resigned in September of 2022. Doyle was with the co-op since the early 1990s. Williams has been with Seward Co-op for seven years. He was first hired by Seward to manage the Friendship Store and has also served as Operations Manager and Senior Human Resources/Operations Manager.



A record number of four ciable Cider Werks, is now a real chefs and one pastry chef/bakburger joint in its own North- er from Minnesota are on the east Minneapolis home. The list of nominees for the James Beard Awards this year. The four nominees from here for Best Chef: Midwest are Khâluna's called Loons Cafe has opened in Ann Ahmed, Hai Hai's Christina Nguyen, Myriel's Karyn Tomlinson, and Union Hmong Kitchen's Yia Vang. The nominee for Outstanding Pastry Chef or Baker is Shawn McKenzie, co-founder of Cafe Ceres.

> "The Donut Trap's fresh treats are now tucked into a special vending machine inside Rosedale Center," announced the Star Tribune. I wrote about the Donut Trap and its founder Bradley Taylor when he came out with his first doughnut vend- ter fare, northern food. I chose ing machine at Can Can Wonderland. (See southsidepride. cheese omelet and I'm glad I did. com/2022/04/04/markets-indoors-and-out-square-donutssushi-and-more.) The Donut Trap is known for its outrageous toppings and creative flavors. But its real claim to fame is that Amari tasting at un dito their doughnuts are square, which is just so brilliant and obvious, and that they're sold from er of i.e. Italian Eatery (4724 Cevending machines.

This next item isn't so much news as a sort of mini-minireview. My delivered food of choice is Pizza Luce. They have a slick online ordering system of their own, lots of vegetarian and

Williams was appointed interim healthy options, and they used to have Izzy's Ice Cream. They switched to a different ice cream GM for 18 years but had been I don't like as much, so I went out on a limb last month and ordered the seasonal cheesecake. I'm not a big cheesecake fan, but this flavor was calling out to me - Pistachio & Lemon. OMG. That's all I can say. I will be sad when the season's over and they go on to something boring like chocolate.

Finally, in the news segment of our show, a review of a uniquely local and food-oriented book, although it's a few years old. "Kitchens of the Great Midwest" by J. Ryan Stradal is well worth a read, a truly delightful novel with a cast of characters that seem like people you know.

Brunch at Barbette

I haven't been out much this winter. But I took advantage of a relatively drivable period between snow emergencies to do an overdue errand - replacing my phone or rather moving the service and data onto a fancy new phone I had just bought, and adding home Wi-Fi so I can cancel CenturyLink's overpriced internet. This entailed a trip to Uptown, so to reduce the pain, I decided to combine it with brunch at Barbette.

I usually have the salade niçoise on my less-than-yearly visits to Barbette. It's something you don't find anywhere else, and if you do find it, it's not done nearly as well. But I felt like comfort food that day. Having salade niçoise is like denying that you live in totally coastless, relatively sunless Minnesota, and are instead, if you close your eyes, in some Mediterranean spot - Nice, perhaps?

But I wanted to lean into winthe Brussels sprouts and goat I had a pot of tea, Earl Grey, hot, to accompany my lovely little omelet and thought about Jean-Luc Picard.

Un dito, the little casual brothdar Ave.), had an amari tasting event in mid-January on a really yucky day. Because I had bought a ticket, I pried myself off my desk chair, put on shoes, then drove there and tasted some amari. Amari is the plural of ama-



Amari tasting at un dito



ro, and amari are a cultural icon in much of Italy, where they are often sipped with some appetizers before dinner or sipped after dinner to settle the tummy in place of dessert. Wikipedia has a pretty good overview.

The tasting was sort of an open house, lasting from 3 to 5 p.m. I got there right at 3 p.m. but even so one guy beat me to

The tasting consisted of a buffet spread of cheese and charcuterie, olives and vegetables, toasted bread and crispbread, plus a flight of three distinct types of amari (bitter Italian liqueurs to aid digestion) delivered to your table with a card bearing tasting notes. The three varieties were Amaro Lucano (medium bitter, from the Basilicata region, ABV 28%); Amaro Sfumato (smoky, piney, quite bitter, from the Trentino-Alto Adige region, ABV 20%); and Cardamaro Amaro (sweet, flow-



gion, ABV 17%).

I took my own tasting notes, and after an initial exploratory sip of each, went through them in the order of the card, saving the soft sweet one for "dessert." No. 1 - Root beer, a kerosene-floral note that I couldn't place, caramel finish. No. 2 - Smoke, pine resin, berries, petrol, unsweetened chocolate finish. No. 3 - Cherry lollipop, orange peel, cocoa, balsamic vinegar, cognac ery bitter, from the Piedmont re- plus lemon finish.

MINNEAPOLIS community control of police

We need Community Control of Police. Learn about CPAC.

Toothless work groups, panels, and community review boards have little to no power to stop or prevent police violence.

Minneapolis for Community Control of Police (Mpls4CCP) has a solution - an amendment to the city charter - and is gathering signatures from neighbors to get a 13-person, publicly elected, non-law enforcement affiliated Civilian Police Accountability Commission on the city ballot in No-

Mpls4CCP has been doing public education, has charter and ordinance language, and has been gathering signatures since March of 2021 - and is almost to the finish line! Learn more by attending an info session and adding your name to get the charter amendment on the ballot this fall.

Wednesday, Feb. 8, at 5 p.m.

Community discussion, action, and planning event **Arbeiter Brewing Company**

3038 Minnehaha Ave. S., Minneapolis MN 55406

For more information on Mpls4CCP see https://www.facebook.com/mpls4ccp and https://mpls4ccp.square.site.

EVENTS

'What's New with Cohousing in Minnesota?' Wednesday, Feb. 8, 7 p.m. Online via Zoom

Twin Cities Cohousing Network (TCCN), an educational nonprofit, is hosting a free online event on Wednesday, Feb. 8, starting at 7 p.m. Cohousing groups in Minnesota will provide updates via Zoom on their efforts to create intentional community. There will also be news on what TCCN is doing to catalyze cohousing in Minnesota. Cohousing = community designed for connection. To

Get involved with Minnehaha Falls Art Fair! July 14-16

register, and for more informa-

tion, go to www.tccoho.org.

Applications now open

Minnehaha Falls Art Fair is now accepting applications for artists, performers, workshop hosts, food vendors, volunteers and sponsors for this exciting three-day event, coming up in July 2023. This year, we have even launched a financial assistance program with sliding scale fees for artists in need. To learn more about ways to participate and apply for this zero-waste event, visit www.minnehahafallsartfair.com.

Indigenous Rights & Climate

Justice Day at the Capitol Wednesday, Feb. 15, 11 a.m. to 4 p.m.

Minnesota Capitol, St. Paul From Minnesota Interfaith Power & Light: We have an amazing opportunity this legislative year to drive change that will move Minnesota to center Indigenous communities and create economic justice through climate justice. Join MNIPL, Honor the Earth, and our allies at the state Capitol. From 11 a.m. to 3 p.m., we'll meet with key legislators. At 3 p.m. we'll have a press conference and rally. Start working on recruiting your community today! Learn more and register at https:// www.mnipl.org/event/minnesota-state-capitol-day-02-15-2023/.

Hearts+Minds Wellness Program Tuesdays, Feb. 7 – 28 3 to 4:30 p.m. Online via Zoom

NAMI Minnesota offers a free, high-quality mental health and wellness education program for all people in Minnesota called Hearts+Minds. The program is designed to educate and empower individuals to manage their mental and physical health. Hearts+Minds provides current research and information on how mental and physical health intersects, focusing on how nutrition and physical activity can address symptoms and conditions effectively. It includes information

on managing medications, chronic pain, and improving sleep. Additional health topics and areas of interest are discussed, along with actionable ways to improve health and wellness with tools, strategies, and simple steps that make sense and aren't overwhelming. People from all over Minnesota can participate online. From Tuesday, Jan. 31, to Tuesday, Feb. 28, (every week for five sessions), from 3 to 4:30 p.m., Hearts+-Minds uses the Zoom format. If you are joining, you will need a computer or tablet with a camera and high-speed internet. Register at namimn.org/event/heartsminds. It is advisable to register as soon as possible.

New year, new life! It's time to correct the idea that mental and physical health are separate conditions: NAMI Minnesota believes that mental health is physical health. For more information or to request a special class, contact Danielle Thornton, communityeducationcoordinator@namimn.org.

'The Stories Whiteness Tells **Itself: Racial Myths and Our American Narratives' David Mura book launch event** Wednesday, Feb. 8, 7 to 8:30 p.m. Minnesota Humanities Center 987 Ivy Ave. E., St. Paul "The Stories Whiteness Tells Itself," available from the University of Minnesota Press on Jan. 31, is the newest work of non-





POWDERHORN EDITION

Southside Pride Powderhorn Edition is a monthly community newspaper delivered on the First Monday of the month for free to convenient locations in and around the Powderhorn community. We are proud of the racial and cultural diversity of the Southside, and we oppose racism and other efforts to keep us apart as a community.

If you want to share some news of your church, school or organization, please write us at:

Southside Pride

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fiction from Mura and uncovers the pernicious narratives white people have created, and continue to create, to justify white supremacy and sustain racist oppression. From the country's founding through the summer of Black Lives Matter in 2020, Mura unmasks how white stories about race attempt to erase the brutality of the past and underpin systemic racism in the present. He shows how deeply we need to change our racial narratives to dissolve the myth of Whiteness and fully acknowledge the experiences of Black Americans.

Following a reading of selections from the new book, Mura will be joined by best-selling author Alexs Pate for a discussion on the issues of race, history and education. A book signing will follow the talk. The Minnesota Humanities Center will be offering a limited number of complimentary copies to those in attendance, and the University of Minnesota Press will have additional copies for purchase. The event is open to the public and will include a moderated conversation with the author. Tickets: Guests will need to regis-

ter for this FREE event at: https://

www.mnhum.org/event/mn-writ-

ers-series-stories-whiteness/.

'Sad Song Sing-Along' Feb. 9 - 14

Open Eye Theatre 506 E. 24th St., Mpls. Created and performed by Michael Sommers. Michael Sommers Children's Theatre Company revisits the Open Eye stage for a solo show with a Sad Proposition. An animated discourse with objects, images, fellowship and refreshments! Open Eye's co-founder is renowned for animating the inanimate, with a body of visually-driven work that incorporates elements of live performance, puppetry, music,

clever puzzles and wordplay. Join Michael for a pitch-perfect artistic event sure to enliven your winter doldrums. Tickets available at https://www.openeyetheatre.org/ sad-song-singalong.

Wearable ArtCar and Contraptions Parade on ICE! Saturday, Feb. 11, 12:30 p.m.

Bdé Umán /Lake Harriet Bandshell 4135 W. Lake Harriet Pkwy., Mpls. It is happening again this year at the Art Shanty Projects! Bring last year's creation or make a new one and join us this weekend! Meet at the Bdé Umáŋ/Lake Harriet Bandshell.

"The weekly parade around the Art Shanty Village features a convoy of regional artists wearing whimsical handcrafted outfits-ArtCars and Contraptions—made from recycled and repurposed materials. In addition to many of the colorful creations that debuted last year, this year's parade will feature wearable contraptions produced by youth and students from the Twin Cities. And once again, anyone can make an outfit to bring and join in or borrow one of the outfits available on site!" https://artshantyprojects. org/2023-schedule-of-performances-and-art-actions/ https://artcarparade.com/

'Corduroy' Feb. 14 - April 2 Opening Night on Saturday, Feb. 18, 7 p.m.

2400 3rd Ave. S., Mpls. Back by popular demand, the beloved children's books return to the CTC stage. Adapted for the stage by Barry Kornhauser, and directed by CTC's Artistic Director Peter C. Brosius, "Corduroy" is based on the classic children's books "Corduroy" and "A Pocket for Corduroy" by Don Freeman.

Join the beloved teddy bear as he takes a rollicking ride up the escalator and begins a delightfully destructive romp through every section of the department store. Will he find his button at the top of a teetering store display? Will Lisa ever get to bring him home, or will the bumbling security guard catch him first? Where, oh where, is Corduroy's BUTTON? Don't miss this delightful and wonderfully comic tale of friendship. Tickets may be purchased online at childrenstheatre.org/ corduroy or by calling the ticket office at 612-874-0400. Ticket prices start at \$15.

Six Points Theater's 'Trayf' Feb. 18 – March 12

Highland Park Community Center 1978 Ford Pkwy., St. Paul Six Points Theater (formerly Minnesota Jewish Theatre Company) presents "Trayf" by playwright Lindsay Joelle, directed by Jennie Ward. This poignant and heartwarming comedy, taking place in Manhattan and Brooklyn in 1991, centers around Shmuel and Zalmy, two Chabad-Lubavitcher teenagers. When they go into the secular community to engage non-observant Jews and do good deeds in their Mitzvah tank - "Mitzvahs on the Spot for People on the Go" -they meet Jonathan, a curious man searching for meaning and purpose. As the twosome becomes a circle of three, friendships and love of Judaism are tested. For tickets and show times, go to https://www.sixpointstheater. org/trayf. Masks will be required on Tuesdays, Wednesdays and Sundays. They'll be optional on Thursdays and Saturdays. Socially distanced seating is available Sunday, Feb. 19 at 7 p.m., and Tuesday, Feb. 21 at 1 p.m.

'Inner and Outer Journeys' **Anita White Retrospective Through February 18**

Vine Arts Center 2637 27th Ave. S., Mpls. The Vine Arts Center presents "Inner and Outer Journeys," a

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retrospective exhibition of the art of Anita White, longtime Longfellow resident. The show includes White's documentary drawings of the events and people around her, beginning with the time she spent living on Inisheer, the smallest of the Aran Islands, off the coast of Ireland, through her return to Minneapolis and her experiences here. The past several years have included drawing people in health care settings, which White began when her husband fell sick and needed care. For more information, visit www.vineartscenter.org.

'The Root Beer Lady' Through Feb. 19

History Theatre 30 E. 10th St., St. Paul "The Root Beer Lady" is the story of Dorothy Molter, the last legal non-Indigenous resident of the Boundary Waters. The play, funny and passionate, explores her independence, fortitude and love of nature, and pushes back against the premise that her time in the North Woods made her the "Loneliest Woman in America," as the Saturday Evening Post claimed in 1952. Dorothy Molter's story will delight all, young and old. For more information and tickets, go to www.historytheatre.com/2022-2023/root-beer-lady.

Highpoint Presents: 2022 McKnight Printmaking **Fellowship Exhibition** On view through Feb. 25

Highpoint Center for Printmaking 912 W. Lake St., Mpls. Highpoint is celebrating the 2022 McKnight Printmaking Fellows, Nicole Sara Simpkins and Amy Sands. This exhibition, opening Jan. 20, will feature prints, objects and moving images created during their year-long fellowship experience. www.highpointprintmaking.org

Race Against Racism 2K/5K Sunday, Feb. 26 8 a.m. to 1 p.m.

Minneapolis Sports Center YWCA Midtown 2121 E. Lake St., Mpls. Race Against Racism goes INDOORS this February! Race Against Racism is a 2K/5K event at the Minneapolis Sports Center

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at YWCA Midtown. Bring your friends and families together for a casual (or competitive) walk/ run/roll against racism. We make every effort to accommodate adaptive participants in this event. Kids up to age 11 can participate in a free 2K event, and adults can choose from a 2K or 5K distance. Cost: \$0 - \$20. Register at www. ywcampls.org/event/race-againstracism/.

Neighborhood Roots Winter Market Saturday, March 11,

10 a.m. to 2 p.m. Bachman's Floral, Gift, and Garden

Indoor greenhouse 6010 Lyndale Ave. S., Mpls. Neighborhood Roots Winter Markets return to Bachman's! Enjoy music and fresh, ready-toeat food and beverages, and stock up on produce, sweet treats, crafts and gifts from local farmers, bakers and artisans. This market series will take place indoors (January – March) at Bachman's Floral, Gift, and Garden and will feature all your favorite vendors from the Kingfield, Fulton and Nokomis Farmers Market, Pets are not allowed at the market. Service animals are always welcome. For more information, visit www. neighborhoodrootsmn.org/winter-markets.

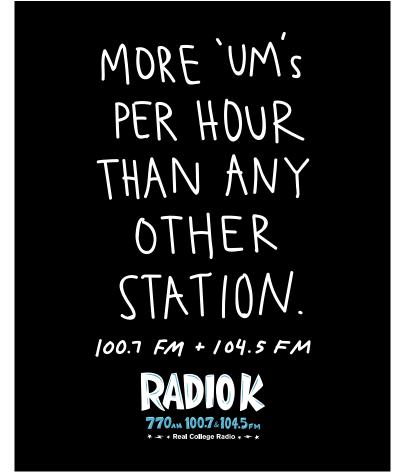
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There's no place like home finding "inspo"

BY DEBRA KEEFER RAMAGE

Inspo is not a tropical fish, like Nemo. Inspo = "inspiration" in millennial slang. Thanks for attending my tiny Ted Talk. In the throes

hopeful post-solstice part, it's kind of hard to think about redecorating, remodeling, or (shudder) moving to a whole new home. This is hunker-down time, grit-your-teeth

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of winter, even in the supposedly and make-it-through time. But also dream time. So here are some ideas about getting fuel for your dreams, input for your plans, inspiration, or even inspo, if you prefer.

Expos, shows and fairs

February and March are prime months for home improvement expos and fairs. Local and national remodelers, materials providers, designers and home builders flock to the convention centers to show you what's on trend or the latest idea in home improvement or new homes. Some of these include gardens and landscaping. Some focus on second homes. Here are a few big ones coming our way.

One popular event is the Lake Home and Cabin Show, which happens only in Wisconsin and Minnesota. Minneapolis's version takes place on Feb. 10 - 12 at the Minneapolis Convention Center. In addition to homes, from tiny one-room cabins to vast compounds, this show covers camping and boating with such items as teardrop camper-trailers and boats and boat docks. You can also get information



Traditional style in a newly built home from the Parade of **Homes**

about lodges, cabins and campgrounds for rent, and build-yourown cabin kits. The National Eagle Center of Wabasha, Minn., will be presenting live eagle programs ev- Fair, happening at the Eisenhower ery day during the show. There is Community Center in Hopkins. This

and Cabin which is your portal to the show and more.

On Feb. 26, a one-day event is the West Metro Home Remodel a Facebook page called Lake Home one is admission-free and is spon-

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sored by three west metro cities. Although this show is focused on west metro homes and businesses, most of the exhibitors also serve South Minneapolis and the entire metro area. Co-sponsored by the St. Louis Park Community Education Department, this fair is rich in seminars, as well as kids' activities. To see a full schedule of events, visit their website at homeremodelingfair.

The biggest expo will be the Minneapolis Home and Garden Show, running March 1 - 5 at the Minneapolis Convention Center. This show has a ton of exhibitors, events, and visiting speakers and celebrities, including HGTV stars and twin sisters Leslie Davis and Lyndsay Lamb from the show "Unsellable Houses." To see the full list of all the things to see and do, check out their website at www.homeandgardenshow.

Minneapolis - St. Paul Home Tour

remodeler (or home buyer) information and inspiration is the pro-Tour. The Twin Cities has two major

events of this nature, one for newly built homes and one for remodeled homes. They both have a fairly interesting history and sponsorship.

The MSP Home Tour is the one



Parade of Homes Twin Cities and A handcrafted rocking chair

for remodelers, which takes place Another kind of event geared this year on April 29 - 30, from 11 toward giving the potential home a.m. to 4 p.m. on both days. The tour is self-guided and paced, with the website providing a map of all verbial Parade of Homes or Home the homes and you choosing the ones you want to visit and when.

This is also a different kind of event because it retains its sociable and neighborly quality, with the homeowners playing host and answering your questions.

The Parade of Homes Twin Cities is also presented by a trade association, Housing First Minnesota, an association of new home builders. All of the homes on the parade are newly built and empty, although some are presold. Check out the website paradeofhomes.org to get a list of the sites and the timing of open periods which is usually a five-week stretch starting in March and then another four-week period in the fall.

Online inspiration

If all this is too much for you, you can always find inspiration online as well. The home improvement channels have spawned lots of baby remodeling shows on YouTube and the like. Home and garden magazines have online spreads. Remodelers and other businesses in the trade (including many of our advertisers and most of the exhibitors at the shows) often have gorgeous photo galleries of their work.

A website featuring woodworking artists has some amazing and inspiring projects. Bored Panda did a piece on them, selecting some of the most awe-inspiring: www. boredpanda.com/wood-tech-craft. Or you can go straight to the source at www.reddit.com/r/woodwork-

Anticipating spring, and other mental health moves

Maybe you like to plan your garden in the depths of winter. Instead of doing it just in your head, here's a suggestion that might improve your wintry outlook as well. Visit the Como Park Conservatory Sunken Gardens for its Winter Garden period, going on now through leas, camellias, veltheimia, cineraria and foxgloves.

Then take that inspo shopping with you, as you visit Mother Earth Gardens, the Highland Nursery, now but reopening in April 2023).

March 19, featuring cyclamen, aza- Egg/Plant or any of the other amazing garden centers we have in our area. I am excited to have discovered the Agrarian Seed and Garden store at 5152 Hiawatha Ave. (closed



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At Seward Co-op, we are proud to honor and build on the legacies of past Black cooperators like W.E.B. Du Bois, the Credjafawn Social Club, and Moe Burton.



Join Seward staff member Addie in a celebration of Black History Month through a virtual dinner series!

Feb. 12

Creole

Feb. 19
Fried Catfish

Feb. 26

Fried Catfish Chicken and Andouille and Spaghetti Sausage Jambalaya

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